

kind than others; the seeds of the common wormwood are far more useful for this purpose, but the Seriphian wormseed being the weakest may be most fit for weak bodies. The leaves of Seriphian wormwood made into a decoction and drank, strengthens digestion, corrects acidities and supplies the place of gall, as in some constitutions that is deficient. The Sea or Seriphian Wormwood has many round woody hoary stalks from the root, three or four feet high. The leaves are long narrow white and hoary, like southernwood, only broader and longer; in taste rather more salt than bitter, which is owing to its growing near the salt water. At the joints where the leaves are towards the top, it bears little yellow flowers. Common Wormwood is well known, its properties are the same as the Roman Wormwood, the stalks of which are slender and shorter than common wormwood, the leaves and stalks are hoary; blossom, pale yellow, not quite so bitter as the common wormwood and of a sweeter smell; it is a mountain herb. It is hot and dry in its nature, the same heat as our blood and no hotter; it cleanses the blood of choler, provokes urine, hinders surfeits, is good for swellings in the belly, it causes an appetite to meat, it is good for the yellow jaundice, it provokes terms, it is a remedy both drank and applied for the bitings of small animals, cures many diseases of the throat, it is good for diseases of the eyes and a remedy for all kinds of bites and stings. Mix a little wormwood with ink and neither rats or mice will touch paper that is written with it; and laid among clothes keeps moths away. Class VIII, page 41.

VERVAIN COMMON (*Verbena officinalis*).—A perennial, two feet high, purple blossom in spikes, calyx in five divisions; corolla funnel shaped, with a tube bent inwards and an unequal border with five divisions, stamens four, fertile but bladdery, covered, withering, seeds four, leaves in many divisions. The root is small and long and not of much use. The stem is square. Class XIV, page 42. It is an excellent herb for the womb, to strengthen it. It is hot, dry and bitter, opening obstructions, cleansing and healing. Is good for yellow jaundice, dropsy, gout and defects of the lungs; also all inward pains and torments of the belly. The leaves being boiled and drank