

life of the average citizen." While this is undoubtedly true, it should not be the over-riding factor after retirement; but, unless retirement activity is planned well in advance, it may be a factor that destroys the tranquillity and satisfaction of retirement. The work ethic as a virtue most certainly does apply to the senior officers in External (most particularly to those trapped in the high strata of "killer's row"), but it is doubtful if this total immersion in work will appeal after retirement - probably quite the contrary. Indeed, it is probable that for most employees of the Department, and certainly those on the rotational list, the so-called "horrors" of retirement because of loss of work routine, will be less than is the case for most people. This is because anyone with a minimum of curiosity and initiative can hardly fail to develop interests outside of his work. He has been accustomed to meeting new people in new environments, in taking on new and different types of jobs in differing circumstances every three or four years during his whole working life. Retirement should be "just another posting" with the added incentive that now and forever the retiree will be his own "head of post" to do what he likes when he likes, to pursue his interests cultivated and developed during his nomadic, interesting life, at his own speed and intensity - limited only by his financial and physical capability.

On the other hand, perhaps the "External type" might have more difficulty in adjusting from a position where the apparatus of "diplomacy" surrounds him with prestige, position and respect in the community, to the life of an ordinary retired person in a community which generally, in Canada at any rate, couldn't care less and is not particularly impressed by any sort of diplomatic rank or career about which it knows very little. But this psychological shock is not one that is particularly difficult to overcome and should give rise more to hilarity and mirth rather than despondency.

Miss Lorna Hubbard, the Secretary of the Pre-retirement Association, London, has this to say: