### THE MAIL AND ADVOCATE, ST. JOHN'S, NEWFOUNDLAND, 1914-3.

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tion Committees out in San have sense enough to keep away from strange women who tried to get her Francisco now, getting ready for to dine or to lunch with them at strange hours in strange restaurants in strange parts of the city, I'd have a guardian appointed to keep her out of the big fair a year ahead of time. trouble, The Girls' Protection Committees are I never saw a girl 11 years old, in my life, who didn't know enough to

THEY are forming Girls' Project If I had a little sister, anywhere from 12 to 40 years of age, who didn't

made up of ladies who are very much know that she was doing a silly thing and a wrong thing when she talked worried for fear that girls who come with strange men or allowed men to talk with her. to the fair will get acquainted with

I know from one end of this country to the other some thousand or so the wrong people and have the wrong of girls who work for a living.

sort of things happen to them So the ladies on the committee are ness alone at all hours of the day and night, and I have never yet heard of whipped cream. going to go down to all the trains and one of them being kidnapped or "abducted."

meet all the boats coming into San Francisco for the next twelve months, single girl of all the thousands of girls I know in every rank of life who has until all the puffs and cream have been chill sauce and red pepper puree. early and late, at midnight or at ever had to cry aloud for help in any public street in any city in the United used, then put on ice. dawn, and tell every girl they see to States of America.

be good. Highly commendable, this idea, isn't

One of the members of the committee told me all about it the other day. "Five thousands girls dropped out of sight at the World's Fair in St. Louis," said my friend of the Girls' Protection Committee. "We don't propose to have anything like that, or anything near like it, happen at the San letter box, two men stepped up to her and lifted their hats. Francisco fair.

"Girls are so ignorant, so innocent, that they don't know how to take care of themselves at all. They let any sort of stranger, man or woman,

Associations Not Infallible.

I've a friend, an elderly woman with a charming, graceful, girlish figure and an air about her.

She went out the other night to post a letter, and, as she approached the "Oh, you beautiful doll!" said one of the men.

"Aren't you lonesome out alone so late, honey?" said the other. Did my friend scream and call for the police; did she rush wildly through

## Panchard's Selected Recipes By M. Panchard

#### Chef of the Hotel McAlpin, New York.

CRAB FLAKES EXQUISITE. PUDDING METTERNICK. Fill up little puffs with chocolate Requirements-Catsup, chili sauce, two cream, to which add a piece of butter. finely minced shallots, tarragon, chervil, Four yolks of eggs, one quart of milk, two spoonfuls puree of red pepper, onefour leaves of gelatine, one vanilla bean half pound of butter, four egg yolks, and sugar. Make a cream with this, cream, whole white pepper and cavenne. Pretty girls, young girls, attractive girls-they go out about their busi- which you finish when almost cold with Put the shallots in a pan, together with some good vinegar, crushed white pep-Garnish the bottom of a mould with per, the stems of the tarragon and a paper, arrange the little puffs, cover little chervil, place on the fire till the I have never known of an instance in my own personal experience of a with the cream, repeating the operation vinegar evaporates; then add the catsup, Allow to cook until reduced to half of When ready to serve, take off the the original volume; then add some of mould, put on dish, sprinkle over some your fish broth and bind with the egg chopped pistachios and arrange nicely yolk. Finish your sauce with good

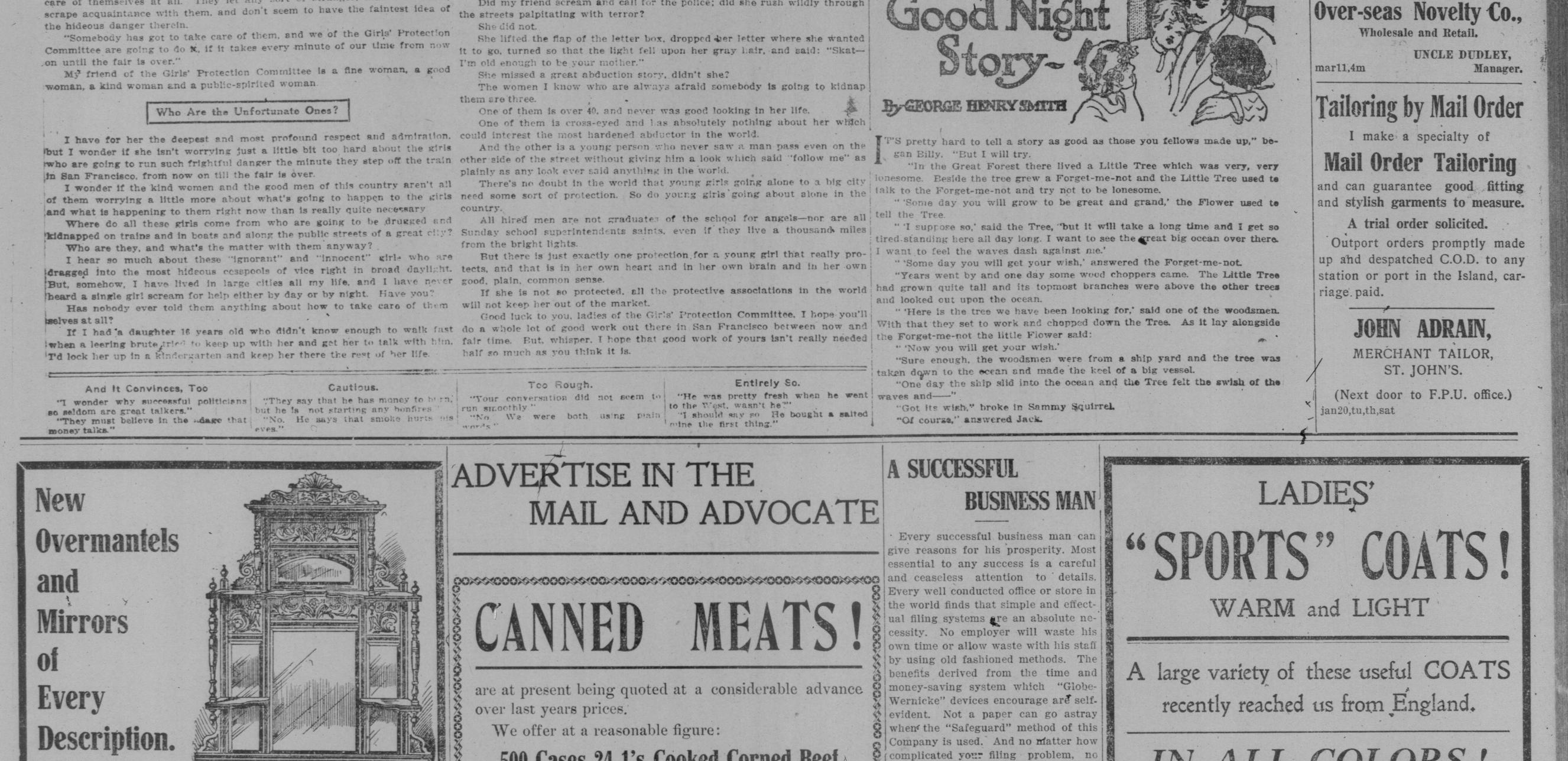
butter, strain and serve.

cherries soaked in sugar.

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