in a kettle and mash den masher. Cover stirring frequently. our. Strain through hen let drip through e the strained juice kettle. Return to ll for twenty minutes

. Draw the kettle n equal quantity of until the sugar is yrup is clear. Let o hot glasses. Place cover over and let hours. Cover with per that have been and adjust the tin cles of paper. Set

Raspberry r currant jelly. Use nts and raspberries. Seven pounds ripe gar, 1 qt vinegar, o taste. Scald the ade of the sugar and the fruit and let ninutes longer, then in a glass jar. The and spices improves

- One-half lb. loaf 1 qt. red and white and water simmer utes. Add the curr 10 minutes more. d let get thoroughly Serve with cold

Spiced Currants .ts): Pick over seven wash, drain and rε-a preserving kettle is of brown sugar, gar and three tablelove and cinnamon Heat to the boiling slowly one and onestone jars or small

## Vegetables.

Peas.-Prepare the slices quarter of an mer in water with ender. At the same e amount of green water with either there is little left. d carrots together, per, butter, and, if ful of sugar. Toss once.

rrots and Peas .and cut into dice; y of green peas and ghtly salted water dry. Add 1 cup olespoonful each of ibbed to a cream. per and sugar. Mix er a few minutes. de from thick slices with butter, and he oven. Fill with and serve at once, s of parsley, on a mall hot individual

h Tomato Sauce.as until done, drain ieve. Add salt and enough white sauce egg, partly beaten. s, roll in fine crumbs, gg yolk mixed with er, then in crumbs n hour, fry two at a et in hot deep fat, dish with tomato

ll 2 large heads ash, place in kettle ed cook 15 minutes. and put back into

Add a tablespoonlittle grated onion, Rub 1 tablespoon , moisten with cold Cook in a double nd creamy. Season ith biscuits or thast.

—Drain cold boiled in salwy wator! h a Roumaine salad follows. Grate a and mix with a

made with lemon Dressing. - Boil

Turn them into has been placed 2

oz. butter, 1 tablespoon chopped parsleyjuice of half a lemon, a grating of nutmeg, dash of pepper and ½ teaspoon salt. Toss about until quite hot and serve at once in a hot dish.

Cream of Pea Soup.— Cook 1 pint green peas with enough cold water to cover. Take out half and put the rest cover. Take out half and put the rest through a ricer with the water in which they were cooked. Scald 3 cups sweet milk, and thicken it with 2 tablespoons butter and 2 tablespoons flour rubbed together. Add the peas that were rubbed through the ricer, boil up, add the remaining peas, a cup of thin cream heated to scalding, a scant teaspoon of salt and 1/2 teaspoon pepper. Serve hot. An excellent and nourishing supper dish.

# Some Salad Dressings.

S the proof of the pie is in the eating, so the proof of the pie is in the eating, so the proof of the salad is in the dressing. Given a good salad dressing and almost any salad material, or mixture of salad materials, is good. The use of salads, especially during summer, should be encouraged, as they are healthful as well as a delightful addition to the menu. As tastes differ the reader might try the following recipes, then select for constant use the dressing that appeals most.

Boiled Salad Dressing with Eggs.—To 2 well-beaten eggs add 1 teaspoon each of salt, sugar and mustard, and 2 tablespoons vinegar. Cook in a double boiler or in a small vessel, (not tin) over hot water until like cream. When cold add half the

quantity of cream.

Boiled Dressing Without Eggs .-Make as above, omitting the eggs and using 2 heaping dessertspoons flour instead.—We are indebted to a reader, "F. D. M." for the above two recipes.

Another Boiled Dressing.—Two eggs ½ cup vinegar, 1 tablespoon butter, 1 teaspoon salt; ½ teaspoon mustard, 2 teaspoons sugar. Beat the eggs and pour the hot vinegar over them gradually, beating well. Cook over hot water, then beat in the butter, salt and mustard, moistened with a little cold vinegar. Add sugar and a dash of cayenne.

Oil Dressing.—One egg yolk, pinch of salt, teaspoon mustard, dash of cayenne, vinegar, oil. Mix the egg yolk with the dry ingredients, then add the olive oil, a few drops at a time, beating very hard with a Dover egg-beater until the

dressing is of the right consistency.

Dressing for Lettuce.— A delicious dressing for shredded lettuce is made of whipped sour cream, seasoned with salt and pepper. Use just as little of the cream as possible, and leave a few minutes before serving.

Thousand Island Dressing.—Put into a small glass fruit jar, ½ cup olive oil, juice of ½ lemon and ½ orange, a teaspoonful of onion pulp, ¼ teaspoon each of salt and paprika, 1 teaspoonful Worcestershire sauce or mushroom catsup. Worcestershire sauce or mushroom catsup, 1/4 teaspoon mustard, 3 springs parsley chopped fine. Put on the cover and shake vigorously until well mixed and creamy, then pour at once over the salad. Nice for tomatoes, lettuce, or

cooked spinach, asparagus, peas or beans.

Mayonnaise Dressing.—One-half teaspoon mustard, ½ teaspoon salt, ½ teaspoon powdered sugar, dash of cayenne, 1 egg yolk, 2 tablespoons lemon juice, ¾ cup olive oil. Sift dry ingredients together; add egg-yolk and lemon juice. While constantly stirring with a Dover egg-beater add, drop by drop, 3 teaspoons of oil then add oil in a fine standard teaspoons of oil, then add oil in a fine, steady stream, thinning occasionally with a little lemon juice until all the oil and lemon juice is

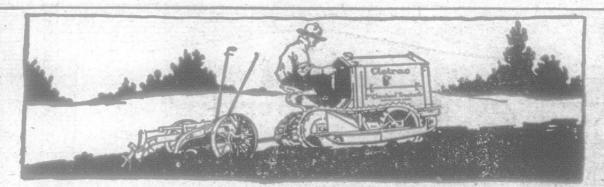
French Dressing .. — One-half teaspoon salt, ¼ teaspoon paprika, 4 tablespoons oil, 2 tablespoons lemon juice. Mix in order given and shake in a half-pint fruit

jar until of right consistency.

Cream French Dressing.—Mix ½ teaspoon salt, ¼ teaspoon pepper, 2 table-spoons lemon juice, 4 tablespoons olive oil, 3 of heavy cream. Or 7 tablespoons of heavy cream may be used, omitting the oil. Stir well.

Cream Dressing. - Mix together teaspoon mustard, ¼ teaspoon salt, ½ teaspoon paprika. Add 2 eggs beaten slightly, 2 tablespoons lemon juice, ⅓ cup milk. Cook in a double boiler, stirring constantly. When cool add ½ pint heavy cream, beaten stiff.

Sour Cream Dressing.—One cup sour cream, 1 teaspoon lemon juice, ¼ teaspoon salt, ¼ teaspoon paprika, ¼ teaspoon mustard. Beat all together until firm.



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It is safest always to use new rings for fruit jars. Rings that have become dry may be restored by leaving them about 5 minutes in water to which a little ammonia has been added.

Fireless Cooker in Yard.

The following plan, from an outing magazine, for making a fireless cooker in the woods, might be carried out in any back yard in dry weather. It is at least, worth trying. A cushion made for the purpose would be tidier over the top than the covering of loose leaves. We have heard of campers putting hot stones in the bottom of a cooker made in this way, and so actually roasting game.
"A fireless cooker will prove first aid

to the camp cook and is so easily made that every camp should be supplied with one. All that is needed convenience is a yard of asbestos, that can be folded away in the camp outfit for transportation. Line a hole in the ground with common newspaper with an inner lining of asbestos and fill hole with dry leaves or grass; make a nest in the center of leaves, lining it with asbestos, large enough to hold a kettle with tight-fitting lid. Cover the kettle when in use as a cooker with more asbestos and pile leaves or hay over all with a liberal coating of sand or dirt to