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TIC MEETING

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RUSSIA MAKES THE BRITISH OUTLOOK SEEMS PREPARATION FOR MUCH BRIGHTER | WAR IN SPRING

Gov't Operations Expected to All This Going on While Show Little If Any Deficit World Rushes to Feed Her

Letters From India To Y. M. C. A. Sec.

Edward C. Jenkins Writes from Matheran and Delhi -Visit of Prince of Wales.

Faithfully yours,
(Signed) EDWARD C. JENKINS.

MUCH BRICHTER

Gert Operations Experted by

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Services

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Al

WEATHER exposure and hard work bring pains and aches in muscles and joints. Have a bottle of Sloan's Liniment handy and apply freely. Penetrates without rubbing. You will find at once a comforting sense of warmth which will be followed by a relief from the soreness and stiffness of aching joints.

Also relieves rheumatism, aciatica, neuralda, sprains and etrains.

For forty years pain's enemy, Ask your neighbor.

At all druggists—Sic., 70c., \$1.40.

York County Recalls **Ghostly Happenings**

Has Its Ghost Story, Relegating Antigonish County Twenty-Five Years.

"You Are Working Too Hard, John'

that. I cannot help that. I am trying to figure out how the business is going to pull through and meet the liabilities with prices falling the way they have been lately."
"But, John, if anything happens to the business your health will be more necessary to you than ever, and you cannot afford to take chances of putting such a strain on your nerves. You are looking so worried and chances of putting such a strain on your nerves. You are looking so worried and nervous, and you do not half sleen."
"What am I to do? You know I have got to keep plugging along and try to see things through."
"One thing you can do is to begin a treatment of Dr. Chase's Nerve Food. You know how well that brought

Mr. Charles E. How, R. R. No. 5, Aylmer, Ont., writes:

"My system became generally run down, and I suffered from dull, heavy headaches. I was nervous, could not sleep at night, and my muscles used to twitch. My appetite became poor. I had indigestion and weak spells. I consulted a doctor, who gave me a tonic, but it did no good. I used other remedies, too, before finally trying Dr. Chase's Nerve Food. I found that this did me more good than anything I had ever taken."

Dr. Chase's Nerve Food, 50 cents a box, all dealers, or Edmanson, Bates & Co., Ltd., Toronto.

NOVA SCOTIA

LOBSTER SEASON

Care and Discrimination by Farmers in Purchasing Urged by Dom. Dept. of Agriculture.

Ottawa, March 12.—By Canadian

Is traps and caught three small blosters. So far as the Halifax coast is concerned, the harbors and bays are still full of ice and very few traps will be set before the first of April. As anh fisherman says that he does not anticipate even an average year for lobsters, owing to the weather conditions which are using up the open season. He thinks the mackerel

will be along this year earlier than usual, as "signs" are already reported from Gloucester and the southern fleet there is getting ready for the sea-son's work.

Any small boy in his first tro





You Needn't Be Afraid of Hurting the Enamel

HOT water and soap will keep SMP Diamond and Pearl Ware perfectly clean. But take a steel knife to scrape the pot if you want to. It's quicker, sometimes, than leaving it to soak. You can't scratch SMP Diamond or Pearl Ware with a knife any more than you can scratch a plate.

SMP or Pearl WARE "A Face of Porcelain and a Heart of Steel"

Scratch-proof, rust-proof, acid-proof. Coated with the wonderful SMP enamel over pressed sheet steel.



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