miracles of its Master by lifting men up, and letting the oppressed go free. -Bishop Potter.

DUTIES AND DELIGHTS.

IN living the Christian life, in the common course of events, we find that there are some things which we are expected to do as a matter of course, some that we are to do as a matter of duty, and some as a matter

of delight.

As a matter of "course," we are to live in obedience to law, Divine and human. We are to commit no crime. We are to be upright in our conduct, and honorable in our dealings. are to keep the second table of the law, and to love our neighbors as we do ourselves. We are to do unto others as we wish them to do to us. And we are to keep the Lord's day, attend on sacred ordinances, maintain daily worship in our household, and sustain meetings for prayer by the constancy and cheer of our presence.

As a matter of "duty," we are to give our utmost toward the maintenance of the services of the Church, the spread of Christian truth, and the elevation of mankind. We are to take our part in the teaching of Sunday schools, the visitation of the sick, the relief of the poor, the deliverance of the wronged, and the reformation of the deprayed. things, and such as these, are classed as duties, because there may be something disagreeable in one way or another, in them; something repulsive, something trying, something that demands sacrifice and denial; in a word, something in the nature of a cross. Now, that which brings

world which can to-day repeat the with it a cross, real or imaginary, is not done as a matter of course, nor is it marked with any special delight; and it can be done, ordinarily, only as a duty—a something we do because it is right to do it, and we must, rather than because we have any great or direct enjoyment in it.

> As a matter of "delight," we are to have communion with God, in prayer, in meditation, in song, in worship, by means of His works, His providences, His Word, His Spirit. We are to have delight in God's being, in God's kingdom, in God's people, in God's truth, as in nature and art, beauty and sublimi-And most of all, we are to have delight in Christian growth and attainment, conversion and sanctification of souls, in the spread of the Redeemer's kingkom, and in the triumphs of Divine grace.

> We see at once that our labour should be, on the one hand, to get rid as fast as possible, of sins, faults, follies and infirmities; and on the other hand, to lift our matter of course things as fast as possible into the sacredness of duties, and our things done as duties into the blessedness of all our delights; and to perservere in this until we carried them all into that exalted region of holy attainment where all things spring of good will, and sins have passed away.—Church Messenger.

> THE Rev. Hyma Redgrave, for over three years minister of the Congregational Church at Algernon Road, Lewisham, has announced his decision to enter the Church of England. He is to be ordained by the Bishop of Rochester.

WE must speak well, and act well.