

PAGE OF INTEREST TO WOMEN

SOCIAL and PERSONAL

TELL IT TO THE SOCIETY EDITOR.

SOCIAL AND—W PAGE
Dr. E. E. Eald spent the week-end with Mrs. Eald and children at their cottage in Port Dover.

Miss Luta Layman is holidaying at "Oakay," Corunna, the guest of Mr. and Mrs. George G. McCormick.

Henry Doan, 774 King street, announces the engagement of his daughter, Violet L., to Dr. Floyd Day of Thamesford, the wedding to take place shortly.

Miss Ada Munro of Allis Craig was in London for a few days last week as the guest of Mrs. A. T. Edwards, 132 Oxford street. Mrs. Edwards left on Friday for a trip to Europe, and will be away for six weeks.

McCartney—CLERMONT.
The marriage of Miss Della M. Cler-

mont of Huntington, West Virginia, to George J. McCartney of London, Ont., took place in the Church of St. Peter and Paul, Detroit, Mich., on Saturday morning, July 10th. Mr. and Mrs. McCartney will make their home in Detroit, where Mr. McCartney has a position with the Michigan Steel Casting Company.

OWEN—CONLEY.
The marriage of Miss Mary Conley, daughter of Mr. John Conley, St. Thomas, to Frederick Owen of St. Thomas, took place on Monday morning, at the Church of the Holy Angels, Monaghan, T. West, officiating. Miss Jean Conley and Mr. McMoran were the attendants, and Masters Harry and Ed Conley were pages. Mrs. McManus played the wedding march. A wedding breakfast was served at the Hotel Talbot, after which Mr. and Mrs. Owen left for Detroit and a trip up the lakes.

HOME ECONOMICS

MRS. ELIZABETH KENT, MACDONALD COLLEGE.

WATCHING LITTLE THINGS.



Household waste, like most other things, is not done in a large way. It is in the tablespoon of flour left on the rolling board, which goes to the drain, several times a week, 32 weeks a year; the fat left in the frying-pan, which goes into the dishwasher; the celery tops, which got into the garbage

Instead of the soup; potatoes that are carelessly pared, instead of cooked in their jackets, and then the potato waste that is poured off, not saved—it is all these little things and a thousand others that increase the cost of living in a way that is immediately under our control. So in clothing, the dropped stitch that is not caught in time, not only to save nine, but often in these days of poor stuffs to save the stockings at all. The little rent, that, mended promptly, hardly injures the garment, but, neglected, makes it soon unwearable; the thread, needles and pins, used carefully, lost by untidiness—all these must be watched for. Perhaps the little waste that makes up for the hundred of days lost in the war.

Matches, fuel, paper, scraps of cloth, buttons and other small things about the house—if we really cut out the waste involved in our extravagant heedlessness along all these lines we should soon have our war debt paid. We need to take a lesson from the Scotch and the French, those thrifty people of the world, whose care for the little things has made them great in the big things.

Buy a potato parer and a dish scraper at 15 cents each and just watch how much they will help you to save in the kitchen. Use your wits to invent good things in the kitchen made of little bits of good food. Watch all the small leaks and stop them; that is your job now. (Copyright, 1920, The Metropolitan Newspaper Service.)

TALKS ON HEALTH

BY WILLIAM BRADY, M. D., Noted Physician and Author.

Dr. Brady will answer all signed letters pertaining to health. Writers' names are never printed. Only inquiries of general interest are answered in this column, but all letters will be answered by mail if written in ink and a stamped, self-addressed envelope is inclosed. Requests for diagnosis or treatment of individual cases cannot be considered. Address Dr. William Brady, in care of this paper.

HIVES.

When lumps, swellings, welts or papules rise on the skin like mosquito bites without any mosquitoes, and burn and itch and smart and come and go suddenly and mysteriously, that is urticaria, nettle rash or hives.

All sorts of conditions may be responsible for hives. In certain susceptible persons even a minute dose of some medicine as quinine, acetylsalicylic acid ("aspirin"), chloral, trypsin, arsenic, sulphur, turpentine, hebs or capilla may produce an eruption of hives. In others the smallest amount of some particular article of diet, such as lobster, certain nuts, fish, roe, pickles, honey, mutton, figs, pork, coals or even egg-white may be responsible for the trouble. In still others the sensitization manifesting itself as hives is due to a substance to some foreign protein substance such as that of the itch-mite, or of body lice, or of round worms, or of bedbugs. Sometimes the protein poison is injected hypodermically by a mosquito, a bee, a caterpillar, a gnat; or applied by vaccination by primrose, nettle or other poisonous plant. The susceptible individual will suffer a beautiful attack of hives if he is exposed in the slightest degree to his particular protein poisoning, as by taking a bite of cake containing some egg-white, nibbling a strawberry, or indulging in an herb tea or pill containing some.

A brisk cathartic is generally advisable in the first aid, preferably a full dose of Epsom salts or if a more agreeable saline is desired, a bottle of Solution of Magnesium Citrate Effervescent, prepared by the druggist.

The diet should be restricted to a minimum for a day or two—milk, rice and bread or fresh fruit. No need of stewing over the fanciful incompatibility of milk and fruit, for that is more plausible than physiological. For the relief of the burning or itching a bath of tepid water in which a handful or two of saleratus is dissolved may be taken two or three times in the day. The skin should be dried by gently patting with a soft towel, and, if freely powdered with a couple of pounds of cool cornstarch powder, which is a glorious feeling. Then a snooze in a nice cool clean white bed if possible.

No article about hives is complete without a recipe for calamine lotion, which is a grateful relief if frequently and freely sopped on and allowed to dry.

Powdered calamine.....4 drams.
Zinc oxide.....4 drams
Glycerine.....2 drams
Borax.....2 drams
Lime water.....6 ounces

Mix the first four ingredients in a solution.....2 ounces
Sponging with a tablespoonful of water in quart of water offers relief. Or a powder consisting of one

part camphor, three parts zinc oxide and six parts cornstarch may be dusted over the affected skin.

Hives may complicate other skin lesions or occur along with real insect bites, as I have already suggested. Hives come and go rather suddenly, which gives many a remedy a vogue it does not merit.

A Beauty Doctor's Lemon.
I have been taking the juice of a lemon every day after breakfast to reduce myself. It was suggested by a well-known beauty specialist. But I have lost no weight. I have been taking it now about eight weeks. How long must one continue using this method to reduce thirty pounds?—R. F. A.

Answer—That is a question in simple arithmetic. If fifty-six lemons reduce the weight 22½ grains in eight weeks, seventy million ninety thousand cases of lemons would reduce the weight 30 pounds in 283 years. Keep up your courage, but be careful never to omit your breakfast, for that might reduce you a whole pound a day. This lemon thing is just an old joke beauty specialist's like to play on the gullible sex. It's a lemon, all right, isn't it?

Castor Oil Lotion.
Is castor oil the best physic for one who has chronic appendicitis and chronic constipation?—R. J. S.

Answer—Appendicitis is a much better remedy for such constipation. Castor oil is binding in its after-effect therefore not advisable in chronic constipation. From 1 to 2 teaspoonful of a tablespoonful or more of plain vaseline (the white petroleum has less taste than the yellow), once or twice a day, apart from meal-times, is a good intestinal lubricant. If constipation depends on chronic appendicitis, or upon some other lesion amenable only to surgery, no physic or other treatment than surgery can be expected to overcome the constipation.

Bedbugs.
Will fumigation with formaldehyde candles kill bedbugs? If not, what will?—Mrs. W. H. H.

Answer—Formaldehyde or sulphur fumigation of the room is fairly effective, but when expert fumigators are available hydrocyanic gas fumigation is better, though of course this is too poisonous for any but an expert to use. Fumigation is impossible, so it is every crevice of bed, room, floor, walls or closets, a mixture of 5 per cent (1 to 20) carbolic acid solution and 1500 corrosive sublimate solution. These poisons, of course, should not be kept in the house, but used immediately. (Copyright National Newspaper Service.)

WHAT'S IN A NAME
HATTIE.
Though somewhat provincial, Hattie is none the less popular as a feminine name. It is a nice, comfortable, cosy sort of a name, without frills or ornamentation. It means "home ruler"; though it comes originally from Teutonic mythology, it has elements of the modern attitude toward home. Even in their heathenism, the guardians of the dwelling of the grave spirits of the dead, known as Heimdell, was regarded as the "home ruler" true to the sacred points of heaven and home.

By various stages, through the German Heinz, the French Henri, and the English Henry and Harry, the feminine of this interesting name was evolved in the 16th century. It made its first appearance in France in the house of Stuart de Aubigne. Various fancies of Henri were popular in the court of Katherine de Medici.

In the form of Henrietta, the name made its appearance in England with the daughter of Henri IV of France, and it was descendants of this good queen who carried the name through successive steps until it reached the quaint diminutive Hattie.

Let it be Hattie's talismanic stone. For her it is not a symbol of sorrow, but a talisman against grief. Friday is her lucky day and four her lucky number.

THE PERFORMING DOGS.
Part Eight.
The performing dogs had travelled for more than a day, and they were together still. They had kept off the highways in case Biggs was in search of them. They found things to eat in the farmyards they visited and twice that day they had been given crusts and scraps by kindly housewives. However, no one had invited Mira, Wiffet or Ching to stay, and Tibby had not found a home that appealed to him.

Suddenly Dandy called a halt. They were in a back lot of a little house just outside a village, and Dandy had spied something unusual. It was a little tiny

mount of earth, and on it was a little bunch of flowers and a tiny slab of wood. Dandy was a very wise dog, and he knew what the little mound of earth meant.

"It's the grave of someone's pet dog," he told the others.

And that's just what it was, for on the little slab of wood was printed:

"Here lies Fido,
A dear wee dog,
Who died 1920,
Aged 12 years."

"I wonder if it was a little boy's or girl's dog?" asked Tibby.

"Was it a nice old lady's dog?" asked Mira and Wiffet together.

"It was one or the other," answered Dandy. "Only children and old folks take such an interest in departed pets. Let's wait and see, for I am sure who ever owned this little dog, visits the grave often. They must live in that little house."

"Perhaps if we stay here we will scare them away," said Tibby.

"So we will," Dandy agreed. "We will all hide behind those bushes and wait, and putting action to his words he started off toward the bushes, and was quickly followed by the other dogs.

For more than half an hour the dogs crouched in the bushes, and Tibby, a child Tibby is to go to her, but if it's an old lady Mira and Wiffet are to go to her." Dandy insisted that Mira and Wiffet were speaking there was a stir at the back door of the little house, and then appeared a dear little old lady, with snow-white hair and a kindly face. She went over to the little grave and started to plant some grass seed there. Mira and Wiffet could hardly wait, and when at last Dandy gave them a sign to go, their little feet were shaking and their little hearts were pitter-patter as fast as ever they could go.

Perhaps as she was fixing up the grave of her little dead pet, the old lady was longing for another little pet to come and take his place; we are not quite sure that was the case.

But at any rate when she turned around and saw two tiny white dogs looking up at her pleadingly, she gave a little cry of joy, and picked them up in her arms. How delighted that made Mira and Wiffet, for they had never been really loved before.

The old lady looked around to see if the dogs had an owner nearby, but when she discovered they hadn't, and saw how anxious they were to make friends with her, she carried them into her home.

An hour later, five dogs assembled under the window of the little old lady's kitchen. It was quite a high window, and they could not see in. Ching walked up close to the wall, Roderick stood on his haunches with his head against the window, Tibby jumped up on Roderick's shoulders, then Tibby climbed up to Dandy's shoulders. It was a true story they had done when they were on the stage, and it came in handy now. Tibby could see right into the room.

"Mira and Wiffet are washed snow white. They are all done up in nice warm towels, and there's a half-full bowl of milk on the floor. You just should see how happy they look," he announced.

So the five performing dogs were able to start away, knowing that their two small friends were being well taken care of.

(To Be Continued.)
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Cynthia Grey's Mail-Box

A busy tongue makes the mind rest at leisure.—Anon.

Veranda Chats.

I saw in today's paper where Nightingale wanted a correspondent. I am nearly 14, but I might do. Will you mail the inclosed letter to her address and let me have her address.

Advertiser Patterns.

Owing to the pattern manufacturers increasing the price of patterns to us, all patterns advertised from this date will be 15 CENTS EACH.



3100—This pattern is cut in one size. It comprises a dress, a petticoat, a barrette or bunnet, a slipper, a muslin, lawn, cambric, batiste, nainsook and silk are suitable for the dress. The petticoat may be of flannel or flannelette, with band of cambric or lawn; the barrette of flannel or flannelette; the slipper of kid, satin, suede, felt or eiderdown. It will require 2½ yards of 27-inch material for the dress, 2½ yards of 27-inch material for the petticoat, 1½ yards of 27-inch material for the barrette, 1½ yards of 27-inch material for the slipper, 1½ yards of 27-inch material for the muslin, 1½ yards of 27-inch material for the lawn, 1½ yards of 27-inch material for the cambric, 1½ yards of 27-inch material for the batiste, 1½ yards of 27-inch material for the nainsook and 1½ yards of 27-inch material for the silk.

CAUTION: Be careful to inclose the above illustration, and send size of pattern wanted. When the pattern is measured you need only mark 44, or whatever it may be. When in waist measure, 22, 24, 26, or whatever it may be, and in length measure, 44, 46, 48, 50, or whatever it may be. Patterns cannot reach you in less than one week from the date of application.

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Every success to the Mail-Box. Maybe I will be OKEH FOR N. G.

Ans.—Your letter is mailed to Nightingale.

I received the pretty patches which Blak so kindly sent. Thanks very much for them. I am sending some patterns for hooked mats for a reader who asked for some. I do not know who it was. We have been to camp meetings in the woods a few evenings this week, and it was certainly grand. Best wishes for the Mail-Box.

ELIZABETH ANN.
Ans.—I would be pleased to get it. P. S.—If anyone has a cure for eczema I would be pleased to get it. Ans.—Thank you for sending in patterns, which must have meant considerable time and trouble in preparation. Will the reader who asked for these please send in her name and address with two cents postage?

A. E. J.—Sorry I cannot give you the information you wish.

Cucumber Pickles Without Brine.
Dear Miss Grey.—In Friday's paper Busy was asking for Treasury of Song. I have the book. To give or sell, no but would gladly loan or copy. My father bought the book for me when I was a little girl; there are some of the verses gone of the instrumental music. Lassie was wanting a recipe for cucumber pickles without brine. Will send my way of doing them, and have never had any spoil. Hoping I have been of some benefit to these two ladies.

Cucumber Pickles—One gallon white wine vinegar, 1 pound coarse salt, 2 oz. ginger root, 2 oz. whole allspice, 1 oz. black pepper, ½ oz. chillies or red peppers, ½ lb. ground mustard. Take some of the vinegar to dissolve the mustard and turmeric; put all together in a large crock and stir well. Put your cucumbers in whenever you have them, stirring every day for two or three weeks. They are then ready for use without further attention.

Miss Grey has my address if there is anything you wish to ask concerning cucumbers.—VIA.

Ans.—Thank you, via, for your kind assistance. I am sure the pickles you make are delicious, and the preparation very simple.

Requests.
Dear Miss Grey.—Would you kindly send me a School Marm To Be's address, for I would like to correspond with her, as I am going to be a school teacher. And also would you kindly

send me the song "I Want to Kiss Daddie Good-Night." If you have the music I would like to have it so that I could play it on the piano. I might be able to copy the notes and return or you could send just the words.

Say, Miss Grey, would you like a rosebud? I enclosed find 10 cents for the stocking-foot pattern and songs which I have learned to sing.

Would you, Miss Grey, like to have a feed of wild blackberries, for there is lots of them to spare? T.D.

Ans.—Your request is referred to readers and address you wish has been mailed to you. Thank you for the hostess and a rosebud. I have used your original penname, as we do not encourage the changing of names in the Mail-Box.

Dear Miss Grey.—I intended to write to your wonderful page before for your famous stocking-foot pattern. Inclosed you will find 25 cents, a small contribution for the children's hospital fund. HOYARD.

Ans.—Thank you for the generous hospital contribution. Please to mail you our pattern of 30 much time.

Dear Cynthia Grey.—I am an interested reader of your Mail-Box, and come now asking favors. If anyone can send me a March copy of Woman's Home Companion, and will let me know I will send postage for it, and return it when I finish with it. If so much time, I would like to get the story which Beaulieu Seventeen offered. Will send postage to Miss Grey, and will pass the story on as soon as finished.

I get some dandy recipes from the Mail-Box, and I hope you will be printing the Corner of Good Things. I'll send in a couple of good recipes some time soon. Wishing good luck to all. Mail-Box, I am. VIO.

Ans.—I have forwarded your request to Beaulieu Seventeen. Several have written to her, so that she is in a quandary how to satisfy so many, but is doing her best by taking each one in turn. Your other request is referred to readers.

Dear Miss Grey.—This is my second letter to your Mail-Box. I wrote some time ago asking for Reader's cure of deafness. I inclosed a self-addressed envelope if you had to write to her; also a dime for the kiddies' fund.