

MIND AND BODY—MIND THE HEALING POWER.

Spencer says :

'For of the soul the body form doth take ;
For soul is form, and doth the body make.'

Man was never governed by matter, though results upon body, habits of education, and theories of knowledge, would seem to deny this statement, and prove that material laws govern him and make him a slave to their whims and delusions; instead of understanding himself to be governed by the one law of love that reigns supreme, and is alone the power equal to destroying all errors of discord and all dreams of the senses. While man delves in matter to find the methods to rid himself of sickness or sin as realities he can never gain the light that will make him independent of physical law or unfold to him the truth of himself as a perfect being, nor the attainment of power whose concentrated action of thought within the precincts of mind, if directed to the sick and the suffering, would dissipate their errors and heal them. Not a hearer have I to-night but has a power in mind when understood, a thousand times more than that of electricity or steam; and whenever this truth shall come to the consciousness of man through the unfolding of experience, he shall recognize no other law but that of spirit in which he lives, by which he is expressed, out of which he cannot be lost, for spirit is life, the creator of all things: yea, even God.

As we grow out of the old formula of belief, that drugs have power to assist God's idea to be harmonious, or that pills or powders are potent to help or harm, we shall gain the higher altitude of spirit, and, looking into the infinite, find there the 'Peace be still' of life and love that, uttered to the wind and wave of sense material, shall silence them, and harmony, and health will reign triumphant.

If body is the expression of mind, and purity of mind will destroy errors or disease of body, then man obeying right and the demands of right, fulfilling the law of love by blessing those that curse, loving his neighbor as himself, judging not, and, in fact, sowing good to reap the same, has reached and holds that place in mind which of itself will keep

him from all harm, and with its power destroy all diseases of body or unhappiness of mind. Whenever man will rise above the limits that the senses make, and live in this purified atmosphere of truth and its consciousness divine, he will impart its power to others with such demonstration of its truth that it will heal them, and waken them to see that the spell that held them bound to suffering was nothing but delusion of the senses, a dream of matter, the myths of time that must fade out before this unfolding of the might of mind.

Never a pain of nerves, never an inaction of the body, never a picture of discord or disease that does not come from error thought, never a sin but was first entertained in sense, and never a conclusion material but what was first anticipated mentally. Nursing and fostering fear in expectation of disease and suffering relative to it makes man weak, and in his dream of weakness he sinks disabled, not knowing that he has power of good in mind to make him strong and overcome the evil; and, as the truth of mind unfolds, he will perceive that sin or sickness never came from understanding. If matter is without life and power, and mind is the intelligence that should govern, to understand this is the freedom from the limits of belief that would ever hold man at the mercy of matter, even sin and sickness; and, inasmuch as he becomes conscious of life and strength outside of body and independent of matter, he will attain the mastery of soul over sense even as scriptures declare, history repeats, and revelations fulfil. Does man not know that light and darkness are for ever apart and never fellowship more than ignorance and understanding? And, when he understands his body is governed by mind, then it cannot be governed by, nor express a statement of, material error; and, inasmuch as all mankind shall be lifted to a higher consciousness of his own true being, and find himself to be the reflection of his Maker, he shall come to that standpoint of truth which makes all error nothing, even as the greater overcomes the lesser.—Extract from a lecture by Mrs. C. E. CHOATE, Boston.