

$\frac{1}{2}$ cup water, a pinch of cream of tartar, some chopped nut meats, a few drops of almond extract, pink and green confectioners' coloring (this may be omitted). Put the sugar, water and cream of tartar in a granite pan and stir well, then place on the fire but do not stir. Let it boil until it threads, then pour it out in equal quantities in three deep plates. Mix coloring with two of the portions. Let all stand five minutes, then pour a few chopped nut meats into each plate. Stir each until cool enough to knead, then knead until creamy and press out on oiled paper in a long, even layer about 2 inches wide. Put the white layer between the colored layers. Let cool and slice.

Sea Foam.—Three cups sugar, 1 cup water, 1 tablespoon vinegar, whites of 2 eggs, 1 teaspoon vanilla, 2 cups chopped nuts. Put sugar and water on the fire and let cook. Add the vinegar and boil. When it threads, pour off and beat well, adding the vanilla, nuts, and beaten egg-whites.

Peanut Candy.—Two cups roasted peanuts, 2 cups sugar, $\frac{1}{4}$ cup water, 2 tablespoons grated chocolate, 2 teaspoons vanilla. Boil the sugar, chocolate and water until it threads from a spoon, then add the vanilla and nuts. The nuts should be roasted and rolled. Stir until nearly cool and pour into buttered plates.

Chocolate Caramels.—Melt $2\frac{1}{2}$ tablespoons butter in a saucepan, then add 2 cups molasses, 1 cup brown sugar and $\frac{1}{2}$ cup milk. Stir until sugar is dissolved, and when at boiling point add 3 squares grated chocolate. Stir until it is melted. Boil until a firm ball may be formed by the fingers in cold water, then take from the fire, add 1 teaspoon vanilla and turn into a buttered pan. When almost cool mark into squares.

Plain Fudge.—The secret of creamy fudge is scant cooking and hard beating after taking from the fire. Never add butter until after the mixture has come to a boil. To make the fudge use $\frac{1}{2}$ lb. (or 4 squares) unsweetened chocolate, 2 large cups sugar, $\frac{3}{4}$ cup cream or milk, butter size of an egg, teaspoon vanilla. Grate the chocolate or melt it over hot water, add sugar and milk, butter when boiling, vanilla after it is taken off the fire. Cook until it forms a very soft ball in water. Beat hard and pour into buttered pans.

The Call of the Land.

It throbs through the noontide crushes
Where the gaunt street canyons yawn;
It thrills in the traffics' hushes
In the dark before the dawn;
Now vibrant and tense with pity,
Now ringing with sharp command,
Summoning souls from the city—
Hark to the Call of the Land!

"I have fed your mouths from my bounty
Since the days when you toiled alone,
And turned up my virgin meadows
With your spades of wood and bone.
I have watched your eyes grow restless,
I have seen you pause and part,
Drawn from your ancient mother
By the lure of the court and mart.

"Engulfed in the sordid city,
And deaf to my warning cry,
I have seen you reel and stumble,
I have seen you faint and die;
I have heard your sobs and anguish,
I have heard your groans of pain,
And raise my voice to warn you,
I reach you my arms again.

"Are you broken in heart and body?
Are you shrunken in mind and soul?
Hasten back to me, your mother,
And my touch will make you whole.
Are you shaken in faith, discouraged?
Are you buffeted, bruised and sore?
Creep out to me from the gutters
And I'll make you men once more.

"Come out to me from the trenches,
From the dark where you cringe and grope;
Let your thews grow hard with labor,
While your hearts grow great with hope.
You shall stand with your heads in the sunshine,
You shall stand with your feet on the sod,
And your faith in me shall lead you
To a surer faith in God."

—Lewis R. Freeman in Current Opinion.

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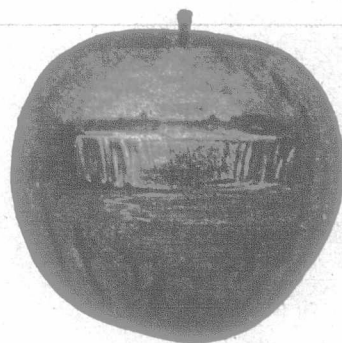
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And E. A. SULLIVAN, R.R. No. 1, South Mountain, Ont., says:

"When I came here, about 12 years ago, there was only one 'Advocate' came to the post office here besides mine; but in two or three years nearly all the farmers who came to the cheese factory would have one in their pocket on mail days."

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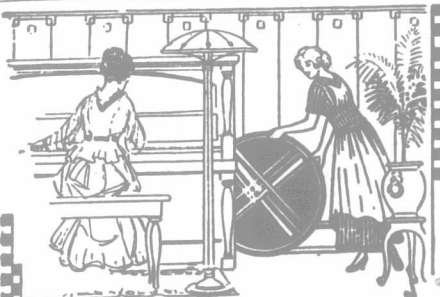
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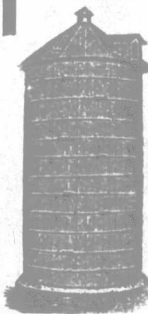
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