ROBIN HOUD FLO

Makes lighter, better flavored and a more nutritious bread, and more loaves to the sack

"Auror thoroug willing

building high, w the ger front long ru

No.

July 5, 1911

codfish in cold water; pick in small pieces and soak a short time. Pare two heaping cups potatoes. Boil fish and potatoes together in boiling water. When potatoes are soft drain through a strainer, return to kettle in which they were boiled, wash tho oughly, add one-half tablespoon butter, one egg, well beaten, a pinch of pepper, salt if necessary. Take up by-spoonfuls, put in frying basket, fry one minute in deep fat, allowing six fish balls to one frying. Strain on brown paper. Double the quantity if desired.

Oat-meal Muffins. Sift 1½ cups flour, 4 teaspoons baking powder, ½ teaspoon sugar, then add one cup cooked oat-meal mixed with ½ cup milk, add two tablespoons butter or clarified fat and two egg yolks well beaten. Then fold in the two stiffly beaten whites Bake in a hot oven in well buttered muffin the cown. codfish in cold water; pick in small pieces

LOVE SONNET OF A COWBOY
The other day she asked me what I read,
And I owned up right there and told
her straight
That I was readin' then "The Trailer's
Fate,"

But that the book I liked was "Six-Gun And say the roastin' that come on my

head; She said I oughter read each night till

A chap named Browning that he's simply great,
And all dime junk is fierce, that's what she said.

So now, I've tried to borrow, left and

or now, I've tried to borrow, left and right,
Of all the cowboys in the neighborhood,
But none of 'em kin tumble to my play;
I'm tryin' awful hard to be polite,
And play the game as any highbrow would,
But who in h I's this Browning,

anyway? Arthur Chapman, in Denver Repub-

HARD TIMES

HARD TIMES

Obliging and cheerful, Mr. Carter, the provision dealer, kept a smiling face-even during hard times. Bills were overdue and orders small, but he served his customers with genial alacrity, and did not complain. Mr. Oakes, the constable, watched him as he went to the telephone and admired his happy disposition.

"Yes, ma'am," said Mr. Carter to the instrument, "yes, ma'am, we can deliver them inside of two hours." He bit his pencil and prepared to write.

"One, 'east-cake, yes, ma'am, two

lemons, a pound of sody-crackers, yes, ma'am, box of matches, fi'-cent loaf o' bread, yes, ma'am, and two cents' worth o' meat for the cat. Thank you. That'll be -all? Yes, ma'am. Be over before

"Well, Oakes, that's the way it goes. Hear that order from Mrs. Wilkins? Twenty-four cents' worth in all. Profit about four cents, and a mile to go to

deliver."
"I wouldn't do it," said Mr. Oakes.
"You would if you was in the business and wanted to keep your trade. Sundays and parties make her orders good, take it through the whole month."

A few minutes later the telephone bell rang again, and Mr. Carter responded. Over the wire came an eager voice.

than any other flour. ROBIN HOOD FLOUR is made from the choicest wheat

from the most select farms in Saskatchewan.

A money-back guarantee in every sack.

ROBIN HOOD FLOUR - MADE IN MOOSE JAW

Ts this Mr. Carter?" it asked.
"Yes, ma'am. What can I do for you,

HOOD MAID MARIAN

ma'am?".
"This is Mrs. Witkins," the voice went on. "I just wanted to ask you to cancel that order for meat for the cat. He won't need it. He's just caught a bird."

TRUE PATRIOTS

Camilla Sanderson, Toronto Not they alone who risk their lives In battles fierce on land or sea Do most to make their country free;
Nor they most worthy highest praise
Who shout their love of liberty.
But each true man shall find his name
Writ large where worth outrivals fame.

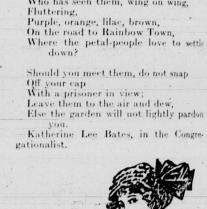
Not always they in foremost place In schools of learning, halls of state, Do most to make their country great; Nor they who flaunt a patriot zeal. But they whose daily lives create Right standards, who bear well their part

JAI.TEMA

8968

8968. A Charming Negligee.
Ladies-Dressing Sack.
Side closings are as effective in garments of this kind as in shirt waists and gowns. This cool looking model is suitable for lawn, dimity, challie, cross bar muslin, crepe or silk. As here shown, white silk with trimming of blue and white datted silk was used. The Pattern is cut in three sizes. Small, Medium and Large. It requires 3% yards of 27 inch material for the Medium size.

In loyal service hand and heart





WITCHCRAFT

There's a witchcraft in the May,

For 'tis then the pansies wise
Give the garden a surprise
By changing into ranging butterflies.

Who has seen them, wing on wing,

Striped Serge suiting in black facings in white satin, is shown Waist Pattern 8958 and Ladies 8955 furnish the models. The si Waist Pattern 8958 and Ladies Skirt laws 8955 furnish the models. The skirt is composed of three gores, with an insert at each side seam. The waist is made in surplice style and has ychemy isette of net, outlined by deep satin revers that form a shawl collar over the back. The Waist Pattern is cut in 5-sizes. 23, 34, 36, 38 and 40 inches bust measure. The Skirt Pattern in 5-sizes. 22 24, 26, 28 and 39 inches waist measure. It requires 6 yards of 36 inch material with 1 yard of 20 inch all over lace or net, for a Medium size. This "all over lace or net, for a Medium size this "all over lace or net for a Medium size will be mailed to any address on receipt of 10 cents for each in silver or stamps.



A Delightful Seasonable Frock



8973. A Good Coat Model.
Child's Reefer (in two lengths) with Sailor Collar.
For cloth, silk, linen or other wash fabries, this design is very desirable. It is comfortable and pretty, with double breasted fronts, and "box" back. As here shown white pique was used with free edges embroidered in scallops. Pearl buttons trim the fronts. The sleeve is finished with an upturned simple cuif. The Pattern is cut in 5, sizes. I year, £, 4, 6, and 8 years. It requires \$2\frac{1}{4}\$ yards of 40 inch material for the 2 year size.

HOW TO SECURE THE GUIDE PATTERNS

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To secure any of the patterns published in The Guide, all that is necessary is to send 10 cents to the Pattern Department, Grain Growers' Guide, Winnipeg, and state the number of the pattern, giving bust measure for waist patterns, waist measure for skirt patterns, and the age when ordering patterns for Misses or Children. It will require from ten days to two weeks to secure these patterns as they are supplied direct from the makers. No new worker need be nervous or afraid to use The Guide Patterns. They are accurate and perfectly and plainly marked. Full directions for making are given with every pattern you buy; also the picture of the finished garment to use as a guide.