

"We couldn't not express our gratitude to the food concentrate industry's All-Union Scientific Production Association, and their special food production technology, for preparing our rations, and also to the Biryulevskiy experimental factory, which is run by the same Association. The products they supplied us with are rich in calories and do not require a long time to prepare, which allows us to save on fuel.

"Furthermore, in our view, when the expedition returns, industry should have a close look at our clothing, which we made ourselves. In spite of the high humidity, the abundance of condensation and the low temperatures, we feel comfortable in it. The clothing (as well as the sleeping gear) was made from synthetic materials known for their low hygroscopicity. Moisture "freezes out" of them well. Any other material, be it fur, wool or down, even eider down, would turn into blocks of ice in such conditions unless aired periodically. It seems to us that this clothing is simply indispensable to all professional polar explorers. It is cheap and reliable".

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Having learned that expedition members had found the preparations made by Altayvitamina to be useful in Arctic conditions, I telephoned the general director of the Association, Yu Koshelev.

"We willingly supplied the expedition with our medicines", said Yuriy Antonovich. "You couldn't imagine better test conditions than those in the Arctic. Our OLAZOL' and sea-buckthorn oil are excellent remedies in cases of frostbite. The oil is also very good for stomach disorders, and can be used