



A bit of this and a taste of that, all day long, dulls the appetite and weakens the digestion.

Restore your stomach to healthy vigor by taking a Na-Dru-Co Dyspepsia Tablet after each meal—end of the "piles."

**Na-Dru-Co Dyspepsia Tablets** are the best friends for sufferers from indigestion and dyspepsia. 50c. a box at your Druggist. Made by the National Drug and Chemical Co. of Canada, Limited.

### FIFTEEN-INCH GUNS.

Two New British Ships Likely To Be Equipped With Them.

Fifteen-inch guns, which hurl projectiles weighing 1,700 pounds each, will probably be installed upon the two British ships of the super-dreadnought type to be built under the naval programme adopted this year.

Monarchs, Victors have manufactured such a gun, though the Marborough and the Iron Duke, two huge ships to be launched this month, will carry guns of smaller bore. Directly these ships are launched at Devonport and Portsmouth respectively this year will be the first time that the two ships authorized this year will be laid. One of these ships will be, it is declared, of unusually large size. Plans for it provide that it shall be equipped with fourteen-inch guns, but it is rumored in naval circles that fifteen-inch guns will be used instead. The same size guns may be installed upon the other new ship. The displacement of the larger of the two new ships is given at 30,000 tons, her length as 700 feet and its speed is to be about twenty-nine knots. While the side plating of the ship will be heavier than that of the Iron Duke class, there will also be more adequate protection against attacks from the air.

The recent developments of air craft have shown that the broad funnel openings leading down to the furnaces and engine-rooms need to be screened. This will be a feature of the new design, and probably also steps will be taken to give better protection against aerial attack in the case of vessels already in commission.

It is also stated that the new British ship is to be armed with 14-inch guns. The difference between the weight of the projectile of this gun and that of the 13.5 gun at present in use is only 150 pounds with practically the same penetrating power of hard steel plate.

A 13-inch gun, with a 1,700-pound shell, has been completed by Messrs. Vickers, with a much greater penetrating power, and there is some expectation in naval circles that this gun may be mounted on the dreadnoughts of this year's programme.

"How are you spending your vacation?" "In an ideal way. I'm pleased nearly all the time." "That is rare. What is your method?" "I spend two days in the country, then I'm glad to get back to the city. I spend two days in the city, then I'm glad to get back to the country. It's a great scheme."

## THIRTY YEARS OF DISFIGURING ECZEMA CURED

"Ever since I was a little girl, thirty years ago, I had suffered from eczema in one of my worst forms. The disease was in my family, and mine was of a scaly and most disfiguring kind. The eczema formed round rings, and then spread all over my face and neck."



Everyone in the town knew of my case. My face was disfigured very badly. A doctor told me that I should never get rid of it. I spent pounds in doctors' bills, and I attended several hospitals but nothing was accomplished. To my astonishment an improvement came. As once set in, and my hair, which had been a mass of scales and scurf, began to look in splendid condition. I began to feel my skin was better. In a few weeks time all traces of the disease had completely disappeared. Now my skin is clear and healthy, and thanks to the cure I am a happy woman. All my neighbors were astonished. The Outcure Remedies are sold everywhere. I should like to tell you more about my case. Write to me at once. (Signed) Mrs. Butler, 17, Francis St., The Outcure Remedies, 23 The Prince of Wales, London, E.C.4.

### CROWN PRINCE AT OXFORD.

Became a Student at Magdalen College, October 10.

With his tutor, a Magdalen man, the Prince of Wales went into residence at Magdalen, Oxford, on Oct. 10, occupying a large suite of rooms in the cloisters. His royal highness will attend history lectures, but it is understood that he will not try for a degree.

As an undergraduate at Magdalen the day of the Prince will be mapped out about on these lines: He will be called by his servant at 7 o'clock. Breakfast is at 8 o'clock and the undergraduate may either partake of it in junior common room or in his own rooms. He will have told his servant when he was being called what he will have for breakfast, which at Oxford is usually very copious, including bacon and eggs, fried sole and salmon cutlets.

Lectures and "reading" are from 9 until 1 o'clock, followed by a frugal luncheon, consisting ordinarily of bread and cheese and beer or water.

The time from 2 until 5 is devoted to exercise, and then comes a shower bath, a change of clothing, tea and a couple of hours of reading.

At 7 comes a very excellent plain dinner for about 2s. He must dine a fixed number of nights in hall during full term—usually about five nights in the week. After dinner the men gather in the junior common room and take coffee or visit one another's rooms or go to the Union, where once a week there is a debate, or to one of the many essay societies, which are a feature of university life. It is possible to leave college up to a certain hour, outside which limits men have to get special leave from the dean. But from 9 to midnight is for the "reading," when the principal time for work is for the "docks" during that time he is hopeless.

### IT'S THE FOOD.

The True Way to Correct Nervous Troubles.

Nervous troubles are more often caused by improper food and indigestion than most people imagine. Even doctors sometimes overlook this fact. A man says:

"Until two years ago waffles and butter with meat and my breakfast. Finally dyspepsia came on, and I found myself in a bad condition, worse in the morning than any other time. I would have a full, sick feeling in my stomach, with pains in my heart, sides and head. At times I would have no appetite for days, then I would feel ravenous, never satisfied when I did eat and so nervous I felt like shrieking at the top of my voice. I lost flesh badly and hardly knew which way to turn until one day I bought a box of Grape-Nuts food to see if I could eat that. I tried it without telling the doctor, and liked it fine; made me feel as if I had something to eat that was satisfying and still I didn't have that heaviness that I had felt after eating any other food."

"I hadn't drank any coffee then in five weeks. I kept on with the Grape-Nuts and in a month and a half I had gained 15 pounds, could eat almost anything I wanted, didn't feel badly after eating and my nervousness was all gone. It's a pleasure to be well again."

Name given by Canadian Post Co., Windsor, Ont. Read the book, "The Road to Wellville," in pkgs. "There's a reason."

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

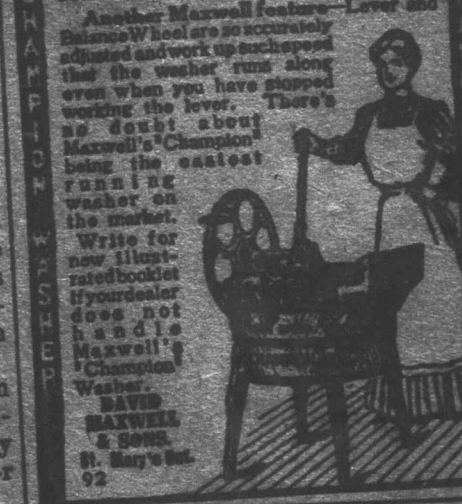
Nothing will cause another to lose confidence in you more readily than a broken promise. A promise should be a sacred duty, just as a debt must be paid.

Warts will render the prettiest hands unsightly. Clear the excrescences away by using Holloway's Corn Cure, which acts thoroughly and painlessly.

"Darling, I left my watch upstairs, and I'm too tired to go and fetch it." "Sweetest, if you only wait your watch will run down all right."

## MAXWELL'S HIGH SPEED CHAMPION

Is the Washer for a Woman. In the first place, Maxwell's "Champion" is the only washer that can be worked with a crank handle at the side as well as with the top lever. Just suit your own convenience.



Another Maxwell feature—Lever and Balance Wheel are so arranged that the wheel runs along even when you have changed washing the lever. There's no level about Maxwell's Champion, being the easiest running washer on the market. Write for new illustrated booklet (free not sent) to Maxwell Washers, Ltd., 11, Regent St., London, W.1.



Every Pair Insured 50c. day against breakage. No Cords slide when you move. No Cords slide when you move. No Cords slide when you move. 50c. at Dealers or postpaid for 50c.

## EZE (PRONOUNCED EASY) SUSPENDERS

THE HUNG SUSPENDER CO. LTD. TORONTO, CAN.

**THE ETERNAL BANQUETING.** Plain Citizen—"What is the most necessary qualifications for a public career—a good head?" Prominent Statesman—"No; a good stomach."

Baltimore, Md., Nov. 11, 1903. Minard's Liniment Co., Limited, 14 St. Paul Street, Care Oliver Typewriter Co. P. S.—Kindly answer at once.

"It is said that impetuous people have black eyes." "Yes; and if they don't have them they are apt to get them!"

Dr. J. D. Kellogg's Dysentery Cordial is a speedy cure for dysentery, diarrhoea, cholera, summer complaint, sea sickness and complaints incidental to children's teething. It gives immediate relief to those suffering from the effects of indigestion in eating unripe fruit, cucumbers, etc. It acts with wonderful rapidity and never fails to conquer the disease. No one need fear cholera if they have a bottle of this medicine convenient.

"How is it I never see you about with young Flinton, now?" "Oh, I married him a fortnight ago."

Minard's Liniment Cures Dandruff.

"Dicke, I'm awfully sorry you use tobacco. I don't like it, and mamma simply loathes it. Will you stop when we are married?" "Isn't that asking a lot, dearie?" asked Dicke. "I wouldn't care for asked Dicke," answered the girl, "but you know it makes mamma very ill." "Well, then," he promised cheerfully, "I'll tell you what I'll do. I'll never smoke when your mamma is with me." "Darling," she murmured, "That's so good of you! I was afraid you'd insist on smoking once in a while after we were married!"

## KING OSCAR SARDINES

are much more than a delicacy. Their FOOD VALUE is unsurpassed. They furnish just the nourishment needed when a heavy meal is neither acceptable nor desirable. Get Them From Your Grocer. Trade supplied by John W. Bieble & Co., Hamilton.

## Anti-Dust

disinfectant sweeping powder, is a life-preserver because it kills all disease germs. Floors clean; carpets bright; home fresh and sweet. No dust while sweeping. Ask your Dealer for it. MacLaren Imperial Cheese Co. Limited. Sole distributors for Ontario. THE SAPHO MFG. CO., Limited Montreal.

## BAD COINS COME FROM JAIL.

Cairo Authorities Find Criminal at Work Behind Bars. For some time past the Cairo (Egypt) authorities have been mystified by the fact that a large quantity of counterfeit silver has been in circulation, the origin of which they had been unable to discover. At last they have succeeded in locating the source of supply.

The counterfeit coins have been manufactured in Tournai prison. One of the prisoners was found to be in the possession of a most ingenious instrument made to coin five piastres (25 cent) pieces and a quantity of silver bullion was discovered at the same time. The man, who is a penal convict, confessed to having been engaged in coining while in prison, and accused a fellow-convict of complicity.

Out of the eleven million natives of Egypt, only some 800,000 can read and write.

A Safe Pill for Sufferers.—There are pills that violently purge and all the stomach and intestines with pain. Parmelee's Vegetable Pills are mild and effective. They are purely vegetable, no mineral purgative entering into their composition and their effect is soothing and beneficial. Try them and be convinced. Thousands can attest their great curative qualities because thousands owe their health and strength to timely use of this most excellent medicine.

Posters are born—therefore they are more to be pitied than censured.

Minard's Liniment for sale everywhere.

Willis—Then you don't think an investment that pays over 6 per cent. is safe? Gillis—Oh, yes! But I don't think one that promises to pay over 6 per cent. is.

Sleeplessness.—Sleep is the great restorer and to be deprived of it is vital loss. Whatever may be the cause of it, indigestion, nervous derangement or mental worry, try a course of Parmelee's Vegetable Pills. By regulating the action of the stomach, where the trouble lies, they will restore normal conditions and healthful sleep will follow. They exert a sedative force upon the nerves and where there is unrest they bring rest.

Sam Slick once said that kisses were like omelette—made out of nothing and very good.

Complete in itself, Mother Graves' Worm Exterminator does not require the assistance of any other medicine to make it effective. It does not fail to do its work.

### BRIDGET'S CHARACTER.

Bridget left Ireland with an excellent letter of recommendation from her last mistress, but on the way over the letter fell into the sea and was lost. Not knowing how to find work without her recommendation she appealed to a friend to write one for her; and he gave her the following:—"To all concerned, Bridget Flaherty had a good reputation when she left Ireland, but lost it on the way over."

### Regularity.

of the bowels is an absolute necessity for good health. Unless the waste matter from the food which collects there is got rid of at least once a day, it decays and poisons the whole body, causing biliousness, indigestion and sick headaches. Salts and other harsh mineral purgatives irritate the delicate lining of the bowels. Dr. Morse's Indian Root Pills—entirely vegetable—regulate the bowels effectively without weakening, sickening or griping. Use

**Dr. Morse's Indian Root Pills**

### CARE FOR SICK ON TRAINS.

German Railroads Have Special Cars for Them.

Excellent facilities are afforded in Germany for transporting invalids and cripples, who are unable to walk, according to T. J. Albert, Consul at Brunswick. The German railroad system provides a first-class car for invalids who can afford to use it. This car is fitted with every possible convenience for the sick. A special apartment, opening on the level of the station platform, with a double door, so that a stretcher can be carried in without the slightest difficulty, is set apart for the invalid and attendants. The balance of the car contains a kitchen, where meals can be prepared, and a section handsomely upholstered for members of the family or accompanying friends. For invalids who travel second or third-class an apartment on an ordinary car is used, opening in like manner with a double door on the station platform.

The charges for transporting sick and helpless persons have hitherto been moderate. For invalids travelling third-class the charge has been the cost of four tickets, free transport being granted for two attendants. This rate is still granted when the car containing the invalid apartment belongs to a regular train with a fixed destination; otherwise in the future six tickets second class must be purchased and an extra rate paid if the car has to be specially ordered.

### SIX YEARS USE OF BABY'S OWN TABLETS

Once a mother has used Baby's Own Tablets she will always use them as long as there are little ones in the house. They are absolutely safe and never fail to cure constipation, colic, indigestion or the many other babyhood and childhood ailments. Concerning them Mrs. E. Simmons, Hamilton, Ont., says: "I have not been without Baby's Own Tablets for six years. I have given them to my three little ones and find them excellent during teething and at other times." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

"People are all impressed," said Grandpa Stubblegrass, "by what they can't see through. Many a stream gets credit for being deep when it's only muddy."

"'Tis a Marvellous Thing.—When the cures effected by Dr. Thomas' Electric Oil are considered, the speedy and permanent relief it has brought to the suffering wherever it has been used, it must be regarded as a marvellous thing that so potent a medicine should result from the six ingredients which enter into its composition. A trial will convince the most skeptical of its healing virtues."

All honest men will bear watching. It is the rascals who cannot stand it.

### FOR HIS FAMILY'S SAKE.

Paterfamilias was a very robust man, but he called in the doctor. If the truth be told, Paterfamilias was so healthy, so big, and so robust, that he had grown into the habit of bullying his family. "I don't know what's the matter with my family," he remarked to the medico, "but my wife is nervous, my children are suffering from something—I don't know what. In fact, the whole household is upset. All the servants are bordering on nervous prostration. What do you think about it?"

The doctor was a friend of the family, and knew a little of its history. "I think it would be all right," said he, "if you took a six months' tour of Europe—alone."

"Me?" replied the father ungrammatically, in his surprise. "Me?"

"Yes," replied the doctor. "For the health of your family."

### DEAN SWIFT AND ASPARAGUS

Asparagus was a great dish with Dean Swift. Dining with him one day, George Faulkner, the Dublin publisher, asked for a second helping of his favorite vegetable, but Swift pointed to the stalks on his guest's plate and said:—"Sir, first finish what is before you."

"What?" exclaimed Faulkner, "eat my stalks?" "Aye, sir," belittled the imperious Dean; "eat your stalks, or you will get no more. King William III. always ate his stalks." Asked once, when he was telling the story, whether he really did eat his stalks, Faulkner replied: "Yes, certainly; and if you had dined with Dean Swift you would have been obliged to eat your stalks, too."

### READY FOR HIM.

"Young man, I saw you put your arm around my daughter's waist last evening."

"And I suppose you noticed how she struggled?"

### IT SATISFIES MILLIONS OF PEOPLE

Worth your while to test it

## LIPTON'S TEA

Sustains and Cheers.

PARMS FOR SALE. H. W. DAWSON, Ninety Colborne Street, Toronto.

HUNDREDS OF COUNTRY HOMES. Good House; Building; Orchard; Cheap and on easy terms. SEVENTY-SIX ACRES WITH GOOD buildings and apple orchard; about five miles from Hamilton. H. W. DAWSON, Toronto.

MALE HELP WANTED. YOU CAN EASILY EARN \$5 TO \$10 monthly after attending here 30 months. We teach railway station work for Canadian Railways. Free Booklet on plans work and wages. Dominion School, Hamilton, Ontario.

MISCELLANEOUS. CANCER TUMORS, LUMPS, etc. Internal or external; cured without pain by our treatment. Write to Dr. J. H. Bellman Medical Co., Limited, Collierwood, Ont.

### CLEANING LADIES' WALKING OR OUTING SUITS

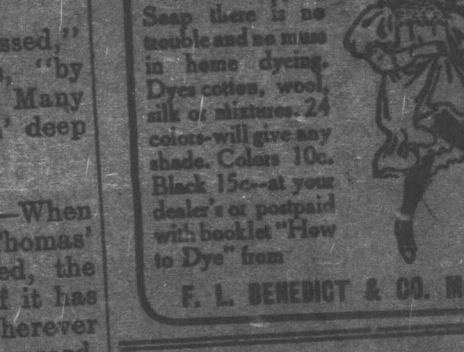
Can be done perfectly by our French process. Try it. British American Dyeing Co., Montreal, Toronto, Ottawa and Quebec.

### LANGMUIR'S SHINGLES

Protect—Preserve—Beauty. Samples and Booklets on Application. JAMES LANGMUIR & CO., Limited. 1274 Bathurst Street, TORONTO.

## TELEGRAPHY

and Station Agents' work in all its details are included in the course of training lectured in the Central Telegraph School, 2 Bedford St. E., Toronto. Correspondence invited. J. J. Johnson, President, W. H. Shaw, President.



### Maypole Soap

DYES SO EASILY. With Maypole Soap these are no trouble and no mess in home dyeing. Dyes cottons, wools, silks or minims. 24 colors will give any shade. Colors 10c. Black 15c.—at your dealer's or postpaid with booklet "How to Dye" from F. L. BENEDICT & CO. Montreal.

### HE CONFESSED.

"Captain, you told me this host would reach the dock by 9 o'clock." "Did I, madam? Well, I must have lied to you. We'll be there in about twenty minutes."

"But the land isn't in sight yet."

"So I see. Madam, you have caught me in another lie."

## MOTHERS! DO YOU KNOW

That when you put a salve onto your child's skin, it passes through the pores and enters the blood, just as surely as if you put it into the child's stomach?

You would not put a coarse mass of animal fat, colored by various mineral poisons (such as many crude salves are) into your child's blood by way of the stomach? Then why do so by way of the pores?

Take no risk. Use always the purest of all salves, the Zam-Buk. Zam-Buk contains no trace of any animal oil or fat, and no poisonous mineral coloring matter. From start to finish it is purely herbal.

It will heal sores, ulcers, abscesses, eruptions, various skin diseases, burns and scalds more quickly than any other known preparation. It is a specific, quickly stops the smarting of a sore or cut, cures piles, soothes a sore and blood-poisoned skin. It is a combination of healing power and scientific purity. Ask those who have proved it.

All druggists and stores 50c box or Zam-Buk Co., Toronto, for price.

## ZAM-BUK SHOULD BE IN YOUR HOME