A Reverie.

At Mount Saint Vincent-on-Hudson

Daily the slumberless tides Of the Hudson march to

The drift from the mountained

Betokens the ebb and flow

Daily do shadow and shine Pursue each other at will Daily do sunbeams decline On river and streamlet and hill.

An ominous cloud in the sky

These floating palaces flash

In the sunbeams descending The billows that follow them dash

gone. Nightly the pleasure craft go, Revealing the shore with their

They gleam for a moment or And vanish into the night.

Daily the tides of life Are ebbing and flowing apast; Daily the billows of strife Are lashed into foam by a blast.

Daily are meaningless lives Roaming or longing to roam; Daily are frivolous wives

Drifting away from the home. Souls without compass or chart Are tossing about with the

In fury and foam they depart, And leave not a vestige behind.

Duly the lover's of pelf Flash for an instant in light Daily the seekers of self

Are vanishing into the night. Daily are sunshine and shade Recrossing the lives of the best Daily the heart that was made

111.

The wicked shall pass as a sail In the night, or a drift on the

But the just shall not falter or And their prosperous works

shall abide. The Lord is the source of their

His right hand is ever anear The Lord is their castle and tower,* And whom shall His children fear?

The arrow that flieth by night, The danger that lurketh by

Shall melt as snow in His sight, And vanish as foam or as spray. Beneath their own cedar and vine The just shall be cool; as of

They have centered their hope on the Lord

And not upon perishing things; And he will become their reward. And shelter them under his

P. J. CORMICAN, S. J. Brooklyn College,

Mr. Forrest, and are now the permanent property of the Sisters nion seems to justify the promise that the meek shall possess the for she smiled and became lost in land. This earthly paradise is but a foretaste of a better paradise, which human eye hath never seen, nor can human mind conceive.

Mary Adair.

the Holy Infant burned low. The brooded within her. She looked mistress of the Third Cours The stars winked blinked and seemed the very incarnation of splut'ered. "That's all right, Mary peace. The door opened with a bang and into the haven of rest a tiny indignant morsel of humanity precipitated itself. Mary Adair, the "enfant terrible" of the Sacred Heart Academy, sat herself down with a thump on the green chair beside her own little green iron bed. She stared savagely ahead at the wash-stand, topped with a large white pitcher and washbowl. Their very whiteness seen

Get the Most

Out of Your Food You don't and can't if your stomach s weak. A weak stomach does not die gest all that is ordinarily taken into it It gets tired easily, and what it fails to digest is wasted.

Among the signs of a weak stomach are uneasiness after eating, fits of nervous headachs, and disagreeable belch-

ing.

"I have been troubled with dyspepsia for years, and tried every remedy I heard of but never got anything that gave me relief until I took Hood's Sarsaparilla. I cannot praise this medicine too highly for the good it has done me, I always take it in the spring and fall and would not be without it." W. A. NUGERT, Belleville, Ont. Hood's Sarsaparilla the whole digestive system.

ed to mock her shame-filled soul, May whiten the river with and their shininess seemed like grins of unholy joy at her shame. While yachts of the opulent ply If they had had tongues, Mary Betwixt the exchange and the Adair felt positive that they would have stuck them out at her. So she promptly stuck hers out hem instead. "I didn't do it, didn't do it." she defied them.

"Must have ! Must have !" the white sepulchers jeered back at In spray on the banks, and are her, "else you wouldn't be here. Mother Dalton said you did-said ou did and she'd ought to know." "Course she'd ought to know. She likes me," soliloquized Mary Adair, but aloud she fenced back at the enemy : How could Mother Dalton know? Margaret Emmons told her she never did say it and Margaret Emmons is a pink ribbon, and I'm-yes, I'm-I'm the very worst girl in the whole Third Cours. Miss Ellen the blue ribbon, who sits at the head of our table, said so the other day, when I pulled Cecelia Walsh's hair and she screamed out loud during grace. Wouldn't be like Margaret Emmons for anything she can't row or skate, nor-Oh,

pshaw! she's nothing but a goodygoody, and she tells lies, too." "You tell lies. You tell lies," sang the bowl and pitcher. "I don't tell lies. I don't!"

issed Mary Adair through her clenched teeth. "It's Margaret Emmons what's the liar, and you know it, you nasty, mean, old thing! I hate you both."

"Mother Dalton says you uetted her two tormentors. "Mother Dalton tells-" No

Mary Adair couldn't quite bring nerself to voice the inevitable conclusion. Any way," she compromised, "Mother Dalton had oughter have known better. ever tell lies.'

"Do, too! Do, too!" began the nug-faced ones, but Mary Adair, riumphant in her self-righteousess and strong in her anger, lifted er grim little fist and shook it at he offenders. "If you say another word, I'll smash you—and you and you—and you," and in her renzy the child glared about and nade a threatening motion in the direction of each and every one of the twelve bowls and pitchers. To wobbly stands, and well they might, for way down in their crockery hearts they knew that Mary Adair in her present mood

"Guess I may as well go to bed," said Mary Adair now that she had vanquished her foe. She slipped down from the little green chair to the rug which covered her portion of the shiny waxed floor and began to tug at the laces of

*The present grounds, castle her shoes. "Wisht I was a big and tower of Mount Saint Vincent lady, and I'd tell Mother Dalton once belonged to the famous actor, I didn't say that bad word, or I'd write a book and tell the whole world about it. Then, maybe, of Charity. The transfer of domi- they'd all believe me." The prospect seemed to please the child.

thought.

The moon came out from behind cloud and shone through the unshuttered window full in Mary's face, and she woke with a start from her dream of future fame and self-vindication. Her gaze fell upon the half-unlaced shoe The lights in the dormitory of and a sense of gnawing unrest twelve little beds with their up into the face of the full, round snowy white coverings ranged in moon. Her mischievous brown mathematical precision, six on eyes had a pleading, half-hopeful each side of the room, breathed look, but the queen of night hid forth a spirit of restful quiet. The behind a fan of piled up whiteness, white-curtained alcove at the end as if to say: "I don't associate of the room where slept the with little girls who tell lies."

SCOTT'S

is taken by people in tropi-cal countries all the year round. It stops wasting and keeps up the strength and vitality in summer as well

Adair," they seem to say, "keep! right on saying you didn't do it but we'll never believe you. We know better. Margaret Emmons is a good little girl never misses er lessons; she never makes faces

behind her prayer-book; no oretends she's got a sore knee, so' chapel; she's never late for ranks, and she's always obedient and respectful to her superiors, while you-well, we saw you sitting utside Reverend Mother's door.

could mean. Yes, it was the Third Cours, and they were playing she discovered what she was miss. the iron bed, and for a moment

the intense heat could not stay their mad wild rush of retreat would break. when capture appeared imminent, From her vantage point she called out directions and cautions to her own side, until their flagrant Minard's Liniment Co., Limited. disregard of them brought home of them, but an exile marooned ing equal to it; sure cure. ipon the fourth story of a high f her playmates missed her. She decided to her own satisfaction the best player in the Third you know. Cours? Once more Mary Adair like the quiet, delicate Margaret Mr. Lingerlong. Emmons. Margaret might get her pink ribbon and medals in French and English, but what of that? One only had to be perfect in deportment and to study faith-

Third Cours cast an approving 25 cents." ook at her own well-built legs.

fully for a week to attain such

paltry honors. Mary Adair

English medals, too, if I just

wanted to, but Margaret Emmons

she could never get to be captain

of the baseball nine or the cricket

"If I were only at recreation ow," she boasted, "our side wouldn't have so many prisoners I'd release some surely." flattened her nose against the window-pane and peeredanxiously at the long lines of prisoners can't spank a boy with a tin roof.' waiting to be freed. "One, two, three, four, five," she counted slowly. And Gwen Mather's side ford says: -"It affords me much has lost only two men. Why, pleasure to say that I experienced there's Helen O'Rourke, that last great relief from Muscular Rheuone in the line. How did she ever get caught? And here I am away Milburn's Rheumatic Pills. Price up here, and I can't help her at box a 50c. all. Oh! Oh! but I'm lonesome. wailed Mary Adair. Everybody's mean to me. Guess I'll run away comorrow," and she looked with a calculating eye at the high board fence which surrounded the

vent grounds. With a sigh she left the window and made her way back to her own alcove. "If it just wasn't so dark in here, I wouldn't feel bad-but I ain't afraid of the dark-honest I ain't, I'm just onesome," she parried. "Wonder ourning flame; but her fat arms were too short. Nothing daunted by her failure, she pulled another hair from the alcove next hers

wrong way and even the tin-

As The Result Of a Neglected Cold He Contracted

notice of it at the time. However, it not break up as quickly as colds and it was only yesterday, too, with your uniform turned inside out. You can't fool us Mary Adair!"

"Don't care," said Mary Adair, as she went bravely on with her preparations for bed. The words were defiant, but the recording angel noted the barely perceptible qviver of her determined little chin. Up from the courtyrard below was borne the unrestrained shouting of young children. Mary Adair jumped to her feet. She knew instinctively that it was the Third Cours, and she responded to their call. She thrust her arms into the sleeves of her nightdress and hurried to the window to ascertain what the unusual noise could mean. Yes, it was the Third.

flicker of light was gone. With a prisoner's base" out on the flag sob in her throat she started to pavement beneath. It was a rare crawl down, but the chair slipped privilege granted only in the very on the polished floor and she hottest weather, and Mary Adair's pitched forward with the tottercup of misery overflowed when ing mass. Her head struck against ng, "I didn't do it; I didn't do she lay a huddled up heap, too scared and miserable to think of For a long time she stood thus, moving, Her head ached dreadtiny woe-begone figure, and fully, and she put her hand up to watched with feverish intensity it timidly. How it pounded every movement of the two against her fingers. She could diminutive armies which advanc- fight the wretched feeling within ed now boldly, now stealthily, her no longer, so she laid her towards each other's goal. Even burning head upon her pillow and cried and cried as if her heart

(Concluded next week)

Have used MINARD'S LINto her that she was no longer one IMENT for Croup; found noth-

CHAS. E. SHARP. building. She wondered vaguely Hawkshaw, N. B., Sept. 1st, 1905.

Lingerlong at (11.40 p. m.) that they must, for wasn't she My money comes and goes easy

Miss Bright (stifling a yawn)felt a glad thrill that she was not I wish you were like your money,

> MINARD'S LINIMENT CURES DANDRUFF.

Mrs. Newed-" Hullo Central I've just put some eggs on to boil sniffed: "I could get a pink ed. Would you mind ringing me ip in three minutes.

Mary Ovington, Jasper Ont writes:-"My mother had a badly team-her legs are to thin and sprained arm. Nothing we used spindly-she can't run worth a did her any good. Then father got Hagyard's Yellow Oil and it cured The all round athlete of the mother's arm in a few days Price

> Why are children so much vorse than they used to be?" "I attribute it to improved

Shingles are scarce, and you

matism by using two boxes of

"I understand that Miss Antiue is engaged. "Hypnotism?"

MINARD'S LINIMENT CURES

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she climbed to the top of the shaky structure. She could barely touch the jet now, and she stood upon her tiptoes and strained every muscle until at last she was able to give it the necessary twist. But alas! She had turned it the

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