

R. STARK'S CHERRY BALM,

A SURE AND CERTAIN CURE
IN ALMOST EVERY CASE OF
CONSUMPTION, COUGHS, COLDS, CROUP,
ASTHMA, BRONCHITIS,
AND ALL DISEASES OF THE LUNGS.

Let me, before I proceed to directions as to how this valuable medicine should be taken, say a few words in regard to the food and treatment for consumptives and those having severe coughs; these patients should be warmly clothed, be taken out into the open air daily in fine weather, kept in properly heated but well ventilated apartments, fed with good nourishing food, and the appetite must be kept up by bark, steel, and cod-liver oil, which last is an excellent food, if it can be taken. Good, healthy food, that full of nutriment, is all important. The great importance of attending to the food of consumptive patients is seen by the following facts, in regard to nutrition. Nutrition begins at the stomach; there the first step is taken in the formation of the nutritive liquid—the blood. The primary nutritive organs, the stomach and the liver, cease where the absorption of the crude blood, called chyle, takes place—namely, at the small bowels. This chyle or crude blood is carried up into the heart, and projected thence to the lungs, where its exposure to the atmosphere causes its transformation into fully elaborated blood, fit for the nutrition of every tissue of the body. In the chest, therefore, the second part of the process of nutrition takes place, and the organs which effect this, deserve the epithet of “secondary nutritive.” The liability to disease, the tenacity of disease, and the curability of disease, in any part of the body, depends upon the healthy or unhealthy state of the primary nutritive organs; for how can pure, highly elaborated blood be formed from the chyle or crude blood, if the nutritive organs be out of order, and if the lungs are without nutrition, through want of highly purified blood, how can the tubercles be healed. The Cherry Balm has been prepared from herbs and roots that have a vast and wonderful influence over the digestive organs, it supplies a large quantity of pure blood food, if I may so call it, and thus by acting along with Bartee's Pills, which drive out all impure particles through the bowels, pure blood particles are supplied to the unhealthy lungs and the tubercles are