

WHAT MAKES CHAMPIONS?

Work! and Lots of It! Declares Fullerton, Who Points Out Glowing Examples

(By Hugh S. Fullerton.) Francis Ouimet plays a difficult golf course in seventy strokes; Christy Mathewson, in a desperate crisis of a deciding game, drops three twisting fade-ways just at the right spot, a batter strikes out and the game is saved; Brickley kicks three field goals, Harvard wins the crowd goes mad; Mike Griffin azies an opponent by his speed of and and foot, and retains a champion-

We all say: "Aren't they wonders?" and perhaps envy them their skill in some particular line of athletic.

Why are we not all able to do the same things? We are, perhaps, not to use such a degree of excellence as they possess, but every normal young man, possessed of good eyes, good muscles, and an average man can do these things if he will work.

Take the case of Mike Gibbons. He is an average man; big but not heavy. He possessed, perhaps, less than the average strength and health. He was only mediocre boxer, but he decided that it was worth while to box at all, it was worth while to do it well.

The rest is merely a story of work—and work and persistent effort. He boxed, was whipped, won some fights, became a boxing instructor teaching others while he was learning the game himself. By patient effort he mastered footwork, got a hot temper under control, and became master of himself. He learned to hit, to put every ounce of power behind his blows, to use the leverage of arm and shoulder and wrist to best advantage. Then he battered his way to the top of his class.

Click Evans another case. He was caddy at Edgewater and wanted to earn the game. He studied the players or whom he caddied. He got some hints. Hours of patient work by the roadside with his irons taught him that leadly skill at approaching, which is the strongest point. It was work, steady, consistent practice that made him perhaps the greatest of American amateurs.

Ouimet advanced in almost the same manner. He had more early advantages, but his success is due to perfect nerves and absolute attention to business.

We wonder of the skill of Charlie Brickley at kicking a football. Why is he able to do this? A year ago this summer Brickley was employed to teach the youths at Lake Forest who needed kicking. On the estate there was a barn perhaps twelve feet from the ground, a small window that stood open. Hour after hour, every day during the summer, Brickley stood on the ground twenty-five, thirty, thirty-five, forty yards from that barn, at all angles, kicking, kicking, kicking until he was exhausted, spinning through that window two out of three times.

Mathewson is much the same way. When he came into baseball he had a strong arm, terrific speed and a wonderfully fast curve. He used the speed and curve and won as many a strong-armed young pitcher who had the strength and speed on the arm. The speed no longer as there, and the curve had lost its sharpness. Mathewson really drilled. He worked, patiently, diligently, and achieved a slow ball, a twisting, dropping, slow ball that, by contrast, made it speed seem as great as ever.

In every line it is the same—hard work, patience and thinking.



Doyle Robertson

SPORT NEWS OF A DAY; HOME AND ABROAD

National League. At Philadelphia—New York 3, Philadelphia 2. At Philadelphia—(Second game)—Philadelphia 10, New York 6. At Boston—Boston 4, Brooklyn 3. At Chicago—Chicago 7, Pittsburgh 4. American League. At Washington—Washington 8, Boston 1. At Washington—(Second game)—Boston 3, Washington 0. At New York—Philadelphia 2, New York 1. At Cleveland—Detroit 6, Cleveland 4. At St. Louis—St. Louis 6, Chicago 6. Federal League. At Baltimore—Baltimore 3, Kansas City 2.

Will Dave Help Muggsy Win That Flag? At Buffalo—Buffalo 12, St. Louis 3. At Pittsburgh—Pittsburgh 8, Chicago 2. At Brooklyn—Indianapolis 10, Brooklyn 0. International League. At Buffalo—Buffalo 3, Rochester 2. At Buffalo—(Second game)—Rochester 12, Buffalo 8. At Toronto—Toronto 10, Montreal 5. At Jersey City—Jersey City 7, Baltimore 1. At Newark—Newark 2, Providence 0. At Newark—(Second game)—Newark 9, Providence 5.

TWINS

Some Remarkable Family Records—Sixty-Four in One Household

(Person's Weekly.) Medical men and others who have made a special study of the subject, entertain no doubt—strange though the assertion may sound—that twins run in families.

Some years ago Doctor Cory, of St. Thomas's Hospital, investigated the history of seventeen cases of twins which came under his notice professionally, with the result that he discovered that in no fewer than thirteen of the cases there had been previous births of twins among near relations of either the father or mother.

As the proportion of multiple births to single births is only a little over one per cent, it is, of course, quite inconceivable that this could be due to chance merely; so that we should be compelled to assume that there is in certain families a hereditary tendency to multiple births, even if Doctor Cory's figures stand alone.

But they do not. Other doctors have made similar investigations, and these have been attended with very similar results.

In a case mentioned by Doctor Mac-hall, twins were born in four out of five consecutive generations; while in yet another instance he traced a history of multiple births for four consecutive generations. In this latter case, in the first generation a woman, whom we will call Ann, gave birth to twin daughters, one of whom died. The other married, and likewise had twin daughters. Both these lived to womanhood and married. One had twins once and four single children, the other had twins twice and single once. In the fourth generation one set of twins was born.

Startling Single Cases. It is, however, when we cease dealing with statistics extending over several generations, and concentrate our attention upon single cases, that we get some really startling examples. For instance, during the recent sagitation in France

THE STATE OF TRADE.

More Optimistic Feeling Prevails in Wholesale Trade Circles—Business in Some Lines Fairly Active.

Dun's Bulletin says of Montreal trade: Reports from the surrounding country districts are to the effect that the grain crops have now been harvested in good condition and show a fair average yield, and at ruling prices for all agricultural products, farmers should be well able to meet all their obligations. In the city retail business there is a quietness, especially in such lines as are more or less luxuries. Wholesale dry goods

Mr. Fries is seeking the republican nomination for probate clerk.

At a meeting of the school trustees last evening Mr. Manning reported that leaks in gas stoves in the Domestic Science schools had been repaired. The head of the school wanted a new equipment costing about \$100. The committee in charge of domestic science were given power to act.

The buildings committee reported that the Emerson school had been accepted. The finance committee is purchasing \$22,000 of 4 p. c. bonds of the Province of New Brunswick at a price which will yield 5 1-2 p. c. The purchase was made out of the sinking funds.

The teachers' committee reported that 46 teachers had increases in pay which went into effect at the first of the present term. Nine teachers had a raise of \$15; thirty-six of \$25; and three of \$30, a total of \$1,185.

George E. Day said that the Centennial janitor wanted to put up a glass hot room. The matter was referred to the building committee to report.

The janitor of Winter street school asked for extra pay for painting the hot room. The matter was referred to the building committee to report.

Mr. Day reported that the military had taken over the school on Partridge Island.

George Oldford, janitor of Victoria school, asked for extra money for extra cleaning. He was granted \$20.

George S. Gray, janitor of Aberdeen school, asked for more salary. This was referred to the visitors committee to report.

Applications for teachers' positions were received from Miss Emma L. Fairweather, Geo. H. Lunn, Miss Winnifred C. G. Long, Miss M. M. Miller, Miss Robertson, Miss Mildred E. Carson, Annie Graham, Jessie E. Stewart, M. B. Caples, Gertrude Shea and Helen M. Corbett. They were referred to the teachers' committee.

Miss Margaret R. Graham was granted leave of absence till January at half pay; and Miss Ada E. Allan till January at half pay.

Miss Lingley was granted an extension of leave of absence.

CASCARETS CURE HEADACHE, COLDS, CONSTIPATION

Tonight! Clean Your Bowels and Stop Headache, Colds, Sour Stomach

Get a 10-cent box. Take a Cascaret to-night to cleanse your Liver, Stomach and Bowels, and you will surely feel great by morning.

You men and women who have headache, coated tongue, a bad cold, are bilious, nervous, upset, bothered with a sick, gassy disordered stomach or have backache and feel all worn out. Are you keeping your bowels clean with Cascarets—or merely forcing a passageway every few days with salts, cathartic pills or castor oil?

Cascarets immediately cleanse and regulate the stomach, remove the sour, undigested and fermenting food and foul masses; take the excess bile from the liver and carry off the constipated waste matter and poison from the bowels.

Remember, a Cascaret to-night will straighten you out by morning. A 10-cent box from your druggist means healthy bowel action; a clear head and cheerfulness for months. Don't forget the children.

Adam Fries of St. Clair County is probably the largest man running for office in Southern Illinois. He is said to be as large around the waist as he is tall, six feet 6 inches, and weighs 852 pounds.

Mr. Fries is seeking the republican nomination for probate clerk.

THE ONLY CURE FOR CONSTIPATION

Is "Fruit-a-tives"—That Wonderful Remedy Made From Fruit Juices

Avon, Ont., May 14th, 1913. "I have used "Fruit-a-tives" for Indigestion and Constipation with most excellent results, and they continue to be my only medicine. When I first started about six years ago to use them, I took four at a dose, but gradually reduced the dose to one tablet at night. Before taking "Fruit-a-tives," I took salts and other pills, but the treatment was too harsh. I thought I might as well suffer from the illness as from these treatments. Finally, I saw "Fruit-a-tives" advertised with a letter in which some one recommended them very highly, so I tried them, and I have no hesitation in recommending them."

ANNIE E. CORBETT. 50s. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent on receipt of price by Fruit-a-tives Limited, Ottawa.

COMMON COUNCIL

Warehouse For Potato Shipments—Contracts Awarded—Gymnastic Apparatus For Soldiers on Partridge Island

The weekly meeting of the common council was held yesterday afternoon with Commissioners Frink, Wigmore, Russell and Potts present.

Com. Wigmore was authorized to purchase water meters at a cost of \$1,000. A request of the Atlantic Sugar Refineries, Ltd., for the refund of the balance of their deposit, now \$30,000, was referred to the mayor.

A communication from the secretary of agriculture for warehouse room for the shipment of potatoes for the imperial contribution of potatoes for the imperial authorities was referred to the commissioner of harbors with the suggestion that berth number seven might be found suitable.

Malcolm W. Jones presented a bill for \$11.15 for repairs to windows broken by street blasting. The letter was referred to the commissioner of public works.

The same commissioner was asked to inquire into the complaint of John Mullin regarding his dismissal from the department.

Tenders for laying a permanent sidewalk on Queen square were opened and the contract was awarded to Moses, French and Sims for \$3,517.82.

Peter Ferris was given the contract for a retaining wall in Tower street for \$867.

Russell was allowed an overdraft of \$8,500 for his department, the shortage being due to the falling off in the receipts from passenger steamers last winter.

Mayor Frink announced that the soldiers at Partridge Island want some gymnastic apparatus and he and Com. Russell were asked to visit the island to see what is required before the council considers taking any action.

SCHOOL BOARD MEETING

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The buildings committee reported that the Emerson school had been accepted.

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Are you Mentally Comfortable? To have a hat that fits and suits you, that has style and is well made, means mental comfort. Wolthausen Hats. Are made in almost any shapes and styles to suit all faces and figures. The quality is guaranteed. Let your next Hat purchase, either Soft or Stiff, be a Wolthausen and know what it is to be mentally comfortable. The mark that distinguishes one hat from another. Wolthausen Hat Corporation, Limited, Brockville, Ont.

AMUSEMENTS

KNIGHTS OF PYTHIAS DECORATION DAY PARADE TODAY. MON. IMPERIAL THEATRE MON. TUE. "The House of Luxury"

Intense Drama of the Canadian Northwest. THREE REELS. "IN DEFIANCE OF THE LAW" SELIG PLAYERS. From the Novel "Isobel" by Jas. Oliver Curwood

The Idol of Matinee Patrons Francis X. Bushman, in "THE COUTNESS" A Nihilist Newspaper Love Story

WAR! French Troops in Field German War Balloons Englishmen Enlisting. Hearst-Selig Weekly

TWO LUBIN COMEDIES Screaming Farces to Offset the Heavy Dramatic Pictures

FESTIVAL ORCHESTRA A PARTICULARLY FINE BILL THIS TIME

"THE WILES OF A WOMAN" Eighth Episode of the Peer of Serial Photo Stories

"THE MILLION DOLLAR MYSTERY" The Countess Figures in a Dangerous Adventure. See Norton's Escape From the Saver.

A Rather Odd Offering of the Majestic Company "THE TEN OF SPADES"

"A LESSON IN BRIDGE"—Soc. Drama—Reliance "BETWEEN SHOWERS"—A Real Comedy—Keystone

STARS FROM THE VAUDEVILLE SKY TO ILLUMINATE YOUR WAY TO A GOOD TIME

THE LITTLE IRISH GIRL BORDREAU THE BIG FRENCHMAN AND MAY Pleasing Mixture of Song and Dance including "The Palma," "Elean Asthore" THE IRISH JIG AND REEL

Chapter 1—"Shorty Escapes Matrimony"—Final Chapter Thur. Weekly News includes TIMELY MILITARY VIEWS

It's Coming Closer! THE TREV HEARTS Keep Watching Out!

CLASSIFIED COLUMNS BARBER-First class wanted; steady position. Address: Uptown Box 7267.

Let us find the position you want. OUR Classified Columns will do it.

DODD'S KIDNEY PILLS FOR ALL KIDNEY DISEASES. CURES RHEUMATISM, GRIPPE, DIABETES, SICK HEADACHE, NEURALGIA, BRUISES, BURNS, AND ALL AFFECTIONS OF THE URINARY TRACT.

ESTAB. 1742 WHITE HORSE STANSON IT'S OWN MERIT. CASARETS IMMEDIATELY CLEANSE AND REGULATE THE STOMACH, REMOVE THE SOUR, UNDIGESTED AND FERMENTING FOOD AND FOUL MASSES; TAKE THE EXCESS BILE FROM THE LIVER AND CARRY OFF THE CONSTIPATED WASTE MATTER AND POISON FROM THE BOWELS.

AMUSEMENTS GEM PHOTOPLAYS. Chapter 10 in greatest picture serial yet produced. "Lucille Love, Girl of Mystery" GEM ORCHESTRA. Lubin story of the southern insurgents "A Traitor To His Country" Funny comedy "Willie Walrus And The Baby" Coming Wednesday "The Fringe On The Glove" Two-part Kalem drama of the North West Mounted Police.