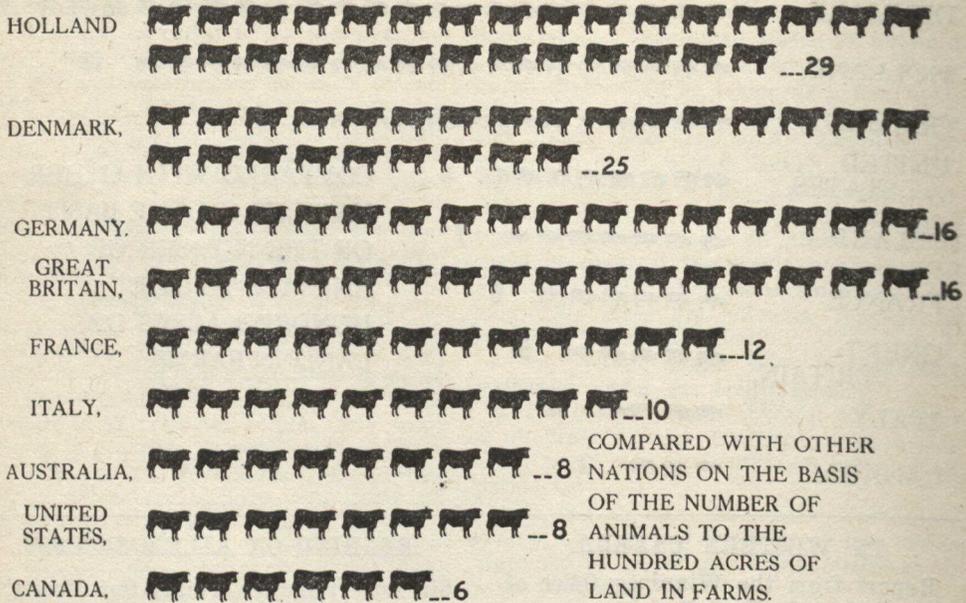


CANADA'S RANK AS A CATTLE PRODUCER



COMPARED WITH OTHER
NATIONS ON THE BASIS
OF THE NUMBER OF
ANIMALS TO THE
HUNDRED ACRES OF
LAND IN FARMS.

TO REDUCE COST OF LIVING.

People of Western Canada Should Insist
on Getting Flat Fish.

So far as fish are concerned the people of Western Canada have it largely within their own power to reduce the cost of living.

People residing in British Columbia, Alberta, Saskatchewan and Manitoba may now secure Pacific Ocean flat fish at a retail price of about 10 cents per pound if they will demand this fish from their dealers. The Canada Food Board has made provision for delivery flat fish to all points within the four western provinces, through regular channels of trade. Ample supplies of fish are available at the Pacific coast and the retailers can secure supplies if they will take the trouble to order them. If the consumer wants these fish it is his duty to see that the retailer secures them for him. The retailer can and will get them if the customer insist on having them.

It is unlikely that retailers will decline to handle Pacific flat fish because a fair profit is allowed, but should they refuse to do so municipalities have it within their power to open fish markets, as has been done in the case of Vancouver.

LONG TIME FOR FASTING.

British Columbia "Practically Living
from Hand to Mouth."

Mr. A. B. Twedale, statistician to the British Columbia Department of Agriculture says, "We in British Columbia must appreciate the fact that we are not even self supporting but are annually sending out over nineteen million dollars of our money for imports, and on the other hand taking any products such as cereals, meats, cheese and canned products, which should go to sustain our fighting forces. If imports were suddenly cut off our large meat supply would only last five months and twenty-two days. If all meat stock, dairy cattle and poultry were included our total products would only last 8 months and 17 days, leaving 3 months and 13 days for fasting, which shows that at present we are practically living from hand to mouth and depending upon other provinces and other countries to feed us to the extent of over 40 per cent."

FOR MANUFACTURE OF FARINA.

Arrangements have been made by the Canada Food Board for the limited manufacture of farina for the use of invalids and infants, but only upon a doctor's order.