

NOBILITY.

WHO counts himself as nobly born
Is noble in despite of place;
And honors are but brands to one
Who wears them not with nature's grace.

The prince may sit with clown or churl
Nor feel himself disgraced thereby;
But he who has but small esteem
Husbands that little carefully.

Then be thou peasant, be thou peer,
Count it still more thou art thine own;
Stand on a larger heraldry
Than that of nation, or of zone.

What though not bid to knightly halls?
Those halls have missed a courtly guest,
That mansion is not privileged,
Which is not open to the best.

Give honor due when custom asks,
Nor wrangle for this lesser claim;
It is not to be destitute,
To have the thing without the name.

Then dost thou come of gentle blood,
Disgrace not thy good company;
If lowly born so bear thyself
That gentle blood may come of thee.

Strive not with pain to scale the height
Of some fair garden's petty wall,
But climb the open mountain side,
Whose summit rises over all.

A LEGACY FOR EVERY BOY
IN THE LAND.

BY MRS. J. E. M'CONAUGHY.

IT is told of the good mother of President Garfield that once when she was struggling on alone with her little boys in poverty and widowhood it became needful to have some fence-rails on the little farm. The men about could be had to do the work, but there was one perquisite always demanded—that was whiskey. The staunch little mother declined to furnish it. Then the men would not work, and so the matter stood. The plucky woman took the maul in her hands and unaided split sixty rails to lay her piece of fence.

Do you wonder that her boy fought his way up through college, or that he did not shrink at the academy from cooking his own potatoes, or in college at sweeping and fire-building and bell-ringing, if by any means he might obtain his purpose? He early learned to "endure hardness as a good soldier." High thinking and plain living went hand in hand with him, but you all know and honour the grand result that sprang from such endurance. The example of such a noble, hard-working successful man is a personal legacy to every poor aspiring boy in our land to-day. It is more than a golden legacy. Examples of the good and great have been the main-springs of thousands of successful lives. He bids you, by his his own sun-bright course, to shrink from no labour, no self-denial in the pursuit of a high and worthy purpose. Every thoughtful, earnest boy in our country should be made better and more courageous for life's battle by the example of our martyred chief.

As Garfield nobly said on the anniversary of Lincoln's death:
"There is nothing in all the earth that you or I can do for the dead. They are past our help and past our praise. We can add to them no glory, we can give to them no immortality. They do not need us, but for ever and for evermore we need them."

RESISTING TEMPTATION.

STRIKER Stowe, was a tall, powerful Scotchman, whose position as "Boss Striker" at the steel works made him generally known. Nearly all the men in his department were hard drinkers, and he was no exception to the rule. But one day it was announced among the workmen that he had been converted, and sure enough, when pressed to take a drink, he said:
"I shall never drink mair, my lads. Na droonkard can inherit the kingdom o' God."

The knowing ones smiled and said:
"Wait a bit—wait until hot weather, until July. When he gets as dry as a gravel pit he will give in; he can't help it."

But right through the hottest months he toiled, the sweat pouring off in streams. Yet he seemed never to be tempted to drink. Finally, as I was taking the man's time one evening I stopped and spoke with him.

"Stowe," said I, "you used to take considerable liquor. Don't you miss it?"
"Yes," said he, emphatically.

"How do you manage to keep away from it?"

"Weel, just this way. It is now tan o'clock, isn't it?"

"Yes."

"Weel, to-day is the twentieth o' the month. From seven till eight I asked that the Lord would help me. He did so, and I put a dot on the calendar, right near the twenty. From eight till nine he kep' me, and I put down another dot. From nine till ten he's kep' me, and now I gie Him the glory as I put down the third dot. Just as I mark these, I pray, 'O Lord, help me—help me to fight off for another hour.'"

"How long shall you keep this up?" I inquired.

"All o' my life," was the earnest reply. "It keeps me sae full o' peace an' happiness that I wouldna' gie it up for anything. It is just as if He took me by the hand and said: 'Wark awa', Striker Stowe, I'm wi' ye. Dinna' be fearfu'. You teck care o' yeur regular wark an' I'll see to the de'il an' the thirist they shallna trouble ye.'"

LESSON NOTES.

FIRST QUARTER.

A. D. 27.] LESSON X. [March 5.
CHRIST STILLING THE TEMPEST.
Mark 4. 35-41. Commit to memory v. 37-41.

GOLDEN TEXT.

He maketh the storm a calm, so that the waves thereof are still. Psa. 107. 29.

OUTLINE.

1. The Storm, v. 35-37.
2. The Calm, v. 38-41.

TIME.—A. D. 27, on the same day with the teachings of the last lesson.

PLACE.—The Sea of Galilee.

PARALLEL PASSAGES.—Matt. 8. 18-27; Luke 8. 22-25.

EXPLANATIONS.—*The same day*—The day of teaching in parables by the sea. *Unto the other side*—The country of the Gergesenes or Gadarenes, so called from its principal cities. *Even as he was*—Without preparing for the voyage. *Other little ships*—Small boats containing disciples. *Storm*—Such as often sweep down upon the Sea of Galilee. *Asleep*—Being tired from teaching all day. *Pillow*—The cushion of the boat. *Awake him*—They might have had faith that they were safe while he was with them. *Rebuked the wind*—Showing power over all nature. *Calm*—The rolling of the waves stopped at once. *No faith*—In another Gospel, "little faith." *Fear'd*—Felt an awe or reverence for Jesus.

TEACHINGS OF THE LESSON.

Where in this lesson do we learn—
1. That Christ's people may meet with trouble?

2. That Christ's presence brings safety?
3. That Christ's followers should have faith?

THE LESSON CATECHISM.

1. What happened while Jesus and his disciples were crossing the Sea of Galilee? A great storm arose. 2. What was Jesus doing at that time? He was sleeping in the boat. 3. What did he say to the winds and sea when the disciples awaked him? "Peace, be still." 4. What then followed? A great calm. 5. For what did Jesus reprove his disciples at this time? For their want of faith.

DOCTRINAL SUGGESTION.—The omnipotence of Christ.

CATECHISM QUESTIONS.

27. Who was this Moses?
Moses was one of the children of Israel, who was wondrously saved from drowning by Pharaoh's own daughter, when he was a child.

28. How did God appoint him to deliver Israel?

God appointed Moses to deliver Israel by appearing to him in a burning bush, as he was keeping sheep, and sent him to Pharaoh to bid him let Israel go.

A. D. 27.] LESSON XI. [March 12.
Mark 5. 1-20. Commit to memory v. 18-20.
GOLDEN TEXT.

For this purpose the Son of God was manifested, that he might destroy the works of the devil. 1 John 3. 8.

OUTLINE.

1. The Works of the Devil, v. 1-5.
2. The Son of God, v. 6-14.
3. The Work of Grace, v. 15-20.

TIME.—A. D. 27, immediately after the events of last lesson.

PLACE.—The eastern shore of the Sea of Galilee.

PARALLEL PASSAGES.—Matt. 8. 28-34; Luke 8. 26-40.

EXPLANATIONS. (On the names of persons and places, see Descriptive Index.) *Out of the tombs*—Sepulchres dug out of the hillside. *Unclean spirit*—One in whom dwelt a wicked spirit, having power over him. *Chains . . . plucked asunder*—By the power of the evil spirit. *Cutting himself*—Being made crazy by Satan's power. *Worshipped*—The evil spirit in the man knew Christ, and feared his power. *Torment me not*—By compelling him to leave the man. *Legion*—A term meaning an army. *Out of the country*—Away from the land. *Swine*—An animal which the Jews were forbidden to eat. *Ran violently*—As they had no power to resist the evil spirits. *Choked*—Drowned. *They went out*—The people of the city. *They were afraid*—They saw the power of Jesus and did not know of his mercy. *Pray him to depart*—Afraid that he would do them some harm, and not knowing that he would bring them blessings. *Suffered him not*—The man could do more good at home than by going with Jesus. *Marvel*—They wondered at his power, and, perhaps, wished that they had not asked him to leave them.

TEACHINGS OF THE LESSON.

Where in this lesson do we learn—

1. The wretchedness of a soul in Satan's power?
2. The new nature which Christ can give?
3. The duty of telling others what Christ has done?

THE LESSON CATECHISM.

1. Who met Jesus and his disciples on the further shore of the Sea of Galilee? A man possessed by evil spirits. 2. What did the man do when he saw Jesus? He ran and worshipped him. 3. Where did the devils ask that they might go? Into a herd of swine. 4. What happened when they left the man and went into the swine? The swine were killed. 5. What did the people of the city do when they heard of it? They besought Jesus to leave them. 6. What did the man ask from whom the devils had gone out? That he might go with Jesus. 7. What did Jesus command him to tell his friends? What God had done for him.

DOCTRINAL SUGGESTION.—The divine nature of Jesus.

CATECHISM QUESTIONS.

29. What did Moses do to prove that God had sent him?

Moses, to prove that God had sent him, wrought several miracles, or signs and wonders, in the sight of Pharaoh.

30. How did Moses at last deliver the people from slavery?

When Pharaoh refused to let the people go, God gave Moses power to smite Egypt with many plagues, and thus he at last delivered them from slavery.

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