



THE MEEKNESS OF THE HEART OF JESUS.

ONE of the principal virtues which Our Lord desires to teach us, through the devotion to His Sacred Heart, is that of meekness.

“Learn of Me,” saith He, “for I am meek and humble of heart.” There is in the structure of the human heart, in its calm and undulating movement, a symbol of meekness. Who does not know, in fact, that anger puts it in a violent state, and alters its harmonious rhythm?...

As the principal organ of affection, the heart appears to us overflowing with tenderness, by reason of which it is vested in the character of ineffable sweetness.

These remarks explain and justify the relation established by Jesus Christ, between meekness and the heart. Let us see how He taught us this virtue by His example. His entire life was adorned with sweetness and holiness. He chose for emblem the lamb, — of all creatures, the most gentle; and the traits of this emblem were so marked in his exterior, that on seeing Him approach, St. John the Baptist cried out: “Behold the Lamb of God.” During the years of His youth at Nazareth, He shewed Himself so full of amiability, — there was in Him such brightness of heavenly joy, — one felt in His presence such an atmosphere of peace, — that the people of Nazareth were wont to say, in speaking of the Son of Mary: “Let us go to Jesus, that we may drive away sadness from our hearts.”

When Jesus entered on His public life, this character of sweetness also manifested itself, and a pious writer has said: