'IT'S ONLY A COLD, A TRIFLING COUGH"

have said this when they Thousands have neglected old. Thousands have filled a e the com. Anousands have fined a applies grave through neglect. neglect a cough or cold. It can have se result. It leaves the throat or or both, affected.

Dr. Wood's Norway Pine Syrup

edicine you need. It strikes at foundation of all throat or lung its, relieving or curing Coughs, tronchitis, Asthma, Croup, Sore and preventing Pneumonia and

has stood the test for many years, and ow more generally used than ever. It many sears all the lung healing virtues of the tree combined with Wild Cherry Bark other pectoral remedies. It stimulates weakened bronchial organs, allays ation and subdues inflammation, has and heals the irritated parts, one the phlegm and mucous, and aids are to easily dislodge the marbid acquisitions. Don't be humbugged into opting an imitation of Dr. Wood's Nor-Pine Syrup. It is put up in a yellow Pine Syrup. It is put up in a yellow per, three pine trees the trade mark, price 25 cts.

r. Julian J. LeBlanc, Belle Cote, N.S., os: "I was troubled with a bad cold severe cough, which assumed such an ude as to keep me confined to my e. I tried several remedies advertised they were of no avail. As a last resort led Dr. Wood's Norway Pine Syrup one bottle cured me completely."



Hercules Spring Beds

Are especially Interwoven

with strong interlocking steel wire. This gives a wonderful durability, and a most comfortable, non-stretching springiness.

Sleep on a "Hercules" 30 nights. If not the most satisfactory bed you ever slept on, return it to your dealer, and he will cheerfully refund your

Look for the name on the frame—"Hercules."

Gold Medal Furniture Mfg. Co., Limited. 85

Montreal, Toronto, Winnipeg.

Nurses' and Mothers' Treasure

-safest regulator for baby. Prevents colic and vomiting-gives healthful rest -cures diarrhoea without the harmfuleffects of medicines containing opium or other injurious drugs.

Cures 25c.-at drug-stores.
National Drug & ChemDiarrhoea ical Co., Limited.
Montreal.

ENTERTAINING. MISCELLANY

VARIOUS SUBJECTS CLEVERLY TREATED

Opinions about Women.

If a woman lost us Paradise, she alone can restore it.-J. G. Whittier. All women are good—good for something or good for nothing.—Cer-

A beautiful woman is the only ty rant man is not authorized to resist.

-Victor Hugo.

Unhappy is the man to whom his own mother has not made all other mothers venerable.—Emerson. A beautiful woman is a practical

poem, planting tenderness, hope and eloquence in all whom she approaches.—Emerson.

A good book and a good woman are excellent things for those who know how to appreciate their value. There are men, however, who judge of both by the beauty of the covering.

—Dr. Johnson.

An Imitation Silk,

An imitation silk is now made in England and some of the other European countries from wood pulp. The product is intended to supply the trade with a yarn which will take the place of the product of the silk worm. It is recognized however, even by the makers of the imitation silk, that its use has limitations. Its fabrication into c'oth without the admixture but rather distinctly discouraged by a least one "mock" spinner. On the other hand, it is coming into popularity as the material for both transverse and longitudinal stripes and figured effects in cloths, the body of which is composed of either cotton wool or worsted and similar should be confected and burned as far as possible.

In the beginning of the winter season it is a habit for people with over zeal-ous caution to close windows and doors, without providing for the constant exchange of air so essential to bedrooms, where with a little care good ventilation can be secured without of other fibres is not recommended, ton, wool, or worsted.

Obviously, the aim of the inventors of the several processes is to produce a thread resembling real silk as closely as possible in appearance, closely as possible in appearance, feel, and wearing qualities. Up to the present a product possessing the two first-named characteristics, but deficient in the latter attribute, seems to have been arrived at. Naturally, then, the price at which the artificial yarn can be marketed must be less than that which the real and wellestablished silk commands. At this time imitation silk sells for considerably less than real silk, but at a higher price than mercerized cotton, and the exploiters of the patent processes are looking forward to the time when their yarns wil have a settled position in ... +extile trade between silk and the best qualities of mercerized cotton yarns.

The raw material comes from Norway in the form of baled sheets, each sheet being about four feet square. Its price fluctuates from time to time, but 8 cents a pound may be taken as the average cost. After the pulp has been dissolved into a liquid of the required consistency, it is forced through a series of microscopic holes, four one-thousandths of an inch in diameter, punched through a thin platinum plate. A "settino" bath (acid) then fixes the filaments so that they can be twisted together to form a workable thread. Usually either 16 or 32 of these capillary filaments go to form what may be termed the "single" yarn.

British census reports of family names give in England and Wales 253,606 Smiths, 242,100 - Joneses, with Williams, Taylor, Davis and Brown following in order. For Scotland, Smith leads, followed by McDonald, Brown, Thomson. Robertson, Stewart and Campbell. Murphy is ahead in Ireland, there being 62,600 of them; then come there being 62,600 of them, the Kelly, 59,900; Sullivan, 43,600; Walsh, 41,700; Smith, 37,000; O'Brien, 33,400; Ryan, 32,000; Connor, Byrne. 33,000; Ryan, 32,000; Connor, precisely like a 31,200; O'Neil, 29,100, and Reilly, 29,000. sheet of water.

Drainage.

Newspapers have sown broadcast over the land a vast amount of literature regarding drainage and sewerage, and their relation to the establishment of good sanitary conditions, both in the city and country.

That there still continue to be epidemics of typhoid fever and other dis-eases which have their origin in impure air and water goes to show either how difficult it is to carry out the principles of a healthy sanitation or the indiffer-ence there is concerning the matter.

There are a few practical points in regard to this subject which it would be well to remember. After the first frosts, when vegetatron has decayed, and the heavy rains of the autumn have washed impurities into the ground, all collections of water from surface drainage are dangerously full of disease

breeding germs.

It should be ascertained without a doubt that wells from which water is used for drinking purposes are not contaminated by this surface water.

In country places where there is no ewerage system it is of the utmost importance to remove all standing or slop water by digging drains leading away from dwellings. The purification of all liquid refuse is effected by simple filtoration, due to the oxidizing properties of the soil. In clay soils much may be accomplished by plowing and mixing ashes or gravel with the earth.

Dry refuse which cannot be fed to animals should be collected and burned

exchange of air so essential to bed-rooms, where with a little care good ventilation can be secured without creating a draft.

In houses where there are bath and toilet accommodations, special care should be taken to flush all traps every day. It may be not generally known that the most poisonous germs are inodorous as well as invisible, and cannot be detected by ordinary methods.

Archbishop Bruchesi and Temperance.

After a pastoral visit extending over as many as thirty parishes of the | 000 for it, but was refused. archdiocese of Canada, Archbishop Bruchesi has returned home fully convinced that already a great deal has been accomplished for temperance by the campaign started by him towards the close of last year.

No one realizes more fully than he the difficult task undertaken by the religious authorities, yet His Grace states that he had seen many encouraging signs during his tour, and he believes that, while good has already been done, with the aid of the governing bodies, Quebec will, in a comparatively short time, become the primest mover for temperance in the New World. "Give us," said his Grace in conclusion, "the existence and sympathy of the Government and the municipal bodies, and it will take a comparatively short time to regenerate the whole people.

Photographic Sounds.

A wonderful instrument is the eidophone, which is used to "photograph" sounds. By its aid has been demonstrated the fact that every note of music has its visible form. Certain highly pitched voices, when recorded by the instrument, produced figures exactly like trees, while others gave impressions resembling flowers and foli-age. Other notes still produced grotesque shapes suggestive of natural objects. Very curious was the picture produced by recording three notes of music through the apparatus. It was precisely like a tree growing beside a

The Crown Bud.

1907.

The crown bud of a chrysanthemum plant is the large bud which terminates a branch. In chrysanthemum culture plants are sometimes grown as a single stem, the side branches and all the buds but the terminal one being removed. This treatment encourages the growth and development of large leaves and enormous blooms. Sometimes a plant is allowed to develop from two to five or more branches with a crown bud on each, the side buds being removed as soon as formed. This method results in large and handsome flowers, giving the plant a gorgeous appearance. Large pots of rich soil, constant and liberal watering, occasionally using a liquid fertilizer, and allowing only the development of the crown buds insures success with these popular autumn flowers.

Oxalis Roots.

When certain species of Oxalis roots are dug in the fall you will find large, tapering roots, in form not unlike a parsnip, but of course smaller and of a peculiar white color. Clustered about the crown is a great number of smaller bulbs varying in size. The strength of the tuber is eventually given to the bulbs, and the tuber dries up, while the bulbs separate, and are ready to form new plants. Other species have peculiar tuberous roots tapering from the crown to a thick base. Others have fibrous roots. All Oxalis propagate readily and are of easy culture.

When this year's accounts are all in and eady to figure, don't forget to give credit to the good wife, sons and daughters, for the excellent work they have done toward helping to keep the balance on the right side of the page.

Of all the new money-making schemes, none of them beats the oldfashioned way of earning a living.

Silence speaketh with excellent grammar.

A botanical clock grows on the Isthmus of Tehuantepec, Mexico. In the morning the flower is white, at noon red, and at night blue, alternations of color being so regular that the time of day can be told from the tint of the

The most highly valued book in existence is a Hebrew bible, which is in possession of the German Government. A few years ago the Pope desired to purchase this ancient volume, and made the German Emperor an offer of \$150,-

Whenever you think you have money enough to buy more 'and, spend the amount, or a portion of it, in an effort to raise bigger crops on the land you already have. It is intensive rather than extensive farming that creates the healthy balance in the

It seems to be an especial feature of the child prodigies of to-day that except, for their musical genius, they are just as other children are. Young Lionel Ovenden, who makes his "Confessions" in the Royal Magazine, is no exception to this rule. He is thirteen years old this month, and a thoroughly healthy English boy, devoted to outdoor games, to boxing and to cycling. His story, in fact, shows astonishingly varied tastes.

A miner who lost his life two thousand years ago has been taken from a copper mine in Chili recently. Copper oxide had mummified his whole body. The mummy is in a fine state of preservation. Coarse sacking, evidently the clothing of the ancient Inca workman, was found with the body, as were also two mallets, one fashioned out of granite and the other out of ironstone. These implements were tied with thongs into bent sticks made as double handles. Both the hide and the sticks were as fresh looking when found as if they had been in use only the day

Snails Die Hard.

dis are slow even when it dying. A naturalist who sed to find, four years later warm water employed in s shell off the mount had reviv nate, which he had long suppo dried and dead. veral specimens in another

were revived in a similar n they had lain in a draw fifteen years. These had no ned to a card, but had been loose, and, though free ndled, had shown no signs of l They were thrown into tepid ith the idea of cleaning out the nt to the surprise of the own nails were found creeping with more than ordinary animation the basin when he returned to lete the task.

A Chinese Prescription.

The missionary held up a be "It is a Chinese medical pr tion," he said. "A friend of Dr. Ping Cho, prescribed it to a who had swallowed an overd opium. I will read it to you." The prescription, translated, f Two pair of salted lizards, tw

and two female. One ounce ginseng root. Six dried grasshoppers, three and three female.

One ounce sweet potato stalk. One ounce walnuts. One-fourth ounce rattlesnake Two ounces black dates. One-half ounce elm bark. One-half ounce devilfish claw. One-fourth ounce hartshorn. One-half ounce birds' claws.

One-half ounce dried ginger. One-half ounce old coffin nails To these ingredients, which it take a day to assemble, two qu water were to be added, and the was to be boiled down to one-h quantity. The patient was to d small cupful every half hour.

Elephant Perryboat.

One of the most singular fer the world is found in India, as started under very peculiar stances.

A certain native, who lived branch of the Ganges, rescued from a tiger, and in a transgratitude the rajah presented hi one of the finest and largest el

Only a rich man could supp elephant, and the rescuer was the ed with absolute ruin, as the would eat him out of house and in a month.

There was no way out of the culty, as, according to the un law, a gift of this kind could given away or sold without sul to punishment, so the owner of the elephant saw staring ruin in the face, the hug ture keeping him engaged all da ing food for it.

His house stood by a turn river where many persons cross as the stream was at times a flood, boats and men were oft ried down and put to great ann The elephant was bathing in the one day, when it suddenly occu the despairing owner to use it as boat. There was no time when not go over in safety, and the p at once put into execution. A was made for the elephant, with rope as a trace, which was fast a heavy boat, and the animal sfully towed it over the river, great delight of the native, w saw in the elephant with the er appetite a source of revenue.

Better Than Spanking.

Spanking does not cure chil bed-wetting. There is a consti cause for this trouble. Mrs. M mers, Box H 86, Windsor, Ont., w free to any mother her successf treatment, with full instructions no money, but write to her to your children trouble you in th Don't blame the child. the char it can't help it. This treatme cures adults and aged people with urine difficulties by day o