

THE MAN OF THE HOUSE. (By Katharine Tynan.) Joseph, honored from sea to sea, This is your name that pleases me-"Man of the House.

I see you rise a' dawn and light The fire, and low till the flame is

I see you take the pitcher and carry The deep well-water for Jesus and

You knead the flour for the bread so Pluck them grapes from the purple vine.

There are little feet that are soft and Follow you whithersoever you go.

There's a little face in your workshop A little One sits down on your floor;

Holds His hands for the shavings curled .the world

Then Mary calls thee the meal is You swing the Child to your shoulder

steady. I see your quiet smile as you sit And watch the little Son thrive and eat.

Where hangs the vine by the window-The wings of angels pass and repass.

Up in the rafters, polished and olden, wings are golden.

and storm. A staff, a shelter, kindly and warm;

Father of Jesus, Husbanu of Mary, Hold us your lilies for sanctuary!

Joseph, honored from sea to sea, Guard me mine and my own roof-

Man of the House!

FOR WORRIERS.

someone struggling after a calm life. and browned. It is not worth while to worry. German Potato Salad.—Chop one ternative but to condemn. Give worry an inch and it will take onion fine, sprinkle liberally with salt, an ell-will fill your mind to the ex- and allow to stand for an hour. Two clusion of thoughts that would help potatoes boiled in their skins, peeled you and strengthen you and keep up and sliced while hot. Put in a salad heart. They see things out of focus sprinkled with a little dry mustard,

sistent, look around and see if there the salad a solution made of two and cannot be something new put into life. a half tablespoonfuls of water and If possible see fresh people and get in- one and a half tablespoonfuls of best terested in something different from vinegar, and one teaspoonful of granuanything and anybody before known lated sugar. Serve while just warm. possibilities, find something different top of the salad garnishes the dish from anything in the past to get in- prettily. terest out of, something about which Rice and Apple Souffle.-Wash oneand learn all about it, something a kettle of rapidly boiling water and That is a panacea for worry.

THE DIGNITY OF MARRIAGE.

thing and a powerful factor in many the stimy peaten whites of too sold lives. But I wonder how many enter into matrimony with well defined aside until very cold. Serve with a moval of the prohibition so that Cambridge in the stimy peaten whites of too sold lives. It is even claimed that some when he is wanted, were warming into matrimony with well defined aside until very cold. Serve with a moval of the prohibition so that Cambridge in the stimy peaten whites of too sold lives. It is even claimed that some when he is wanted, were warming into matrimony with well defined aside until very cold. Serve with a moval of the prohibition so that Cambridge in the stimy peaten white sold lives. It is even claimed that some when he is wanted, were warming into matrimony with well defined aside until very cold. Serve with a moval of the prohibition so that Cambridge in the stimy peaten white sold lives. marriage and on the evident want of fuls of sugar. cordiality and of courteous treatment -on the strained relations and cold vailing motive of if serious attention had been paid to their characters by the contracting pair.

will not tire of her company and hasten to spend his evenings elsewhere If there be love, he will not abuse her, make life unbearable for her, vent his anger on her; he will be always considerate for her, tender in his care of her, always gentlemanly in his conduct to her. He will not be unkind to her. His drunkenness and violence will be proof that love those received into the Church in existed not or has flown. If he love maturity: her, he will remember the sacredness value her solely for the use he can

cement the union of husband and wife done, and would return but for very must not be born of admiration or shame. It has been said of marriage contemplation of the physical and is that every one finds when the cerenot easiest elicited by corporeal ex- mony is over that he or she married hibition. Let it be founded on some another, and not the bride or groom thing higher and more sacred. "Keep who seemed to have been won; and thy love holy or it will destroy Clough takes the story of Jacob as

"a royal road broader and less rugged than other ways of life." But that when we have given ourselves into her keeping. But the Church is no sacred-as sacred a condition as the Leah, rather a fairer Rachel than we priesthood. In the Christian religion dared to dream; her blessings are both are Sacraments. Let the State greater than we had hoped. I may aid the Church, let teachers aid sav for myself that the happy tears priests and ministers, let parents take a hand in instructing all on the exalted and sacred dignity of the married .- Rev. C. F. Thomas.

CINDERS IN THE EYE.

suffering an expense were it generally known. It is simply one or two grains of flax seed. These may be blessings He has given me outweigh placed in the eye without injury or them all. May He forgive me that a prefession and a vocation. As an

solve a glutinous substance that covany foreign substance that may be in The irritation of cutting the membrane is thus prevented and the annoyance may soon be washed out. A dozen of these grains stowed away in the vest pocket may prove in an emergency worth their number in

RECIPES.

Corn Chowder.-Score and scrape from the cobs sufficient corn to measure one quart. Boil the cobs for twenty minutes in one quart of water, skim out and discard them; cover one quart of pared and diced potatoes with boiling water and boil for five minutes, then drain. Chop or cut fine three ounces of salt pork, fry slowly, add one sliced onion and cook until it begins to color. In a pau put alternate layers of the prepared potatoes, corn and seasoning, pour over all the water in which the cobs were boiled, add the strained The soft little hands that have made pork fat, cover and simmer for fifteen minutes. Prepare a white sauce with two tablespoonfuls of butter, two tablespoonfuls of flour and one pint of milk; add it to the chowder with one teaspoonful of sugar and salt and pepper, if more is needed. Simmer five minutes and serve.

Baked Cucumbers.-Peel good-sized cucumbers, cut them in two lengthwise and remove the seeds. three cucumbers allow three-quarters of a cupful of soft bread crumbs, one heaping tablespoonful of butter, melted, one teaspoonful of finely chopped There's a Dove that broods, and His onion, one-quarter of a teaspoonful of salt and a dash of cayenne. Fill each half with this mixture, heap-You who kept them through shine ing it on over the top, lay on a buttered pan and bake in a quick oven until the cucumbers are tender.

Onions au Gratin .- Peel and thinly slice three good sized Spanish onions. Butter a shallow baking dish, put in a layer of onions, a seasoning of salt Roman See. When an organization is and pepper, a tablespoonful of fine founded on the principal that natural ethical phase of nursing. Father bread crumbs and a tablespoonful of religion suffices; when its tendency is Moulinier emphasized the imperative melted butter. Continue in this order until the dish is filled, then bake faith, when a ritual is observed munity of a deeply conscientious perin a moderate oven until the onions though it seeks to supplant ceremon- formance of duty on the part of the are tender; this will take about forty- tals of divine origin and precept; when nurse. Some of the moral dangers five minutes. Over the top sprinkle contact with a society's influence ren- the nurse is exposed to were touched Among the reasons given for not a layer of grated cheese and return ders a man ready to forswear allegi- upon and the obligations entailed worrying, these may be of use to to the oven until the cheese is melted ance to what formerly was held in were clearly and strongly insisted

your courage. Those who worry lose bowl a layer of the hot potatoes, because their minds are not getting proper relaxation. They have not mental strength to grip a trouble, the salted onions, bits of parsley and white pepper. Pour over this a mental strength to grip a trouble, tablespoonful of hot olive oil. Aland so they let a trouble grip them. ternate the layers until ingredients Try a change. If worries are per- have all been used. Then pour over If that is not among the A dill pickle diced and put over the

nothing in the past has been known half of a cupful of rice, drop it into within reach. A fad is the thing, boil for ten minutes; drain and place A new fad, if old ones have lost in- in a double boiler with one pint of terest, and pursue it to the limit. warm milk and cook for half an hour. In the meantime pare and core six Blessed is the woman who has a sour apples. Place in a baking dish, and half a pint of water, cover and cook in a quick oven until tender but unbroken. Transfer to a serving dish. To the rice add four tablespoonfuls of sharply between continental societies professional obligation. The admin-Some talk of love. Love is a grand sugar, one teaspoonful of vanilla and thing and a powerful factor in many the stiffly beaten whites of four eggs. the neglect that comes so soon after one pint of milk and three tablespoon-

They Advertise Themselves .- Imbearing of many married couples-we mediately they were offered to the may doubt if love had been the pre- public, Parmelee's Vegetable Pills became popular because of the good report they made for themselves. That reputation has grown, and they now If a man loves the woman he mar- rank among the first medicines for ries he will not run away from her use in attacks of dyspepsia and bilias soon as he discovers some defect; ousness, complaints of the liver and but he will bear with it, make the kidneys, rheumatism, fever and ague best of it, and try patiently to curb and the innumerable complications to or destroy it. If there be love, he which these ailments give rise.

A Word About Converts

The Ave Maria quotes a striking passage from the "Memoires" of Mr.

"Those who are not Catholics are join the Roman communion in a certain exaltation of spirit, but that The sentiment of affection that will when it cools they regret it has been Someone has recently said a parable representing this fact. We that holy love will make holy mar-riages. wed Rachel, as we think, and in the morning, behold, it is Leah! So the It has been written that wedlock is Church bears one aspect when seen shed at the tribunal of penance, the fervor of my first communion were as nothing to what I feel now. Day by day the mystery of the alta: seems greater, the unseen world near er, God more a Father, our Lady more tender, the great company of Persons traveling by railway are saints more friendly (if I dare to use subject to continued annoyance from the word), my guardian angel more the flying cinders. On getting into close to my side. All human rela- recently, to the nurses of the trainthe eyes they are not only painful for tionships become holier, all human the moment, but are often the cause friends dearer, because they are ex-of long suffering that ends in a total plained and sanctioned by the rela-of long suffering that ends in a total plained and sanctioned by the rela-of philosophy at St. John's College. loss of sight. A very simple and effective cure is within the reach of other life. Sorrows have come to revery one, and would prevent much me in abundance since God gave me and full of practical and useful sug-

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fident. how Jesus opened his eyes, but this art to its exacting duties.

and keep the stomach and bowels free from deleterious matter. Taken ac- ing. cording to direction they will overand leave the digestive organs healthy and strong to perform their functions. the system

Church and Forbidden Societies

On the attitude of the Church towards secret societies, a writer of "Letters to a Layman" in the Catholie Transcript says: "Briefly the reason why a practical Catholic cannot simultaneously be a member of the Church and an associate of such bodies is the same which forbids you being a Protesiant and a subject of the tional and religious lines. sacred honor, the Church has no al- on.

I so long resisted Him, and lead introduction, the lecturer gave a brief love unto the fair land historic account of nursing, leading wherein He has brought me to up (a) the present well-defined course It will be said, and said and curriculum of training which merwith truth, that I am very con- its the certificate of graduation. He My experience is like that pointed out that the exact knowledge of the blind man in the Gospel, who of the nurse gives the profession the also was sure. He was still ignorant character of a science, while the skill of much, nor could he fully explain required imparts the nature of an he could say with unfaltering cer- nursing is a profession was shown tainty, 'One thing I know, that from the fact that it involves special whereas I was blind, now I see.'" mental training and discipline. The vocational qualities of nursing were Known to Thousands .- Parmelee's emphasized because of the demand for egetable Pills regulate the action fitness, ability, character and temthe secretions, purify the blood perament on the part of candidates for so difficult and important a call-The second lecture took up the so-

come dyspepsia, eradicate biliousness, ciological phase of nursing. The lecturer first from the standpoint the nurse and the patient. He spoke Their merits are well known to thou- of the educational possibilities of the sands who know by experience how well equipped nurse, and her charitbeneficial they are in giving tone to able opportunities in their dealings on the patient and society at large.

The third lecture confined itself to the social life and influence of the nurse in her private and public capacity. The lecturer claimed that the thoroughly trained and truly refined nurse is an active uplifting force in the community, working in the domestic circle for betterment in cleanliness, hygiene, domestic economy and the refinements of home. She might even be, he suggested, a strong saving influence along artistic, educa-

The fourth lecture treated of the to d'eredit supernatural forms of need for the nurse, patient and com-

The fifth lecture took up the reli-

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our most estimable citizens, including every nurse, no matter what her own prominent non-Catholic cleagymen, religious belief may be, to respect seem to deny by their presence that and administer to the religious needs warfare is waged on supernatural of her patients, in so far as she is faith. The distinction is drawn able to do so, was claimed to be of the same name and those we know, to the credit of our native organiza- and the timely calling of the priest tholics may reap the benefits which most valuable adornment of the nurse, affiliation with Masonry procures. The as well as the most suitable atmos answer to all such objections might be the curt "Rome has spoken," and the faithful adherent receives submissively whatever edict emanates from this heavenly-guided custodian of the faith. But the man either ignores or is not conversant with the doctrines which underlies these banned institutions, who pretends that there is no contradictions there t Church tenets. Your friends may not have been placed in the position to examine the foundation, or if advanced thus far, may not have critically studied the significance of what passed under their notice. It is unquestionably true that thousands of members know as much about the inner workings of these societies as office-boys about the business methods of the companies they serve. Neither need we pretend that the influence of the organization is so inevitably corruptive that a member mest necessarily fall a victim to the destructive of his union to her, and he will not apt to think and say that converts the principles as a joke, or as somesway: There are many who regard thing to be trotted forth at initiations. But the Church must judge the aim and not the accidental hit

> If the intention of the founder, or the perverted growth of an idea upon which an organization rests, has for its direct purpose the overthrow of Christian belief, the Church can offer no quarter even though in many instances this purpose is not achieved. Though ninety might escape, if there was peril for ten, or for one, and this danger was so intimately connected with the constitution of the society as to be inseparable from a consideration of its essential character, no Catholic can be permitted to take the risk. This prohibition may close many paths to worldly advancement, out to preserve his faith a Catholic must be prepared to relinquish all jeopardizing opportunities.

The Catholic Idea of Nursing

A course of five lectures was given at St. Vincent's Hospital, Toledo, ing school and as many of the Alumnae as could be present, by Rev.

'It may be admitted that many of gious phase of nursing. The duty of istering of baptism in certain cases phere of the sick room.

On a Windy Day.

An absent-minded gentleman was going along the street on a very windy day, when suddenly his hat blew off. He flew along the street, and after a long chase picked up what he supposed was his hat. Another bare-headed gentleman arrived on the spot at the moment, and, holding out his hand, said "Thank you." 'What do you mean?" asked the

"But this is not your hat.

"Hanging down your back." Then he remembered that he had secured his own by a hat-guard that

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absent-minded man. "Thank you for capturing my hat."

"Excuse me, it is."

"Where's mine, then?"

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