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### Historical Society.

LAST NIGHT'S MEETING.

The regular monthly meeting of the Historical Society was held in the Court House last evening, H. W. Le-Messurier, C.M.G., in the chair. The Secretary read the minutes of the last neeting which were passed. The following gentlemen were balloted for and unanimously admitted members: Rev. A. J. Maher, Geo. J. Adams and Dr. A. C. Tait. The following gentlemen were proposed and seconded as candidates for membership: Hon. J. A. Clift, W. M. Butt' and H. F. Fitzgerald, S.M. They will be balloted for at next meeting. It was moved and seconded that Miss Morris, Librarian, be dmitted a member, and a ballot will e taken at next meeting. Moved and econded that Rules and Regulations of the Society be printed; carried. It was proposed by Hon. Dr. Robinson that the Society get in touch with the Historical Landmark Society of Canada, and resume relations which existed previous to the suspension of the Historical Society of Newfoundland a few years ago. The Recording Secretary, Mr. Warwick Smith, gave notice that he would bring in a resolution that the children of the schools be offered a prize for the best essay on Newfoundland History. He will explain matters more fully at the April meeting. Mr. Warwick Smith read a most interesting and well thought out, and carefully prepared establishing, without the shadow of a doubt, the claims of Newoundland with regard to the Labralor Boundary question. Messrs. J. W Withers, H. F. Shortis, Hon. Dr. Robinson, Andrew Wilson and H. W. Le Messurier, C.M.G., also spoke on the subject, after which a hearty vote of thanks was passed to Mr. Smith for his invaluable information with regard to the question in dispute. In all probability the paper will be published. The meeting adjourned at 10

### **Good Candy a** Human Benefactor.

(From "Saturday Night.") A recent issue of "The Canada Lancet" contains a leading article entitled, "Candy as a Food," which entirely dissipates the theory still revalent in some quarters, that andy is an unwholesome luxury, which should be very charily indulged in. The "Lancet" brings an abundance of scientific data to the support of the contention that sugar a necessary food. It is especially suitable for children who do not as rule care for fat meat, but who ke readily to sweets, which serve as a natural substitute for fat. Candy constitutes a food of the carbohydrate class and it is estimated that the average active and healthy sustenance about 6,000 grains of carbohydrates. The popular ingredient, chocolate, is also a most nourishing candy are an aid to digestion and

elimination. The notion that the eating of candy injures the teeth is dismissed by this hearers; and it is to be hoped that scientific journal as a superstition. The lack of sugar is much more likely to injure the teeth, through poor nutrition, and is attendant with more lose something in literary form and serious consequences than even those caused by the derangement of the digestive apparatus by over- force and personal appeal. indulgence in candy or any other food. On the whole, candy, when safeguarded against vicious adulterations, is a boon to the human race because it affords necessary heat- cast asine his paper. producing nourishment in a most palatable form. It might be added that it is an excellent aid to temperance; for it is an effective antidote to the craving for alcohol.

It would appear, therefore, that the widely prevailing human taste or candy, especially in growing children, is soundly based on Nature's needs. The man who takes home a box of candy to his wife; or the youth who finds it a way to the good-will of his sweetheart, is thereby doing a good deed. He is providing her with beneficent carbohydrates, though for our part, we prefer the old-fashioned name

### "No Notes."

Everybody knows, either from exsage received from North Sydney last perience or reading, how fiercely night, reported the harbor free of ice. averse the sermon-taster North of Tweed is to "paper" in the pulpit, If a man cannot get up and preach a good sermon extempore, he is ac- Novas and the Victorias, The C.C.C. counted "na guid," and sent about his band will be in attendance, ousiness. In the Highlands, even Parliamentary candidates who keep referring to notes are regarded as poor bodies who have no call for politics, and they seldem get to St.

It is an open question whether this ependense upon notes, and more esecially the reading of sermons, is not largely accountable for the less of interest on the part of the masses in preaching and preachers. The late Dean Hole, suddenly finding that he had left his sermon behind on his study table, took his courses in both bands, and preached extempore, and with such success that he never after-Many chaptains have had to do

### without their "paper" at the Front, LONDON DIRECTORY,

(Published Annually) they will not revert to this stilted fashion when they return to a more enables traders throughout the World regular congregation. A sermon may to communicate direct with English polish, but it does not lose half so in each class of goods. Besides being

much as it gains in directness and a complete commercial guide to London and Suburbs, it contains 'ists of Practice makes perfect in the art EXPORT MERCHANTS of preaching as in any other calling, with the goods they ship, and the Coland the person who is too nervous to cnial and Foregn Markets they supcast aside his paper and talk to his lily; also

CASCO-23/8 in. CLYDE-21/8 in.

NORTH SYDNEY FREE,-A mes-

HOCKEY, The hockey match for

te-night will be between the Terra

DODDS

ed his vocation; but the man who has of leading Manufacturers, Merchants. something to say will surely find the etc., in the principal Provincial Towns words in which to clothe it if he will and Industrial Centres of the Unitel

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the City Engineer as t

given Michael house. Cochrane

was ordered to be

ordered that tenders be ask-

and passing of pay rolls and

### The German Fleet.

ental aspect of the plan the captured German navy ships, and even junk The German navy contains is to provide against the conion of a new German navy surrendered fleet can do no if disposed of to governments find a use for its various or even to the junkman. Wha make trouble is the German of the future. A clause in the of peace prohibiting or strict iting German naval construc will help the cause of world more than a spectacular con ent of existing construction to west bed of the ocean.

### urder Betrayed By Microbes.

ST SCIENTIFIC DISCOVERY. he science of blood crystallo--which consists of examining under a microscope—many al has been brought to book cience is based on the discovery the blood crystals of one species hals can be distinguished from of others, and that the blood of the human being can be differentiated from those of the animals, except in the case of s, where the likeness is so that a minute examination made to discover the dis-

An Amazing Case.

de following crime is cited as an ple of how blood crestallography sed to solve a murder mystery body of a dead Frenchman who ved alone was found in his It was clear that he had given life only after a terrible le. There was blood on the and on the walls-blood everyere except on the body itself. But were no wounds on the bodyman had been strangled.

Thence the blood? The dead man at have wounded his murderer.

Indiso the detectives looked about wounded man. They did not find There were finger-prints in but they revealed nothing, for did not correspond with any reat headquarters.

What the Blood Revealed. tually it was decided to have blood analyzed. This was done. as not the blood of a human beat all, but the blood of a bullock! red man was a butcher. He arrested on suspicion. His finints were found to tally with on the wall in the room where ime had been committed. itually he confessed to the and admitted he spilled the all around in order to ballie