

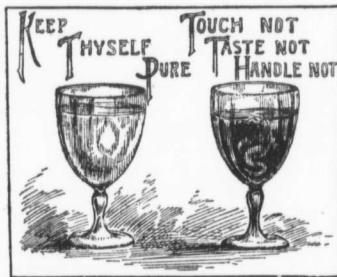
the rule of that dreadful chief, who was called Alcohol, was sad indeed.

But all this while outside the gates a white angel and a lovely train waited and begged to come in and take the government. At last, when things inside were too bad to be borne longer, the black spirits were turned out and the white angel, whose name was Peace, came in with her lovely train. There came Mercy, Humility, Forgiveness, Forbearance, Truth, Purity, Meekness, Kindness, and Love. You may imagine what a difference it made when Peace ruled, and her first helper, Purity, cleared the castle of everything unclean within.

The lesson. The little story with a meaning is built on the Golden Text for to-day. Jesus has told us in the text to "let peace rule" in our hearts. Our hearts are like castles, and our bodies are like castles too, with the heart as the throne room. There are feelings of all sorts to be ruled over and kept down. The white angel Peace, with all she brings with her, cannot rule where the black spirit Alcohol comes in with all the evils he brings with him. Did you ever know or hear of a drunkard who had a peaceful heart and who lived in peace with all, never quarreling with anyone? O no! When Alcohol comes into the body all manner of wrong thoughts and feelings come in too, and the body and the soul are made unclean. There is no room and no place fit for the peace of God to rule there.

Our lesson is part of a letter written by Paul to the church in Colosse, in which he tells them that if their hearts have risen with Jesus, if they belong to him, then they must live a new life. They must live as Jesus would have them, and put away lying and every wrong and unclean thing, and let love and truth and purity come in, and let peace rule.

As one of the worst things to break peace is



alcohol, we talk about it very often that all may be warned against it and never let it get the least

chance to rule and to spoil the lives that belong to Jesus.

"I will be pure" is the word for us to-day, as we finish our wall for this quarter. But look down at the foundation. Never forget that! Jesus helping me, I will be pure!

Which is better, to let things get dreadfully soiled and then wash them, or not to let them get soiled in the first place? O, it is better to keep pure than even to be made clean after being unclean. Let us ask Jesus to take away the very beginnings of sin and wrong in our hearts and keep us clean. Ask him to keep the wrong thoughts from coming in and to help us watch against them.

Study and Occupation for the Sub- primary Department.

THE NEW LIFE IN CHRIST. Col. 3. 1-15.

MEMORY GEM: "Be ye thankful." Col. 3. 17.

LESSON STORY: Paul was a minister who lived in the land where Jesus lived, after Jesus died. Paul went to the city of Rome to preach. The people did not want to hear Paul preach, and they put him in prison to keep him from it. A prison is a house in which people lock up those who have done wrong, to keep them from doing wrong. It was wicked for the people to lock Paul up, for Paul was doing right, and not wrong.

While Paul was in prison he wrote a letter to some Christians who lived in Colosse. We will imagine that this room is Colosse and that we are the people to whom Paul wrote. In those days there were no post offices, so people had to send letters by their friends. [Show a letter of the kind in use when Paul lived—a scroll, made of a sheet of paper rolled over two sticks fastened to either end.] Paul sent his by a friend named Tychicus. The Christians at Colosse did not have money enough to build a church, so they had their meetings in people's houses. We will imagine that this room is my house and that we are to have our prayer meeting here to-night. I must go to your house and tell you to be sure to come to the meeting to-night, for Paul has sent us a letter I shall read to you. We will call each row of seats a house in which you live, and I will knock at your doors. Now shall we imagine that we are in the meeting? We must be very quiet and reverent. Shall we sing one of our sweet songs? [Teach from the scroll upon which the lesson cut from a "help" has been pasted.]

Paul tells us to love the things that are in heaven, for he says that Jesus is coming to earth again, and if we are good, we will be like him then. He says that we must not say words that are not clean; that is, words that mother would

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