

ELECTIONS.

Under the amended constitution the annual meeting of the Board of Governors will be held on the fourth Thursday of November, which, this year, falls on the 22nd. At this meeting the annual reports will be presented and the elections to the attending Staff and Committee of Management will take place, and it is to be hoped that every Governor will esteem it a privilege and make it a point to be present, prepared to elect the best persons to fill the following offices :

President.

Vice-Presidents (2).

Secretary.

Treasurer.

"who, together with ten others to be elected, shall form the Committee of Management."

The Governors shall also elect .

A Medical Superintendent, together with an Indoor Staff, consisting of one Senior Physician, one Junior Physician, one Senior Surgeon and one Junior Surgeon.

An Outdoor Staff, consisting of three Assistant Physicians and Surgeons.

Specialists as may be required, all of whom shall constitute the Medical Board.

In connection with nominations for positions on the Attending Staff, the following provision of the By-laws is worthy of attention :

"All candidates for election to the Medical Board shall only be eligible for election when nominated by a Governor and seconded by another Governor. Such nomination to be posted in the Governor's Hall of the Hospital at least two whole days before the day of election."

Much interest is already shown in the coming election of the new Medical Board.

MISS KENT RESIGNS.

Miss Mabel Kent's many friends will learn with sincere regret that she has been compelled through failing health to resign her position as Lady Superintendent of

the Hospital. Miss Kent has filled this position for almost two years and during that time, which has been a peculiarly trying one, has done admirable work in building up the Hospital's reputation for thorough and effective work. It was thought for a time that a sick leave vacation would be sufficient to restore her health so that she might again take up her duties, but Miss Kent being of the opinion that it would be wise for her to rest at least a year, there appeared no alternative to accepting her resignation.

The Committee of Management therefore placed upon record a resolution covering an expression of their regret at the necessity of accepting Miss Kent's resignation and their satisfaction with the effective way in which she had discharged her duties.

DONATIONS FOR SEPTEMBER.

Mrs. Shorey, 4 baskets of peaches.

Miss M. Robertson, 1 measuring glass and tube, old linen.

Dr. and Mrs. Morgan, 1 basket of peaches, 9 qts. of fruit, 1 strip of carpet.

Mrs. A. R. Griffith, 3 baskets of grapes, 1 basket of peaches.

Mrs. C. Scarff, cake for nurses, flowers for hospital.

Mrs. Ramsay, flowers for patients.

Mrs. A. R. Griffith, 2 strainers, 3 knives and forks for kitchen.

Flower Mission, flowers Wednesdays and Saturdays.

Mrs. Jno. Hagar, 3 knives and forks for kitchen, 3 kitchen chairs.

HYDRASTIS IN DYSPEPSIA.

In digestive disorders of a certain type, it has become my custom to rely very much upon Hydrastis, and it seldom fails to give the desired relief. Persons who eat too much, or who take insufficient exercise (and their name is legion), also those who are accustomed to the use of stimulants, all of these, sooner or later, develop atonic dyspepsia. In such cases the liver is sluggish and the bowels are constipated. There is also, quite often, a dull aching pain in the stomach; the tongue is coated, generally yellow, and is flabby in appearance. Whenever I find such symptoms, especially, if the dull, uncomfortable feeling in the stomach is relieved temporarily by eating, I feel sure that Hydrastis will greatly benefit.—Dr. C. F. Barker in the Clinique.