

FIRST COMMUNION.

"A. B. M." in Catholic Columbian. DEAR CHILDREN—We finished our confession and have some time on our hands before going to Holy Communion. We want to know how to occupy this time, and this will form the subject of conversation for this letter. We must drive from our minds the idea which persons outside of the Catholic Church, have of religion. With these religion is a sort of kind of chronic disease, which attacks about once a week, or such matter, people of timid and weak minds. During the time of this weakness on the part of the religiously inclined, the world expects them to gush with silly pieties, that makes children wonder how foolish men can be. This, children, the world knows, just as we do, is hypocrisy, though sanctified and unctuous. You long faces, call it "getting religion," "religiosity," and "experiencing a change of heart." This is clapping the hands over the heart, and raising the eyes up to the heavens, while the soul is conversing with the flesh of sin; the making a fellow-man believe one to be without even the sin of pride, in thought or glance of vision, while the soul is a rotten sepulchre, whose stench is abominable in the sight of God. Religion is not a sunny sea of clouds which should be taken off from our bodies, brushed, then neatly folded, and placed away for next Sunday. This kind of spirit doesn't do either for our Holy Communion. We do not become sanctified in this life by hypocrisy. God and man, even the world, fickle as it is, love honesty. God judges from the heart and cannot be deceived, while man may be. When we are preparing for Holy Communion, hypocrisy is not in our hearts, and the world should not be in our exterior deportment. We had duties which call for our attention after confession and must fulfil them. What we mean by duties are for children, the chores which their parents desire them to do of an evening, before bed-time. Now, children, none of these need be neglected. As a rule it is a bad thing for any one to hunt for an excuse for exemption from any task or rule which home, society or religion requires. Indeed, children, this little exercise of the body will only help the mind to incline itself to God. But now, boys, girls, young and even old, and grown-up people, let me tell you, one truth, which has forced itself to the front, full many a time, namely: every time one goes out in town to visit the stores for a chat, or walk the streets for recreation, during the hours intervening between Confession and Communion, he is sorry and wishes he had stayed at home. His conscience smites him. He has mispent precious time, and realises it with sorrow. Now, children, as a rule, we should keep ourselves apart from the world, during our preparation for Holy Communion, and therefore let us stay at home. How did our Lord spend the eve before the Holy Sacrament of Calvary? Holy Mass is the same, and we are preparing to receive our Lord at it. We are not to make up our minds to keep free from sin, for a day, or a week, or a month, after Confession and Holy Communion, but during the remainder of our lives. We promise to amend our lives for the future, and mean to do it, therefore our resolutions are sincere and solid. God will do His part by us; we must do our part by Him. After confession do not some people, although only boys or girls, seem dissatisfied? Why is this? They lead us into sin and we know it. We must avoid such company forever, turn our backs on them, and go no more with them. Say, children, what is the use of saying, in "Our Father's," "Lead us not into temptation?" If we do not avoid bad company. We must, children, recollect what we are doing, namely: preparing for Communion, getting our souls and bodies ready to receive and hold the Lord of heaven and earth, and all things contained therein. The house of God should be holy, but holier yet should be His throne, and our hearts will be His throne if we receive Him worthily. In our next we will talk of the morning of Holy Communion.

Especially to Women. "Sweet is revenge especially to women," said the gifted, but naughty, Lord Byron. Surely he was in bad humor when he wrote such words. But there are complaints that only women suffer, that are carrying numbers of them down to early graves. There is hope for those who suffer, no matter how sorely, or severely, in Dr. R. V. Pierce's "Favorite Prescription." Safe in its action it is a blessing, especially to women and to men, too, for when women suffer, the household is saken.

The tobacco of Martinico was once the favorite with the smoking world, and when old Father Henipen descended the Mississippi about 1680 the Indians were much surprised to see an European with such an excellent sample of their native plant. But the smokers of the "Myrtle Navy" would give a poor account of the once celebrated Martinico. Their favorite brand is as much superior to it as it was to the raw and unured leaf which the Indians of that day smoked.

A Perfect Beauty. Perfect beauty is only attained by pure blood and good health. These acquirements give the possessor a pleasant expression, a fair, clear skin, and a rosy bloom of health. Burdock Blood Bitters purify the blood and tone the entire system to a healthy action.

Mr. Henry Marshall, Reeve of Dunn, writes: "Some time ago I got a bottle of Northrop & Lyman's Vegetable Diocretin from Mr. Harrison, and I consider it the very best medicine extant for Dyspepsia." This medicine is making marvellous cures in Liver Complaint, Dyspepsia, etc., in purifying the blood and restoring manhood to full vigour. Sold by Harkness & Co., druggists, Dundas St.

A Double Purpose. The popular remedy, Hagar's Yellow Oil, is used both internally and externally, for aches, pains, colds, croup, rheumatism, deafness and diseases of an inflammatory nature.

A Safe Investment. Investing twenty-five cents for a bottle of Hagar's Pectoral Balsam, the best throat and lung healing remedy for coughs, bronchitis, asthma and all pulmonary complaints.

All Well Pleased.—The children like Dr. Lyle's Pleasant Worm Syrup and parents rejoice over its virtues.

An Alarming Disease Affecting a Numerous Class.

The disease commences with a slight derangement of the stomach, but, if neglected, it in time involves the whole frame, embracing the kidneys, liver, pancreas, and, in fact, the entire glandular system, and the afflicted drags out a miserable existence until death gives relief from suffering. The disease is often mistaken for other complaints; but if the reader will ask himself the following questions, he will be able to determine whether he himself is one of the afflicted:—Have I distress, pain, or difficulty in breathing after eating? Is there a dull, heavy feeling attended by drowsiness? Have the eyes a yellow tinge? Do I, sickly, sticky, mucous, gather about the gums and teeth in the mornings, accompanied by a disagreeable taste? Is the tongue coated? Is there pain in the side and back? Is there a fulness about the right side as if the liver were enlarged? Is there constiveness? Is there vertigo or dizziness when rising suddenly from a horizontal position? Are the secretions from the kidneys scanty and highly colored, with a deposit after standing? Does food ferment soon after eating, accompanied by flatulency and belching of gas from the stomach? Is there frequent palpitation of the heart? These various symptoms may not be present at one time, but they torment the sufferer in turn as the dreadful disease progresses. If the case be one of long standing, there will be a dry, hacking cough, attended after a time by expectoration. In very advanced stages the skin assumes a dirty brownish appearance, and the hands and feet are covered by a cold, sticky perspiration. As the liver and kidneys become more and more diseased, rheumatic pains appear, and the usual treatment proves entirely unavailing against this latter agonising disorder. The origin of this malady is indigestion or dyspepsia, and a small quantity of the proper medicine will remove the disease if taken in its incipency. It is most important that the disease should be promptly and properly treated in its first stages, when a little medicine will effect a cure, and even when it has obtained a strong hold the correct remedy should be persevered in until every vestige of the disease is eradicated, until the appetite has returned, and the digestive organs restored to a healthy condition. The surest and most effectual remedy for this distressing complaint is "Sergei's Curative Syrup," a vegetable preparation sold by all Chemists and Medicine Vendors throughout the world, and by the proprietors, A. J. White, Limited, 17, Farringdon Road, London, E. C. This Syrup strikes at the very foundation of the disease, and finally penetrates it, root and branch, out of the system.

Market Place, Pocklington, York, October 2nd, 1882. Sir,—Being a sufferer for years with dyspepsia in all its worst forms, and after spending money in the purchase of various last persuaded to try Sergei's Curative Syrup, and am thankful to say have derived more benefit from it than any other medicine I ever took, and would advise any one suffering from the same complaint to give it a trial, the results they would find for themselves. If you like to make use of this testimonial you are quite at liberty to do so. Yours respectfully, (Signed) R. Turner, 17, Farringdon Road, London, E. C. Branch office, 67 St. James St., Montreal, P. Q.

Bickle's Anti-Consumptive Syrup is a combination of several medicinal herbs which exert a most wonderful influence in curing pulmonary consumption and all other diseases of the lungs, chest and throat. It promotes a free and easy expectoration, and gives ease to the greatest sufferer. Coughs, colds, shortness of breath, and affections of the chest, attended with weakness of the digestive organs, or with general debility, seem to vanish under its use. No other remedy acts so readily in allaying inflammation, or breaking up a severe cold, even the most obstinate cough is overcome by its penetrating and healing properties. When children are affected with colds, coughs, inflammation of the lungs, croup, quinsy, and all such diseases, it is of vast importance. The number of deaths among children from these diseases is truly alarming. It is so palatable that a child will not refuse it, and is put at such a price that it will not exclude the poor from its benefits.

CONSUMPTION CURED. An old physician, retired from practice, having had placed in his hands by an East India merchant a box of Bickle's Anti-Consumptive Syrup, he tried it on a young man suffering from consumption, and all his ailments were cured. He writes: "I had tried many other remedies, but all in vain. I was reduced to a mere skeleton, and my friends were despairing of my recovery. I then tried Bickle's Anti-Consumptive Syrup, and in a few days I began to feel better. In a week I was able to walk, and in a month I was cured. I now feel as well as ever, and I am truly thankful to the merchant who gave me this medicine."—Dr. J. J. Smith, 149 Power's Block, Rochester, N. Y.

Seriously Ill. A person suffering with pain and heat over the small of the back, with a weak weary feeling and frequent headache, is seriously ill and should look out for kidney disease. Burdock Blood Bitters regulate the kidneys, blood and liver, as well as the stomach and bowels.

Dr. J. J. Smith, 149 Power's Block, Rochester, N. Y., writes: "I was afflicted with rheumatism, and I consider it the very best medicine extant for Dyspepsia." This medicine is making marvellous cures in Liver Complaint, Dyspepsia, etc., in purifying the blood and restoring manhood to full vigour. Sold by Harkness & Co., druggists, Dundas St.

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All Well Pleased.—The children like Dr. Lyle's Pleasant Worm Syrup and parents rejoice over its virtues.

A Loving Daughter.

"Hard at it, I see, Mrs. Blucher?" "Yes, Mrs. Brown; this is my wash-day, and looking after a family of ten don't leave much time on my hands." "Is that Mary's voice I hear at the piano in the parlor?" "Yes, that's her. I don't see how I'd get along without that gal, none. Always on these days, when I hev her nicest pieces, like 'Sweet Rest By-and-By,' 'Mother's Growing Old,' 'Love Will Both the Clouds Away,' and sings 'em for me while I'm runnin' the duds through the wash water. 'Tain't every gal a'd be so thoughtful, I can tell you."

DANGEROUS FITS are often caused by worms. Freeman's Worm Powders destroy worms. ABOVE THE LIVER when torpid with National Pills; good anti-bilious cathartic, sugar-coated. FOR NITTELE RASH, Summer Heat, Eruptions and general toilet purposes use Lyle's Sulphur Soap.

HAVE YOU

Hot and dry skin! Scalding sensations! Swelling of the ankles! Vague feelings of unrest! Frothy or brick-dust fluids! Acid stomach! Aching joints! Cramps, growing nervousness! Strange noises of the bowels! Unaccountable languid feelings! Short breath and pleuritic pains! One-sided headache! Backache! Frequent attacks of the "blues"! Flitting and distress of the heart! Abnorm and tube casts in the water! Filthful rheumatic pains and neuralgia! Loss of appetite, flesh and strength! Constipation alternating with looseness of the bowels! Drowsiness by day, wakefulness at night! Abundant pale, or scanty flow of dark water! Chills and fever! Burning patches of skin! Then

Bright's Disease of the Kidneys. The above symptoms are not developed in any order, but appear, disappear and reappear, and gradually get a firm grip on the constitution. Kidney-poisoned blood breaks down the nervous system, and causes the following: Headache, dizziness, earache, neuralgia, backache, rheumatism, heart disease, apoplexy, paralysis, convulsions, and then death follows. This fearful disease is not a rare one—it is an every-day disorder, and it kills more than any other complaint.

Don't neglect it. W. R. BRIGHT'S SAFE CURE has cured thousands of cases of the worst type, and it will cure you. You will use it promptly and as directed. It is the only specific for the universal

BRIGHT'S DISEASE. RETIRING FROM BUSINESS. Feather beds, pillows and feathering. Largest stock of house furnishings in the city.—E. S. HUBBARD & CO.

WESTERN HOTEL. FARMERS WILL CONSULT their own interests when in London by stopping at the Western Hotel, Best stabling in the city. Billiard-room first-class. ALFRED R. PANTON, PROP.

GRATEFUL—COMFORTING. DR. J. J. SMITH'S PEPPY'S COCOA. BREAKFAST. By a thorough knowledge of the natural laws which govern the operations of digestion and nutrition, and by a careful application of the fine properties of well-selected Cocoa, Mr. J. J. Smith has produced this delicious and healthy beverage, which may be used as a most nourishing and strengthening food. It is by its use that the blood is purified and the system is brought to a healthy condition. It is a most valuable and reliable remedy for all ailments of the blood, and is especially recommended for the young and the infirm. It is sold in all parts of the world.

THE DOMINION SAVINGS AND INVESTMENT SOCIETY LONDON, ONT. To Farmers, Mechanics and others wishing to borrow Money upon the Security of Real Estate. Having a large amount of money on hand we have decided, for a short period, to make loans at a very low rate, according to the security offered, principal payable at the end of term, with privilege to borrower to pay back a portion of the principal, with any instalment of interest. No dealiness. Persons wishing to borrow money will consult the Society by applying personally or by letter to F. B. LEYS, MANAGER OFFICE—Opposite City Hall, Richmond St., London, Ont.

THE KEY TO HEALTH. BURDOCK BLOOD BITTERS. Unlocks all the clogged avenues of the Bowels, Kidneys and Liver, carrying off gradually without weakening the system, all the impurities and foul humors of the system; at the same time Correcting Acidity of the Stomach, curing BILIOUSNESS, Dyspepsia, Headaches, Dizziness, Heartburn, Constipation, Dryness of the Skin, Dropsy, Dimness of Vision, Jaundice, Salt Rheum, Erysipelas, Scrofula, Fluctuating of the Heart, Nervousness and General Debility; all these and many other similar Complaints yield to the happy influence of BURDOCK BLOOD BITTERS. Sample Bottles 10c; Regular size \$1. For sale by all dealers. J. HILBURN & Co., Proprietors, Toronto

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IT LEADS ALL.

No other blood-purifying medicine is made, or has ever been prepared, which so completely meets the wants of physicians and the general public as

Ayer's Sarsaparilla. It leads the list as a truly scientific preparation for all blood diseases. If there is a lurking taint of Scrofula about you, take Ayer's Sarsaparilla. It will purify the blood, and expel it from your system. For constitutional or scrofulous Catarrh, it is the only remedy. It has cured innumerable cases of this disease, and removed the itching and oozing of the skin, which are indications of scrofulous origin.

ULCEROUS SORES in children were cured by Ayer's Sarsaparilla. It has cured innumerable cases of this disease, and removed the itching and oozing of the skin, which are indications of scrofulous origin.

SOME EYES are cured by Ayer's Sarsaparilla. It has cured innumerable cases of this disease, and removed the itching and oozing of the skin, which are indications of scrofulous origin.

PREPARED BY Dr. J. C. Ayer & Co., Lowell, Mass. Sold by all Druggists; \$1, six bottles for \$5.

EVANS BROS. & LITTLE PIANO MANUFACTURERS 75 DUNDAS STREET WEST.

Of the above firm stands at the head of all Canadian Pianos. It is celebrated for power without harshness, purity and roundness of tone without metallic effect, and brilliancy in the upper notes, with a continuous or stringing tone. By its construction there is an equal distribution of tone throughout the instrument, and the piano will remain in tune four times longer than any other piano.

All lovers of a fine instrument are invited to inspect the same and judge for themselves. They are the most reliable constructed in the Canadian market, and can be bought on very reasonable terms and at manufacturers' prices.

Call or write for catalogue and terms. Pianos repaired by competent workmen. Tuning by Mr. John Evans.

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MONEY TO LOAN AT 6 PER CENT. J. BURNETT & CO. Taylor's Bank, London.

WALTON'S PECTORAL BALSAM CURES COLDS, COUGHS, BRONCHITIS, ETC.

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No Boiler. No Steam. No Fire. No Ashes. No Engineer. No extra Insurance. No Danger. Started instantly with a match. Gives out its full power at once.

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What is Catarrh?

Catarrh is a dangerous disease which thousands are unconsciously or unaccountably suffering from. It is a mucopurulent discharge caused by the presence of a vegetable parasite in the lining membrane of the nose. The predisposing causes are a morbid state of the blood, the blighted corpuscle of tubercle, the germ poison of syphilis, mercury, toxicoms, from the retention of the effete matter of the skin, suppressed perspiration, badly ventilated sleeping apartments and the germination of other poisons in the blood. Irritated by these, the lining membrane of the nose