Lends Fragrance to the simplest meal

is pure, wholesome and delicious.

Send us a post card for a free sample, stating the price you now pay and if you use Black, Green or Mixed Tea. Address Salada, Toronto.



ASSETS OF ALMOST EIGHT MILLION DOLLARS.

Should We Be Compelled To Save?

A citizen who purchased a small victory bond in 1918 advises that saving should be compulsory.

He realizes, like thousands of others, that saving prevents much distress and builds up many a home.

We cannot compel you to save. But we would urge you to save as much as you can. We pay 31/2 per cent. interest on deposits and 51/2 per cent. on debentures.

At the Market Corner

"Save and Prosper."

The Ontario Loan Debenture Co.

LONDON, ONT.

JOHN McCLARY, President,

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Glaxo is super-milk

Glaxo is pure, uncontaminated milk and cream made safe and suitable and comfortably digestible for Baby by the Glaxo Process.

This process drives off the moisture from the milk -leaving the nourishing solids in the form of a dry, germ-free powder, free from the risk of milkborne diseases, safeguarded against contamination by flies, dust, or germs.

Glaxo contains NO flour, NO malt, NO starch. It is entirely the solids of milk, containing over 25% pure butter-fat, and is rich in the vitamines essential to proper nutrition and growth.

You simply replace the water. Simply add boiling water according to the directions on the tin. No added milk or cream is required-because Glaxo

is Milk and Cream. The simplicity of Glaxo feeding minimises the risk of error and is a great comfort to the inexperienced mother.



Builds Bonnie Babies

ACCEPT THIS OFFER-For 50 cents we will send you a copy of the 136-page Glaxo Baby Book and the Glaxo Weight Chart. In addition we will send to Expectant Mothers, without extra charge, our new booklet, "Before Baby Comes," if they state the month Baby is expected.

Sole Agents for Canada: Harold F. Ritchie & Co., Ltd., 10 McCaul St., Toronto

Dr. Margaret MacKellar Home From India.

DECORATED BY Canadian Woman Gives Valiant

Relief Service.

Thirty long years in India, dark years, some of them we may be sure, with the plagues, pestilence and famine of a huge people to be faced, have yet not served to take away the merry twinkle from the wise and kindly eyes of Dr. Margaret MacKellar, one of the pioneer medical women of that far land. Dr. MacKellar has come to London, where she is the guest of her cousin. Mrs. Donald McLean, after a venture-some voyage, indeed, in which no less than 90 days of the precious furlough time were spent.

"But not wasted." Dr. MacKellar said, cheerfully, in a graciously accorded interview with The Free Press representative, "for the month that I was passage-bound in China taught me more of the wonders and mysteries of that country than years of study could have done."

There is a wonderful story to hear

ountry than years of study could have done."

There is a wonderful story to hear of the struggle and experiences of those hree decades of work, of the building of the mission hospital at Neemuch. Central India, of which the Canadian woman is the founder and veritable corner stone, and of the establishment of the nurses' training school, up at Ludhiana, in the Punjab, where native Christians are taught the merciful task of caring for the sick.

But somehow, it is not of missionery statistics that one talks with Dr. Mac-Kellar. All those years of hard struggle have not taken away the glow of romance from the India she chose as her field of labor, and her little intimate stories of daily life gleam like threads on the more somber fabric of missionary enterprise.

THE BAG OF TREASURES.

THE BAG OF TREASURES.

There is, for example, that little silk bag of treasures, which are only brought o light after much appealing on the part of the audience; and first of these, the heavy, beautifully wrought medal in gleaming white silver, the "Kaisar-I-Hind," the much coveted royal recognition of national public service. Swung on its ribbon of deepest blue, the decoration bears the regal insignia, and was presented through the viceroy by his majesty following the gorgeous specicle of the Durbar, which Dr. MacKelar was privileged to witness.

But of those services to the people, social service and public welfare work, indeed, alone could obtain this kingly favor, the raconteur says but little.

Then there is the small bronze "W. W," interwoven under a crown, that is also a sign of royal recognition, won this time during the troubled years of warfare, and worn inconspicuously tucked into the wearer's belt. But Dr. MacKellar is too true a Britisher not to glow a bit with pride when she displays the gift of her King.

Lesser treasure, that yet warrant a certain covetousness in the mind of the beholder, are gifts from grateful patients, "not Christian patients," she explains, "for Christian patients," she explains, "for Christians are alike the world over, and for the most part my indian Christians are very poor; these, rather, are the offerings of rich natives, who have received succor in our hospitals."

There is a like picture frame of pale

There is a like picture frame of pale gold, rimmed in pearls and There is a like picture frame of pale gold, rimmed in pearls and amethysts infinitely delicate, and a most wonderful necklace, fashioned of tiny, half-inch placques of clear glass, cool green and vivid crimson and sapphire blue wrought with the finest and most exquisite filagree work in thin gold. "This," so the owner explains, "bears the name of the district where it is made, and is fashioned by all the skill of one family alone."

THE BUDDHIST'S PRAYER. But there are still greater delights to be found in the silken bag. A Thibetan be found in the silken bag.

prayer bell for instance, very much in prayer bell for instance, in spite of the miniature, it seems, in spite of many yards of length to which closely-marked sheet of paper parchment to which the "prayer"

folds.

Inis, in turn, is rolled, placed in a small bronze receptacie to which is attached a sort of small handle. "No," the lady from the Orient says with a suggestion of a twinkle. "the Thibetan Buddhist does not have to get up at dawn to say his prayers; he just fits this handle into place, and all the time ne sits chatting with his neighbors, he idly swings the casket around; with every revolution, a prayer flies off into space to reach his far-off god."

Then, for duty's sake, back to statistics again, to that tragic saga of the great famine, when thousands of starving natives thronged the compounds, eager for the help that only the suspected British could bring. "It is one of the hardest things the missionary has to contend with, the distrust with which they regard us, as instruments of the Government, that, and the awful bondage of cast, which, I have noticed, is of less importance in cases of illness or famine." this, in turn, is rolled, placed in a

is of less importance in cases of limes or famine."

"But things are not growing as they should," Dr. MacKellar said, deploring the lack of interest shown by the average Canadian in Indian affairs. "Thirty is ago, when I went to Central India there were but two medical women the. Five months ago, when I left on my ft. bugh, there were still but two and yet low vast is the labor. In spite of the G. "enment veto on the funeral pyre and the sacrifice of, girl children in the Gang the decrease in the feminine population is enormous. Women are horribly in a minority, and the annual infant mortal. " is awful, while such epidemics as the influenza carry off millions. It is only the migh the native teachers that that Christianity can reach the masses. We must train workers, for the people as a whole we reach the masses. We must train workers, for the people as a whole re too antagonistic to listen to us; and yet, on the day our new hospital opened a beautiful hall desk was sent to me, the combined gift of several wealthy natives, non-Christians, who have benefited by our medical work."

THE H. C. OF L. "There are compensations everywhere," the silver-haired lady declared, briskly, when asked as to daily conditions in the far-off place of her rest. "For instance, you may not think buffalo milk is good, and yet I found in China no milk at all, and fresh butter, made every day from buffalo milk isn't bad at all if you don't know what it is; while the little unleavened wheat cakes, a common diet, are quite sweet and delicious when hot, and much more nutritious than our wheat bread.

"As to telephones, why, I have a whistle, just like a policeman's, and it is the easiest matter in the world to summon any of my nurses from the hospital.

"And, then one never feels continued."

pital.

"And, then, one never feels quite out of touch, for the native merchants keep close tab on the European markets, and the high cost of living is peeping around corners in India, too. I was amused to find that wool is precisely the same price in Calcutta. Hongkong and London, Ontario, so the sweater I am knitting has a scrap from each as a sort of souvenir."

Dr. Mackellar, who is connected with the Presbyterian Missionary Society, will address an informal gathering at St. Andrew's Church to-night.

LIGHTNING STRIKES TREE TOWERING OVER SIMCOE PARSONAGE.

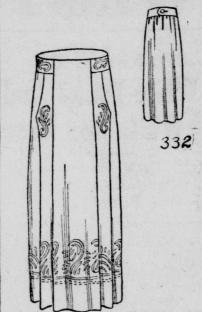
SIMCOE, August 30.—During a violent electrical storm, occurring just after midnight, a 60-foot spruce tree over-towering the Methodist parsonage was struck by lightning and splintered half way down the trunk. Though the branches spread over the roof and reached near to a chimney the building and inmates escaped with a severe shaking up. Rev. D. A. Moir, interviewed this morning, considered the incident a close call. cident a close call.

DIES OF HEART FAILURE.

Miss Isabel Foote Succumbs Suddenly at Elora.

GUELPH, August 31.—Death came with startling suddenness to Miss Isabel Foote, aged 55, one of the best known and highly esteemed residents of Elora, at an early hour this morning. Miss Foote was apparently in the best of health last night and retired at the

usual hour, but at 1 o'clock was stricken with heart failure, and died before med-ical attendance could reach her. De-ceased was the daughter of the late David Foote, first reeve of Elora.



A STYLISH SKIRT MODEL Pattern 3321 is here portrayed. It is cut in seven sizes: 22, 24, 26, 28, 30, 32 and 34 inches waist measure. A 24-inch size will require 334 yards of 36-inch material. The width of the skirt at the lower edge with plaits drawn out is a little over 2½ yards. Embroidered serge, duvetyn, broadcloth, satin, taffeta, bordered goods, faille and velveteen are good materials for this style. A pattern of this illustration mailed o any address on receipt of 10 cents in silver or stamps.

COUPON ORDER BLANK.

pattern of this illustration mailed to any address co receipt of 10c in silver or stamps. Town Province......

Measurement-Walst Bust Age (if child's or miss' pattern) ... Allow 15 days for pattern to read

Address The Free Press, Pattern

The Last Corn

Whenyou end your corn with Bluejay, it will be the last corn you let grow. You will know how to stop the pain. And how to quickly and completely end all corns.

There are millions who use Bluejay now, and they never let a corn remain.

The new-day way

Blue-jay is the new-day way, the scientific method.

It was perfected in a laboratory world-famed for its surgical dressings. It is supplanting the many treatments which are harsh and inefficient.

It has made paring as ridiculous as it is unsafe, for paring doesn't end corns.

Do this tonight:

Apply to a corn a Blue-jay plaster or liquid Blue-jay-whichever you

Mark how the pain stops. Then wait a little and the corn will loosen and come out.

What that corn does all corns will do. Some 20 million corns a year are ended in this way.

Don't suffer corns. Don't have your feet disfigured. They can be ended almost as easily as a dirt-spot on your face. They are just as inexcusable.

Don't forget this. It means too much to you.

Ask your druggist for Blue-jay.

The Scientific Corn Ender

BAUER & BLACK, Limited Chicago Toronto New York Makers of Sterile Surgical Dressings and Allied Products

Big Leaguers Use AbsorbineJ

of Soap and two boxes of Ointmen healed her." (Signed) Miss Zills G. Stoddard, R. F. D. 3, Randolph

Make Cuticura Soap, Ointment and Talcum your daily toilet preparations.

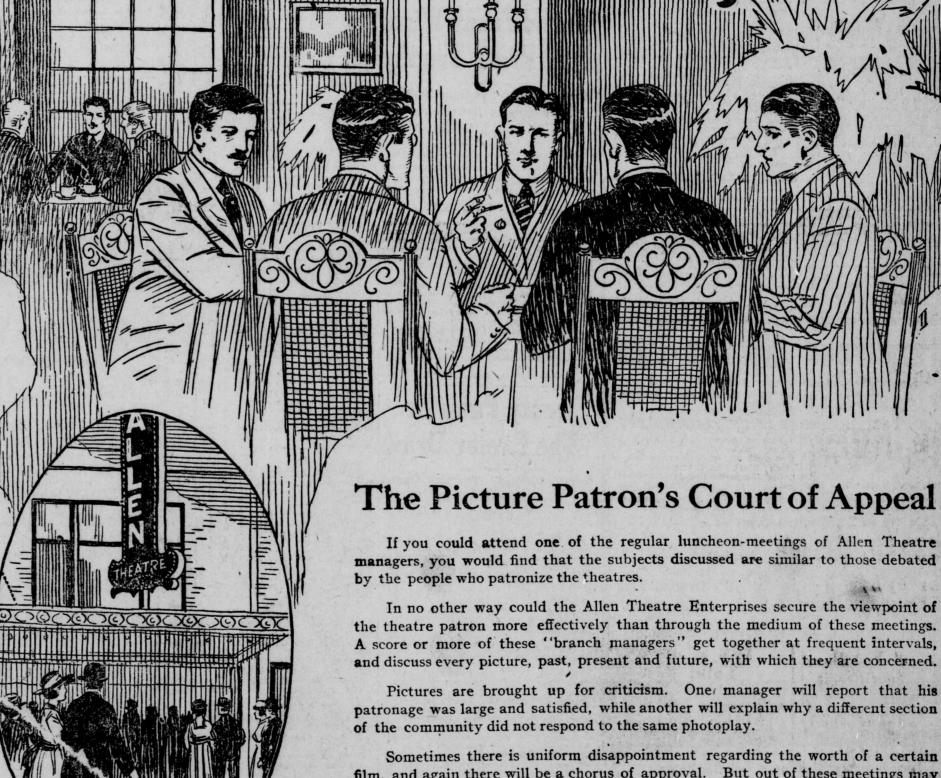
Centre, Vt., March 10, 1919.

On Face. Very Sore and Itched.

Did Not Sleep. Cuticura Heals.

W. F. YOUNG, Inc.,

Allen Theatre Enterprises



managers, you would find that the subjects discussed are similar to those debated In no other way could the Allen Theatre Enterprises secure the viewpoint of

the theatre patron more effectively than through the medium of these meetings. A score or more of these "branch managers" get together at frequent intervals. and discuss every picture, past, present and future, with which they are concerned.

patronage was large and satisfied, while another will explain why a different section

Sometimes there is uniform disappointment regarding the worth of a certain film, and again there will be a chorus of approval. But out of these meetings may be derived a fairly accurate estimate of the public attitude toward a particular

In one sense these meetings are the court of appeal for the public. Anyone may influence the course of the modern picture by giving intelligent expression to his opinion of any film shown at an Allen Theatre. Criticism is welcomed, but the patron should consider to make his criticism constructive.

The opinions of "the patronage" do count with the managers and with the Allen Selection Board; these meetings are the link between the public and the producers of pictures. Your influence counts there. It is a phase of Allen policy, that the opinions of the public influence the producers of pictures. Suggestion boxes for the use of patrons are found in every Allen Theatre.

And the influence of the Allen patronage is a vital force with the makers of pictures. Every maker of motion pictures seeks to show his pictures in the Allen chain of theatres—and it is then he is confronted with the Allen standard which in a broad sense is the expression of taste and desires of the Canadian motion picture public.

