

## Bread - Plus - Milk, Nature's Perfect Food

Don't cheat the growing child!

That active little body uses up so much energy-

Those tissues, bones and muscles are building up so rapidly-

Good building material is your child's first need.

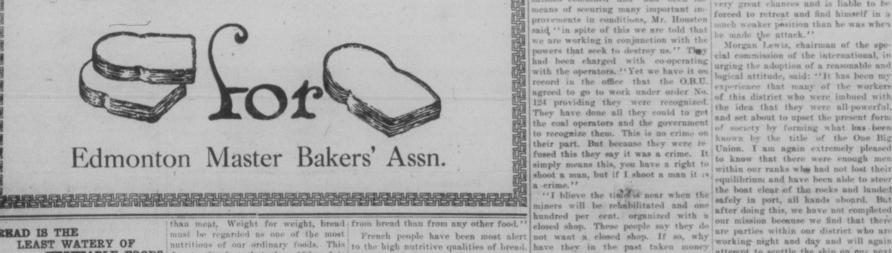
The real building material is food, Bread-and-Milk nature's own perfect combination.

Give them generous slices of firm white Bread, all golden-crusted, with plenty of delicious creamy milka whole bowlful of it.

Remember your children are growing-they are playing. Watch them develop into robust citizens on a. bountiful diet of Bread-and-Milk.

Edmonton baked Bread is Bread at its Best-always pure, tempting and nutritious.

Eat-"Two Slices for One."



BRBAD IS THE LEAST WATERY OF

LEAST WATERY OF LEAST WATERY OF VEGETABLE FOODS Dr. Robert Hutchison, F.R.C.R., one of the world's famous dicticians says in Dr. Robert Hutchison, F.R.C.R., one of the world's famous dicticians says in Dr. Robert Hutchison, F.R.C.R., one of the world's famous dicticians says in Dr. Robert Hutchison, F.R.C.R., one of the world's famous dicticians says in Dr. Robert Hutchison, F.R.C.R., one of the world's famous dicticians says in Dr. Robert Hutchison, F.R.C.R., one of the world's famous dicticians says in Dr. Robert Hutchison, F.R.C.R., one of the world's famous dicticians says in Dr. Robert Hutchison, F.R.C.R., one of the world's famous dicticians says in Dr. Robert Hutchison, F.R.C.R., one of the world is famous dicticians says in Dr. Robert Hutchison, F.R.C.R., one of the world's famous dicticians says in Dr. Robert Hutchison, F.R.C.R., one of the world's famous dicticians says in Dr. Robert Hutchison, F.R.C.R., one of which this can be said.''of which this can be said.". "Bread is not only one of the most of Dieteties": "Bread is not only one of the most intritious, but it is also among the table foods, and is relatively less so table foods, and is relatively less so



een in the vanguard of fabor progress from the act This means that said that the hope ffecting an international amalgamation organizations on both side the Atlantic, was in contemplation conditions for workers is concerned. y such leaders as Frank Hodges of the British mine workers. Eventually this could embrace the whole of the civil that class that is engaged in hotels, res

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"Before the disruptive movement they should be withdrawn from the pro-"Before the distribution of the finest organizations in the Dominion," said the speaker. "There has been an increases of business have more influence with speaker. There has been an increase of 500,000 in the international move-ment since the beginning of the year-that is how the movement is dying. This great organization should not come in the conditions that exist in this sec-tion industry evidently caused those

for slander and continuely. "It had been snid that the interna-tional leaders were sending to jath 'those poor chaps in Winnipeg,' yet so far as the international officers were concerned not one word had been snid against these men. The methods that some people were using to 'support' the convleted men were but 'pushing them further down.' Their ease was engaging the attention of the interna-tionals with a view to giving help.

Those men who were most assiduous troduced, now if the recommendation

Those men who were most assiduous at the Medicine Hat convention drew salaries from two or three sources and yet came round and asked for funds to propagate the O.B.U., '' Mr. Farmilos said in concluding. ''It is up to you to be beacon lights to carry forward the word to the local nnions. You will show that you are honest. Our conditions are of the size for the conditions are that you are houses. Our conditions are not the same as they were two years ago, but if you do not succeed in get-ting the conditions you desire, they will be responishle." O.B.U. Wanted Recognition

O.B.U. Wanted Recognition

O.B.U. Wanted Recognition Declaring that the miners' organiza-tion had spent more money in defenes of strikes than all other labor organi-zations combined and had been the means of scenring many important in very great chances and is liable to be

neans of securing many important im-provements in conditions, Mr. Houston provements in conditions, Mr. Houston said, "in spite of this we are told that we are working in conjunction with the powers that seek to destroy us." They had been charged with co-operating

had been charged with co-operating with the operators. "Yet we have it ou record in the office that the O.B.U. record in the office that the 0.5.6. agreed to go to work under order No. 124 providing they were recognized. They have done all they could to get the coal operators and the government to recognize them. This is no crime on the recognize them are they were re-the coal operators and the government to recognize them. This is no crime on the coal operators and the government to recognize them. This is no crime on the coal operators and the government to recognize them. This is no crime on the coal operators and the government to recognize them. This is no crime on the coal operators are they were re-the coal operators and the government to recognize them. This is no crime on the coal operators are they were re-the coal operators are they were re-the coal operators and the government of society by forming what has been the coal operators are they were re-the coal operators are they were reto recognize them. This is no true to their part. But because they were re-fused this they say it was a crime. It simply means this, you have a right to shoot a man, but if I shoot a man it is

**Urges Loyalty to Agreement** "You will, in all probability, find yourselves in the same position as Pre-sident Wilson when he crossed the At-lantic, in discussing with the delegates the pending negotiations, with his four-teen points," Mr. Brown declared. "He found that he had to deal with nations which had already been committed to treaties which they could not violate



## If the Men of Edmonton All Knew

MAY 22, 1920

THE SUPERIOR VALUES AND LARGE SELECTION OF REAL CLOTHING THAT WE HANDLE, THERE WOULD NOT BE ANY NECESSITY OF AD VERTISING. SOCIETY BRAND CLOTHES ARE RECOGNIZED TO BE THE SMARTEST LINE YOUNG MEN'S OF CLOTHING ON THE MARKET. WE TAKE THIS OPPORTUNITY OF INVITING YOU TO LOOK THEM OVER. WE HAVE REAL DAYLIGHT STORE.

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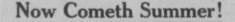
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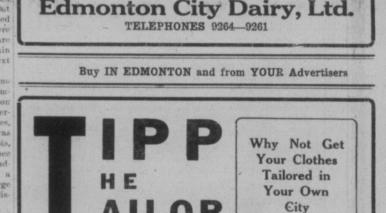


Lovely, luscious Summer, all clad in green and trimmed with beautiful blossoms! Birds sing and breezes blow as Summer comes dancing over the prairie. The sun shines hot in the sky and quickly all things-man, beast and plant-grow thirsty.

Instantly, the thoughts of man turn to things cool and refreshing. In Edmonton he does not need to ponder long-his remedy is at hand, mooth, sweet, satisfying.

## **VELVET ICE CREAM**

Is the sovereign remedy for thirst; it takes away that parched feeling and gives you a sense of well-being and contentment. Moreover, VELVET ICE CEEAM is a food-nourishing and sustaining, and at the same time easily digestible. Buy it in bricks or bulk of the



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