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ANXIOUS MOTHER: - WHITE GUCK and piqué skirts will be worn. Organdy laund-ers satisfactorily. Spanish combs are still in vogue, and white collars and cuffs are as fashionable as ever. Pretty belts are of red, fashionatole as ever. Freety bens are of rea, green or black leather with harness buckles. Metal belts are also stylish. A pretty plaid silk waist for wear with a silk skirt seems to be just what you want for street and informal evening wear. Cut the waist by pattern No. 9670, which costs 10d. or 20 cents, and is illustrated in THE DELINEATOR

M.E.M.:—The pupil dilates when one looks at a distant object or when the eye is not exposed to bright light. When one looks directly at the light the pupil quickly contracts. These actions are perfectly nor-

waists. Fashionable collars and cuffs are depicted on the new shirt-waists illustrated

tonic. (2) If you feet no in checks lour or five hours after taking the cold shower, it probably agrees with you. Many mistakes are made in regard to cold water baths. As a tonic they are good for some persons. There are cases where cold baths have been there are the mark the market are been taken and the reaction at the time was most excellent, but a few hours afterwards de-pression would follow and cold chills would be felt. The cold water plunge is a favorito prescription with a number of well-known physicians who wish to stimulate the heart and the circulation of blood in the skin.

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