OLEOMARGARINE

As Fresh as

A Spring Morning

"H.A." Brand Oleomargarine is always

fresh and uniform in flavor when it

reaches you. Because it is made in Can-

ada, grocers and butchers obtain it in

small quantities shipped frequently, It is

So fresh and inviting is this "spread

for bread," it is difficult to realize

that it is an economy food, But it is. To-day one pound of "H.A." Brand

Oleomargarine costs quite one-third less

"H.A." Brand Oleomargarine provides appetiz-ing and substantial nourishment, due to these pure and wholesome ingredients—rich pasteurized Milk;

Oleo Oil—pressed from the choicest fat of Gov-ernment Inspected Beef; Vegetable Oil—of salad oil quality; snow-white Neutral; and finest Cream-

"FI.A." Brand Oleomargarine is rapidly taking the place of butter for kitchen use, as well as table use. Creamery Butter itself could not improve the good things "H.A." Brand will make.

THE HARRIS ABATTOIR COMPANY, LIMITED TORONTO, CANADA.

never long in transit.

than Creamery Butter.

Buy a pound and try it.



Patriotic Western Ontario

WARDSVILLE.—The Women's Intellection of officers resulting as follows:

Mrs. Peter O'Mally, president; Mrs.

Miss Marie Martin and Miss Sadie Saforth are visiting exalt.

Miss Ethel Tobias is expected home shortly from New York for a two-weeks' visit with her parents before leaving for overseas as a nursing sister in June.

Mrs. F. J. Greenaway in June. John Belton, vice-president; Miss Gardiner, secretary-treasurer; Mrs. Petch and Mrs. Harold, auditors; Mrs. Filwood, Mrs. W. Bilton and Mrs. Voce, directors; Mrs. A. Sheppard, district representative.

BRIGDEN.—Capt. (Rev.) N. H. Mc-Gillivray of St. Thomas delivered a very eloquent lecture in the Presbyterian Church here, under the aŭspices of the "Girl Helpers," on his long experience in Belgium and France. His discourse proved a consolation to those who have loved ones over there, for they learned that they are very tenderly cared for while in the hospitals. Plano fluets by the Misses Armstrong and McBean, vocal duets by Mrs. Poland and Miss Armstrong, addresses by the chairman, W. E. Jarrott, Rev. J. Richardson and C. G. Walker, were very well received. The door receipts amounted to \$62, and the donations at the close of the service were \$153.

chairman, W. E. Jarrott, Rev. J. Richardson and C. G. Walker, were very well received. The door receipts amounted to \$62, and the donations at the close of the service were \$153.

HENSALL.—The Ladies' Patriotic League shipped the following to Hyman Hall for the month of May: Kippen—17 suits pyjamas, 54 pair socks, 23 fiannel shirts. Blake—8 shirts, 4 suits pyjamas, 20 towels, 28 pairs socks. Sexsmith—14 hospital shirts, 16 fiannel shirts, 22 pairs socks. Zurich Women's Institute—44 pairs socks. Hensall—129 pairs socks, 39 shirts, also a quantity of old linen. The Hensall Patriotic Society have adopted three prisoners of war, \$63 being sent to the treasurer as payment for same for the next six months.

The Mester Bard of Carmel Preserve.

months,
The Mission Band of Carmel Presby-terian Church also sent three dozen personal property bags with the society's shipment to Hyman Hall.

AILSA CRAIG .- After weeks of careful training thirty of the local chi-once more excelled themselves play called "Cinderella," before a pa play called "Cinderella," before a packed house. The striking costumes and well-arranged stage added greatly to the success of the entertainment. Little Miss Aileen Hutchinson a wee tot, fairly brought the house down with her recitation, "Mster's Beau," and responded to a hearty applause with a plece entitled "When Mamma Was a Little Girl." Master Teddy Yelf made by first appearance as a dancer and Little Girl." Master Teddy Yelf made his first appearance as a dancer and gave 'the sallors' hornpipe." He was also well received. The proceeds amounted to \$85, which was given over to the local Red Cross Society as the children's part in adding the work for the soldiers overseas.

the soldiers overseas.

"Deacon Dubbs," three-act comwhich has been put on so successful different places by the "Khaki Dimatic Club," will again be put on Parkhill on Tuesday evening, May in aid of the Red Cross. This civil be assisted by the Ailsa Craig in Cross or heatra, and Piper McLe

WABASH.—The Kent Bridge Women's Institute held its annual meeting at the home of Mrs. John E. Sherman.
The meeting was largely attended and the the temperature of a greensful The meeting was largely attended and was the termination of a successful year's work. During the year twelve regular and two special meetings were held, and a great amount of patriotic work was accomplished, in the way of knitting socks, making soldiers' pyjamas and hospital supplies, as well as sending large shipments overseas. Four prisoners of war have been adopted by the Institute. The total receipts for the year amounted to about \$400, the funds having been raised from teas, entertainments, etc., given by the ladies. Arrangements were made for a lawn social to be held in June at Mrs. Austin Pickard's home, and for the next regular meeting to be held at the home of Mrs. Harry Crow for the purpose of making quilts. The election of officers took place as follows: President, Mrs. Hughes; vice-president, Mrs. S. Arnold; secretary, Miss Mary Shaw; executive, Mrs. H. Crow, Mrs. D. W. Hardy; district executive, Mrs. John Hardy, Miss Arnold.

HOTEL New SOUTHERN

Michigan Boulevard at 13th St. CHICAGO One and one-half blocks from Central Station, Terminal of Illinois Central, Big Four, and Michigan Central Lines

Efficient, hospitable service, without Within easy reach of showy luxury. Within easy reach of "The Loop," Chicago's business, shopping and theatre district

Moderate rates: Room with detached shower \$1.00 a day; room with private bath \$1.50 to \$2.50 a day; for two per sons \$2.50 to \$5.00 a day. 300 rooms. Excellent cuisine. Moderate prices. Meals in Cafe, Grill and Coffee Shop. L. C. PRACIZ, Pres. and Mar.

Old Southern Hospitality in New Southern Hotel

PAGE OF INTEREST TO WOMEN



SOCIAL AND PERSONAL

Flight-Lieuts. Gerald Coughlin, Chester Parkinson, Hugh Overend and Roy Kenny of the Royal Air Force, Toronto, were among the week-end visitors in the city.

At the residence of Rev. D. Rogers on Saturday, May 25, a quiet wedding was performed, when Miss Rose Lovegrove of St. Thomas and Jonas Nikalasson of Deseronto were united in mar-

A quiet wedding was solemnized on Friday last, when Emily Arnold was united in marriage to Thomas Rad-cliffe. Rev. A. C. Bingham performed

the ceremony. Mrs. W. H. Line and Miss Florence Line are visiting Mrs. Irene Whittacker Stephenson in Detroit.



BACKYARD GARDEN HINTS

Sweet Peas.

There must be a dash of color even in warming when vegetables abound in the fall, so that the seeds in the gardens. Flowers cheer the heavy heart, and for this reason the color of the seed is so wing the seeds, which may be done as soon as the frost is for lack in numbers. Back the means are considered to the seed so expect the seed is sown in rows, two or land, for the year usually planted in a trench of colore who would choose sweet peas may be grown on any land, for they are usually planted in a trench which color in the seed is sown in rows, two or three seeds to eix inches of row, and land, for they are usually planted in a trench which color in the seed is sown in rows, two or three seeds to eix inches of row, and land, for they are usually planted in a trench which color in the seed is sown in rows, two or three seeds to eix inches of row, and land, for they are usually planted in a trench which color in the seed is sown in rows, two or three seeds to eix inches of row, and land, for they are usually planted in a trench which color in the seed is sown in rows, two or three seeds to eix inches of row, and land, for they are usually planted in a trench which color in the seed is sown in rows, two or three seeds to eix inches of row, and land, for they are usually planted in a trench which color in the seed is sown in rows, two or three seeds to eix inches of row, and a number to Kent County. To Implicate in the fall, so that the seed is sown at the seed in the seed is sown in rows, two or three seeds to eix inches of row, and land, for they are usually planted in a trench which color in the seed is sown in rows, two or three seeds to eix inches of row, and land, for they are usually planted in a trench which color in the seed is sown in rows, two or three seeds to eix inches of row, and land, for they are usually planted in a trench which color in the seed is sown in rows, two or three seeds to eix inches of row, and in the deligious that the seed is sown in rows, two or three seeds to eix inc (By The Girl With the Hoe.)

THE LONDON BRANCH OF W.M.S. PRESENTS INTERESTING PROGRAM Meeting To Take Place at St.

Marys on May 28, 29

and 30. An exceedingly interesting program presents itself for the twenty-fourth annual meeting of the Woman's Missionary Society, London branch, to be held in the Methodist Church, St. Marys, on Tuesday, Wednesday and Thursday, May 28, 29 and 30, Mrs. W. E. Pescott being in the chair. Four excellent addresses will be given during the various sessions, the speakers being Miss Isabel Govenlock, B.A., missionary from Japan, on Tuesday at 4:30; Miss Ila Ellwood of China, on Tuesday at 6 p.m.; Miss Margaret Armstrong of Japan, on Wednesday London, on Wednesday evening. A most interesting feature of the meeting

are being sent to the

ADVERTISER PATTERNS



Miss Straith, Secretary of Women's Farm Dept., Is in the City.

Miss Straith, secretary of the Farm Women's Department of the Ontario Government Employment Bureau, is in the city for a few days in connection the city for the summer at the walkers, will day for the summer at the walkers, wi

CYNTHIA GREY'S flowers, so we are an accompanient of the control o

Does Runcolorum Know?

Dear Miss Grey,—Will you kindly ex
Ans.—Quite a number of our Ans.—Quite a number of our Control of the Control of t

Miss Cynthia Grey,—Just a line to inform you I am in receipt of a letter from my dear son who is a prisoner of war in Germany, and he asked me to write and thank you for a money order he received from you. He is only allowed to write every two weeks, and he wants them all to be sent to me, his mother.

He informs me he is getting his food parcels regularly, also his bread from Copenhagen. I send my money for his parcels direct to the Red Cross, London, England.

Again thanking you for your kind-

What a pleasant compensation in suc trials as hers to have real friends suc as she mentions, to comfort and chee one! If the soldier-cousin's name is desired, I shall notify 'S. E. B."

Miss Cynthia Grey,—Just a line to Every girl—every woman—wants rosy

UNIFORM LESSON FOR SUNOR GUADNY TEXT SUGGESTION
OR SUGGESTION
OR GUADNY TEXT SUGGESTION
OR GUA

Kitchen comfort this summer

Make up your mind that this summer you are going to have a health saving, cool and comfortable kitchen by installing a McClary Gas Range, with heat

only when wanted and only at the spot where it is wanted.

The right height for cooking without stooping.

Glass oven door and thermometerright or left hand oven.

A handsome cook book "Satisfaction" beautifully illustrated; tells all about gas cooking appliances, mailed free on application.

McClary's Gas Ranges

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STAMMERING AND STUTTERING PERMANENTLY REMOVED Our method marks a new advance. Writs for folder. References given. REV. CHAS. P. WELLS, B.A., B.D.

removed, the extractive principles remain to build up wasted strength and remove their itation set up by Coughe. Colds, Bronchitis and other affections

does stop coughs