## WOMEN'S INTRAMURALS

St. John's is the Women's Intramural unit with the greatest number of participation points having accumulated 74 to date, followed by Delta Gamma with 56 and Lower Kelsey with 49.

Jeanette MacMillan, Throwing for CLC Alumni, won he Basketball Free Throw contest and Irene Kufield, also Basketball GolF i, won the Basketball GolF

Keep Fit will be-conducted in the Fencing Room (opposite the Women's Intramural Office) on Tuesday and Thursday from 12 noon to 1 p.m. The instructress, Claude Moulin rising enjoyable by providing a varied rhythmical program. Keep Fit Classes will also be conducted by CUE on Monday and Wednesday from 12 noon to 1 p.m. in the Fencing Room.

Jogging is now underway on the $U$ of A Track, the Ice Arena Track or the Cross Country circuit. Be sure to record your mileage on the chart or at the Intramural Office. Remember every five miles is wort a person to run 50 miles before Christmas will win an Intramurai T-Shirt win an Intramural

Want to begin a new unit to compete and participate in the Women's Intramural Program? Just get a group of friends together make up a name appoint a Unit Manager to attend monthly meetings and sign up for whatever sport you fancy. For further information, phone (432-3565) or visit the Intramural Office lopen 12:1
and 4-5 Monday thru Friday) Upcoming sports include Curling and Bowling $\cdot$ so watch or sign up sheets.

## Out at four on Wednesday!

The polls for the Civic Election on Wednesday. October 16, 1974, will be open from 10:00 a.m. to $8: 00$ p.m Mountain Daylight Time.

Staff who are eligible to ote in this election are entitled ote in election Ele o have four consecutive hours to vote, while polls are open. Therefore, eligible staff working regular hours are to be staff who are working other than staff who are (shift or modified hours) please ensure that they hours) please ensure. that they consecutive - hour free time consecutive hours free time,

FOOTBALL continued from page 7 weekend, the University of Saskatchewan beat UBC 22-11 Wait, I almost forgot. To Dalton Smarsh and Gary Widynowski, who said they needed more ink: Hi guys. Good game on Saturday. Keep on stickin' it to 'em.

I also must remember Heinz Brademann. Heinz was playing his last home game as a Golden Bear and in honour of the occasion he tried a field-goal on the last play of the game. It's the thought that counts, right Heinz?


