

formations, but the records as now kept do not enable us to learn in what proportion of these cases mothers over-worked or received insufficient care during the pregnancy period.

(f) *Attempts to Eliminate These Causes.*—There has been little or no attempt to eliminate these causes. The Health Department has protested continually, but under the present legislation they are powerless to work much change. The present building law fosters over-crowding, dark rooms and poor ventilation, and the "Cooking Clause" in the lodging-house by-law renders inspection entirely inadequate. The City Fathers apparently feel there are other matters more important than the city's health. The report of the Milk Commission ought to beget some definite measures for the improvement of the milk supply which will surely result in a diminution of the infant death rate. If there were added to the Health Department a corps of visiting nurses who, for a nominal fee or without charge, would attend mothers during pregnancy and instruct them in the care and proper feeding of infants, there would be still further reduction in the infant mortality rate. The Victorian Order of Nurses is the only order or organization which is now attempting to meet this need.

(g) *Anti-Spitting Ordinance.*—There is a Provincial anti-spitting ordinance, but there has been no attempt to enforce it.

(h) *Compulsory Notification of Diseases to M. H. O.*—Physicians are required to immediately report in writing to the Health Officer all cases of infectious and contagious diseases. The following diseases, amongst others: Diphtheria, scarlet fever, whooping-cough, measles, mumps, typhoid fever, chicken-pox, smallpox, pulmonary tuberculosis, acute poliomyelitis, epidemic cerebro-spinal meningitis, and contagious skin diseases, etc.

(i) *Reporting of Tuberculosis and Fumigation.*—Whenever any physician knows or suspects that any person whom he is called upon to visit is infected with or has died of tuberculosis, he shall immediately notify the Medical Health Officer and give an account of the condition of the patient and state what precautions are being taken to prevent infection. Whenever cases are reported the Health Department is careful to fumigate the premises on the removal of the patient.

(j) *Cases Reported and Deaths from Tuberculosis.*—There were 125 deaths from tuberculosis in 1912, but only eighty-five cases were reported. Thus there were forty deaths from this disease of which the Health Department had no previous notification.

(k) *Recommendations for the Better Prevention of Tuberculosis in the City of Vancouver.*—By Miss Gillis, Visiting Nurse of the Anti-Tuberculosis Auxiliary:

(1) To strictly enforce the law relating to expectoration in public conveyances, places and streets. Placards of warning to this effect printed in English, Italian, Chinese and Japanese to be displayed on prominent positions in all public vehicles, buildings and places.

(2) To establish a Tuberculosis Clinic apart from Free Dispensary, which should be opened at fixed hours every day, having one physician in charge of treatment and records.

(3) A municipal hospital in Vancouver for advanced cases of tuberculosis. This is a crying need to-day. Advanced cases of tuberculosis are found in rooming houses, tenements and cabins. Accommodations at Sanitarium and General Hospital most inadequate. The cases are not only a menace to those they are living amongst, but to the public generally.

(4) The institution of compulsory teaching in Public Schools of the means of prevention of tuberculosis (by exhibits).

(5) That the by-law relating to notifiable diseases be strictly enforced, more especially as regards tuberculosis.

(6) The education of the community as to preventive measures, or, in other words, an educational centre from which a continuous campaign can be conducted; for instance, material should be furnished to the press at frequent intervals which should appear at least weekly until community is arrayed against the disease.

(7) That it be understood—return cases either from hospital or sanitarium be followed up by the visiting nurse.