

**The Temperance Cause.**

**IS ALCOHOL NECESSARY?**

A MEETING to consider the medical aspect of the temperance question was held in Birmingham (Eng.) very recently. Dr. Heslop announced himself as a total abstainer, and repudiated the notion that alcohol was a necessary stimulant of the human body. Dr. Batten of Gloucester said the drunkard was a manufactured article. It was a case of gradual development; in fact, he never knew of a sudden and acute outbreak of the disease. The drunkard sprang from that respectable class known as moderate drinkers. His own way of coping with the evil was by total abstinence. That was the only way to prevent the manufacture of drunkards, and to deal with a great evil. If a Birmingham audience would show him a better way of coping with it, he would accept it. The only difficulty in the way was in a social sense, viz: those pleasant little dinner parties, which were a great obstacle to be got over. One of the great medical difficulties to be got over was the patients; they never came to him to ask him what they might eat, it was always what they might drink. The doctor who ordered an inebriate patient to abstain altogether, was frequently rejected, and the doctor who recommended port wine was chosen in his place. It had been definitely ascertained that those who abstained altogether from alcohol were better able to withstand the cold. It was just the same with the muscular power. Whenever muscular effort had to be done under favorable conditions, the man who abstained from alcohol would have the advantage. At the close of a brief discussion, Dr. Hickinbottom, another local practitioner, expressed himself so convinced by the arguments that he said he should become a total abstainer. A vote of thanks was passed to Dr. Batten for his paper.

DR. WILLARD PARKER, of New York, who is justly called "the Nestor of American Physicians" recently said: "We shall never control alcohol until we have taught people—1. What alcohol is. 2. What it will do to us, if we drink it. 3. What it will make us do. I can see no way of doing this except through schools." Remark upon this important declaration, the editor of the *Journal of Education* says: "A text-book teaching these elementary facts, in the hands of every child in the land as soon as he is old enough to read, is what we want. A law requiring such teaching in all our public schools would be the wisest kind of legislation. It is a question of intelligence in the beginning, easily controlled if we then let on the light; but no easy task if we wait until it become one of imperious appetite. If we can imbed in the intelligence of the children of this generation, before they are contaminated by it, the scientific facts about alcohol, they will banish it and its vendors from the pale of human society when they come to be voters in our places. The Star of Bethlehem of the temperance cause stands over the school-house."

TEMPERANCE is the hope of youth and the strength of age.

**HIS OWN EXECUTOR.**

A WELL-KNOWN GENTLEMAN'S PHILANTHROPY AND THE COMMOTION CAUSED BY ONE OF HIS LETTERS.

(Rochester Democrat and Chronicle.)

We published in our local columns yesterday morning a significant letter from a gentleman known personally or by reputation to nearly every person in the land. We have received a number of letters protesting against the use of our columns for such "palpable frauds and misrepresentations;" therefore, to confirm beyond a doubt the authenticity of the letter, and the genuineness of its sentiments, a reporter of this paper was commissioned to ascertain all the possible facts in the matter. Accordingly he visited Clifton Springs, saw the author of the letter, and with the following result.

Dr. Henry Foster, the gentleman in question, is 63 or 64 years of age and has an extremely cordial manner. He presides as superintendent over the celebrated sanitarium which accommodates over 500 guests and is unquestionably the leading health resort of the country. Several years ago this benevolent man wisely determined to be his own executor; and, therefore turned over this magnificent property worth \$300,000, as a free gift to a board of trustees, representing the principal evangelical denominations. Among the trustees are Bishop A. C. Coxe, Protestant Episcopal, Buffalo; Bishop Matthew Simpson, Philadelphia, Methodist Episcopal; President M. B. Anderson, of the University of Rochester; Rev. Dr. Clarke, Secretary of the A. B. C. F. M., Boston. The benevolent purpose of the institution is the care; 1st.—of evangelical missionaries and their families whose health has been broken down in their work. 2nd.—of ministers, of any denomination, in good standing. 3rd.—of members of any church who otherwise would be unable to secure such care and treatment. The current expenses of the institution are met by the receipt from the hundreds of distinguished and wealthy people who every year crowd its utmost capacity. Here come men and women who were once in perfect health, but neglected the first symptoms of disease. The uncertain pains they felt at first were overlooked until their health became impaired. They little realized the danger before them, nor how alarming even trifling ailments might prove. They constitute all classes including ministers and Bishops, lawyers, judges, statesmen, millionaires, journalists, college professors and officials from all parts of the land.

Drawing the morning *Democrat and Chronicle* from his pocket, the reporter remarked, "Doctor, that letter of yours has created a good deal of talk, and many of our readers have questioned its authenticity."

"To what do you refer?" remarked the Doctor.

"Have you not seen the paper?"

"Yes, but I have not had time to read it yet."

The reporter thereupon showed

him the letter, which was as follows:—

CLIFTON SPRINGS, SANITARIUM CO., Clifton Springs, N. Y., Oct. 11, 1883.

DEAR SIR,—I am using Warner's Safe Cure, and I regard it as the best remedy for some forms of kidney disease that we have. I am watching with great care some cases I am now treating with it, and I hope for favourable results.

I wish you might come down yourself, as I would like very much to talk with you about your sterling remedy and show you over our institution.

Yours truly,

[Signed] HENRY FOSTER, M. D.

"I do not see why anybody should be skeptical concerning that letter," remarked the doctor.

"Isn't it unusual for a physician of your standing and influence to commend a proprietary preparation?"

"I don't know how it may be with others, but in this institution we allow no person to dictate to us what we shall use. Our purpose is to cure the sick, and for that work we use anything we know to be valuable. Because I know Warner's Safe Cure is a very valuable preparation, I commend it. As its power is manifested under my use, so shall I add to the completeness of my commendation."

"Have you ever analyzed it doctor?"

"We always analyze before we try any preparation of which we do not know the constituents. But analysis, you know, only gives the elements; it does not give the all important proportions. The remarkable power of Warner's Safe Cure undoubtedly consists in the proportions according to which its elements are mixed. While there may be a thousand remedies made of the same elements, unless they are put together in proper proportions, they are worthless as kidney and liver preparations."

"I hope some day to meet Mr. Warner personally, and extend fuller congratulations to him on the excellence of his preparations. I have heard much of him as the founder of the Warner Observatory, and as a man of large benevolence. The reputed high character of the man himself gave assurance to me in the first place that he would not put a remedy upon the market that was not trustworthy; and it was a source of a good deal of gratification to me to find out by actual experiment that the remedy itself sustained my impressions."

The conclusion reached by Dr. Foster is precisely the same found by Dr. Dio Lewis, Dr. Robert A. Gunn, Ex-Surgeon General Gallagher and others, and proves beyond a doubt the great efficacy of the remedy which has awakened so much attention in the land and rescued so many men, women and children from disease and death.

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**NEURALGIA, NERVOUSNESS**  
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