

PROVINCIAL HOLIDAYS

Province	Holiday
Alberta	Family Day (third Monday in February) Heritage Day (first Monday in August)
British Columbia	British Columbia Day (first Monday in August)
Manitoba	Civic Holiday (first Monday in August)
Newfoundland	Commonwealth Day (second Monday in March) St. Patrick's Day (March 17) St. George's Day (April 23) Discovery Day (June 27) Memorial Day (July 7) Orangemen's Day (July 10)
Ontario	Civic Holiday (first Monday in August)
Quebec	St. Jean Baptiste Day (June 24)
Saskatchewan	(first Monday in August)
Yukon	Discovery Day (third Monday in August)
Northwest Territories	Civic Holiday (first Monday in August)

Cuisine

Canadian cuisine combines local cooking methods and products. Beef and salmon dishes are national favourites. In British Columbia, favourites include: fish and seafood dishes, five varieties of salmon, oysters, fresh halibut, Pacific prawns, Dungeness crab, and fresh fruits (particularly apples). Alberta, Saskatchewan and Manitoba are known for their beef and buffalo, wild rice, Winnipeg goldeye, whitefish and arctic char.

Ontario's cheddar cheese is world-renowned. The province is a major producer of vegetables, such as corn and tomatoes, fowl, including turkey and chicken, freshwater fish as well as apples and grapes. Ontario's Niagara Region is well-known for its wines.

Quebec has a distinctive style of cuisine dating back to the days of New France when settlers adapted traditional French recipes to Canadian ingredients. Quebec tourtière (a meat pie), habitant pea soup, pork and veal, as well as many recipes featuring maple syrup products are local favourites.

The Atlantic provinces are famous for their fish and vegetable dishes. Restigouche salmon, salt and freshwater fish, scallops and lobsters are popular favourites. New Brunswick fiddleheads and Prince Edward Island and New Brunswick potatoes are staples in this region.

In addition to the typical Canadian cuisine, a wide variety of international dishes are offered in specialized restaurants from coast to coast. Italian, French, Chinese, Japanese, German, Ukrainian, Hungarian, Mexican, Middle Eastern and Indo-Pakistani foods are among the more popular foods offered.