

dearest. And finally the fatigue is often marked by a lack of control over the emotional expression, so that anger blazes forth more easily over trifles, and the tears come upon even a slight vexation. *To be neurasthenic is to magnify the pins and pricks of life into calamities, and to be the victim of an abnormal state that is neither health nor disease.*

The more purely physical symptoms constitute almost everything imaginable.

1. Pains and aches of all kinds stand out prominently; headache, backache, pains in the shoulders and arms, pains in the feet and legs, pains that flit here and there, dull weary pains, disagreeable feelings rather than true pains. These pains are frequently related to disagreeable experiences and thoughts, but it is probable that fatigue plays the principal part in evoking them.

2. Changes in the appetite, in the condition of the stomach and bowels, are prominent. Loss of appetite is complained of, or more often a capricious appetite, vanishing quickly, or else too easily satisfied. The capriciousness of appetite is undoubtedly emotional, for disagreeable emotions, such as worry,