

What is more distressing than being unable to sleep?

Sleeplessness is one of the first and most certain symptoms of exhausted nerves.

This is the warning that you need the assistance of Dr. Chase's Nerve Food to restore vigor to the nerve



SAYS YOUNG PREACHER **JUST MAKE HIMSELF**

Canon Carlisle of Windsor Addresses Students Who Received Diplomas.

At Huron College Convocation held in Huron College on Monday evening, eight students received their diplomas

of the graduates.

Canon Carlisle urged the young clerics to do their part in the community, saying that no other person had a greater power to do good among citizens than the clergymen of the English

"The Church of England in Canada," e said, "stands for all that is "The Church of England in Canada," he said, "stands for all that is good, noble, pure and holy, and these traditions have to be lived up by the young teachers of the gospel being graduated from the Church of England training colleges today. The young preacher must live a man among men. It is not what the multitude thinks of you that counts, it is what God thinks when you stand out alone from amongst the multitude."

the assistance of Dr. Chase's Nerve Food to restore vigor to the nerve soils and thereby avoid the development of serious nervous trouble.

By improving the quality of the blood and building up the nervous system this food cure brings new energy and strength to the whole body.

50 cents a box, 6 for \$2.75, all dealers, or Edmanson, Bates & Co., Ltd., Toronto.

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LONDON TOWNSHIP.

The following is the school report of S. S. No. 2, London Township, for the month of May (names in order of merit):

Sen. IV.—Joe Halle, Myrtle O'Neil, Jun. III.—Marion Hodgins, Marjories O'Neil, Clifford Hodgins, Sen. I.—Chas Stanley, Addie O'Neil, Jun. III.—Marion Hodgins, Marjories O'Neil, Clifford Hodgins, Sen. I.—Chive McDonald, Lawrence McDonald.

Primer—Edythe Henry, Roy O'Neil.

The bishop, in addressing the graduates told them there were always setbacks one way or another on the outset.

"You may be disappointed," he said, that the congregation dees not appreciate your most eloquent sentences. You may think it the most stuple congregation, and that 'I am the only wise one here.' But the seed of your words always falls on some fertile from the progress of this pasture. Whatever you do, do not give out sentences that may be beautiful yet when all together do not make sense. Give an rilustration or a contrast of your point which you want reached. Have a peg so to speak and hang your thought on it. The people will take away the peg, and the thought will sure to be attached."

Rev. Cameron C. Waller, principal of the port on the progress of the college durb in the listory of the college, and said that a better man could not have filled the vacancy. He pegrated having received generous donations from persons in the diocesse of money and valuable books. Principal waller spoke of the splendid sum of \$25,000 which had been put in trust by the young men graduating were the young men graduating were the

SCIATICA

Templeton's Rheumatic Cansules

dany doctors prescribe

Hendry, E. Garrett, F. L. Lewin, C. W. Foreman and S. E. McKegney, M.C., Mr. A. E. Winnington-Ingram.
Gordon Craig received the Matthew Wilson gold medal for reading and speaking, and the Hensall reading prize was awarded to E. Hayes, The graduates were ordained into the Church of England on Sunday morning in the Church of St. John the Evangelist.

OLIVER ELLWOOD

Masonic Sún Reviews Career of Popular Londoner.

The Masonic Sun, published in Torono, and devoted to the interests of Masonry in Canada, pays a lengthy tribute in its latest issue to Right Excellent Companion Oliver Ellwood, sec-

sion.

The Sun says:

"R. Ex. Comp. Oliver Ellwood was born in the village of Byron, near the city of London, Ont., on August 3, 1863, and received his education in the public schools of Westminster, afterwards taking a course in a city business college.

"In 1889 he received the appointment of constants of the board of water comas secretary of the board of water com-missioners, now the public utilities com-mission of London, which responsible position he still retains and continues to enjoy the confidence of the general pub-lic with whom his duties bring him in

contact.

"R. Ex. Comp. Ellwood and Mrs. Ellwood enjoy the respect and esteem of a large circle of acquaintances. He has one son, who served his King and country with distinction, having been connected with the 1st Battalion and machine gun forces in France.

"It was in 1894 that R. Ex. Comp. Ellwood identified himself with Masonry, being brought to light in St. John's Lodge, No. 20, G. R. C., of which he is now a life member. He immediately began to take an active part in the work, and proceedings of the lodge, and in 1895 associated himself with the Companions of St. John's, Royal Arch Chapter, No. 3. Industry and zeal brought him rapid promotion, and 1901 he occupied the dual positions of worshipful master of St. John's Lodge, No. 20, and first principal of St. John's Chapter, No. 3. At the annual communication of the Grand Lodge of Canada, in the province of Ontario, held in the city of Windsor, July, 1902, he was elected to the office of grand junior warden.

"Of late years, R. Ex. Comp. Ellwood has confined his Masonic activities more particularly to the Royal Craft, in 1904 he was elected grand principal sojourner of the Grand Chapter of Canada, and in 1907 was elected to the executive committee of that grand body. After "R. Ex. Comp. Ellwood and Mrs. Ell-

and in 1907 was elected to the executive committee of that grand body. After serving on the committee for three or four years, he retired, but in 1915 he was induced to return, and has since that time been an active member, presiding for some years as chairman of the committee on warrants, and for the past two years has been chairman of the committee on audit and finance. He represents the grand chapter of the State of Minnesota, near the Grand

State of Minnesota, near the Grand Chapter of Canada.

"As scribe E, of his mother chapter, he is held in high esteem by the companions, his knowledge and experience being of great value and assistance to presiding officers.

"He is a most genial companion to meet, and his activities today for the general welfare of the Royal Craft is freely acknowledged by his companions."

LONDON TEAMS FOR THE CANADIAN RIFLE LEAGUE MATCHES

First Battalion Marksmen Are **Practicing At Coves.**

Arrangements have been completed at Ottawa for the Canadian Rifle League matches, which will be shot off there on the following dates: June 19 and 26 and July 10 and 17. All of the above dates fall on Saturday.

It is expected that there will be a number of Londoners enter the league matches. Teams from the 1st Battalion have already had several practices on the ranges at 100 and 200 yards, and it is expected that this Saturday they will be able to take on targets at 500 and 600 yards.

The ranges to be shot at will be 200, 500 and 600 yards. Seven rounds and a sighting shot will be allowed at each range. The rifle to be used will be the short Lee-Enfield. Slings will be allowed if they are of the issued type. All appliances for the shading of the eyes or sights, or holding of sights will be barred. An open backsight of the issued type must be used.

The teams winning the first series will receive a cup donated by Lieut. Col. A. E. Gooderham. For the winners of the second series, Lieut.-Col. Street has given a cup, and for the third series winners, Col. Sir Percy Sherwood, K.C.M.G., A.D.C., R.O., has donated a cup.

The first series will include teams

Sherwood, K.C.M.G., A.D.C., R.O., has donated a cup.

The first series will include teams of ten men from city corps, garrison artillery and infantry. The second series will include teams from the Canadian naval forces, permanent depots, mounted police, R. M. C. Cadets and units other than those belonging to a city. Civilian associations will form the third series.

The trophies will be competed for an-The trophies will be competed for an-

The trophies will be competed for annually.

Special prizes will be awarded to the man of each association who has the highest aggregate score at the end of the four matches.

Certificates will be issued to teams in the following order: Special, an average of 925 points for four matches, first class, 880 points in four shoots, and second, 820 points for four matches.

Targets of green and sand color will be used with the upper half of the bullseye painted black to be used as an aiming mark.

Continued From Page One

Never Come

Never Come

(Licentiate in Theology). Clad in Cambridge gowns the eight students were bridge gowns the eight students were bridge gowns the eight students were bridge gowns the diplomas. Following the presented the diplomas. Following the presented the diplomas. Following the presented the diplomas of Windsor addressed the graduates who were ordained on Sunday and also the large audience of friends and relatives of the graduates.

Canno Carlisle urged the young clerics to do their part in the community, to do their part in the community, to do their person had a control of the graduates.

Carrett F. L. Lewin, C.

The Southeast Section, Particularly the Ottaway Line.

if double-tracking should become necessary.

The Southeast Section, Particularly the Ottaway Line.

If at some future time the proposed Colborne line could be got across the G. T. R., and continued south, and possibly slightly east, the necessity of having both the east and west Oxford line on Horton street, and the Ottaway line on Horton street, and the Ottaway line on South street, would be eliminated. Considering the immediate future, however, the Ottaway line is necessarily really for the convenience of very small areas between Richmond and Hamilton road, and between Hamilton road and Dundas, and for the fact that a continued south, and possibly slightly east, the necessity of having both the east and west Oxford line on Horton street, and the Ottaway line in South street, would be eliminated. Considering the immediate future, however, the Ottaway line is necessarily really for the convenience of very small areas between Richmond and Hamilton road, and between Hamilton road and Dundas, and for the fact that a continued south, and possibly slightly east, the necessity of having both the east and west Oxford line on Horton street, and the Ottaway line on Horton street, and the Otta

service, the report says:

"It would appear from comparison of a more or less ideal ayout of system with regard to future, as well as properly never the same area as the tracks on Cheapside, Oxford and Central. That part of the Richmond line north from the city limits, approximated by the properly never the city limits, approximated by the c

PILLS

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Let your Tea-pot be the Judge

Quality will loom up conspicuously above a hundred "would be" rivals.



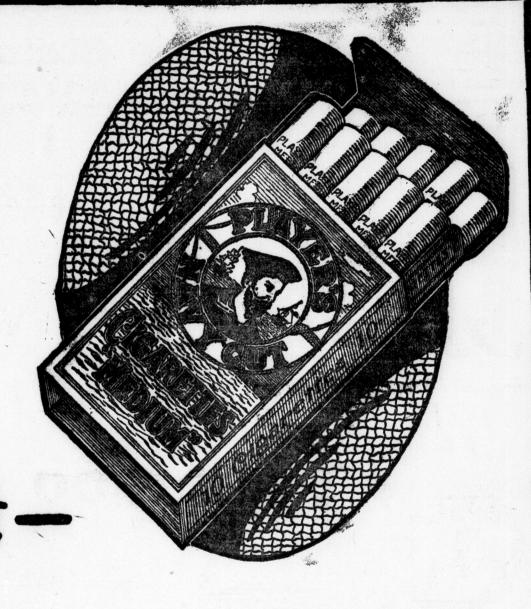
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- The Maria San HERE are many little jobs of upholstery that can be done at home providing the right materials and right instructions are available. The replacing of the seats in the dining room chairs, reseating the comfortable old rocker, the re-covering of cushions, footstools, and even some of the larger jobs can be done easily with Craftsman Fabrikoid.

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