



Lesson II. July 13, 1919. Matthew 28: 18-20; Acts 8: 34-40.

Commentary.—I. The apostles' commission (Matt. 28: 18-20). 18. Jesus Came—After the resurrection of Jesu he went to Galilee, according to hi promise, and met the eleven disciples All power is given unto me—Here i a declaration of Christ's deity. He had finished his sacrifice of himself for the sins of the world. He had taken again the life he had laid down. By his resurrection the world had received an additional proof of his deity. In his earthly ministry and in his death and resurrection proofs abounded that he was the Son of God. He was sim-ply uttering a great fact abundantly attested when he declared that all power "in heaven and in earth" was given to him. This comprehensive statement was made to his apostle preparatory to their receiving the greatest commission ever given to humanity. 19. Go ye therefore—Jesus had previously sent them forth with power to preach the gospel and to work miracles, but their term of ministry was brief; now, however, he sends them forth on a lifelong service for him. They were called upon to "go." They were to be actively engaged in their divinely-given work of ministering to the souls of men Teach all nations—"Make disciples of all the nations."—R. V. Theirs was a world-wide mission. They were to tell the gospel story with the object of making all their hearers disciples of Jesus. Baptizing them—The ordnance of baptism was employed as a token of the acceptance of the gospel by those who were baptized and as a sign to the world that they were disciples of Christ. In the name of the Father
..... Son Holy Ghost—It is to
be remarked that "name" is singular, hence there is here a significant set-ting forth of the doctrine of the Trin-ity in the unity of the Godhead. 20. To observe whatsoever I have commanded you—The apostles had been under the instruction of the Master for about three years, and the great truths that had been made known to them were to constitute the body of their preaching to the nations is had been giving to them and they were to give out to others. They were not to be hoarders of the riches of divine truth, but dispensers. I am with you always—A mighty task had been imposed upon that little body of apostles, but for their comfort and

II. John the Baptist and Jesus (Mark 1:1-11). John the Baptist preeded Jesus as his messenger by six months. He came to prepare the way for his coming. He did this by announcing that the Mesiah would soon appear, and also by calling upon the multitude that flocked to his ministry to repent and be baptized for the re mission of sins. John was a rugged man of the wilderness, differing in appearance from many who came to his ministry. He was bold in his de-nunciation of sin, and was earnest in proclaiming the coming of him who was "mightier" than he. John came baptizing with water, but he declared that the Christ would baptize with the Holy Spirit. As the people believed the message that John gave them. their sins were forgiven and they were baptized in token of their acceptance of the truth and of the reof their sins. Baptism was a seal of the work done in them and a sign to the world that they were believers in the message of John. The great outstanding fact in connection with the ministry of John the Bap ast at Jordan was the baptism of Jesus Jesus had no sign to be remitted. He was infinitely superior to John in nature, vet John was commissioned to baptize, hence for the time being he was superior in office to Jesus, therefore he baptized him. This baptism was to fulfill all righteousness and by this rite he introduced to the public earthly ministry. Immediately follow-

encouragement the comprehensive promise of the constant presence of the Master was given them. They

would be sustained and guided by their Lord. Unto the end of the world— Nothing beyond this could be desired.

There could be no condition so dis

tressing as to shut out the presence

were not going forth alone.

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NO CURE, NO PAY.

FREE I want every Man, Woman and Child who is suffering with BRONCHITIS, COUGHS, COLDS, BRONCHIAL ASTEMA, KOARSENESS to test the marverous HEALING POWER OF BUCKLEYS WHITE BRONCHITIS MIXTURE, by getting one bottle from your Druggist, and use it for five days. If you do not find it the best you have ever used, take it back and get your money. If your Druggist does not seil it, phone Main 34 I'll see you get it. Take no substitute, nothing in the world like it, ten times more powerful than any known Cough cure. Backed up by hundreds of testimonials from people right at your door who have been cured, and will only be too pleased to furnish same on application. 60c is the triffing price that stands between your health and happiness. You have everything to gain and nothing to lose. Made only by K. Buckley, Chemist, 97 Dundas St. 14.18. Toronto, 15c extra for mailing, 2 Littles mailed free for \$1.75.

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ing his baptism the heavens opened and the Spirit in the form of a dove descended upon him. In addition to this token there was a voice from heaven that said to Jesus, "Thou art my beloved Son, in whom I am well pleased"

IIL Philip Baptizing (Acts 8:26-40). 26-33. Consideration has been given thus far in this lesson to the baptism which was performed by John the Baptist, and to the command that Jesus gave to his apostles touching their mission to the nations to teach the baptism. Build consideration and to baptize. Brief consideration is given to the work of one of the evangelists. Philip has been laborevangelitys. Philip has been labor-ing in Samaria, and his work there was evidently done, at least for a time. He was devinely called to un-dertake another mission. There was a man from far-off Ethiopia at Jerusalem who was intensely interest Jerusalem who was intensely interested in the scriptures. He was about to go home and Philip was directed to go southward. He obeyed promptly and reached the Gaza road just in time to intercept the Ethiopian. The Spirit of the Lord told Philip to ap-proach the eunuch and join himself to his charlot. Philip found the Ethiopian reading the prophecy of Isaiah. The text was exactly appro priate to the message that the eunucl needed. He was uncertain as to the meaning of the words of the prophet "He was led as a sheep to slaughter, and like a lamb dumb fore the shearer, so opened he not his mouth: in his humiliation his judgment was taken away; and who shall declare his generation? for his life is taken from the earth." 34. the eunuch answered Philip—Philip was present just in time to be helpful to the Ethiopian. of himself, of of some other man—This question shows the darkness of the Ethiopian's mind and his desire to know the meaning of the prophecy.

The Jews had a tradition aiah was sawn asunder, and the Eth-iopean thought he might here be speaking of himself. 35. Then Philip open his mouth—The form of expres-sion indicates that Philip realized the sion indicates that Philip realized the importance of the occasion and would speak impressively the message that God gave him for his listener, the man who would carry the gospel to far-away Ethiopla. Began at the same scripture—The passage from Isaiah that the Ethiopian was reading. Preached unto him Jesus—In explaining the passage Philip made it clear that Jesus was the one spoken of by the profiles.

the prophet. 36. Came u Came unto a certain water —On st. Came unto a certain water—On the road toward Gaza is a fine stream of water. What doth hinder me to be baptized—Philip had preached to the Ethiopian that Jesus was the fulfilment of the prophecy and he had also declared to him the conditions of en-

Cook's Cotion Root Compound.



A safe, reliable regulating medicine. Sold in three degrees of strength-No. 1, \$1; No. 2, \$3; No. 3, \$5 per box. Sold by all drugists, or each prepaid on receipt of price. Free pamphlet. Address: THE COOK MEDICINE CO., TORONTO, OHT. (Fernetty Wisdox.)

trance into the body of believers, and trance into the body of before, and the listener was desirous of becom-ing identified with the followers of Carist. 37. Believest v:th all thine heart—Intellectual faith is not suf-ficient to constitute one a true be-liever; there must also be heart trust. of God—For the Ethiopian to believe with all his heart that Jesus Christ was the Son of God was to accept Him as this personal Saviour, as well as the Saviour of the world. This verse is not found in the best ancient man uscripts and is omitted from the Re vised Version. 38.—Went down both into the water — The Ethiopian had professed his faith in Christ and was proper candidate for Christian baptism. He baptized him—iJy being baptized the Ethiopian declared that be was a follower of Jesus. 39. the Spirit of the Lord caught away Philip—This marvelous removal of Philip would confirm the eunuch and his companions in their faith. They would recognize that he who had been sent unto them was a man of God.—Farrar. Went on his way rejoicing—The Ethiopian had every reason to rejoice A new light, a new life and a new joy had come to him. He was a converted man. 40. Philip was found at Azotus— He next appeared at Azotus, the ancient Ashdod of the Philistines.

Questions-What was the mission of John the Baptist? What was the naof his baptism? Why was Jesus zed? What commission did Jesus baptized? give to His apostles? What does baptism mean to the one who is bap-tized? What sign does baptism give to the world? Way was Philip sent southward from Samaria? Why did the Ethiopian wish to be baptized?

PRACTICAL SURVEY. Topic.-The significance and im-

portantce of Christian baptism. I. Christian baptism.

II. Its significance and importance I.—Christian baptism. Christian baptism is to be distinguished from that which John the Baptist administered to the penitent multitudes attending his wilderness ministry. This was a testimony of faith in the Messiahship of him who was to come after him. It is also to be distinguished from the baptism which Jesus received at the hands of his kinsman and forerunner, and which was the cere-monial consecration by which he was inducted into the first order of the Aaronic priesthood. Jesus was descend ed from the kingly tribe of Judah, not the priestly tribe of Levi 7:14). The high priest only Jesus became such by the anointing of the Holy Ghost, which followed his induction into the first order of the priesthood and typified by the oil of anointing (Lev. 8:10, 12; Matt. 3:16; Acts 10: 38) Jesus merged in himself the prophetic, priestly and kingly of-fices. Neither was the rite, adminfices. Neither was the rite, admin-istered by his authority (John 2:2), Christian baptism: This was institut-ed after the resurrection at the mountain conference in Galilee (Matt. 28: 18. 19). The Christian church commenced at Pentecost, and Christian

baptism was then first instituted.
II.—Its significance and importance In itself it possesses neither expiatory



value nor sanctifying virtue. As a sign it is a symbol of the effusion of the Holy Ghost and an external witness and seal of the internal renewing and cleansing wrought by his power in the hearts of all regenerate persons and of his gracious influences melting and inflaming the heart with love (Ezek 36:25; Rom. 5:5). Paul understands it to signify union with Christ in his death "unto sin," and the power and glory of his resurrection life, with the other members of the "body" 6:2, 4, 9; Gal. 3: 27; Elp. 4: 4, 5; Col 2:12). Christian baptism is a public pledge of fidelity to God and right eousness on the part of its subjects, and is a seal of the convenant into which God is pleased to enter with his children and of his faithfulness in fulfilment. If the candidate fulfils his contract, walking in obedience and fellowship, God fulfils his promise of pardon, regeneration, sactification, comfort, victory, strength and everlasting reward. Christian baptism is public testimony to faith in Christ and of trust alone in his atonement for salvation. The same truths are before us in baptism, which set before Israel when they passed the sea (1 Cor. 10: 1, 2; Heb. 1: 29). Christian baptism testifies to the coequal tri-unity of Deity recognized in the formula established by Jesus, which is inseparable from Christian faith. It expresses farther a public choice of discipleship with its accompanying re-nunciation of the maxims, affections and customs of the world. Its importance is inseparable from its signific ance. Jesus made it coextensive with the dissemination of his gospel and the discipling of the nations. It s not to be neglected, lightly esteemed nor carelessly accepted.

The cheapness of Mother Graves Worm Exterminator puts it within reach of all, and it can be got at any

Inventor Davy and Love.

Sir Humphry Davy, the inventor of the Davy lamp, found love something of a delusion, if not a snare. Writing to his mother, he said, "I am the happlest of men in the hope of a union with a woman equally distinguished for virtues, talents and accomplishments." And in a letter to his brother he expresses his rapture thus: "Mrs Apprece has consented to marry me and when the event takes place I shall not envy kings, princes or potentates.'
The widow must have been a person possessed of great powers of fascina tion, for Sir Henry Holland make mention of her as a lady who made such a sensation in Edinburgh society that even a regius professor did not think it beneath his scholarship to go down on his knees in the street to fas ten her shoe. The sequel need not be dwelt upon further than to add that the marriage turned out to be altoWhen you scale your clothes, put in haif a cuprul of ammonia and it will readily loosen the dirt.

Salt is good for gargling the throat and bathing the eyes, but the solution should not be made too strong.

the breath, rinse the mouth out tincture of myrrh twice each day. Teaspoonful to a glass of water.

Patches sewed on the sewing ma-chine are smoother and look better when repairing underwear.

A cloth wrung out of salt wate will clean and brighten a rug.

Bitter apple poyder is said to keep away moths. Make little bags of it and pack in clothing.

Wash baby flannels in warm, not hot water, using a good white soap and adding a teaspoonful of glycerine to the water. Wring by hand and to the water. Wring by hand and shake well before hanging up to dry.

Drives Asthma Like Magic. immediate help from Dr. J. D. Kel-logg's Asthma Remedy seems like magic. Nevertheless it is only a natural remedy used in a natural way. The smoke or vapor, reaching the most remote passage of the affected tubes, brushes aside the trouble and a way for fresh air to enter sold by dealers throughout the

Chats with the Doctor

OLD AGE. The period of old age is commonly regarded with a sort of solemn pity, not unmixed with contempt. For this the conduct of the old affords a certain basis of justification. But in itself there is little in old age that is either pitiable or contemptible. There is a mode of life and an attitude of mind appropriate to it, just as there is an attitude of mind and a mode of iffe appropriate to youth. Youth be-comes ridiculous and a little contemp-tible when it apes the habits and men-tality appropriate to age; and in like manner—and no other—does age ap-pear silly when it affects the ways and outlook of youth There is a just baloutlook of youth. There is a just bal-ance in the truly healthy individual between his physical and mental ac-tivity, and the maintenance of that balance should be ever borne in mind. Creative and experimental energy which is so usual in healthy youth is normally replaced by reflective and contemplative activity in healthy age And this latter form of activity call-ing together less physical basis in the form of food; physical energy form of food; physical energy and physical metabolism. There are exceptions, but it is a general rule that those who retain the greatest degree of physical and mental power in old age are they who have adapted their habits to this lessing need. Regularity, simplicity and moderation in matters of food and drink are the solden rules of food and drink are the golden rules for age. Moderation, too, in such mat-ters as eleep, rest and exercise; mod-eration in mental activity and mentalrest, apathy—physical or mental—does not conduce to real health in ago does not conduce to real health in age or youth; but, on the other hand, especially in age, excitement and over pecially in age, excitement and over-strain are equally harmful. By bearing this in mind, our only reasonable hope that if our constitution allows us to reach old age, we may, in Dr. Hum-

phrey's words, arrive there in good possession of our mental faculties, taking a keen laterest in passing events, forming a clear judgment upon them, and full of thought for the pre-sent and future welfare of others. It

FOR THE CHILDREN

Shoes are the most serviceable, most comfortable, most economical shoes for romping kiddies—for girls who help mother about the house—and for boys who work with father

are also made for men and women; for work and

Ask your dealer for . The name is stamped on every pair

play; for every-day and Sunday wear

is satisfactory to find that the active, even several and long-continued, functional activity of the matured brain seems in no way to impair its enduring qualities, and that good earnest useful employment both of body and mind are not only compatible with, inducive to, longivity.

THROWING OFF AN ILLNESS.

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THROWING OFF AN ILLNESS.

Some people are very fond of advising their friends and neighbors, when stricken with illness, not to "give way to it," but to "throw it off." Is this advice good or bad? Much depends on the nature of the illness, which is to be treated thus cavalierly; much on the interpretation of the letter of the advice. If the disease is such a one as influenza or pneumonia, and if by "throwing it off" is meant disregarding its warning symptoms and insisting on walking about of working as though one were well, then it is impossible to imagine worse advice or a line of conduct more likely to end in disaster. If, on the other to end in disaster. If, on the other hand, we interpret the advice as meaning that, having taken stock of the ailment and taken the necessary steps best calculated to lead to recovery, we should think and worry about it as little as possible, divert-ing our minds and interest, as much as we can, then in about every case the advice is of the best. For all ex-perience teaches us that, providing the necessary physical measures—rest in necessary physical measures—rest in because or whatever they may be—are taken, the patients who think and worry about their illness are the ones who do worst; and those whose mind who do worst; and those whose minds are capable of taking an interest in things outside themselves do best. Most of the neurotic people who are so common in every rank of society. begin their neurosis with undue concentraction on some genuine symptom which itself lasts but a short time. It is therefore of the utmost important that sick people, though they usually need a restful and quiet environment, should be surrounded with an atmosshould be surrounded with an atmosphere of easy (not noisy or assertive) cheerfulness—happy faces, sunlight, orderliness, cleanliness, freeh air, and in suitable cases interesting books, papers and music. The possible part of music as a curative agent in certain allments is generally neglected, and doctors warely advise as to the literature suited to the particular patient. Yes—a cultivated doctor with insight might render very great service in this way. In general it might be said that the cort of books adapted to the average patient convalescing from a serious illness are such as will keep his interest alert without unduly ex-citing his imagination or unduly pro-voking thought. Comedy rather than tragedy, beauty rather than sordid reagedy. Deauty rather than undue gravity are desirable. But discrimination is necessary, for nowhere other than with books is it more true that one man's meat is another man's poison.

Pills of Attested Value.—Parmelee's Vegetable Pills are the result of careful study of the properties of cer-tain roots and herbs, and the action of such as sedatives and laxatives on the digestive apparatus. The success the compounders have met with at-tests the value of their work. These pills have been recognized for many years as the best cleansers of the system that can be got. Their exsystem that can be got. Their excellence was recognized from the first and they grow more popular daily.

Evolution of Wall Paper.

Wall hangings have been used for Wall hangings nave been used for the covering up and embellishment of wall surfaces from the earliest times. Probably the first of the kind were skins of beasts. Then with the introduction of weaving came wooler and fibrous cloths, plain or embellished by needlework or painting says the Practical Decorator. Leather was a further development, doubtless originally suggested by the ne-cessity of keeping out drafts and colds in the rudely-fashioned buildings of early date, and the dwellers in tents used and still use them for this pur-pose, as is exemplified at the present day by the nomadic tribes of the Soudan. The necessity for cheaper material than was in current use was evidently felt, as no sooner was paper invented than it was used for the pur-

of wall decoration. The first wall papers were intro-duced into England by William of Orange, and the first attempt at their manufacture in that country followed immediately. They were, of course, made in sheets, as the ability to make paper in continuous rolls was not acquired till later.

Corn Griddle Cakes.

Don't forget corn.

Try it in griddle cakes. Of course, fresh, sweet corn is best, But toothsome corn griddle cakes can be made in winter.

Used canned, grated corn, or canned eorn rubbed through a colander. The ingredients needed are one pint of graded corn, one-half a cupful

Also use two eggs, one-half a cupful of milk, and one half a table-spoonful of fat. Beat the eggs separately, put the yolks into the corn and then add the

milk. The flour is next put in with a good pinch of salt and the batter is

beaten thoroughly.

Last of all, fold in the whites of the eggs; cook the batter on a hot griddle and serve with syrup. Are corn griddle cakes good? You'll answer, yes!

Use Miller's Worm Powder and the battle against worms is won. powders correct the morbid conditions of the stomach which nourish worms, and these destructive parasites cannot exist after they come in con-tact with the medicine. The worms are digested by the powders and are speedily evacuated with other refuse from the bowls. Soundness is imparted to the organs and the health of the child steadily improves.

Cookie.

One cup powdered sugar, one-half cup lard substitute, one-half cup sour cream, 'wo egg yolkes, one-half teaspoon salt, one teaspoon soda, one-half teaspoon nutmeg. Roll soft. Sprinkle granulated sugar on top and bake,

Many a fellow can't even see "fresh pair against it. paint" sign without being up

TIRED PEOPLE ARE DEBILITATED

FULL HEALTH AND STRENGTH CAN ONLY BE REGAINED BY ENRICHING THE BLOOD.

People who are tired all the time and never reel rested, even after a long night in bed, people who cannot regain weight and strength, who feel regain weight and strength, who feel no joy in living, are in a condition described by doctors as general debility. A medical examination might show that every organ in the body is acting normally, but the pallor of the face will usually show that the blood is weak and watery. This is the root of the trouble of the trouble.

Debility is a loss of vitality, not

affecting any one part of the body, but the system generally. The blood goes to every part of the body, and goes to every part of the body the use of a blood tonic like Dr. liams' Pink Pills quickly tones up the whole system. 'The first sign of returning health is a better appetite. an improved digestion, a quicker step and better color in the cheeks. The rich, red blood, reaching every organ and muscle, carries new health and vigor. The nerves are quieted, sleep becomes very refreshing and with becomes very refreshing and with persistent treatment and a good diet persistent treatment and a good distribute patient is once more enabled to enjoy life. The case of Mr. W. Doxtater, R. R. No. 4 Tillsonburg, Ont., illustrates the great value of Dr. Williams' Pink Pills in cases of this williams Fink Fills in cases of this kind. Mr. Doxtater says: "I was troubled with pains throughout my whole body, was extremely nervous, did not sleep at night, and was further afflicted with rheumatism. In spite of different treatment this con-dition persisted, indeed I was grow-ing worse and had fallen away in weight to 130 pounds and was scarcely able to do any work. Then I began taking Dr. Williams' Pink Pills, and after a few weeks there was a notice-able improvement in my condition. I continued taking the pills, constantly gaining until I felt as well as ever I did. While taking the pills my weight increased to 170 pounds, and I can now do as good a day's work as any-one. My advice if you are not feeling well is to take Dr. Williams' Pink Pills and they will soon put you right."
At the first sign that the blood is

out of order take Dr. Williams' Pink Pills, and note the speedly improve-ment they make in the appetite, health and spirits. You can get these pills through any medicine dealer or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams Medicine Co., Brockville, Ont.

Creatures of Habit.

The Olean (N. Y.) Times headlines it this way: "Twins Born Seven Times in One Street." The news fills us with amazement and tempts us to philosophise. Amazement, because twins should like being born so well that they repeat the act seven times; to philosophize on the force of habit which makes them continually choose the same street as the scene of their natal encores. It seems to us that if we were twins with an incurable birth habit, we should desire a bit of variety. Having been born once in Olean, we should yearn for some different place for our next debut; we should try to be born in China, in France, in Salamanca, in Cattaraugus, in Indiana, at Aurora Pend.—Cleveland Plain

Great Salt Eaters.

The Burmese consume salt. They eat salt in large quantities.
Salt has been consumed in Burma
on an average of 17 pounds to each

on an average of 17 pounds to each person each year.

One wonders how they can use so much until one knows that no article of diet is more relished in Barma than salted fish.

Burmese not only eat salt, but they also manufacture it in nearly every district, the total production being nearly 100,000,000 pounds, and the revenue from salt last year being over \$900,000

An Oil That is Prized Everywhere.

Dr. Thomas' Eclectric Oil was put upon the market without any flour-ish over thirty years ago. It was ish over thirty years ago. It was put up to meet the wants of a small section, but as soon as its merits became known it had a whole continent for a field, and it is now known and prized throughout this hemisphere. There is nothing equal to it.

Why Crescent is Turkish Symbol. When Constantinople was a Byzan-

tine city, Phillip, the father of Alexander the Great, tried to reduce it by siege. He was unsuccessful by day and when he thought to take the city by surprise in the dark the crescent moon and stars appeared and exposed his warriors to the citizens. In honor of her protection of the city the Byzantians built a statue to Diana and made the crescent the symbol of the

Old English Holidays.

In the list of old English holidays Candlemas was February 2, the date on which we now look for the groundhog to forecast the weather, and Old Candlemas, February 14, which is now observed as St. Valentine's day.

Getting Too Realistic.

Rosemary and her brother Edward were playing when Rosemary said: "Now, let's play suprosing you be papa and I'll be manna." The game proceeded nicely until Rosemary said: "Papa, Edward was a bad boy to-day." Whereupon Edward said: "Oh, I ain't going to play no more-you're not supposing, you're playing real."

HER "COMING OUT."

Mrs. De Smyth—Now I want you to save me an extra supply of flowers next week. My daughter Alice is coming out, you know.
Proprietor of Flower Stand—Yes, mum.
I'll save er the very best, pore thing.
Whatever was she put in for?

No man or woman should hobble painfully about because of corns when so certain a relieff is at hand as Holloway's Corn Cure.