#### CHATS WITH YOUNG MEN

WORTH WHILE

It is easy enough to be pleasant When life flows by like a song, But the man worth while is one who will smile

When everything goes wrong. For the test of the heart is trouble. And it always comes with the years, And the smile that is worth the praises of earth

Is the smile that shines through

It is easy enough to be prudent When nothing tempts you to stray, When without or within no voice of

Is luring your soul away. But it's only a negative virtue Until it is tried by fire.

And the life that is worth the honor of earth

Is the one that resists desire.

By the cynic, the sad, the fallen, Who had no strength for the strife, The world's highway is cumbered to day.

They make up the item of life.

But the virtue that conquers passion And the sorrow that hides the It is these that are worth the homage

of earth, we find them but once in

awhile. -ELLA WHEELER WILCOX

GOOD ADVICE TO YOUNG MEN Speaking before the Social League of St. Xavier College, Cincinnati, Friday, March 1, former Ohio State Senator Robert J. O'Brien, of the Queen City, said in part:

"Whatever you choose as your voca-tion along life's paths, you will never find the obstacles too heavy if you proceed with 'Honesty' as your slogan. Life is far too short for us to be otherwise than honest. And, you young fellows, remember that, as you climb toward the top, it is especially important now, (and morally certain as well) that a man cannot be true to his God unless he is true to his country. Over the land waves a flag upon which are stars, representing, of course, the forty eight States, but also symbolizing everything that is good, because they likewise stand for liberty, truth and justice.

To prove that the laws of our country were made by honest men, I will quote what the immortal George Washington, Father of our Country, I hope that I shall always possess firmness and virtue enough maintain what I consider to be the most enviable of all titles—an the most enviable of all titles—an accused of Christianity by one of the constant of the co you to fail. Though riches may not come to you as fast as you may desire, there is one thing of which you may rest assured :- when the ne comes for you to meet your Maker, and you will very likely do what others have done — think over you past—then you will feel happy in the thought that you have Saint courageously rejected such at least tried to be honest with your ignominious terms of safety, whereat least tried to be honest with your fellow-man; and, as one writer says, An honest heart is in itself a king-

MISDIRECTED ENERGY

There are nearly 22,000 living of our oldest university, Harvard; and a recent census shows that more than a fourth of them are practicing law.
Of these 6,000 lawyers, how many

are known to you as leaders in the battle for better civilization; how many have enlisted and won renown the effort to make life easier and happier for the 75%.

22,000 trained farmers or mechanics, men who could win their way by creative industry and add to the total of wealth by direct production, wouldn't they and society both have been better off?

Maybe not better off, measured by ward lawyers get pretty big incomes; but better off in contentment, in the

We've seen few great lawyers who really felt better on the inside after they'd piloted a mendacious corporation the sum demanded for his ransom. tion through a ticklish bit of sailing

But we've seen many happy farmers and mechanics-especially when they'd done an honest day's work and come home to a congenial family for a rest that wasn't troubled by an

THE MILDNESS OF A SAINT

It is related in the life of St. Francis of Sales, that he was, even as a child, of a mild disposition. His elder brother said of the three sons of his father : We three should make a capital salad dressing—Jean, the vinegar, Louis, the salt, and poor Francis, who cares for nothing but gentleness, would do well enough for

Yet, when a student at the University of Padua, Francis made something of a name as a fighter in putting several riotous colleagues to flight at the point of a sword; and the

"I mean the woman who would have been your wife had you ever married."—Catholic Columbian.

"I mean the woman who would have been your wife had you ever married." By his pious example as well as by his earnest words, he connot exert ourselves to perpetuate in a

OUR BOYS AND GIRLS

SHORT SKETCH OF LIVES OF SAINTS OF THE WEEK

APRIL 15 .- ST. PATERNUS, BISHOP

St. Paternus was born at Poitiers, about the year 482. His father, Patranus, with the consent of his wife, went into Ireland, where he ended his days in holy solitude. Paternus, fired by his example, embraced a monastic life in the abbey of Marnes. After some time, burning with a desire of attaining to the perfection of Christian virtue, he passed over to Wales, and in Cardiganshire founded a monastery called Llan-patern-vaur, or the church of the great Paternus. He made a visit to his father in Ireland, but being called back to his monastery Marnes, he soon after retired with St. Scubilion, a monk of that house, and embraced an austere anchorretical life in the forests of Scicy, in the diocese of Coutances, near the sea, having first obtained leave of the bishop and the lord of the place. This desert, which was then of great extent, but which has been since gradually gained upon by the sea was anciently in great request among the Druids. St. Paternus among the Druids. St. Paternus converted to the faith the idolaters. of that and many neighboring parts, as far as Bayeux, and prevailed upo them to demolish a pagan temple in this desert, which was held in great veneration by the ancient Gauls. In his old age he was consecrated op of Avranches by Germanus, Bishop of Rouen.

Some false brethren having created a division of opinion among the bishops of the province with respect to St. Paternus, he preferred retiring rather than to afford any ground for dissension, and, after gov erning his diocese for thirteen years, he withdrew to a solitude in France. and there ended his days about the year 550.

APRIL 18.—ST. APOLLONIUS, MARTYR Marcus Aurelius had persecuted the Christians, but his son, Com-modus, who in 180 succeeded him, showed himself favorable to them out of regard to his Empress Marcia, who was an admirer of the Faith. During this calm the number of the faithful was exceedingly increased, and many persons of the first rank, among them Apollonius, a Roman senator, enlisted themselves under the banner of the cross. He was a person very well versed both in philosophy and the Holy Scripture. the midst of the peace which the Church enjoyed, he was publicly Aurelius, who, without repealing the former laws against convicted Christians, ordered by it that their accusers should be put to death. The slave being executed, the same judge sent an order to St. Apollonius to renounce his religion as he valued his life and fortune. The judgment of the Roman Senate, to give an account of his faith to that body. Persisting in his refusal to comply with the condition, the Saint was condemned by a decree of the Senate, and beheaded about the year

186. APRIL 19,-ST. ELPHEGE, ARCHBISHOR St. Elphege was born in the year tery of Deerhurst, near Tewkesbury, England, and afterwards lived as a hermit near Bath, where he founded We know of one—Louis D. Bran-deis. There may be—there probably Benedict, and became its first abbot. re—others. Yet how few!

At thirty years of age he was chosen
Bishop of Winchester, and twentytwo years later he became Arch bishop of Canterbury. In 1011 bishop of Canterbury. In 1011, when the Danes landed in Kent and took the city of Canterbury putting all to fire and sword, Elphege was captured and carried off in the expectation of a large ransom. dollar incomes—for some of the Har He was unwilling that his ruined church and people should be put to such expense, and was kept in satisfaction which comes from doing a loathsome prison at Greenwich for things worth while. some friends came and urged him to

"What reward can I hope for," said he, "if I soend upon myself what belongs to the poor? Better give up to the poor what is ours, than take from them the little which is their blunt sides of their weapons, and bruised him with stones until one, whom the Saint had baptized shortly before, put an end to his sufferings by the blow of an axe. He died on Easter Saturday, April 19, 1012, his last words being a prayer for his murderers. His bodywas first buried in St. Paul's, London, but was after wards translated to Canterbury by King Canute. A church dedicated to St. Elphege still stands upon the place of his martyrdom at Green-

wich. APRIL 20.-ST. MARCELLINUS, BISHOP

St. Marcellinus was born in Africa, same elder brother, as the irritable of a noble family; accompanied by Bishop of Chalcedon, once felt the sting of a tongue which was not into Gaul, and there preached the ays gentle.

You have done one woman a Gospel, with great success, in the neighborhood of the Alps. He aftergreat service," Francis told him at wards settled at Embrum, where he dinner. After several ineffectual guesses by the Bishop, Francis said: nights in prayer, after laboring all

verted many of the heathers among whom he lived. He was afterwards made bishop of the people whom he had won over to Christ, but the date of his consecration is not positively known. Burning with zeal for the glory of God, he sent Vincent and Domninus to preach the faith in those parts which he could not visit in person. He died at Embrum about the year 374, and was there interred. St. Gregory of Tours, who speaks of Marcellinus in terms of highest praise, mentions many mir-acles as happening at his tomb.

APRIL 21,-ST. ANSELM, ARCHBISHOF Anslem was a native of Piedmont. When a boy of fifteen, being forbid den to enter religion, he for a while lost his fervor, left his home, and went to verious schools in France. At length his vocation revived, and he became a monk at Bec in Normandy. The fame of his sanctity in this cloister led William Rufus when dangerously ill, to take him for his confessor, and to name him to the vacant see of Canterbury. Now With new health the king relapsed into his former sins, plundered the Church lands, scorned the archbishop's rebukes, and forbade him to go to Rome for the pallium. Anselm went, and returned only to enter into a more bitter strife with William's successor, Henry I. This sovereign claimed the right of investing prelates with the ring and crozier, symbols of the spiritual jurisdiction which belongs to the Church alone. The worldly prelates did not scruple to call St. Anselm a traitor for his defence of the Pope's supremacy; on which the Saint rose, and with calm dignity exclaimed, "If any man pretends that I violate my faith to king because I will not reject the authority of the Holy See of Rome let him stand forth, and in the name of God I will answer him as I ought. No one took up the challenge; and the disappointment of king, the barons sided with the Saint, for they respected his courage, and saw that his cause was their own. Sooner than yield, the archbishop

went again into exile, till at last the king was obliged to submit to the feeble but inflexible old man. In the midst of his harassing cares. St. Anselm found time for writings which have made him celebrate as the father of scholastic theology while in metaphysics and in science he made few equals. He is yet more famous for his devotion to our blessed Lady, whose Feast of the Immaculate Conception he was the first to establish in the West. He died A. D.

### BELATED RECOGNITION

Tucked away in the columns of the Congressional Record and likely to be passed over amid the great issues that agitate the land at this time, is the story of an effort for national justice that deserves a proper chronicle.

The heroism of Catholic Sisters during the Civil War, as in the Cri-mea, where they first made their self-sacrificing labors manifest in a large way hand in hand with greathearted woman, Florence Night ingale, is a serial classic. You may read in the histories of that struggle, in the memoirs of commanders and correspondents the little classics of self forgetting service that shed over the glory pages a light of beauty that "was never on sea or land," the narrative of the "ministering angels" in women's form who did their great yet humble part on the battle field the fighting have done the Sisters little stories told at many a fireside after the war closed have been one of the great influences that quenched amount has been received from the flames of bigotry and prejudice John McCormack. see each other aright. No real man could lie on a bed of pain after the battle and be nursed back to life and strength by the Sisters and go forth mong men and say that the Church that produced and trained such as these was not a boon to

But in a national and public way, for one reason or another, the heroic work of the nuns went without recognition. Bills were introduced and noble speeches were made in Congress, but they all came to naught. But finally, in the fullness of time, a young Congressman from Rhode Island in the cemetery of whose Alma Mater on the Hill of St. James rest the bodies of men who died for the Union, addressed him-self to the task of seeing to it that own." As he still refused to give ransom, the enraged Danes fell upon him in a fury, beat him with the well of this nation should receive an well of this nation should receive an adequate memorial in the Capital of the nation. The long and persevering effort of the Ancient Order of Hibernians in this matter should not be forgotten. They kept the topic alive ed by the affectionate welcome which and used ther influence to bring it to he received. He characterized the

a successful issue.

This happy result has now been attained. The House of Representatives has passed the Bill to erect in Washington a memorial to the Sisters who served as nurses during the Civil War. Senator Weeks of Mas sachusetts was the spokesman for the Bill in the Senate and his wise and eloquent advocacy had much to do with setting forth its timeliness and

propriety to his colleagues. There is a pertinent lesson in this narrative for the Catholics of the United States. It is this: do not forget to work for adequate recognition of those who have done great things for this nation, for all who

monumental way the deeds of our people who have helped to make this Republic what it is today, we cannot expect others to do it. Mr. Kennedy and the Ancient Order of Hibernians the Navy. "I bring to you deserve the thanks of American Catholics, but there is still much work to be done in this line and there will be

#### THE HANDS OF THE PRIEST

There is something we prize more than gems, more than gold— More than earth's rarest treasures, its beauty, its brawn.

Be it fairer than liltes, or withered and old, It hath ever a blessing, a charm of

its own. Tis the hand of the priest, of our

father in God, No king's can compare with its dignity grand : Every saint of the Lord who this

dark earth has trod Owes life everlasting to that holy

A marvelous grace from its touch ever rises— God's mercies are centered its pure palm within,

Tis the hand of the font—'tis the hand that baptizes, Releasing men's souls from original Tis the hand that absolves when the

penitent kneeling In the sacred tribunal, in sorrow and shame To the ear of the priest all his errors

revealing, Wins pardon and peace in the Crucified's name.

Again ev'ry morning, when the gift of all gifts. The lamb on the altar is slain, sacri-'Tis the hand of the priest that en-

folds, that uplifts, The body and blood of our God, the Lord's Christ!

Tis the hand that sustains, that gives food to our needs, When we flock, in our hunger, to God's holy shrine.

For the priest, like the Master, the multitude feeds With the manna from heaven, the bread all divine.

When life is fast ebbing, time's drama swift closing. And the ties and the joys of this earth over pass'd, The Christian in Death's gloomy

shadows reposing, By the hand of the priest is anointed

at last. Well then may we prize it—this treasure of ours-May bless and revere it, night, morn-

ing and noon, Whether wither'd and old, fairer, sweeter than flowers, Thank God for the hand of our Sog-

garth Aroon! -ELEANOR C. DONNELLY

## JEWS PLEDGE AID TO CATHOLIC FUND

Protestants and Jews of New York are co-operating in the campaign now under way in the Archdiocese to raise the sum of \$2,500,000 for the Catholic Soldiers' Welfare Fund. Prominent Jews met at the Waldorf-Astoria and pledged themselves to subscribe a total of \$15,350. Many Protestant ministers throughout the and in the hospital. It must be said in all fairness that the men who did gations to aid the campaign. Ap proximately 5,000 teams are now work soliciting funds. Harry Payne Anothersubscrip tion was that of Mme Galli Curci for

The campaign was opened at the Hippodrome. Cardinal Farley and many distinguished clergymen and laymen attended the meeting. President Wilson had sent a telegram in which he cordially recommended the campaign. The President's message

The White House, Washington, Gentlemen - As Commander-inchief of the Army and Navy I heart-ily approve your plan to accumulate a fund to be spent for the spiritual and moral welfare of our soldiers. and I am very much gratified to know that your effort, while born of the charitable impulse of a single church, is non-sectarian in its scope and purpose, and intended to confer a fundamental benefit upon all those whose mental, moral, and physical health is our solemn concern. Sincerely yours,

Cardinal Farley was visibly affect-

years in a great city.

The Administration was represented by Mr. Josephus Daniels, Secretary of the Navy. "I bring to you tonight," Mr. Daniels said, "the appreciation and thanks of the Com-mander-in-chief of the American more after the close of the present war.—Boston Pilot.

Army and Navy, that patient, firm and resolute President who bears burdens greater than ever were imposed upon any man since the days of the immortal Lincoln. I bring you the thanks of the distinguished

you the thanks of the distinguished Secretary of War, now on the sacred soil of France, and I need not tell you how grateful the navy is for the uplift of its youth.

"The navy is a boy institution. When the fleet went around the world, the average lad was under twenty. Look into the eyes of these twenty. Look into the eyes of these lads, clear, firm, and strong in purpos You are helping them to brave the perils of the deep where they fear no gele or foe, and to bring forward a victory that shall add new laurels to navy that has never failed the

American people."
"God be praised for it all" were
the fervent words of His Eminence Cardinal Farley, when, on Monday night, at the close of the great drive for the Catholic War Fund he was told that the total amount realized up to that time was \$3,469,233.92. That was the grand total on Monday night, but receipts from the parishes and from the Downtown Committee since the close of the drive have brought the amount well past the four million mark, and the indications are that when all the returns are in, the grand total will be, in round figures, \$5,000,000. As the drive came to a close, and it was realized that the \$2,500,000 goal aimed at would probably be doubled, enthu siasm reigned supreme throughout the archdiocese, and in every parish and zone headquarters the tired but happy workers felt deeply gratified, not only over the splendid results achieved, but mainly because they knew that they had done their best for the boys "over there" and that the patriotic generosity of the people of the metropolis had once more been vindicated. Religious lines were swept aside in this great Catholic War Drive of the Knights of Columbus, and Protestant and Jew vied with their Catholic fellow-citizens in their efforts to push the drive "over the top."—N. Y. Catholic News.

#### A HAIL MARY IN THE HOUR OF DEATH

One of the chaplains at the front relates the following beautiful, though tragic, incident :

And let me tell you about the power of prayer to the Blessed Virgin. One night I was walking from trench to trench and met a soldier, who did not recognize me as a chap-lain since I had my cloak buttoned. What regiment is yours?' I

The Twenty-third,' he answered, and, believing that I was a soldier, asked me the number of mine. Oh, I belong to them all,' I re-

plied.
Then you are a chaplain, "' Yes.' And after a short time he made his confession. But he was

still disconsolate. You believe in God and in your country ?' Yes, but I left an old mother at home and I am so afraid that I will

be killed tomorrow and she will be left alone,' the soldier answered. Let us then kneel down and say a prayer to the Mother of God, who will console your mother in your absence, I pleaded, and he con-sented. We said the Hail Mary on our knees there on the battlefield at night when the Germans were shelling our trenches. But he never finishe the prayer. When we both came to the 'pray for us now and at——' his hour of death had come and gone. German missile had done

## BLESSED THOMAS MORE

Blessed Thomas More is beginning to be appreciated at his true worth by his non-Catholic fellow country men. In reply to the question put by a London magazine, "What is the greatest deed of valor?" Mr. E. Ashmead Bartlett points to that moral hero. "In his case," he writes, "it was conscience that drove him to a supreme act of bravery, where every other inducement was working in favor of the broad and easy road He refused to affirm the title of Henry VIII, as supreme head of the Church, and by a statute passed in 1534, such refusal was interpreted as treason. The monarchy had tri-umphed over the whole field, but its power was brought to an abrupt halt when face to face with the unvielding conscience of a single man. . . . . The heroism of Sir Thomas More is meeting as the most inspiring sight | the type to which not individuals



We Make a Specialty of Catholic Church Windows

## Capital Trust Corporation Limited

**Authorized Capital** \$2,000,000

A SOUND MIND IN A SOUND BODY

Is the best condition a man can be in when making his Will, but no condition of mind or body can excuse a man for delay in making a proper provision for those dependent on him. Name this Company your Executor and your wishes will be carefully fulfilled.

WRITE FOR OUR BOOKLET 'The Will That Really Provides OFFICES:

10 Metcalfe St. Ottawa, Ont.

Board of Directors

M. J. O'Brien, Renfrew VICE PRESIDENTS Hon. S. N. Parent, Ottawa J. J. Lyons, Ottawa R. P. Gough, Toronto A. E. Corrigan, Ottawa

PRESIDENT

A. E. Corrigan, Ottawa
A. E. Provost, Ottawa
Hon. R. G. Beazley, Halifax
J. F. Brown, Toronto
E. Fabre Surveyor, K. C., Montreal
Hugh Doheny, Montreal
E. W. Tobin, M. P., Bromptonville
Arthur Ferland, Halieybury
J. B. Duford, Ottawa
Edward Cass, Winnipeg
T. P. Phelan, Toronto
W. H. McAuliffe, Uttawa
Gordon Grant, C. E., Ottawa
Michael Connolly, Montreal
W. J. Poupore, e.-M. P., Montreal
Lieut. Col. D. R. Street, Ottawa
P. V. Byrnes, Hamilton

Managing Director: B. G. Connol

souls. In their traffic of this life they scheme as if they were to live

forever. In their preparation for death they trifle as if there were no life beyond the grave.—Cardinal

only, but nations, must conform if

He who feasts every day feasts no they are to obtain true greatness.-Paul Bulletin. Many men live as if they had no

117 Yonge St. Hennessey

DRUGS CUT FLOWERS PERFUMES Order by Phone - we deliver



Think of the germ-laden things your skin and clothes must come into contact with every day. Then remember that there is a splendid antiseptic

# LIFEBUOY HEALTH SOAP

Use Lifebuoy for the hands, the bath, the clothes, and the home. Its rich, abundant lather means safety. The mild, quickly after use LEVER BROTHERS Limited TORONTO

At all









TORONTO, MONTREAL,

ST. JOHN, N.B., HAMILTON, CALGARY, SASKATOON