

high voltage nerve-pressure, at terrific speed, accomplishing herculean tasks, never stopping until Nature, provoked at the presumption of her liberality, and insulted by the demands made of her, says STOP! And then the man who has neglected care of himself and has refused good counsel, wakes up to the fact that he has spent his health getting wealth and he thereafter spends his wealth getting, or trying to get back his health.

To-day the world looks at the future with fear and uncertainty because civilization is becoming complex, requirements of man more grasping. The great multitude is wrestling with mammoth problems, of labor, prohibition, taxes, cost of living, morality, white slavery, neurasthenia, worry, and the task of providing for a rainy day. On top of this, the selfish purpose of nearly every man is to build a monumental fortune. The cry is ever on, on, ON! The rhythm caused by the intoxication of man's mental carburetor, pulsates the words go, go, GO!

On life's great highway we see the wreckage, and as the crowd presses forward we watch the faltering ones dropping out of the race through sheer exhaustion. And so, I believe, a prophylactic against tired brains and bodies is timely, and