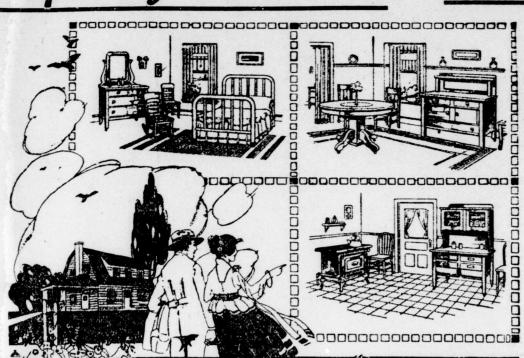
Three

Good

Reasons

Three Rooms Completely Furnished



Bedroom, Dining-Room and Kitchen Completely Furnished.

And the pieces are selected and combined into this outfit by expert home furnishers— by people who know how to attain the best effects through the proper combination of furniture. Of course, if your light changes, they will glad-

GENCY

A Hydro

Electric

Fan

Or If You Desire Another Outfit-

-our salespeople will be glad to help you in the selection of it. In recommendation of the value of our outfitting services are the hundreds of happy homes in London now furnished with our outfits. Let us talk over your home furnishing problem with you. We Any Outfit May Be Had On Easy Terms.

> or monthly payments. A small deposit is sufficient to begin with-and \$2.50 a week or

Ontario Furniture Company, Limited

226-228 Dundas Street

OUR ECONOMY CORNER

Beat very light four eggs and four

tartar. We have printed this several times, and readers who have tried it always say that it is particularly good; Wash and cut the beans in inch pieces. Add water enough to cover, and to each quart of beans add one teaspoonful of cream of tartar. Boil 20 minutes and put in fruit cans. When using them pour off the water; rinse well m cold water, and cook in the usual way, adding one teaspoonful baking soda to each quart of beans.—Rural New ENGLISH METHOD OF PRE-SERVING.

NA.—How very glad you must be to have "Dad" safely home and buses in sour milk.

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Na.—How very glad you must be to have "Dad" safely home and buses in sour milk.

Na.—How very glad you

Will Raise

The Efficiency of Every Worker in Your Office

It enables one to forget the heat and concentrate on the work in hand.

There's no other investment so small as the price of a Hydro-Electric Fan which will yield such big

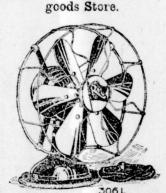
Call us up. We can supply your needs immediately.

ALL PRICES-FROM \$7.50 Up

Phone 3180

The Hydro Shop

238 DUNDAS STREET Opposite Chapman's Dry





A Nutritious Diet for All Ages. Ceep Horlick's Always on Hand Quick Lunch; Home or Office.

skimmed off, while the peas stay at the bottom. Peas cooked this have a much better flavor.

CHERRY PUDDING.

The keeping qualities are

CREAM OF LETTUCE SOUP.

cream, etc., and serve with hot crack-

In These War Times

you want real food that

contains the greatest

amount of body - building

material at lowest cost. The

whole wheat grain is all food.

Shredded Wheat Biscuit

is the whole wheat in a

digestible form. Two or

three of these little loaves of

baked whole wheat with milk

and a little fruit make a nour-

ishing, strengthening meal.

there is no waste.

tablespoons sugar, with a pinch of salt and any desired flavoring. Add one and a half cups sweet cream and flour nough to roll very thin. Cut in dia-

mond shapes and fry in deep fat, sprinkling with pulverized sugar. Eat while warm.

CANNING STRING BEANS.

Inquirers are asking for a recipe for canning string beans with cream of tartar. We have printed this several times, and readers who have tried it.

NEW ENGLISH METHOD OF PRE
CHUS SURAR, 1 egg, ½ cup sweet with the claspoons baking powder, 1½ cups flour. Drain 1 quart cherries of their juice, sweeten cherries, put in a pan, spread batter on top and bake. Serve with the cherry juice thickened and a little butter and sugar added.

NEW ENGLISH METHOD OF PRE
LONDON'S OWN DRUMMER GIRL

TO COOK PEAS WITH LEAST TROUBLE. Save the time it takes to shell green eas by cooking them the following aay: Carefully wash the unshelled eas, discarding all the bad ones. Put peas, discarding an the bad onto the unshelled peas into the kettle with sufficient hot water to boil them, says When they

are cooked the pods will break and

EDUCATIONAL.

ST. AGNES' SCHOOL BELLEVILLE, ONTARIO.

Patron-The Lord Bishop of Ontario.

Advisory Board — His Honor Judge Wills, H. F. Ketcheson, Esq., mayor: J. Elliott, manager Standard Bank.

Junior school and preparation for the universities. hool of Music—Ernest Wheat-A.R.C.O., director. Special A.

T. C. M. course.

Handsome thoroughly building, beautiful, extensive grounds, outdoor sports, swimming Miss F. E. Carroll, Principal. School reopens on Sept. 12, 1917.

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UPPER AND LOWER SCHOOLS Careful Oversight Thorough Instruction Large Playing Fields Excellent Situation Calendar sent on application Autumn Term Commences Sept. 12th, 1917 Rev. D. BRUCE MACDONALD, M.A., LL.D.



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FILMA LADIES' COLLEGE OPENS ITS THIRTY-7TH YEAR ON SEPTEMBER SEVENTEEN: NINETEEN **HUNDRED & SEVENTEEN**

Thorough courses in Music, Art, Oratory, High School, Business

College, Domestic Science and Superior Physical Training. FOR TERMS, ADDRESS R. I, WARNER, M. A., D. D., President, St. Thomas, Ontario

A DOMINION WIDE REPUTATION ONTARIO LADIES' COLLEGE

WHITBY, ONTARIO. After 44 years of successful educational work this College is recognized as one of the foremost of its kind on the Continent, with a healthful, picturesque location, 30 miles from Toronto. Academic courses from Preparatory Work to Junior Matriculation, Teachers' Certificates and First Year Fuiversity; Music, Art, Oratory, Domestic Science; Social Economics and Cleics; Commercial Work; Physical Training by means of an unusually well equipped modern gymnasium, large swimming pool and systematized play.

systematized play.

An alert mind, a strong body, a well-balanced moral sense, a broad social vision are the aims of ONTARIO LADIES' COLLEGE WHITBY, ONTARIO,

COLLEGE REOPENS SEPTEMBER 19th Write for Calendar to
REV. F. L. FAREWELL, B.A., PRINCIPAL.



A Page of Interest to Women

Cynthia Grey's Mail-Box

Liked "Adlanod's" Cookles.

Dear Miss Grey,—I am writing to thank you for the famous recipe for Boston cream. It is, to all my people, the best home-made drink they have ever tasted. Also, I wish to tender my sincere thanks through your valuable page to "Adlanod" for her recipe printed in Issue of May 29. I made a batch of cookles and sent them overseas to my dear boy. The following is a copy from his letter to his father after receiving same: "I received mother's box all right. The cakes were certainly fine. Tell Mum that's about all she need send in a parcel, for some people put butter and meat sandwiches in, and all that mush, and it gets moldy; but those ginger snaps turned up fine."

Dear Miss Grey, we have many friends in Eveled.

moldy; but those ginger snaps turned up fine."

Dear Miss Grey, we have many friends in England, so any lonely boys going overseas that I know I give them addresses to call on, and often, when I get a letter from the boys in France, they say: "I have just heard from So-and-So, or am just answering So-and-So's letter. It just makes me so happy to know that I have been the means of putting a little sunshine in some boy's life. Also, in my overseas boxes I put in a pennant of Canada or an American flag. They write back and say what prominent positions they have given them. Trusting you will be able to read this awful scrawl, but, remember, I am an old woman. Wishing success to the page and all the readers.

HELP-ON-A-BIT.

Ans.—It DOES warm our hearts and makes us eager to do more when we realize that the little we do means so much to the ones overseas. Expecting an avalanche of inquirles after "Adlanod's" gilt-edged recipe, I am reprinting it right here for the benefit of all:

of all:

Ginger Cookies—2 eggs, 1 cup of granulated sugar, ½ cup lard, 1 cup blackstrap, 1 tablespoon ginger, 1 tablespoon soda, 3 cups flour (heaping). knead and let stand two hours; then flour hands and roll in balls dip in sugar and bake.

The clipping you send, "Heart-Humby an arrangement of weekly or monthly payments. A small deposit is sufficient to begin in scrawi" awful at all.

Dad's the Gardener.

Dear Miss Grey,—Again I venture to write just a few lines to you. Did you really miss me from your cosy corner? Well, now, I will try and make my visits a little more frequent. I wonder if our dear kind readers would care for my brother's address? He is in England, and I know how very much a letter or a few goodies would be appreciated by him. I send him a box every month, which is as much as I can afford. He used to be a real London's Own drummer boy, you know. every month, which is as much as I can afford. He used to be a real London's Own drummer boy, you know, but now he is with a Montreal unit, and he is wearing kilts and still plays the drum. My father was invalided home last April on account of illness, but he is expecting to be discharged shortly, so you see, Miss Grey, I have lost my job of "gardener." I would love you to see our "back yard garden." Dad has spent a great deal of time in it, and it sure is a credit to him.

I am going to ask for a little help this time. I have a pale blue corduroy velvet sport coat, which has become faded in the wash, also in the sun. Now, I wonder if you, Miss Grey, or any of our readers, could tell me if I could dye it, say, a green, or red, or dark blue. It is a good coat, and by dyeing it would save me quite a lot. I may be able to do some little thing in return some time.

Well, I think this is all this time, so I will bring my letter to a close. Thanking you for time and space. My brother's address is inclosed. I am, as ever.

LONDON'S OWN DRUMMER GIRL.

Measurement: Bust.... Waist....

Measurement: Bust.... Waist....

Waist....

CAUTION: Be careful to inclose the above illustration, and send size of pattern wanted. When the pattern is bust measure you need only mark 33, 34 or whatever it may be. When in waist measure, 22, 24, 25, or whatever it may be. If a skirt, give waist and length measure. When misses' or child's pattern. write only the figure representing the age, It is not necessary to write "inches" or "years." Patterns cannot reach you in less than one week from date of application.

Measurement: Bust.... Waist....

Measurement: Bust.... Waist careful to inclose the above illustration, and send size of pattern wanted. When the pattern wanted when the pattern wanted when the pattern wanted. When the pattern wanted when the pattern wanted. When the pattern wanted when t One cup sugar, 1 egg, 1/2 cup sweet

minutes and then add sugar to suit the taste. The fine flavor of the fruit is said to be retained to perfection. coring is required, so 'Nadine" sent to you, and oblige, HAPPY-GO-LUCKY. P. S.—Criticise writing.
Ans.—The names are sent you cheerfully. You write a good plain hand—
not much to criticise about it, so far as Four cups beef stock, ½ cup cooked rice, 1 tablespoon butter, salt and pepper, 2 heads lettuce, 1 cup potato cubes, ½ cup cream, nutmeg. To stock add cooked rice, potatoes, lettuce chopped, and cook half hour. Add

Advertiser Patterns



A Comfortable Model for Warm Days.

2057—Girls' One-Piece Dress with
Guimpe.

In shantung, linen, chambrey, seersucker, gingham, drill or percale, this
model is very attractive. The guimpe
may be of self of contracting material.
The dress is a simple slip-on model,
with deep, sleeveless armseyes and
collariess neck. The pattern is cut in with deep, sleeveless armseyes and collariess neck. The pattern is cut in five sizes, 6, 8, 10, 12 and 14 years. It requires 1% yards of 27-inch material for the guimpe and 4% yards for the dress for a 12-year size.

A pattern of this illustration mailed to any address on receipt of 10 cents in silver or stamps.

ADVERTISER PATTERN DEPT.

Adopting Soldier Lads.

Dear Cynthia Grey,—Well, friends of the Mail-Box, as I have seen in the paper that a great number of people are adopting soldier boys, I would like the names of the two lonely chaps that "Nadine" sent to you, and oblige, photo finished for me. However, do as you please. It is a very kind thought.
6. Yes.

The Latest Fashion.

Dear Miss Grey.—This is my first appearance in your busy page. I would like to ask you a few questions if you don't mind.

1. What is the latest fashion for a girl 14, to do her hair?

2. Could you tell me a lonely soidler's address?

3. Have you a recipe for taking ink stains out of Shantung siik?

4. Would you please tell me the names are giadly senty the mind when other 149th boys' addresses are received. Your brother has been fortunate and I am sure all the Boxites wish him continued safety.

Do Their Best.

Dear Miss Grey.—Would you please tell me the names of the three soldiers of the 149th Battalion (our home battalion), and also the two mentioned in yesterday's paper, one a soldier in yesterday's paper, one of Canada's first contingent, and of the first on active service in France. And Miss Grey if any other names of the three soldiers of the 149th Battalion (our home battalion), and also the two mentioned in yesterday's paper, one a soldier in yesterday's paper, one of Canada's first contingent, and of the first on active service in France. And Miss Grey.—Would you beta send me the names are oblicated in yesterday's paper, one a soldier in yesterday's paper, one of Canada's first contingent, and of the first on active service in France. And Miss Grey.—This is a wince of Canada's first contingent, and of the first on active service in France.

And His Grey.—This is my first appearance in your bear and the other on a mine service in france.

And His Grey Do Their Best.

FOR THE FASHION GIRL

fashions.

Since early spring the length has revealed through the delicate meshes naterially increased until today, only a of the net, lace or chiffon. few meagre inches of the underskirt are | For General Service, Volle and Satin. in evidence, serving as a narrow border. Many attractive models adaptable for price of desirable weaves have been of voile and satin. The long, plaited strong factors in re-establishing the tunic is of the voile with trimmings vogue of this garment. On the other and underskirt of the satin. Transhand, the long, slender lines are uni- parent collars of white, pink and bisque versally becoming, adapted for all ages, are added over the darker shade. Navy and likewise to both thin and fleshy and Copenhagen blue, pink, bisque, sand,

The underskirts are quite narrow, expressed in this style. some not more than two yards around, For service, dark or medium-toned and others are more scant, recalling the ! frocks are the most practical.

SUMMER HEAT

No season of the year is so dangerous to the life of little ones as is the summer. The excessive heat throws the little stomach out of order, so quickly that unless prompt aid is at hand the baby may be beyond all human help before the mother realizes he is ill. Summer is the season when diarrhoea, choicera infantum, dysentry and colic arc Christian? most prevalent. Any one of these troubles may prove deadly if not prompt-

blouse tunic and smock firmly en- is sometimes left to swing free, as in a trenched among the most approved long smock or a Moyen age evening gown, when the lines of the figure are

No doubt the scarcity and increasing numerous occasions are the tunic models grey, jade green and maize are happily

hobbling model of other days, when mounting the steps of a car was not only a strenuous undertaking, but an embarrassing experience in the bargain. The tunic hangs straight from the shoulders, raised a bit off the normal waistline, resting thereon, or dropping an inch below, the requirements of the individual figure heing the determining

individual figure being the determining Chemise Blouse in Transparent Effects. factor.

The over-blouse is designed in one straight piece or two joined under a flat cotton novelty. Frequently embroid-

DAILY BIBLE QUESTION CLUB

fore the mother realizes he is ill. Summer is the season when diarrhoea, cholera infantum, dysentry and colic are most prevalent. Any one of these troubles may prove deadly if not prompt-righteous as to their earthly prosperty?

Ike soup.

Don't regard any time-saving method of doing housework as shift-less; it isn't.

A tightly rolled piece of cloth is an expectation. most prevalent. Any one of these troubles may prove deadly if not promptly treated. During the summer the mother's best friend is Baby's Own Tablets. They regulate the powels, sweeten the stomach and keep baby healthy. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Company, Brockville, Ont.

18. What are God's promises to the righteous as to the visit earthly prosperity?

19. All Hezeklah's fears as to the visit fears as to t

an important job. But it is. It is important that you buy none but EDDY'S

ED BEILE CHOCOLATION

Walter Baker & Co. Limited. Montreal Factory.

1. Its delicious flavor is natural, produced by a scientific blending of high

2. Its absolute purity is unquestioned; for more than 136 years the cocoa and chocolate preparations made by WALTER BAKER & CO. LIMITED

3. Its healthfulness is attested by the consensus of opinion of the best physicians

BE SURE THAT YOU GET THE GENUINE WITH OUR TRADEMARK

ON THE PACKAGE. IT IS A GUARANTEE OF QUALITY. 57 Highest Awards in Europe and America. All of our goods sold in Canada are made in Canada.

WALTER BAKER & CO. LIMITED

Established 1780

have been on the market and are the recognized standards of the World.

of all schools who unite in pronouncing it an ideal food drink, supplying

the body with some of the purest and most valuable elements of nutrition.

BAKER'S CO

grade cocoa beans.

MONTREAL, CANADA

this page in Canton crope enlivened with patriotic patterned satin is smar and yet equally simple for the home

usually flowered or in some new art pattern are employed for the skirt with touches on the smock and covering the large, English garden hat which has gained considerable vogue.

Plain linens for smocks worn over white skirts and with accessories as knitting bags, parasols and hats are most attractive. Geranium pink, blue.

Beach sets are fashioned of foulard nd pongee in natural colors with blue, reen, red, black and yellow dots. The

gown is in one-piece of plain weave trimmed with the dotted material which likewise serves for the parasol hat trimming, handbag or the larger receptacle for knitting.

receptacle for knitting.

Gingham is most charming in the candy stick stripes, also in small checks and plaids.

Lingerie frocks have the most alluring hats overlaid with fine embroidery which forms a valance over the edge. Satin and all silk weaves are matched up with arm hags parasals hat trim-

up with arm bags, parasols, hat trim-ming and slippers, too, having a show-ing. Scarfs of dress materials are stunningly trimmed with summer fur-

You must use twice the quantity of ordinary low-priced tea to produce the same strength of infusion that Salada yields, and then you do not get that de-licious Salada flavor.

HINTS FOR THE HOUSEWIFE.

Carrots scrubbed clean and shred-led raw are good added to a hot dish

fire or light.

ning over.

Buckwheat makes

CHEMICALLY SELF-EXTINGUISHING "SILENT 500"

MAYBE BUYING MATCHES never struck you as being

DORCHESTER, MASS.

The matches with "no after-glow." EDDY is the only Canadipped in a chemical solution which positively insures the match becoming dead wood once it has been lighted and blown out. Look for the words "Chemically self-extinguishing" on the box.



FOR THE PICNIC

CLEANALL SOAP MFG. COMPANY, LIMITED, TORONTO.

nost attractive. Geranium pink, blue, ellow and green are thus employed with white skirts.

Famous for Forty years

Settles the Stomach Stimulates the Liver Strengthens Digestion Purifies the Blood

A cup inverted in the centre of a meat pie will keep the juice from run

reakfast cereal. New potatoes are more delicious baked than old ones. Fruit used in frozen fruit should always be cut or mashed Fish is excellent food and not eaten early often enough.

The most economical way of prepar-The most economical way or preparing fish is by steaming.
Potato salad with sardines and olives is an agreeable change.
All the water should be drawn from the tub before the ice cream is packed.
Carrots scrubbed clean and shred-

Dr. Thomas'

Announcement

Owing to the continued hig rices of all ingredients of "Dr fahan's Compass Oil," and in order ot to lessen the quality of the oils sed, we have been compelled, muc gainst our will, to advance the price the regular bottle from twenty ve cents to thirty-five cents, and he quart bottles (equal to 16 regular ottles), from \$2.00 to \$2.50.



Dandruff and Itching The Cause of Falling Hair

ooo with Cuticura Soap and hot water. Rinse with tepid water. Trial free, These agrant, super-creamy emollients clear falling hair and soften the hands. The Soap to cleanse and purify, the Ointment to soothe and heal. For Samples address post-card: "Cutleurs, Dept. Beston, U. S. A." Sold throughout the world.

Washing Compound WON'T SHRINK WOOLENS.