

well as individual obligations of Religion her worship, like her independence is perpetual, and her praises as continuous as her Saviour's bounty. How beautiful is the conception—how worthy of the inspiring grace of the "author and finisher" of our Faith, that her voice ceaselessly echoes his praise through all time, and thus from the date of her existence commenced the "Hallelujah" of ETERNITY.

Shortly after midnight, the "Matins" commence—"Lands" succeed. "Prime" or the first hour ushers in the Morning Star. "Tierce," "Sext," "None," follow at the various hours assigned—and the whole is concluded by "Vespers" and "Complin"—names fraught with associations to the Continental Traveller, whose ear has sometimes drank in the music of the "Vesper Bell."

To each of these "Hours" is attached a short hymn, which we mean to present, successively in an English dress to our Readers. After the Protestant Bishop of Exeter has been so smitten as to attempt this task—it will not be wonderful that a Catholic youth has been charmed by their beauty. The translations have this peculiar merit—that they, in English, are adapted to the Gregorian chaunt, arranged for the Latin original. We will make no change.—They shall appear as they came from the pen of a young Nova Scotian.

No. 1.

AT MIDNIGHT.

Awake from slumber and be vigilant,
Tune all your voices into sweet accord,
Loud psalms warble, psalms of glory chaunt,
And let us praise the Lord.
That while in concert thus our anthems swell,
We may deserve the mansions of the sky,
Where with the blest we may for ever dwell
In joys that never die.
To this our lowly orison give ear,
O mighty Father, Holy Ghost and Son,
To whom throughout the universal sphere
Is endless homage done.

The subscription to the Register, for the future, will only amount to fifteen shillings, in the country and in the city. Any person sending us eighteen shillings, in advance, free of postage, will be entitled to "the Register" and "the Cross" for one year. "The Cross" will appear on Friday next, in a new form, and as we have gone to some expense, by getting a neat heading engraved, we hope that the Catholics of the city and its vicinity as well as those of the province at large, will exert themselves for the circulation of the above weekly publications. Canada, or New Brunswick, or Prince Edward Island, or Nova Scotia cannot compete with this. "The Register" is not inferior to any weekly newspaper published in Nova Scotia. "The Cross" is conducted with much ability, and should be in every Catholic family, for there are persons in the lower Provinces, who cannot

religious instruction, and an explanation of every feast in the year; while "the Register" stands in defence of Ireland and her national creed.

We think we are justified in saying, that the Register has proved itself worthy of the support of the Irishmen of Nova Scotia, and now that we have commenced to publish in conjunction with it, "the Cross," a work so useful to the parent and the child, we expect a very great increase in our subscription list. The increase is absolutely necessary to enable us to continue the publication of the Register, as the commercial support extended to us has been very limited. We have had fewer advertisements than any other newspaper published in Nova Scotia.

Persons wishing to receive "the Register" and "the Cross" for one year, at the rate of eighteen shillings, must pay the subscription in advance. On no other conditions will we send the papers to any person. The price of "the Cross" is 3s. 6d. advance, when taken by itself.

From St. Vincent of Paul.

SPIRITUAL MAXIMS FOR THE MONTH OF JANUARY.

1. The first step which he who desires to follow Jesus Christ should take, is to renounce himself; that is, his own sentiments, his passions, his will, his judgment, and all the motions of nature.

2. We should not examine articles of faith with a curious or subtle spirit. It is enough for us to know that the church proposes them for our faith. We can never be deceived in believing them.

3. God expects that we should never do good for the sake of gaining a good name, but that his glory should ever be the motive of our actions, and that we should never do anything through human respect.

4. Conformity to the will of God is a most powerful and efficacious remedy for all evils—a means of correcting every imperfection of triumphing over all temptations, and of preserving unalterable peace in the heart.

5. If we desire to obtain anything from God let us ask his Spirit; because his Divine Spirit is the life of our souls.

6. We should not be discouraged when we are unable to prevent scandals or destroy all sin, because we