

SUNDAY SCHOOL LESSON.

SEPTEMBER 4.

THE COMMANDMENTS.—Exodus 20: 12-21.

1. The Fifth.—The first four commandments relate to our duty to God; the other six to our duty to man. In relation to human beings, our duty to our parents must stand first. Our parents are, in fact, God's representatives to us; he has delegated his own authority over us to them; and the responsibility rests on them not only to teach us his commandments, but to enforce them. This principle was brought out in great prominence in the revelations made to the Israelites in the wilderness. Again and again they are instructed to teach all these commandments and ordinances to their children.—Deut. 6: 7; 11; 10, etc.

This obligation naturally arises out of the parental relation. They are the two human beings to whom we are most closely related from our birth, on whom we are absolutely dependent during infancy and childhood, from whom we receive the tenderest care and affection, and to whom we owe all the equipment of physical and mental development, education, etc., with which, ultimately, we are enabled to set up in the world for ourselves. It is because of this that it is so great a calamity to be an orphan. Next to that is the calamity of having a bad father or mother, who willfully neglects any part of parental duty. And those children are also to be pitied who have fathers and mothers so mistakenly or carelessly indulgent as not to enforce obedience either to their own commands or God's.

The fourth and fifth commandments are worded differently from the others. In all the others we are restrained from wrong-doing in the direction indicated by the injunction, "Thou shalt not." But we are to "remember" the Sabbath, and to "honor" our parents. Very plainly there is included in the fifth commandment much more than the idea of obedience from children to parents while they are children. It is in after life that the opportunities for honoring them chiefly arise; and base, indeed, is the ingratitude of those who neglect or slight them. We live in an age in which all this needs to be powerfully enforced on the minds of children. The terms in which young men—and, alas! young women, too—talk about their fathers and mothers, and the contempt with which they treat their opinions and their wishes, are amongst the painful signs of the times.

The promise connected with this commandment cannot be restricted to the Israelites or their possession of the land of promise, because St. Paul adopts it, and uses it to enforce his own injunction, evidently understanding it as a promise of long life.—Eph. 6: 3. God has thus seen fit to mark his sense of the importance of the parental relation by attaching a special promise of blessings and favors to be manifested in temporal well-being; to the due observance of the command,—"Honor thy father and mother"—a promise which extends to New Testament times, is continued in force under the new dispensation, and emphatically repeated in the New Testament.

2. The Sixth.—Human life is sacred because man is made in the image of God. We not only have no right to take another's life by an act of guile or violence, but no right to take our own. Not only so, but the essence of the crime is contained in the indulgence of the malicious or revengeful passion, the uncontrolled outburst of which leads to the commission of the act.—Matt. 5: 21, 22; 1 John 3: 15.

3. The Seventh.—How to deal with this commandment must be left to the discretion of the teachers. In senior classes, of either sex, it will be possible for a judicious teacher to take the opportunity to give some very wholesome counsel to those just emerging into "the slippery paths of youth." But it is a subject much better left alone altogether than handled injudiciously.

4. The Eighth.—This needs little explanation, but much enforcement—especially in relation to little things. The principle needs to be very clearly laid down that dishonesty consists not in the value of what is taken. Little thefts lead to greater ones.

5. The Ninth.—This relates not only to giving false evidence in a court of justice, but saying anything not strictly true about our neighbor in the common intercourse of life. In principle it forbids anyone saying unnecessarily anything about our neighbor calculated to injure, whether true or false.

6. The Tenth.—to covet is wrongfully to desire, so as to set our hearts upon getting, whether to be rightfully acquired or not, that which belongs to another. Ahab's desire for Naboth's vineyard is the most forcible illustration of it. It is the root of all sin in relation to our fellow-men.—Sunday School Mag.

PRESEVING.

Use none but porcelain or good bell-metal kettles for preserves and jellies. If the latter, clean thoroughly just before using. Boor with sand, then set it over the fire with a cupful of vinegar and a large handful of salt.

When heated, scour the whole of the inside of the kettle with it until it shines. Do not let your preserves or anything else stand one moment in it after it is withdrawn from the fire; fill the emptied kettle instantly with water and wash it perfectly clean, although you may mean to return the syrup to it again in five minutes. Use only the best sugar for nice preserves. Do not hurry in the process of preserving. Prepare your fruit with care and weigh accurately. Put up preserves in small jars in preference to large, and when made, keep them in a cool, dark closet that is perfectly dry. Examine your shelves frequently and thoroughly for a few weeks to see if your preserves are keeping well. If there is the least sign of fermentation, boil them over, adding more sugar.

A NICE PLAN.

The Germans who set so good an example to the rest of the world in so many ways, make the culinary art a part of a woman's education. The well-to-do tradesman, like the mechanic, takes pride in seeing his daughters good house-keepers. To effect this object, the girl, on leaving school, which she does when about 14 years of age, goes through the ceremony of confirmation, and then is placed by her parents with a country gentleman, or in a large family, where she remains one or two years, filling what also may be called the post of servant, or doing the work of one. This is looked upon as an apprenticeship to domestic economy. She differs from a servant, however, in this—she receives no wages; on the contrary, her parents often pay for the care taken of her, as well as her clothing. This is her first step in her education as a housekeeper. She next passes, on the same conditions, into the kitchen of a rich private family, or into that of an hotel of good repute. Here she has control of the expenditures of the servants employed in it, and assists personally in the cooking, but is always addressed as Miss, and is treated by the family with deference and consideration. Many daughters of rich families receive similar training, with this difference, however, that they receive it in a princely mansion or a royal residence. There is a reigning queen in Germany at the present time who was trained in this way. Consequently the women in Germany are perfect models of economy, and understand the art of house-keeping thoroughly.

USEFUL HINTS.

Those who wish to keep insects in check must have no procrastination in their programme, but must act promptly, as soon as the eggs, chrysalis or vermin in any state are seen. Destroy the first lot, and it is rare there is much trouble afterwards.

For a red wash for bricks, melt one ounce of glue in a gallon of water; while hot put in a piece of alum the size of an egg, one-half pound of Venetian red, and one pound of Spanish brown. After trying upon the bricks, if found too dark, add water; if too light add red and brown.

For the benefit of those who do not understand the significance of the figures in regard to pulse, etc., in the official bulletins of President Garfield's condition, it may be well to say that the normal pulse of a healthy man is from 65 to 70, the temperature 98½, and the breathing from 16 to 18.

When cooking asparagus be sure to put salt in the water; put in almost enough to season it with. The asparagus will cook quicker and be more tender. A solution of salt and water boils at a higher temperature than water alone; consequently a little salt should be added to the water in which any vegetable is cooked.

INFORMATION.

The Bites and Scratches of Dogs and Cats are readily cured by bathing in Perry Davis' Pain-Killer.

THE DANGER OF DELAY.—Whenever you are seized with pain or ache, or begin to experience any derangement of stomach, bowels or liver, instantly resort to HERRICK'S SUGAR-COATED VEGETABLE PILLS, which will relieve you at once. Any delay aggravates your case, rendering a cure more difficult.

POWER OF SPEAKING RESTORED.—NEWASH, ONTARIO, D. C., March 80, 1870.—Jonat Fotheringill writes:—Some two months ago my son lost his voice. None of the physicians could do him any good. Two hours after taking the second dose of Fellows' Hypophosphites his power of speaking was perfectly restored.

If people who are troubled with colds would make use of Ayer's Cherry Pectoral before attending church or public lectures, they would avoid coughing, and the comfort of hearers and speaker would be greatly promoted. The Pectoral enables public speakers to speak clearly and without fatigue, having an immediate and wonderful effect in increasing the power and flexibility of the voice.

SAINT VITUS' DANCE.—I had for more than five months been afflicted with St. Vitus' Dance, so that I had no control of my arm, and could not use my hand; although under medical treatment I found no improvement until I used Graham's Pain Expeller, three bottles of which have completely cured me, as I have remained well since using this medicine more than eighteen years ago.

Mrs. HEBEKIAH CROCKER. Canning, N. S., May 18, 1881. 21

TO THE WEAK, THE WORN, AND THE WEARY.—From the Boston Recorder.—"THE PERUVIAN SYRUP is one of the few advertised medicines which is worthy of notice, and a personal trial of it for many years has shown us that it possesses all the qualities claimed by its proprietors. As a tonic in cases of impaired health or weakened constitution it has no superior. Unlike most Tonics and Bitters, it is entirely free from alcohol, and therefore its energizing effects are not followed by corresponding reaction. The certificates of Dr. Hayes, State Assayer of Massachusetts, and of Dr. Chilton, the celebrated chemist of New York agree that there is in its composition no mineral or vegetable poison, or objectionable substance whatever. We can most unhesitatingly recommend it to the weak, the worn, and the weary. We make these remarks voluntarily, and of our own prompting, having richly experienced its benefits. Sold by all druggists.

REST AND COMFORT FOR THE SUFFERING.

"BROWN'S HOUSEHOLD PANACEA" has no equal for relieving pain, both internal and external. It cures Pain in the Side, Back or Bowels, Sore Throat, Rheumatism, Toothache, Lumbago and any kind of a Pain or Ache. "It will most surely quicken the Blood and Heal, as its acting power is wonderful." "Brown's Household Panacea," being acknowledged as the great Pain Reliever, and of double the strength of any other Elixir or Linctum in the world, should be in every family handy for use when wanted, "as it really is the best remedy in the world for Cramps in the Stomach, and Pains and Aches of all kinds," and is for sale by all Druggists at 25 cents a bottle. jan 28-1y

MOTHERS! MOTHERS! MOTHERS! Are you disturbed at night and broken of your rest by a sick child suffering and crying with the excruciating pain of cutting teeth? If so, go at once and get a bottle of MRS. WINSLOW'S SOOTHING SYRUP. It will relieve the poor little sufferer immediately—depend upon it; there is no mistake about it. There is not a mother on earth who has ever used it, who will not tell you at once that it will regulate the bowels, and give rest to the mother, and relief and health to the child, operating like magic. It is perfectly safe to use in all cases, and pleasant to the taste, and is the prescription of one of the oldest and best female physicians and nurses in the United States. Sold everywhere at 25 cents a bottle. jan 28-1y

A CASE OF CONFIRMED CONSUMPTION. From Mrs. M. M. Ball, of East Stoneham, Me. "I feel it my duty to write a few words in favor of Dr. WISTAR'S BALM OF WILD CHERRY. In the early part of last winter I took a severe cold, and shortly afterward a distressing cough was added to it. My friends did everything they could for me, but without avail. The best physicians that could be procured did not relieve me, and my cough continued with me all through the winter with increasing severity. I spit blood three or four times a day, and my friends considering my case hopeless, gave me up as a confirmed consumptive. I was in this condition when I heard of Dr. WISTAR'S BALM OF WILD CHERRY. I began its use, and before I had taken half a bottle of it my cough and my other troubles left me, and I was cured. I feel so truly indebted that I send this voluntary testimony, hoping it may be the means of inducing others, who are suffering as I was, to make use of it. It is the best remedy for lung complaints that I ever heard of, and I am constantly recommending it to my friends." 50 cents and \$1 a bottle. Sold by all druggists.

EXTRACTS FROM A LETTER FROM C. H. S. CRONKHITE, Esq.—Canterbury Station, York Co., N. B., Oct. 10, 1878.—MR. J. H. ROBINSON, —Dear Sir: In reply to your letter of enquiry, I would say that your Phosphorized Emulsion of Cod Liver Oil with Lacto-Phosphate of Lime is the best preparation of the kind I have ever seen or taken.

I was ordered by my physician to take it, and commenced about the last of August, and since that time I have felt a different man, and also look differently, and all for the better, as the doctor can testify. I was unable in the summer to walk any distance without much fatigue. I can now take my gun and travel all day, and feel as fresh at night, and eat as much as any lumberman. Have not bled any since I took your preparation and can now inflate my lungs without feeling any soreness, and I think I can inflate them up to full measurement, same as before I was sick; have also gained in flesh; my weight in the summer was 173 pounds, and now it is nearly 190 pounds, which is pretty well up to my former weight. The foregoing is a correct statement which I am prepared to swear to, and I hereby authorize you to give it publicity in my name. I am, Dear Sir, Yours truly, (Signed) C. H. S. CRONKHITE. We, the undersigned, hereby consent to have our names published as witnesses to the effects of Robinson's Phosphorized Emulsion on the person of Mr. Cronkhit, and do assert that the foregoing statement is correct in every particular. ALEX. BENNETT, J. F., W. MAIR, REV. THOS. MARTIN. Prepared solely by Hanington Bros., Pharmaceutical Chemists, St. John, N. B., and for sale by Druggists and General Dealers. Price \$1.00 per bottle; six bottles for \$5.00.

ALWAYS SUCCESSFUL! FELLOWS' Dyspepsia BITTERS

Are always successful when used to Cure INDIGESTION, JAUNDICE, BAD BREATH, SICK HEADACHE, BILIOUS COMPLAINT, COSTIVENESS, HEARTBURN, And all Diseases arising from Bad Digestion. PRICE 25 CENTS. Every Bottle bears the name of FELLOWS & CO.

PEARL WHITE TEETH THE admiration of the world, ENAMELLING! Language fails to give expression to the beauty or the utility of a beautiful set of white teeth. With no other charm the possessor may well feel proud. ENAMELLING is unequalled for cleaning, preserving, and beautifying the teeth, giving them a pearl-like whiteness, and hardening the gums. ENAMELLING removes all tartar, hardens the enamel, arrests decay, and imparts to the breath at all times a most delightful fragrance. PRICE 25 CENTS. For sale by all first-class Druggists.

SPECIAL CAUTION OWING to the marked success of Fellows' Dyspepsia Bitters, the only acknowledged cure for Indigestion, Jaundice, Bilious Complaint, Bad Breath, Costiveness, Sick Headache, Waterbrash, Loss of Appetite, etc., base imitations are being placed in the market. The genuine Dyspepsia Bitters have the name FELLOWS and Co. on the Bottle. When you ask for Dyspepsia Bitters, see that you get the genuine article. PRICE 25 CENTS.

Summer Complaints FELLOWS' SPEEDY RELIEF only requires minutes not hours, to relieve pain and cure acute diseases. It is the best remedy known for summer complaints. It never fails to relieve pain with one thorough application. No matter how violent or excruciating the pain from which you suffer, Fellows' Speedy Relief will afford instant ease. Inflammation of the Kidneys, Inflammation of the Bladder, Inflammation of the Bowels, Sore Throat, Difficult Breathing, Hysteria, Croup, Diphtheria, Rheumatism, Cold Chills, Ague Chills, Chills, Frosts, Bruises, Summer Complaints, Coughs, Colds, Sprains, Pains in the Chest, Back or Limbs are instantly relieved. Travelers should always carry a bottle of Fellows' Speedy Relief with them. A few drops in water will prevent sickness or pain from change of water. Miners and Lumbermen should always be provided with it. It is the true relief and is the only remedial agent in vogue that will instantly stop pain. PRICE 25 CENTS.

Purify the Blood GOLDEN ELIXIR The Great Blood Purifier.

For Cleansing and Clearing the Blood from all Impurities cannot be too highly recommended. For Scrofula, Scurvy, Skin Diseases, and Sores of all kinds, it is a never failing remedy and permanent cure. It cures Blackheads or Pimples on the Face; cures Cancerous Ulcers; cures Blood and Skin Diseases; clears the Blood from all impure matter, from whatever cause arising. As this medicine is pleasant to the taste, and warranted free from anything injurious to the most delicate constitution of either sex, the proprietors solicit sufferers to give it a trial to test its value.

GOLDEN ELIXIR. IMPORTANT ADVICE TO ALL.—Cleanse the Blood whenever you find its impurities bursting through the skin in Pimples, Eruptions and Sores. Keep your blood pure and the health of the system will follow.

GOLDEN ELIXIR THE GREAT BLOOD PURIFIER IS SOLD BY ALL DRUGGISTS & GENERAL DEALERS. PRICE ONE DOLLAR.

WILLIAM CROWE, 133 BARRINGTON STREET, HALIFAX, N. S. March 5, 1880-1y

MACDONALD & CO., HALIFAX, N. S. STEAM AND HOT WATER ENGINEERS, Importers of Cast and Wrought Iron Pipe, with Fittings, Engineers' Supplies and Machinery. Manufacturers of all kinds of Engineers' Plumbers' and Steam Fitters' BRASS GOODS AND THE HEAVIER CLASSES OF BRASS AND COPPER WORK ALSO VESSELS' FASTENINGS AND FITTINGS. Public Buildings, Residences and Factories supplied with Warming Apparatus and Plumbing Fixtures, With all the Modern Improvements, fitted by Engineers thoroughly acquainted with our climate. SOLE AGENTS FOR THE SALE AND APPLICATION OF WARREN'S FELT ROOFING And Roofing Materials in and for the Province of Nova Scotia. Nos. 162 to 172 also 306 Barrington Street, Halifax.

SMITH BROTHERS, WHOLESALE 25 Duke Street, - - - - Halifax, N. S.

SPRING IMPORTATIONS OVER 500 PACKAGES.

COMPRISING IN PART: 15 cases White Cottons, 57 bales Grey do., 43 cases Prints, 10 cases Oxford Shirtings, 15 cases Ducks, 4 cases Tickings, 10 cases Lining Cottons and Selcoias, 10 bales Cotton Warp, 14 cases Knitting Cottons, 10 cases Cloths, 18 cases Grass Cloths, Lunens, &c. 18 cases Muslins and Lace Goods, 8 cases Frillings, 6 cases Cashmeres and Mermos, 12 cases Coloured Dress Goods, 17 cases Alpaca, Cords, &c., 19 cases Shirts, 7 cases Flannels, 11 cases Clarks' Reels, 5 cases Corsets, 3 cases Umbrellas, 4 cases Fringes, &c., 8 cases Ribbons, 2 cases Kid Gloves, 15 cases Hosiery, 14 cases Flowers, Feathers, &c., 14 cases Silks and Satins, 4 cases Shawls and Mantles, 32 cases Straw Hats, 20 cases Small Wares.

REPEAT ORDERS BY CABLE AND MAIL TO ARRIVE. INSPECTION INVITED. Bottom Prices Guaranteed.

WILLIAM CROWE IMPORTER OF ANDALUSIAN, SHETLAND, MERINO, WELSH, FLEECY, and BERLIN WOOLS —AND— SCOTCH YARNS.

Fillossel, Floss, Embroidering Silk, Linnen Floss Silk, Mohair, Worsted and Cotton Braids; Stamped Strips, Yokes and Toilet Sets; Canvas, Cloth, Velvet and Kid Slippers; Fancy Work of all kinds, with Materials; Work Boxes; Jewel Cases, Glove and Handkerchief Sets; Cardboard Mottos; White, Black, Colored, and Gold and Silver Cardboard; Fancy Baskets; Bracket Saw Frames; Sorrento, Fleetwood and Dexter Foot Saws; Walnut, Holly, Rosewood, etc., for Amateur Fret Sawyers.

133 BARRINGTON STREET, HALIFAX. DEALER IN Sewing Machines

ALL KINDS OF MACHINE NEEDLES SENT BY MAIL TO ANY PART OF THE PROVINCES. AGENCY FOR MME. DEMOREST'S PATTERNS OF Ladies' and Children's Garments. CATALOGUES OF WHICH WILL BE MAILED FREE.

WILLIAM JOHNSON, 28 St. Francois Xavier St. MONTREAL, SOLE AGENT. CORNER GRANVILLE & SACKVILLE STREETS.

NOVA SCOTIA Machine Paper Bag Manufactory The Cheapest in the Market. SEND FOR PRICE LIST. ALSO BOOK BINDING IN ALL ITS BRANCHES. G. & T. PHILLIPS.

WILLIAM CROWE, 133 BARRINGTON STREET, HALIFAX, N. S. March 5, 1880-1y