

CHATS WITH YOUNG MEN

SO LITTLE
It takes so little to make us sad,
Just a slighting word or a doubting sneer,

TRUE JOY IN LIFE
The tasks of life are easier to one
who is under a deep sense of consecration.

paper." Many of those who thus
accused the fallen monarch were not
one iota better than he; nay, they
were immeasurably worse.

OUR BOYS AND GIRLS

EARLY COMMUNION

The night is past, the dawn is break-
ing;

"There is in this rude stunning tide
Of human care and crime,

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Of human care and crime,

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Of human care and crime,

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"There is in this rude stunning tide
Of human care and crime,

must have it. The girl or boy who is
not thoughtful of his friends will not
make a good companion.

A MUSICAL ELEVATOR BOY
"Oh dear, no; I haven't kept up
my French. You see I'm busy from
half-past eight till nearly one, at the
kindergarten, and I have to prepare
a good deal of work outside."

Louisa was slow to accept the refusal,
even after Clara had explained
the absorption of her time by vari-
ous duties. She went back to the
subject again:

"You know, Clara, you can do
more than you think with the odds
and ends of time."

"But I haven't any odds and ends.
It's all full."

Clara's voice was a little impatient
and Louisa let the matter drop.

They were chatting cheerfully,
however, as they walked down to the
elevator. Louisa took singing
lessons, but a troublesome throat
had obliged her to suspend practice
for a few weeks. Now she wished to
see her teacher and arrange for
resuming her work. They reached
the imposing marble building just a
few minutes before the half-hour
change of classes, and approached
the elevator. A blond young man
seated at a tiny stand in the car was
writing something, but as they
approached he rose at once to his
feet and greeted Louisa with a bow.

"Good afternoon," smiled Louisa.
And then quite as if it were the cus-
tomary thing to introduce one's
friends to the elevator man, she per-
formed that ceremony. "Clara, let
me introduce Mr. Deems, Miss Wel-
bourne." Then she added to the
young man, "Busy as ever, I see."

Clara cast a fascinated glance at
the little stand. Upon it was a sheet
lined for the writing of music, and a
few bars had been written in ink
with the greatest care.

"I'm copying that sixth sonata,"
the young man replied. "Did you
ever see anything like the way the
accidentals are sprinkled in? A fel-
low has to feel his way," he added,
as the car stopped at the third land-
ing.

Clara turned to look over her
shoulder as they went down the hall.
She saw the boy take a fountain pen
from behind his ear, and write one
note in the staff. And then the bell
rang, and the elevator dropped.

They exchanged a few more words
with young Deems as they went
down.

"Isn't that rather slow work?"
asked Louisa, with a glance at the
stand.

"The young man smiled broadly.
'I haven't written two bars in the
last half hour. But then again, I'll
have ten minutes to myself and get
quite a good bit done. When a fel-
low has his way to make, he's got to
use the odds and ends of time," he
added.

When the two girls were outside
the big building, Clara drew a long
breath.

"Tell me about your musical
elevator boy."

"Why there isn't much to tell.
He loves music and he's poor. He
runs the elevator and pays his
expenses at the school. And in the
evening he's a collector for some sort
of fraternal insurance society and
makes enough for the rest of his
expenses. And the time left he
gives to music, and for all it's only
odds and ends, he's making a success
of it."

"I believe you took me there on
purpose," Clara cried reproachfully.
And then as Louisa began to protest,
"Ob, don't apologize. Somehow the
sight of him copying one note of his
sonata and then stopping to run his
elevator, made me wonder if I
couldn't find some spare minutes for
my French. It's a pity to lose a
thing you've worked hard to gain.
And I believe the odds and ends of
time are more important than I
thought."—True Voice.

THE EVIL WORD
To deprive a man of his reputation
and honor, one word is sufficient.

By finding out the most sensitive
part of his honor, you may tarnish
his reputation by telling it to all who
know him, and easily take away his
character for honor and integrity.

To do this, however, no time is
required, for scarcely have you com-
pletely cherished the wish to calum-
niate him than the sin is effected.—
St. Chrysostom.

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A SUMMER PATRONESS

The month of July, which is
largely devoted to travel, outings
and vacation, is ushered in by a par-
ticularly appropriate feast of the
commemorates on July second the
Maiden Mother's Visitation, when
"Mary rising up, went into the hill
country with haste into a city of
Juda," in order to show her cousin
Elizabeth the gentle courtesy and
tender sympathy that always come
with such a winning grace from her
whom Catholics love to call "Our
Lady." Cardinal Newman, no doubt
with Mary's charitable journey in
mind, pictures her "beautiful sinless
soul" looking through her eyes and
speaking with her lips. He con-
tinues:

"There was a Divine music in all
she said and did: in her mien, her
air, her deportment, that charmed
every true heart that came near her.
Her innocence, her humility and
modesty, her simplicity, sincerity
and truthfulness, her unselfishness,
her unaffected interest in everyone
who came near to her, her purity—it
was those qualities which made her
so lovable."

This summer thousands and thou-
sands of Catholic women and girls
will be leaving their homes for a
change of scene and will gather in
throngs for rest and recreation at
our mountain, lake or seaside
resorts. What glory it would bring
the Church and what honor to Our
Lady if the thoughtful observer
could discern in all those Catholic
vacationists, even when they are
enjoying themselves most, a certain
modesty and refinement in dress,
conversation and bearing which
would unmistakably set them apart
and would pleasantly recall to mind
Newman's description of Our Lady.

The tone and standard of every
social gathering are set by the
women who compose it, for they are
the makers of morals and manners.

But if every Catholic maiden or
matron who goes away this summer
for a vacation will only remember
that Our Lady while journeying over
the hills to visit Elizabeth or sitting
as a guest at Cana's wedding feast is
just as much the model and patroness
of all Catholic women as she is
when in the cottage of Nazareth or
on the road to Calvary, they will
return home not only refreshed and
rested in body and mind, but also
with their hearts clean and their
characters refined and strong—
America.

A GREAT CHARITY

The Anglican Church has restored
All Saints Day to its calendar.
In the future they will pray for the
dead. We rejoice that Anglican
Bishops have decided to restore to
their people their greatest comfort
and charity. No act of the Reform-
ers was so unnatural as the rejection
of the doctrine of Purgatory.

It is peculiarly fitting that the
Episcopalians should be the first
Protestants to restore prayers for
the dead. There is in it the element
of partial restitution. The founder
of their mother church Henry VIII,
believed in the efficacy of prayers
for the dead and in his last testa-
ment made provision that Masses be
said for the repose of his soul. The
story of events leading up to his
rejection of the doctrine of Purgatory
marks the foulest page of his foul
life. It is a story of sacrilegious
robbery of the dead. When he
pillaged and confiscated the churches
and monasteries of England, a cry
arose from every corner of the land.
It was defrauding the dead. Many
were foundations erected by pious
people that Masses be offered for
their eternal repose. The English
people had been hardened to expect
any cruelty and crime from Henry,
but they could not stand idly by and
see their sacred dead desecrated by
the loyal ghoul. By virtue of the
supreme spiritual power granted to
him by act of Parliament, Henry
VIII, as head of the church "by law
established," solemnly declared that
Purgatory was a myth, and prayers
for the dead an abomination.

The only thought that will
harmonize the infinite justice to the
infinite mercy of God is the doctrine
of Purgatory. The only real comfort
in time of death is the knowledge
that we can show even greater love
for our departed friends than we did
during life, that we can by our
prayers hasten their enjoyment of
the vision of God. The Anglican
clergy have done well in making
restitution for the sacrilegious rober-
ies of their forebears. By their
action they have brought comfort to
the living members of their denomina-
tion and a blessing to their dead.
—Catholic Sun.

THICK, SWOLLEN GLANDS

that make a horse Wheeze,
Roar, have Thick Wind
or Choke-down, can be
reduced with

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How Coca-Cola
Resembles Tea

If you could take about one-third of a glass of
tea, add two-thirds glass of carbonated water,
then remove the tea flavor and add a little lemon
juice, phosphoric acid, sugar, caramel and certain
flavors in the correct proportion, you would have
an almost perfect glass of Coca-Cola.

In fact, Coca-Cola may be very well described as
"a carbonated fruit-flavored counterpart of tea,
of approximately one-third the stimulating
strength of the average cup of tea."

The following analyses, made and confirmed by
the leading chemists throughout America, show
the comparative stimulating strength of tea and
Coca-Cola stated in terms of the quantity of
caffeine contained in each:

Table with 2 columns: Beverage and Caffeine content.
Black tea—1 cupful (5 fl. oz.) 1.54 gr.
Green tea—1 glassful (8 fl. oz., exclusive of ice) 2.02 gr.
Coca-Cola—1 drink, 8 fl. oz. (prepared with 1 fl. oz. of syrup) .61 gr.

Of all the plants which Nature has provided for
man's use and enjoyment, none surpasses tea in
its refreshing, wholesome and helpful qualities.
This explains its almost universal popularity,
and also explains, in part, the wide popularity of
Coca-Cola, whose refreshing principle is derived
from the tea leaf.

The Coca-Cola Company has issued a booklet
giving detailed analysis of its recipe. A copy
will be mailed free on request to anyone who is
interested. Address:

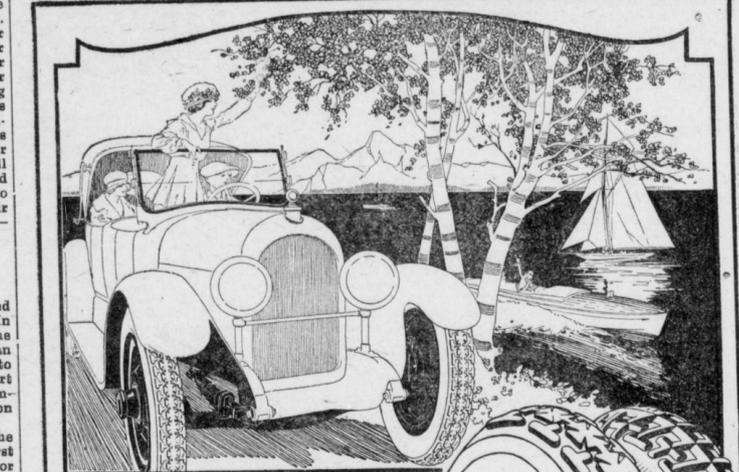
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the tires will carry through. Where safe
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and a reputation that bears out the slogan—
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