

### Don't Waste Gas With Ill-Adjusted Mantles

Moderate westerly winds, mostly fine and very warm today and Sunday.

Each incandescent mantle burner has a device at the base for regulating the air and gas.

Air and gas must be mixed by this means to secure the maximum of illumination without any hissing or roaring sound.

Unless this is done you are wasting gas and failing to get the most from your mantle.

ALTHOUGH NATURAL GAS IS CHEAP, DO NOT WASTE IT. THE SUPPLY IS NOT EVERLASTING.

THE UNITED GAS COMPANIES, Limited.

### You Have No Right To Suffer

Suffering is unnecessary and with CHIROPRACTIC at hand, ready and willing to help you, you are acting very foolishly if you do not consult your Chiropractor at once. Upon the condition of your spine depends the state of your health and your suffering is without doubt due to a subluxated vertebra which is pressing upon the nerves causing the stop of mental impulse from the brain to the various organs. Your Chiropractor will give you a Spinal Analysis, will locate the place where the subluxation occurs and will proceed to adjust it. Mental impulse will then flow freely and unimpeded and your sufferings will be over.

Consultation and Spinal Analysis Free.

**Drs. Durham & Durham**  
Palmer Graduate Chiropractors  
Phone 1680 Hrs. 9-12, 2-5, 7-9 106 King St.

### Before War Bread

With all the nourishment, taste and flavor of the bread you used to know and the bread you missed so much during Government war-time restrictions, Good Bread was never so much appreciated as now, that is why we make ours as good as bread can possibly be made. The wholesome properties of this bread gains nutriment from the fine wheat flour and zest from our modern formula of baking.

Its Crispy Crust and Fluffy Body is Relished By All the Family. On Sale By All First Class Grocers

**WRIGHT'S SANITARY BAKERY**  
55 Geneva Street Telephone 575

### The Royal Bank of Canada

HEAD OFFICE, MONTREAL  
SAVINGS DEPARTMENT

It is a Natural Duty That You Should

## SAVE

The Manager invites you to open a Savings Account. If you cannot bring your deposit, send it by your wife, by mail or messenger.

Joint Accounts An account in the joint names of two members of a family, either of whom (or the survivors) may operate it, will be found convenient.

Capital Paid Up \$15,000,000  
Reserves \$18,000,000  
Aggregate Assets 420,000,000

St. Catharines Branch St. Paul and Queen Streets

### To-day—Not To-morrow

Don't put off opening a savings account until to-morrow, as to-morrow you may spend the amount you intend to save.

Open a savings account to-day with the nearest branch of

**THE DOMINION BANK**  
Drafts on China sold at favourable rates.  
Temporary premises, 34 St. Paul Street.

## CITY AND DISTRICT

We buy everything you want to sell. McGuire & Co.

Choice cut flowers, potted plants and floral designs, at all times, at Walker's, Florist, 104 St. Paul street Phone 763.

The offices of the City Hall will close at 12 o'clock noon on Saturdays during the months of June, July and August. dj13

For the June Bride, let us suggest an "Eureka" Vacuum Cleaner, or one of our One Minute Washing Machines. We have them at different prices, either Electric, hand, water or power driven. The Martin Electric Co., 9 St. Paul St. J. O. M. T. & F. T. F.

Forty well known citizens of the city gave their personal guarantee for the actual expense of bringing the Dominion Chautauqua to St. Catharines. This made it possible for you to have the opportunity of hearing eight splendid lectures with a great variety of entertainment added for the modest sum of \$2.20 for adults and \$1.10 for children. After the expenses have been met the net profits are to be given to the local Great War Veterans Association. Don't forget the dates June 18 to 24, the place, Armoury Grounds, corner Lake and Welland Avenues.

### LOCALS

If June keeps up its present record it will be one of the hottest months of the same name that have been known for some years.

The regular meeting of the City Council will be held Monday night.

The market was well attended this morning and there was a good supply of vegetables, fruit, flowers, etc. Hay was not plentiful.

The property on James street owned by Mr. Devlin and where his livery stable formerly stood has been sold this week at a good figure. The Journal understands that a new business block will go up on it at an early date.

### A FRIEND OF THE POLICEMAN

Continually on their feet, the "Peelers" are invariably troubled with corns and bunions—but not for long, because they know of a quick cure. Putnam's Corn Extractor; it cures painlessly in 24 hours; try "Putnam's," 25c at all dealers.

### M'CUULLOUGH PAYS FINAL PENALTY

TORONTO, June 14.—Frank McCullough was hanged in the courtyard of the Toronto Jail yesterday for the murder of Acting Detective Frank Williams last November 19th.

The execution took place in the presence of about twenty officials besides Hangman Ellis. Inside the walls all was nervously quiet while outside clamored a crowd of 600 men, women and children who cried out against the hanging. The murderer's youth and the faithfulness of his sweetheart—who is herself at large after having been sentenced for assisting him to escape from the death cell—probably were what aroused public sentiment in his favor. Out of his case there has grown an agitation to substitute electrocution as a more humane death than hanging.

Statisticians figure there is a wedding every 13 minutes in New York City, but in June there is one every 10 minutes.

### AUCTION SALE

Wednesday, June 18th, at Mr. Flood's 8 Trafalgar St., starting at 9 a.m., everything to be sold. Cabinet, Grand Piano, hall rack, dining table, chairs, sideboard, couch, carpet, gas stove, drapes, cosy corner, ice box, oil heater, kitchen cabinet, dressers, beds, desk, china and garden tools.

W. J. WESTWOOD, Auctioneer.

### Spring Water Wells

Why not have spring water from the rock? Write us for information and prices.

**W. L. NEILL**  
Wellwick, Ont.  
Phone Ridgeville 67, r5

### WANTED

Competent Stenographer Must have experience; high wages. Apply  
**The Pedlar People, Limited**  
Oshawa, Ont.

A special meeting of the W. A. will be held at the residence of Mrs. William McCarthy, 15 Academy Street, on Monday night to make arrangements for the Annual Picnic at St. Barnabas.

The Sunday boat service between Port Dalhousie and Toronto will begin on Sunday June 9th.

The Cannought "9" journeyed to St. David's this afternoon to play a game of baseball with the Niagara-on-the-Lake team.

The many friends of Mrs. J. Herrington, Henry street, who underwent a severe operation at the General and Marine Hospital, on Thursday of last week, will be pleased to hear her condition is very favorable although it will be some little time before she will be able to leave for home.

Donald Walsh indulged in two much wet stuff on Friday night, and as a result appeared before Magistrate Campbell this morning and fined \$10 and costs.

Mrs. Emily Sagert a highly respected resident of the city passed away last night at the General and Marine Hospital after a long painful illness. She is survived by two daughters, Mrs. J. Spang and Miss Inez Olga Sagert of this city. The remains will be taken to Fonthill on Monday for burial.

An interesting game of baseball was played last night between McKinnon's and the Yale and Towne Co., the former team winning by a score of 8 to 6.

A meeting of the Sunday School managers will be held in the Y. M. C. A. building at 7:30 o'clock on Tuesday night, when final arrangements will be made regarding baseball.

A meeting will be held on Tuesday night at the Y. M. C. A. at 8 o'clock when all persons interested in indoor-outdoor baseball should attend.

### ABOUT MIDDLE OF AUGUST

The Prince's Visit is Not Likely to be Postponed.

OTTAWA, June 14.—So far as official advice is concerned, there is no intimation that the proposed visit to Canada of the Prince of Wales is likely to be postponed. Arrangements for the visit are in progress. The Prince is expected to arrive about the middle of August.

### RICH, RED BLOOD MEANS HEALTH

Weak, Pale People Require a Blood-making Medicine.

It took centuries for medical science to discover that the blood is the life. Now, it is known that if the blood were always abundant, rich and pure very few people would ever be ill. It was not until the end of the 19th century that an instrument was invented for measuring the red part of the blood. Then doctors could tell just how anaemic a patient had become, and with medicine to make new blood the patient soon got well.

All the blood in the body is nourished and kept rich and red by the food taken daily, but when, for any reason, a person is run down and cannot make sufficient blood from the food to keep the body in health then a blood making medicine is required. The simplest and very best of blood makers suitable for home use by any one, is Dr. Williams' Pink Pills. When a course of these pills is taken their good effect is soon shown in an improved appetite, stronger nerves, a sound digestion and an ability to master your work and enjoy leisure hours. For women, there is a prompt relief of, or prevention of ailments which make life a burden. Mrs. Thos. Kaake Trenton, Ont., tells how she obtained new health and strength through the use of Dr. Williams' Pink Pills. She says: The weakness came on me gradually that at first it was hardly noticeable. But after a time it got so that I could not go up stairs without stopping to rest. Every particle of color left my hands and face, and the least exertion would tire me and leave my heart palpitating violently. I consulted a doctor who told me the trouble was anaemia and prescribed a tonic. I took this medicine for some time, but it did not seem to help me a bit. Then I read of a cure in a similar case through Dr. Williams' Pink Pills and decided to try them. The result was these pills made me feel like a new woman. I have gained all my former health and strength and feel that I owe my present condition entirely to Dr. Williams' Pink Pills.

You can get these pills through any dealer in medicine or by mail at 50 cents a box or six boxes for \$2.50 from the Lr. Williams' Medicine Co., Brockville Ont.

## HOUSING SCHEME GROWING FAST

Municipalities Under the Act are Doing Things on a Large Scale—Estimates Have had to be cut Down.

TORONTO, June 14.—Three hundred houses are now in course of construction in different municipalities in the Province under the Ontario Government housing scheme, and within another month it is stated 1,000 dwellings will be erected. It was learned yesterday that to date 19 cities, 29 towns, 13 villages and 9 townships have come in under the scheme. There are only four cities in the Province that have not as yet accepted the Government assistance in the building of houses. These are Belleville and Kitchener, which are still considering the matter, and Kingston and Peterboro'.

Paré Down Estimates The municipalities that have already come in under the plan are doing things on a large scale. In fact, they have made such heavy financial demands that their estimates have had to be pared down, although this trimming will in no way delay the work this year. It is estimated by Government officials that about ten and a half million dollars will be loaned to the municipalities this year, of which the Dominion Government will furnish eight and a half millions. Of this ten and a half million, it is expected five millions will be actually expended this year. But next year, with all the local commissions organized, it is said the Government will in all probability be called upon to loan \$15,000,000 to the municipalities.

### THE WASTING OF FOOD

(Toronto Globe)

The Chicago Tribune makes the serious charge in an article by Charles M. Wheeler, that the United States Government owns enormous quantities of canned vegetables and refrigerated meats in excess of requirements for army purposes and is in a quandary as to whether to dump these supplies on the market at the risk of demoralizing business. Some of the foodstuffs so held back have been deteriorating, particularly canned salmon of which there are over fifty one million tins in stock but some time ago when it was proposed to sell part of the vegetables and salmon the National Canniers' Association of the United States succeeded in having the offerings withdrawn by the Quartermaster General of the army.

To meet the request of the canners that the army offer no canned peas, corn, tomatoes and salmon in the domestic market, except and until they shall develop a shortage in production, the War Department has agreed to the changing of the army ration list by the addition of canned peas, corn, string beans and other vegetables thus entirely eliminating the surplus.

This is a lot better than permitting the food to spoil but it shows amazing consideration for the canners, particularly at a time when the cost of all sorts of food is artificially maintained at war prices. The American soldiers and sailors, who will have to eat over a quarter of a billion tins of canned goods to prevent a slump in the canners' prices will remember all their lives how tenderly the Government dealt with the canners and how the dough-boy had to pay by the substitution of canned food for fresh vegetables to bring about the stabilization of prices.

THICK, TENDER SAVORY MEAT

of chops—the kind, you know, that make your guests praise your hospitality, your cooking, your entertainment. Why not this kind of meat, instead of the doubtful cuts and inferior meats? We want you to know our meats. A sirloin or porterhouse steak, a roast, chops from the loin, etc., will enable you to judge our quality.

Thick, Tender Savory Meat

of chops—the kind, you know, that make your guests praise your hospitality, your cooking, your entertainment. Why not this kind of meat, instead of the doubtful cuts and inferior meats? We want you to know our meats. A sirloin or porterhouse steak, a roast, chops from the loin, etc., will enable you to judge our quality.

C. H. SHELLY  
Meats and Provisions  
Lake Street and Chaplin Avenue.  
Phone 1853

CASTORIA  
For Infants and Children  
In Use For Over 30 Years  
Always bears the Signature of *Chas. H. Shelly*

**CAUTION**  
W. J. WESTWOOD, Auctioneer.

### AUCTION SALE

At the residence of the late Robert McLaren, 76 Yate street, all the household furniture consisting of pipe organ, walnut sideboard (a beauty), chairs, dining table, cosy corner, pictures, gas range, coal range and about 5 tons of coal, two deer heads, carpet rugs, drapes, steel engravings, some very fine paintings, bric-a-brack, over mantel mirror, couches, bedroom suites, bedding, china, kitchen utensils—all will be on view Monday 16th, from 2 to 4 p.m., sale Tuesday, June 17th, starting at 9 a.m. precisely. Everything must be sold—no reserve.  
W. J. WESTWOOD, Auctioneer.

## VEALE BROS.

41 Ontario Street Telephone 1438

### Floor Coverings

We Have Just Put Into Stock a Large Shipment Of Feltols

These are a substitute for oilcloths, made with a reponset felt base and beautifully finished; special at.....60c square yard

We can give you a smoothly finished Oilcloth in a nice range of patterns at.....90c square yard

Pro Linos, 6 feet wide, at.....\$1.25 square yard

Scotch Linos, 6 feet wide, at.....\$1.50 square yard

Scotch Linos, 12 feet wide, at.....\$2.00 square yard

Cork Carpet, 6 ft. wide, at.....\$2.50 square yard

Inlaid Linoleum, 6 ft. wide, at.....\$2.25 square yard

### HOW HAGEN WON GOLF TITLE

NEWTON, MASS., June 14.—Playing off a tie with M. J. Brady, of Oakley, Hagen, of Detroit, led his rival by one stroke in 18 holes for the open golf title. The cards were:

Out—Brady, 464, 554, 533—41.

Hagen, 544, 652, 444—38.

In—Brady, 633, 444, 544—37—38.

Brady started the match badly. Facing a four-stroke disadvantage on the in-journey, the Oakley professional began a streak of phenomenal putting which brought him within one stroke of Hagen at the 15th. He could not get closer, however, and lost by one.

The people of Pittsburg, Pa., through an attorney, are suing the union for \$2,035,000, claimed lost by them as the result of the recent street car strike there.

Dr. Alexander Lambert, president of the American Medical Association, that, with the exception of influenza, all epidemics have been eliminated from modern warfare.

**A. R. DE CONZA**  
95 Geneva St.  
Farms for sale.  
Houses for sale.  
Houses for rent.  
Lots for sale.  
Phone 1177.



Why? not?

Steak the best. The price is the same, but the quality of our Bread is superior.

Good Bread is essential to man's health. To be sure of the good kind

**EAT SIMMOND'S BREAD**  
Simmond's Bakery  
Phone 1190  
279 St. Paul St.

Why? not?

Thousands of mothers throughout Canada—many of them who speak with thankfulness concerning the use of Baby's Own Tablets. Once they have used lets for their little ones they get nothing else. The Tablets are an absolutely safe medicine for the youngest baby being given a government analyst's certificate. Neither opiates nor narcotics are contained in Baby's Own Tablets. Concerning David McRobb, Divide, Saskatchewan, I have found them so satisfactory that I would not be without them. Lets are sold by medicine dealers by mail at 25 cents a box. Dr. Williams' Medicine Co., Ont.

### WANT INVESTIGATION INTO HIS RESIG

OTTAWA, June 14.—The resolution has been passed by the Dominion Executive Committee of the V. A.

Whereas, it has been brought to the attention of the Dominion, Great War Veterans' Association of Canada, that Lieut. Col. vic Bell, Director of Medical

## REC



**Wood's Phosphodiene**  
The Great English Remedy  
Tones and invigorates the whole nervous system, makes new blood in old veins. Cures: Nervous Debility, Mental and Brain Weakness, Loss of Energy, Prostration, Indigestion, Headache, Dizziness, etc. Price \$1 per box, 60c for 3 boxes. Sold by all druggists or mailed in plain pkg. on receipt of price. Free pamphlet mailed free. THE WOOD MEDICINE CO., TORONTO, ONT. (Formerly Wood's)

WHEN IN NIAGARA FALLS, N.Y. stop at  
**THE PARK HOUSE**  
Hot and Cold Water in Every Room. All Conveniences  
224 1ST STREET

**SPOT CASH PAID FOR VICTORY BONDS OR RIORDON COMMON**  
Open Saturday Till 9 p.m.

**John W. Gordon**  
Room 1 Phone 49  
5 James Street

Why? not?

Steak the best. The price is the same, but the quality of our Bread is superior.

Good Bread is essential to man's health. To be sure of the good kind

**EAT SIMMOND'S BREAD**  
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