

THE WORLD OF FASHION

Paris, June.—At the races I noticed that black Liberty satin is much worn. It looks well, and I cannot but congratulate Mesdames Tzeskewich, the Duchesse de Noailles, Madame Edward Archdeacon, the Comtesse de la Rochefoucauld, Madame Vlasto, Madame Maurice Ephrussi, the Comtesse de Rothschild, Madame Ternaux Campans, and many others, who were all dressed in black, with delicate-colored embroidery on the edge of the bodice or beneath the guimpe near the neck. Hats were generally light in color and trimmed with feathers, though some had flowers. Ribbon, however, is the important part of trimming on all hats, even those that are very elegant.

Tailormades are greatly in evidence, too, graceful women making them especially attractive.

Coat and Skirt.

The coat and skirt costume which is so necessary in the winter and spring outfit plays little part in the summer wardrobe, and this season less than usual, with the exception of the linen and serge costumes. A gown, waist and skirt to correspond with a separate coat or wrap is at the moment the most fashionable and will be for a long time to come, for the style is practical as well as becoming and is certainly much more suitable for most occasions than the simpler, more severe tailor made model that it best suited to in the past.

Last year the fashion was introduced of the separate coat and wrap of silk to be worn with the gown of other material, and while at first it did not win general approval it eventually did, and now is too popular. There is a great variety in these silk coats, variety in design as well as in color; in fact, there does not seem to be any cast iron rule as to which style is the most desirable. This affords greater opportunity for the display of individuality, and it is curious to note how marked is this same individuality. The very same model will look so entirely different when the lines are different or the trimming not the same that it is difficult to realize the coats were copied from the same original. Apparently this season there are two distinct styles warring for supremacy in the world of dress—the picturesque flowing draperies that at the same time cling to the figure and outline it too distinctly to suit the conservative, and the severe, more matter of fact styles that are apparently not modelled after any one particular style and yet are reminiscent of the '90's, when with the crinoline stiffened skirts were worn drooping shoulder seams and loose fitting coats in silk, cloth or satin, with heavy trimmings of passementerie, bands of shirings and puffs and wide, flowing sleeves. Then there are the fitted coats with the long close fitted sleeves. Altogether it is not remarkable that the feminine mind is sadly disturbed when the momentous question of a choice of a new costume has to be decided.

A Week in Bed.

It's the latest rest cure. It rejuvenates many a dame. It takes years from one's eyes. It should be taken three times a year. Though that means three weeks, one should not pass the time reading. Eye strain is especially a thing to be shunned, as is all annoyance. The room should be dimly lighted, but not dark. Above all, it should not be glaringly light.

About Trimmings.

All sorts of trimmings this season are fashionable. Buttons, frogs, loops and braiding are to be noted on all coats and

What They Are Wearing in Paris—Coat and Skirt Costumes—Fashion Notes and Recipes.

there is really a wonderful variety of choice. The bands of tiny hand tufts and shirrings or puffs are decidedly novel and cannot well be carried out in interior work. The passementerie ornaments serve if machine made, but no self-respecting coat made to order is trimmed with the ornaments until the ornaments have been so completely re-arranged that they have been virtually re-made. An ivory white is permitted in these trimmings, but when they exactly match the shade of the coat they are far smarter, and if white be needed to make the color becoming the lace jabot or tie at the neck of the waist will prove all-sufficient. Such small details as buttons and the finish of the coat about the neck must not be neglected. Enamel, jewelled, rhinestone and cut steel buttons are all fashionable and many are extremely handsome. The color of the enamel ones must harmonize with the color of the coat, and there is such a variety of choice that it is not difficult to select what matches and harmonizes. Lace at the neck and in the sleeves softens the rather hard lines and makes it more becoming, but in certain styles of coats the severe finish is better—again a matter to be decided by the individual.

ANXIOUS MOMENTS FOR YOUNG MOTHERS.

The hot weather months are an anxious time for all mothers, but particularly for young mothers. They are the most fatal months in the year for babies and young children, because of the great prevalence of stomach and bowel troubles. These come almost without warning, and often before the mother realizes that there is danger the little one is beyond aid. It is the duty of every mother to use all reasonable precautions to ward off summer complaints. For this purpose no other medicine can equal Baby's Own Tablets. An occasional dose will keep the stomach and bowels free from offending matter, and will ensure the little ones good health. If the trouble comes unexpectedly the Tablets will speedily cure it. Every home, therefore, should keep the Tablets on hand always; they may be the means of saving your child's life. They are guaranteed free from opiates and narcotics, and may be given with perfect safety to a new-born babe. Sold by medicine dealers or by mail at 25 cents a box from the Dr. Williams' Medicine Co., Brockville, Ont.

Separate Jackets.

There is no end of attractive separate coats this season made of the satin finished cloth that so closely resembles satin that at first glance it is almost impossible to detect which it is. The material is to be had in all colors and shades and is made up on the same lines as silk or satin and without lining. Many dressmakers contend that the satin finish cloth is more effective in the separate jacket than is either the silk or satin, but it is generally conceded that the cloth jacket is not just analogous to one of the other materials, and the woman who orders just as she wishes



An attractive model for a blue or white shirtwaist suit.

without thought of cost this season has two or three or more silk coats more or less elaborate, with only one of cloth. White taffeta coats trimmed in most elaborate styles are simply as the plain linen are included in all the complete trousseaus and are certainly very smart, whether worn with cloth, lingerie, voile, chiffon or lace, while the all black smart separate jacket fills a need that nothing else supplies.

woodwork, and your paper will be perfectly clean.

Mahogany Cleaners—Wash the piece of furniture with a soft cloth wet in cold water, then dry it. Take an old soft flannel or chamois and rub it briskly, and your furniture will shine like

new and remain so, improving each time it is dusted.

Useful Dust Cloths—To dust polished floors and to clean blackboards: Dampen (not wet) a soft cloth with kerosene, roll tight, and leave from eight to twelve hours. When ready to use, fold in a square of several thicknesses. With this floor and blackboards may be beautifully cleaned without scattering dust.

Kerosene Brightens Windows—Take a cotton sock and moisten with common kerosene and rub over the panes of glass several times. Then rub the glass with a cloth that is free from lint until the oil disappears and the glass is bright. Your windows will be clear with only half the work required by the ordinary way. Leave the windows open for a few minutes and the odor from the oil will quickly disappear.

Song of the Sailor.

It came in large. It was bought wholesale. Then the mushroom appeared. The mushroom sailor made a hit. But the mushroom isn't always becoming. If not becoming the mushroom should be let severely alone. If becoming this shady affair adds piquancy to a pretty face.

SIMPLE FROCKS.

One Hesitates Between Pretty Fabric and Article Complete.

It's a question whether to buy materials for cheap little tub frocks or to get said frocks ready made. Yards upon yards of lovely materials, very cheap, tempt one upon every side in a shopland. And so do the clever little frocks, many of them in jumper style.

Simple frocks of muslin, linen, chambray and other tub materials seem prettier than usual this summer, and, moreover, such frocks are now to be found ready made at prices extremely reasonable.

There was a time when the type of inexpensive tub frock offered ready made in the shops was coarse, carelessly put together and altogether undesirable, and even yet many of this sort of thing is shown; but in the better shops one finds, too, very dainty little models made by machine, but carefully made and attractive in design, material and color.

Bathing Suits.

The princess leads. Taffeta is first choice. Wool tights come with the suits. The tights are always black, whatever the suit. With a golden brown, say the black tights are unsuitable. Particular persons will no doubt have knickers made of the material. A band of harmonious braid, rows of soutache or strapping around the square neck is the usual finish.

Lawn Jumpers.

They are cheap. They are pretty. They are lovely. A beauty costs but \$4.

Bordered fabrics are employed. Embroideries trim many of the blouses. Stripes, dots and rings adorn the fabrics.

The jaunty little skirts are either plaited or gored. The blouses are but skeletons, intended to be worn over gimpes or slips.

RECIPES.

Rhubarb Radish—Wash carefully

CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of *Chas. H. Fletcher* and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS Bears the Signature of

Chas. H. Fletcher
The Kind You Have Always Bought
In Use For Over 30 Years.

THE CENTAUR COMPANY, 77 N. MURRAY STREET, NEW YORK CITY.

three pounds of rhubarb and cut into squares. Put into a double boiler with three pounds of granulated sugar moistened with the juice of six lemons. Then add a half pound of blanched almonds, mixed not too fine. Let boil until quite stiff, and seal. A most excellent relish to serve with roast meats.

Good Fruit Balls—Grind through a food grinder an equal amount of figs, dates, and nuts. Mix into a paste with melted currant jelly. Form into balls and roll in powdered sugar.

Cucumber Pickles—To one gallon of pickles add one gallon vinegar, one cup of mustard, one cup salt, and two cups sugar. They will keep two years, and can be used as soon as prepared.

Delicious Baked Cucumbers—The cheaper cucumbers, that have the large seeds, are the best to use. Slice the cucumber in half lengthwise. With a spoon scrape out as much of the cucumber as possible, but do not leave the shells too thin. Add one egg, salt and pepper to taste. Use enough cracker crumbs to make a thick mold. Fill shells heaping full and put thin strips of bacon on top. Put in pan and bake in moderate oven about twenty to thirty minutes until nice and brown. Serve in the shells. Only the inside is to be eaten. The smaller cucumbers make a dainty dish when served individually.

Sun Preserved Strawberries—Take any quantity of berries you wish to preserve. Stem, wash, and drain thoroughly, then sugar, using about one cup granulated sugar to a quart of berries, unless extremely tart, then use more sugar. Let stand over night; place in preserving kettle, and let come to a hard boil; skim. Place while hot in shallow pans (granite), or platters, with flax skimmer; then pour a sufficient amount of the sirup over them. Place in sun for three days, or until thick. Place glass over pans, leaving a small corner free for ventilation. Must not be left out at night. When thick they should be whole and of a delicious flavor.

Steamed Brown Bread—Take three-quarters of a cup of New Orleans molasses, two cups of sour milk, one-half teaspoon of salt, two cups of Graham flour, one cup of cornmeal and one level teaspoon of baking soda; a few seeded raisins may be added if desired.

After you have all ingredients together except soda, dissolve that in a little boiling water, and add the raisins dredged with flour. Steam for two hours; do not remove cover of steamer until done.

Pepper Relish—Take fifteen red peppers, eighteen onions, three pints of cider vinegar, two cups of sugar, two tablespoonful of salt. Boil twenty-five minutes. Seal while hot.

Cream Surprise—An almost perfect substitute for sweet cream for coffee, when cream is scarce or suddenly gone sour: The yolk of an egg well beaten and gradually thinned with milk to the proper consistency, then stirred into the cup of coffee.

Fashions and Fads.

Galloons in faded tints, worked with gold, is used for crown bands, and Entaire hats are trimmed with rose petals in a succession of sizes and tones.

Broad, satiny gauze quilts of iridescent colors are smart on Sumatra hats. Jet pins, cabochons, and agraffes register the present millinery craze for jet.

Small tansies on late millinery models encourage almost a hope for mayonnaise dressing.

Sashes are everywhere on a frock and arranged in every conceivable fashion. The latest Charlotte model is the revolutionary cap of enormous proportions.

Of the new colors one favored by the milliners is "blue after rain," a tint of pale blue.

Batamine and cachemine ribbon, edged with "pekin" borders, are the latest thing in millinery.

Many sailor hats are heavily trimmed all around the crown or across the front with flowers, foliage, wings, and plumes.

Cherries have once again come back to their kingdom, but are sharing the place of honor with clusters of ripe apricots.

The red hat has become a strong favorite this spring as an accompaniment to the plain and severe tailor made for morning wear.

A simple but exceedingly pretty finish for the back of a gown, providing the skirt be long and absolutely untrimmed, is a double row of tiny buttons—from neck to hem.

Chic is the square coat, barely reaching the waist line, of moire or ribbed silk. This coat is sleeveless. The breadth of the coat, front and back, falls slightly over the shoulders.

The flower hat, by reason of its cheerful contrast it affords with departing somberness, is noted in the new model trimmed with irises, which is holding its own against all newcomers this season.

Lace jabots redeem the simplest blouse from plainness, and, falling over a fitted tailored coat, they strike an agreeable note. Frilly Brussels net ruffling edged with baby Irish is a suggestion.

A clever touch of black may be added to any costume, elaborate or simple, by the use of a narrow tie, knotted in front at the base of the collar, its short ends finished with tassels or small balls.

Dyed pongee, which only a few years ago was scorned by the fastidious shopper, has come to be the leader among all summer fabrics. It makes up not only in plain tailor makes for traveling and walking, but also for all occasions from automobile to evening wear, but also appears in some of the handsomest semi-dress gowns for afternoon use.

Brides carry a bouquet or a prayer book, as they desire. The wearing of jewels also is a matter of choice, although in many cases they consist of but two or three pieces, the gifts of the groom or nearest relatives.

The empire style still is prevailing. It is making a long stay with us, probably because no suitable successor has yet made its appearance, the tight-fitting skirt suiting so few figures and being within the power of so few dress-makers.

Soutache is used in a variety of ways. It works out the pattern in laces, is used in place of embroidery on linen and batiste gowns, and is most effective in a free hand, the delicate and Russian voile and marquisettes. It is applied flat or on its edge.

For the house for afternoon or evening wear flesh colored stockings are being worn, whatever the color of the gown or slippers, even with black or white. For afternoon wear, for visits and the races, again one sees fashionable women wearing stockings of a different color from the gown or shoe.

A curious feature of the rose foliage of the present season is the fact that the leaves are only partially unopened and give almost the suggestion of buds when seen at a distance, the smallest examples being chosen in lieu of the huge exaggerated leaves which last season carried all before them.

Princess gowns, or rather princess skirts and the lower portion of the waist enveloping a corsege or blouse of lace, embroidered tulle, or embroidered linen, are to be seen, the tightly fitting sleeves to the waist having a series of plaits from shoulder to elbow, encircling and giving a kind of draped and habille effect.

For a long time now we have given lukewarm allegiance to one of our stanch allies in the millinery world—namely, the ostrich "tip," which costs infinitely less than the huge plume, and which does yeoman service when recruited and steamed long after the original hat is consigned to the limbo of the past.

In spite of the craze which exists for the empire and Greek gowns, with sheath like skirts clinging to the figure like the calyx of a bud, or with flowing draperies of a classical simplicity, the specialists of the world of dress are devoting a great deal of attention to the quaint little tie-tail frock, fashioned in the Hogarth, Romney, and Gainsborough styles.

The Appetite of a Bird.

The average man, if he had a bird's appetite, would devour from thirty to thirty-one pounds of food a day, which would be a tax on the larder.

Recent experiments have proved that the average bird manages to eat about one-fifth of his own weight daily with ease, if he can get so much food, and in the wild state, though the bird has to hunt for his daily provider, he is eating a large part of the time during the day and manages to get his full rations.

The smaller the bird, the more voracious seems to be its appetite and its power of absorption.

A German scientist recently kept a canary under observation for a month. The little creature weighed only six teen grams, but in the course of the month it managed to eat 512 grams weight of food, that is, about thirty-two times its own weight. The bird must therefore have eaten its own weight in food every day.

An ordinary man with a canary's appetite would consume 150 pounds of food a day.

But the canary is an extreme case. The ordinary bird, in good health, will be satisfied with one-fifth of its weight a day by way of food.

Answers.

He fleeth also as a shadow and cometh not.—Job xiv. 2.



Two good models of hats to wear with linen walking suits.

FROM GIRLHOOD TO MIDDLE LIFE.

All Women Need the Rich, Red Blood Dr. Williams' Pink Pills Actually Make.

From girlhood to middle life the health and happiness of every woman depends on her blood. If her blood is poor and watery she becomes weak, languid, pale and nervous. If her blood supply is irregular she suffers from headaches and backaches and other unspeakable distress which only women know. At every stage of a woman's life Dr. Williams' Pink Pills are her best friend, because they actually make the rich, red blood which gives health and strength and tone to every organ of the body. They help a woman just when nature makes the greatest demand upon her blood supply. Mrs. H. Gagnon, who for twenty years has been one of the best known residents of St. Roches, Que., says: "Dr. Williams' Pink Pills have been a blessing to me. I was weak, worn out, and scarcely able to drag myself about. I suffered from headaches and dizziness, my appetite was poor, and to attempt housework left me utterly worn out. I slept badly at night and what sleep I got did not refresh me. For nearly three years I was in this condition and was constantly taking medicine, but found no benefit from it. One of my neighbors who had used Dr. Williams' Pink Pills with much benefit, advised me to try them. I did so, and the whole story is told in the words, 'I am well again.' There are times yet when I take the pills, for they seem to me a guarantee against the troubles which so many women suffer."

Dr. Williams' Pink Pills do not act on the bowels. They contain just the elements that actually make new blood and strengthen the nerves. That's why they cure anaemia, indigestion, rheumatism, lumbago, headaches, backaches, heart palpitation and skin diseases like pimples and eczema. That is why they are the greatest help in the world for growing girls who need new blood and for women who are troubled with irregular health. Sold by all medicine dealers or by mail at 50 cents a box of six boxes for \$2.50 from the Dr. Williams' Medicine Co., Brockville, Ont.

HOUSECLEANING.

Durable mohair is seen in some of the very smart suits, and it is undoubtedly one of the very desirable materials.

Protect Wall Paper—When washing woodwork it is impossible to keep the wall paper from getting wet. Go to a tinshop and get a piece of tin two feet long and a foot high and have the upper edge rolled over to form a handle, hold it up against the wall while washing the



Child's frock of pale pink batiste with valenciennes lace insertion and edging. Hat of white chip and pink rosebuds.