

## Log of S.S. Strathcona.

(concluded)

## HEALTH BLOW TO CREDIT SYSTEM.

At these terrible times are a death blow to the whole supply system, a serious heritage of the colony, even the price paid will perhaps not have been too great. "Fishermen will be able to pay for a year's supply at one time" is the almost universal reply made to this. But the fact remains that only those who can, are the independent men to-day, and as a matter of fact, it is exactly what the supply system forces them to do. Who has heard of a fisherman settling up once a year? He settles in the fall, after the summer past and the winter come. Why not settle in the spring, and be independent? Who can say they cannot do this? The suggestion itself is the worst encouragement that can be given to the fishermen, who are attempting that Utopian goal, which every supplier hopes for, as does every economist or planner, and especially had in our lives in the north. The failures and losses made by the small as well as the large supplying merchants these last two years is irrefutable proof at least in the particular circumstances of our coast, the system of constant anxiety, risk and financial disasters. As a stimulus to character development it has none of the advantages of straight cash dealing. Its tendency is to force poor men into crooked dealings and suppliers into charging prices that will cover the bad debts at the expense of operation. That unquestionably is the best system in theory. It is always a better way in everything than the straight competitive way—being nearer to God's way. But it depends on men having the Co-operative Spirit, and loses that stimulant competition, which helps like a ship helps. Co-operation as evidenced in the experiments of others than the fishermen clearly show this. In this country many of the smaller co-operative stores of the Co-operative Fishermen's Union have met disaster from the failure of the local human element. It certainly is a less expensive method of production. The Red Cross Co-operative is our best example. It has run twenty-six years in a perfectly good way as a fishing centre, selling almost of firewood, and are not much furthering can be done. It is an exceedingly poor place for agriculture, and is isolated for nearly eight months every year from the rest of the supply. In all these years the manager, a local fisherman, says the co-operative spirit has been so maintained that he has never had a loss from loading or unloading goods, and that much has been done by co-operative labor on wharf, and premises—exactly as co-operative work runs the churches north. "We don't ask the congregation to paint the roof, so much as we ask the congregation to meet the roof and paint it. One is being done almost alongside of us as I write. The overhead expenses of several managers of divided business one village who only come in summer and live south in winter, are paid; and the vessel that carries the produce brings supplies at the same time. One local man, who is called "Selectman," if such is suitable, accompanies the schooner as act as the jobber and salesman. The man is interested in the business. No one is afraid to criticize the system, as under the supply system, where the poorer man is afraid, and more he needs to do it, the less likely he is to query any of the dealings of his supplier.

## AN EFFECT OF THE SYSTEM.

Two days ago, a man came on board to get my opinion as a magistrate. He had been an Edger in a mill, and through an accident of his fingers were cut off, leaving a set in the wound. There was no provision for accidents in the mill, and he had been a whole summer in hospital and unable to do anything. And now, a year later, his hand was almost useless, as he could only touch the tip of his little finger with his thumb, and had no power to hold anything. The day of the accident he was rowed several times by two of his fellow workmen, the nearest skilled help. He claimed that he had never received one cent of compensation, and that for the day of his accident he was refused payment, and the two men who had helped him were also docked their pay. Yet when I told him that I was a trial probably before a magistrate, he said he was afraid to state it—and that was all I saw of him. This of course might occur under the competitive system. It did not under the Co-operative. The supply system it is a very serious blow to the credit system. Every day, without exception, we are seeing Newfoundlanders going down for want of food, and nothing of women and children. The last patient seen since I wrote the last paragraph is a man of thirty, a reserve man before the war, who had very poor luck since he came home, and comes with stinking socks and a loss of between thirty and forty pounds weight during the war. His prospects are very



## These are Days When Our Thoughts Turn to HOLIDAY WEAR

Many items are needed to complete the Holiday outfit. Whichever way you turn in The Royal Stores on Friday and Saturday, you'll find yourself face to face with a good economy—a chance to BUY FOR LESS—some desirable, seasonable article that you need.

### A Clearance Sale of Dainty Camisoles Summer Hats

A lovely selection of lovely Summer Hats for Women and Misses; popular shapes that are in great demand for Holiday wear. All priced far below the usual in order to clear.

#### Women's Panama Hats.

Large and medium shapes; trimmed with colored silk ribbon bands and bows. Reg. \$2.75 each for . . . **\$2.75**

#### Misses' Straw Hats.

Pretty Hats in fancy Straw with Silk ribbon bands and streamers. Reg. \$4.00 each for . . . **\$3.00**

#### Silk and Velvet Roses.

In rich Pink and Apricot shades; for Summer Millinery. Reg. 90c. each for . . . **75c.**

#### Fancy Veilings.

Black Net with colored spots; Green, Pink, Yellow, Black and White. Reg. 45c. yard for . . . **39c.**

#### Cambric Camisoles.

Fine White Cambric with wide shoulder strap and square neck; trimmed with embroidery and Insertion. Reg. 90c. each for . . . **78c.**

#### White Voile Camisoles.

With half sleeves and V shaped neck; embroidered and finished with Val. Lace and Insertion. Reg. \$1.65 each for . . . **\$1.35**

#### White Cambric Underskirts.

In medium sizes; double full on boume; finished with Insertion and wide embroidery. Reg. \$1.85 each for . . . **\$1.50**

#### Patent Leather Belts.

In the following color combinations: Saxe and Black, Brown and Black, Green and Black; nickel buckles, for Dresses or Costumes. Reg. 75c. each for . . . **67c.**

#### Child's First Dresses.

Good quality Cashmere, in shades of Sky, Pink and White; nicely embroidered yokes; trimmed with Val. Lace on sleeves and neck. Regular \$2.30 each for . . . **\$1.85**



### Bewildering Variety of Summer Blouses

Hundreds of different styles in Smocks and Blouses to choose from. Pleasing the woman who requires something other than the ordinary, is our specialty.

#### Tricolour Smocks.

Smart designs in Cream Tricolour with colored jazz patterns; round neck, half sleeves, semi-belted back, pearl buttons; assorted sizes. Regular \$4.25 each for . . . **\$3.60**

#### White Blouses.

In Voile and Linen; assorted styles; round, square and V shaped neck; long or short sleeves. Reg. \$1.50 each for . . . **\$1.26**

#### Black Cashmere Blouses.

Great bargains; sizes 12 to 14; high and low neck styles. Reg. \$2.50 each for . . . **\$1.25**

#### Women's Jumpers.

Made of good quality Paisley Cotton in assorted colorings; round neck and half sleeves. Reg. \$1.00 each for . . . **85c.**

### Picnic and Outing Goods

FANCY PAPER PLATES—In boxes of 1 doz. Large size. Reg. 6c. each for . . . **5c.**  
Small size. Reg. 5c. each for . . . **4c.**  
FANCY DOILIES—Size 12 x 12, in White only; 1/2 dozen to package. Special, per Reg. 9c. each for . . . **8c.**

DENNISON'S FANCY CREPE PAPER NAPKINS—Size 14 x 14; fancy floral border. Reg. 10c. doz. for . . . **8c.**

PLAIN WHITE TABLE NAPKINS—Open up in packages of 20. Special, per package. Reg. 5c. each for . . . **5c.**

DECORATED PAPER TABLE CLOTHS—Size 63 x 54; assorted flower and Blue Bird designs; only one in a package. Reg. 70c. each for . . . **59c.**

PAPER TOWELS—Size 10 1/2 x 15 1/2; made by the Northern Paper Mills. Reg. 8c. dozen for . . . **6c.**

ALUMINIUM CUPS—Full sizes. Reg. 17c. each for . . . **15c.**

TOOTH BRUSH TUBES—Celluloid; protects the brush from all dust and germs. Reg. 55c. each for . . . **47c.**

CELLULOID SOAP BOXES—In 2 sizes. Reg. 55c. each for . . . **38c.**

TYDIE POLISHING MITT—Single, for polishing shoes, stoves, etc. Reg. 20c. each for . . . **16c.**

NAIL BRUSHES—In 2 sizes. Large. Reg. 16c. each for . . . **13c.**  
Small. Reg. 12c. each for . . . **10c.**

ALUMINIUM PITCHER AND SALT SETS—In 2 sizes. Reg. 55c. set for . . . **44c.**

SILVER PLATED SAFETY RAZORS—In box with 3 blades. Regular 50c. each for . . . **45c.**

POCKET KNIVES—Pretty fancy handles and chain clip. Reg. 75c. each for . . . **68c.**

RUBBER BALLS—Solid Indian Rubber; assorted shades. Reg. 45c. ea. for . . . **34c.**

### Summer Hosiery



#### Women's Silk Hose.

In shades of Brown only; sizes 8 1/2, 9 and 10; reinforced soles and heels. Regular 60c. pair for . . . **52c.**

Women's Lisle Hose.

In Grey and White; sizes 8 1/2 to 10; seamless feet. Spliced heels and toes. Regular 50c. pair for . . . **43c.**

Women's Silk Hose.

In Brown, Black, Fawn and Grey; all sizes; fashionable leg, spliced feet. Reg. 55c. pair for . . . **48c.**

Women's Silk Hose.

In shades of Navy, Grey and Fawn; extra special quality. Regular \$1.50 pair for . . . **\$1.45**

Fancy Silk Hose.

In all sizes and colors. Regular \$2.50 pair for . . . **59c.**

### Seasonable Dress Goods

An assortment to suit all tastes; latest designs and colorings. Those who have yet to buy their needs for the Summer season should make a point of seeing these goods Friday & Saturday.

#### Dress Linens.

40 inches wide; in plain colors of Rose, Grey, Pink and White; also in Blue and White and Pink and White stripes. Reg. 70c. yard for . . . **62c.**

#### Fancy Cotton Crepes.

26 and 30 inches wide; in a nice variety of colorings and designs. Reg. 44c. yard for . . . **44c.**

#### Cotton Poplins.

27 inches wide; soft mercerized finish; colors of Brown, Crimson, Saxe, Royal Pink and White. Regular 70c. yard for . . . **62c.**

#### Satin Charmeuse.

36 inches wide; colors of Cherry, Flame, Taupe, Pink, Peach, Silver, Grey and Royal Purple; in 6 yard lengths only. Reg. \$4.25 yard for . . . **\$3.75**

#### WHITE Piques.

Prices . . . 34, 38, 41, 55c. yard.

#### WHITE ORGANDIES.

Prices . . . 50, 63, 77 85c. yard.

#### WHITE VOILES.

Prices . . . 32 and 38c. yard.

#### FANCY VOILES.

Colored Silk stripes. Price 60c. yard.

#### FANCY STRIPED & FIGURED VOILES.

Prices . . . 20 & 24c. yard.

### Values in Gloves



#### Women's Silk Gloves.

2 dome fasteners; double tipped fingers; colors of Fawn, Brown, Grey, Black and White; all sizes. Reg. \$1.25 pair for . . . **\$1.08**

#### Misses' Gloves.

In Silk and Lisle thread; shades of Grey, and in White; one dome fastener; sizes 4, 5, 6 and 7. Reg. 60c. pair for . . . **52c.**

#### Rubber Gloves.

Made of good live red rubber; for hospital and all domestic purposes; in all sizes. Reg. 45c. pair for . . . **35c.**

#### Women's Collars.

In lace and muslin; roll and round styles; suitable for Summer dresses. Reg. 30c. each for . . . **25c.**

#### Excelsa Handkerchiefs.

White with colored borders; nicely hemstitched; size 12 x 12. Reg. 14c. each for . . . **14c.**

### House Linens

Bargains that mean not only revived home beauty and comfort, but money saved, because these prices are lower than elsewhere, quality considered.

#### Damask Tabling.

Pure White Linen, beautiful floral designs, dull finish; 48 inches wide. Reg. \$1.10 yard for . . . **98c.**

#### Blay Table Damask.

48 inches wide; handsome floral and basket patterns; stout, heavy quality. Reg. 75c. yard for . . . **67c.**

#### Damask Table Napkins.

6 dozen only; size 18 x 18; assorted floral designs; hemmed ready for use. Reg. 35c. each for . . . **30c.**

#### White Lace Curtains.

Made from strong net of exceptional quality; 2 1/2 yards long; taped edges. Reg. \$1.85 pair for . . . **\$1.50**

#### Sideboard Cloths.

Made of high grade Brown Linen; colored hemstitched borders and embroidered centres; size 14 x 55. Reg. \$1.00 ea. for . . . **85c.**

#### White Turkish Towels.

Size 36 x 36, in a nice variety of colorings; hemmed borders. Regular 95c. each for . . . **82c.**

#### Chintz Tea Cloths.

Size 36 x 36, in a nice variety of colorings; hemmed borders. Regular 95c. each for . . . **82c.**

#### Huckabuck Toweling.

18 inches wide; White Linen. Reg. 45c. yard for . . . **40c.**

#### Glass Toweling.

Pink and White checks; 28 inches wide. Reg. 30c. yard for . . . **26c.**

### Wash Tub Skirts



These Skirts are made as carefully as any good Seamstress would make them and from superior fabric; many of them are brand new styles: White Gabardines, Piques, Linens, etc., that launder beautifully.

#### Women's White Pique Skirts.

Assorted styles and sizes. Regular \$2.25 each for . . . **\$2.75**  
Regular \$4.25 each for . . . **\$4.25**  
Regular \$5.25 each for . . . **\$4.40**  
Regular \$5.75 each for . . . **\$4.90**

#### White Jean Skirts.

In assorted sizes. Regular \$3.85 each for . . . **\$3.20**  
Regular \$5.00 each for . . . **\$4.25**

### The Man's Store

Save time and money by selecting your Holiday needs here.

#### Men's Cotton Socks.

15 dozen pairs in colors of Grey, Navy Black and Brown; guaranteed sanitary colors; all sizes. Special per Reg. 22c. pair for . . . **22c.**

12 dozen pairs Mercurized Cotton Socks; colors of Navy, Brown, Grey and Black; seamless feet; spliced heels and toes. Special per pair for . . . **42c.**

#### Men's Shirts.

Ideal Shirts for Summer wear made of strong Percale; White with colored stripes; neat collar and pocket; sizes 14 to 16 1/2. Reg. \$1.50 each for . . . **\$1.26**

#### Men's Silk Neckwear.

10 dozen smart Silk Ties of distinctive make; wide flowing ends, in a splendid range of fashionable colorings and designs. Special per Reg. 120c. each for . . . **\$1.20**

#### Another line of Men's Ties; wide flowing ends; patent easy-slip band; in assorted colors and designs. Reg. 45c. each for . . . **39c.**

#### Men's Balbriggan Combinations.

Made of finest Egyptian Cotton; natural color, short sleeves and ankle length. Reg. \$1.40 each for . . . **\$1.16**

#### Men's Bathing Costumes.

Extra fine quality, Black Jersey knit with white facings, with shirt effect. Regular 1.70 each for . . . **\$1.45**



#### Boys' Shirtwaists.

In fancy striped Percale; for boys of 6 to 15 years; neat pocket and Polo collar. Reg. 85c. each for . . . **75c.**

#### Boys' Balbriggan Underwear.

Light weight Jersey knit Vests and Pants; to fit boys of 8 to 15 years; vests have long sleeves; the Pants are ankle length. Reg. 60c. each for . . . **52c.**

#### Boys' Cricket Pants.

Made of extra heavy Cream Flannel; finished with belt. Extra fine quality, Black Jersey knit with white facings, with shirt effect. Regular 1.70 each for . . . **\$1.45**

### Great Offers in Footwear

The Footwear offered now at this Store is the biggest value we have been able to offer for a long time. Everyone is astonished at the bargains available in high grade Footwear.

#### Women's Laced Boots.

A limited number only; Chocolate Calf Leather with Cloth tops; Cuban heel and medium toe; sizes 3 to 6. Reg. \$11.00 pair for . . . **\$5.50**

#### Women's Canvas Shoes.

White only; sizes 3 to 7; extra special quality; Cuban heel and medium toe. Regular \$2.95 pair for . . . **\$2.05**

#### Men's Fine Boots

A large stock of smart shaped Boots for men, in Vel Kid, Box and Mahogany Calf; all these Boots are of exceptional fine quality and style; all are fitted with Goodyear Welt. Reg. \$12.00 values for . . . **5.95**

#### Men's Boots

A limited supply of Black Vel Kid Boots; McKay sewn; all sizes. Regular \$8.00 values for . . . **\$3.95**



### Plush Doormats

Handsome shades of Red, Green, Gold and Black; size 12 x 30. Reg. \$2.55 each for . . . **\$2.30**

## The Royal Stores, Limited

### Cocoanut Doormats

Size 16 x 27. Reg. \$1.50 each for . . . **\$1.25**  
Size 18 x 30. Reg. \$1.85 each for . . . **\$1.67**  
Size 20 x 30. Reg. \$2.40 each for . . . **\$2.10**

gloomy of being able to provide for next winter. He has four children. He bought a horse with the last of his savings last fall thinking with it he could make pit-propping pay. He used it all winter, and could not make it pay more than the oats it ate. A fortnight ago he lost it. It wandered away one day and has not been seen since. This man is a clever model boat builder. Another man just taken in as a patient is only twenty years old, he is clean, bright, handsome, but starved down to skin and bones. He is one of a family of fourteen, and all are living on a very close diet, consisting of only dry bread and tea to-day. We are suspicious of tuberculosis already setting in his lungs.

### MORE IMPORTANT THAN EDUCATION.

Nutrition is more important here than education. We have a dozen specialists to teach nutrition at various stations this summer in the North. How to cook a potato? What are the cheapest foods? How to make the most in fats, proteins, carbohydrates and vitamins, of things within our reach are far more important just now than how to read and write, or even sing and pray. Starvation is not only threatening but overtaking many of our brothers and sisters. Of this I shall write more in detail later, as the good ship and dearly beloved Prospero and her fine crew are close at hand to carry this letter to the south. Here is one good example of the nutritional teaching. Family of seven. Father and eldest son paralyzed with beri-beri. Mother a bag of skin and bones. Eldest girl weak and anemic. The three youngest children all as fat as butter. It was a puzzle to me, as the little ones generally suffer most. "How do you cook your potatoes?" I asked the mother. "Peel them."

"What do you do with the peelings?"

"I mostly throw them out to the hens, but the little ones eat some." Enquiry showed that the little children had acquired the habit, driven by hunger, of chasing up those discarded potato peels and eating them raw. Thereby they had gotten exactly the needed vitamins, and were safe from beri-beri so far. In another family we found one big boy outstandingly fat. He shyly admitted that he loved raw potatoes, and ate the washed peelings "mostly a bit every day." Yet the universal custom on this coast is to cleave exclusively to white flour and boiled, peeled potatoes.

Arthur James celebrated Tinned Trawl Hooks the best on the market, to be had at Bowring Brothers, Ltd., Hardware Department—jy18,61

### KILL THE FLY!

The most practical and useful instrument and liquid SAN-O-SPRAY now on the market.

### ELLIS & CO.,

Limited,  
203 WATER STREET.

SAN-O-SPRAY will knock flies off the wall, and not harm paint or paper. Will keep the Kitchen, Bedroom or Verandah clear of Flies, Mosquitos, etc., for several hours after a few sprays.

### NO INSECT CAN LIVE

where SAN-O-SPRAY is used. Yet SAN-O-SPRAY is non-poisonous to human beings and can be used with perfect safety in Pantry, Kitchen, Dining Room and Cellar.

In addition, SAN-O-SPRAY is a disinfectant and germicide.