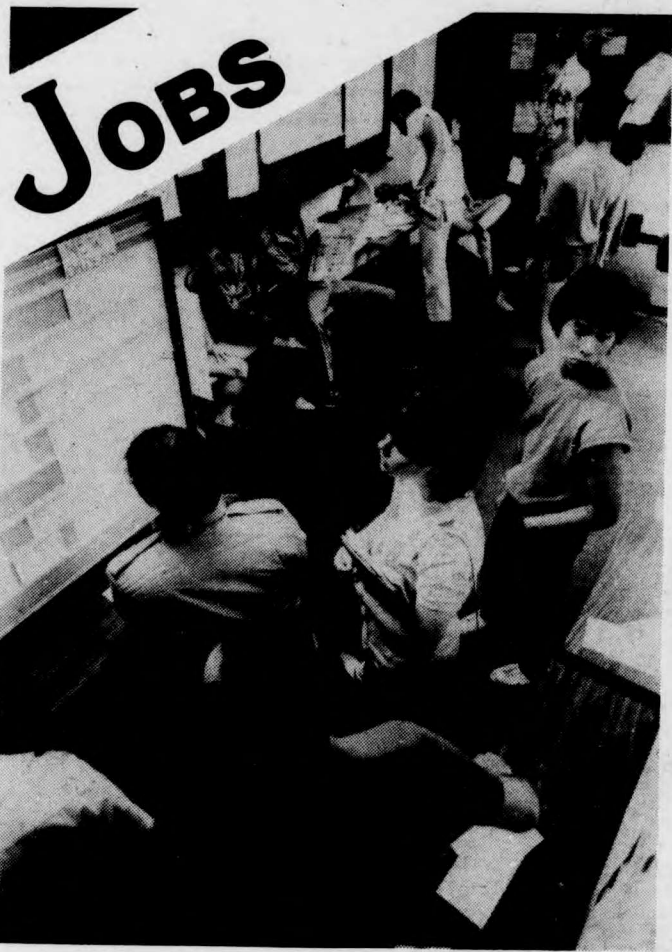


DIRECTIONS

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A FEW THINGS TO CONSIDER AT THIS TIME OF YEAR!



MARIO SCATTOLONI

You should have already started to act on a job-search strategy. Various programs are being offered at the Career Centre and the Canada Employment Centre on campus (CEC) to help make this search more effective.

At the Career Centre, programs will be offered under their series of "Counselling Opportunities" seminars. These include 'Vocare', which will focus on 'networking' as a tactic for finding unadvertised jobs, 'Job Search in the 80's' a four session program touching on such topics as interview techniques and resumes, and 'Shaping Your Future', an opportunity to iron out future plans.

The Centre also offers an ongoing resume critique service. You can leave a draft copy of your resume at the Centre where it will be assessed by a counsellor.

The Canada Employment Centre on campus will also be offering several ongoing programs including workshops in resume writing, interviews and recruitment and applications. You can register for one of the workshops by leaving your name on a sign-up sheet.

If you are a recent graduate or plan to graduate this spring, you can register for full-time employment by submitting your resume to the CEC.

The CEC will also host on-campus recruiters from two firms, who did not visit the campus last fall. Representatives from Burroughs and National Cash Registers will be at York on February 13 to seek students to fill positions in marketing and sales. If you wish to participate, you must apply at the CEC by January 25.

GRADUATION

Are you dreaming about graduation? Do you picture yourself attending June ceremonies clad in your black robe and cap and shaking your college master's hand as you accept your diploma? These thoughts may remain as dreams unless you take a few steps soon.

If you wish to participate in the ceremonies, which will be held between June 15 and 22, you must apply to your Faculty Student Programs Office by an established deadline. This rule stands for prospective graduates in Administrative Studies, Arts, Education, Science, Atkinson College and Glendon College.

Even if you have already applied to graduate, one step remains. Your name will appear on your diploma as it appears on your official university records. An accessible sample of these records is your study list. Check it and report

any changes in your name or college affiliation to your Student Programs office. The production of diplomas for June has already begun, so act now!

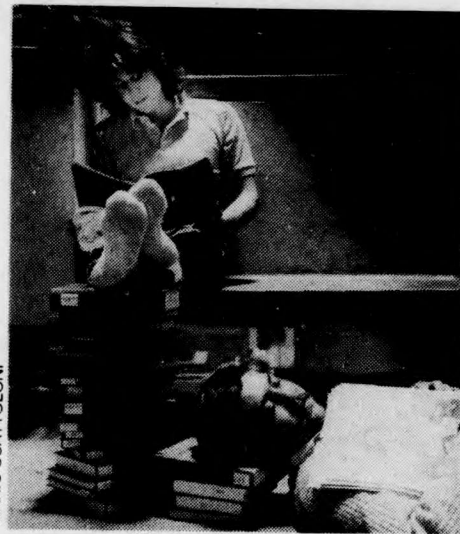
Your degree will be withheld from you, despite eligibility, if you have:

- ★ outstanding tuition fees
- ★ outstanding library fines
- ★ overdue library books beyond a period of 60 days.

Invitations to ceremonies will be mailed to you in May. The invitation will provide information about robe rental, guests and post-convocation receptions for your Faculty or College.

For more information, contact the Convocation Office at 667-3642.

COPING



MARIO SCATTOLONI

Whether you want to beef up your assertiveness, or sharpen your skills at dating and making friends, the Counselling and Development Centre has a program to help you. But you'd better hurry if you want to participate as many programs are beginning soon.

Some of the programs and their initial dates are:

- ★ Assertiveness Training (Jan 31)
- ★ Dating and Making Friends (Jan 17)
- ★ Effective Speaking (Jan 23)
- ★ Self-Change & Management Workshops (Jan 25)
- ★ Stress Management Group (Jan 24)
- ★ Support Group for Women Graduate Students (Jan 23)

"I don't think that people should wait for a crisis to come in and share some of their concerns," says Professor Harold Minden, the Counselling and Development Chairperson. "If people want to share in an atmosphere that is empathic, they should be aware that this is happening here."

For more information, call the Centre at 667-2304, or visit the Main office at Room 145 of the Behavioural Sciences Building.

RACISM

The question of race and ethnic relations at York has been under scrutiny since last spring when a Committee on Race and Ethnic Relations established by Provost Thomas Meininger first met to consider the issue.

The Committee has been meeting with various groups in the pursuit of its mandate to consider methods to deal with allegations of racism and promote harmony amongst people of different ethnic and racial backgrounds.

Student organizations have been offered the chance to make written contributions to the Committee's deliberations. The submissions will form part of the committee's final report. The deadline is the end of January.

If your group would like to make a submission, you can contact Brenda Hanning, the Committee's Secretary, at the Office of Student Affairs.



MARIO SCATTOLONI

FITNESS & FUN

Perhaps you've always wanted to learn juggling. Maybe you would like to master the life-saving skill of cardio-pulmonary resuscitation. You may simply want to work on your squash game or learn how to swim.

You can try your hand at one of these, or several other skills including skating, scuba and weight training through instructional services programs conducted by Recreation York.

Classes are beginning throughout January and February. They are open to all York students, faculty and staff. Contact Lois O'Grady at 667-2351 for more information. A detailed schedule of sessions can be obtained at Room 211A of the Tait McKenzie Building, or at the Office of Student Affairs.

OFFICE OF STUDENT AFFAIRS

Hours **Monday to Thursday**
9:00 a.m. - 7:00 p.m.
Friday
9:00 a.m. - 5:00 p.m.