

requires time for growth and development, and will not allow of much hurry without injury. A forced growth almost always results in failure. The process of digestion is another illustration. Undue stuffing of physical food and an overloading of the organs of digestion are prejudicial to health and muscular activity. The training of men for feats of strength and skill proves this. Great care is taken to secure the highest condition of muscular development by a proper course of nutriment and exercise. Similar and far greater care should be shown by the teacher in the training of those entrusted to him, that they may be enabled to acquit themselves worthily in the great battle of life. Yet how many teachers are constantly stuffing the memories of children without reference to the other mental powers. What we want is more *training* and less *stuffing*—more *discipline* and less attention to storing the memory.

Farmers believe in deep ploughing—in turning up the sub-soil to the influence of the sun and atmosphere. Let our teachers practise deep teaching; instead of skimming over the minds of children, and imparting but a superficial knowledge of things.

The great necessity on the part of the teacher is to inculcate a taste for learning in the minds of his pupils. Without this, education is a most difficult task—with it, the pleasant gratification of an insatiable appetite. The love of learning, like a restless current, carries the mind into all those by-ways and recesses of knowledge which go to make up a thorough education.

In the promotion of this most desirable object, the teacher will best succeed without relying much upon text-books. The more directly mind can be brought into contact with mind, without the intervention of disturbing media, the more clear and satisfactory the instruction imparted, and the greater the desire to pierce to the fundamental principles of knowledge.

Mr. S. Woods moved, seconded by A. Macallum, Esq., "That a hearty vote of thanks be given to Mr. Platt for his valuable and exhaustive address."

The Treasurer of the Association, Mr. Macalister, read his report, which, on motion, was received and adopted.

The following gentlemen were appointed the Auditing Committee by the Chairman, viz.: Macallum, Buchan and Johnston.

The report of the Nominating Committee was read by the Chairman, Mr. Scarlett, and was as follows:

President, Rev. Principal Snodgrass, of Queen's College, Kingston; 1st Vice-President, Ed. Scarlett, Inspector of Schools, Northumberland; 2nd Vice-President, S. Woods, M. A., High School, Kingston; 3rd Vice-President, R. Lewis, Head Master, George St. School, Toronto; 4th Vice-President, H. J. Strang, B. A., High School, Owen Sound; 5th Vice-President, J. R. Miller, Inspector of Schools, Huron; 6th Vice-President, David Johnstone, Cobourg School; Recording