

Scientific and Useful.

GRATED HAM.—The remains of cold ham grated finely on to buttered toast, or served in a glass dish by itself.

FEATHER CAKE PIES.—One teacup of sugar; one-half cup of butter; yolks of five eggs. Bake the same as custard pie. This will make three pies.

GOOD SODA BISCUIT.—To one pint of sour milk take one-half teaspoonful (level, not heaping) of soda; 2 teaspoonful of salt, and one-half teacupful lard. Mix rather soft.

JELLY CAKE (which is splendid).—One and one-half cups of sugar; one-half cup of butter; three eggs; two-thirds cup of milk; three teacups of flour; two teaspoonfuls of baking powder; lemon to taste.

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VELVET CREAM.—Put into a pan one ounce of isinglass, half a pint of acidity, the juice of a lemon and half the rind, with two or three ounces of sugar. Let it boil gently until the isinglass is melted, then strain through a piece of muslin into a pint and a half of cream. Keep stirring until nearly cold, and then put into moulds, first wet with clear water.

SPRING CARROTS WITH CREAM.—Choose very small carrots, scrape them well, cut them in halves, and blanch them for two minutes in salted water; put them into a stew-pan with some butter, add a little salt and sugar, let them fry gently until the moisture is reduced; sprinkle a little flour over them, add a small quantity of good white stock; let it boil, and remove it to the side of the fire. When the carrots are done, thicken them with the yolks of two eggs beaten smooth with milk or cream, and add a pinch of grated nutmeg and a piece of butter; as the butter dissolves, dish them up.

DOUGHNUTS.—Old-fashioned "raised doughnuts" are seldom seen now-a-days, but are easily made, after all: Make a sponge as for bread, using a quart of water and two-thirds of a cake of yeast, or a large half-cup of yeast; make this early in the afternoon; when the sponge is very light add a teacup of lard and half a cup of white sugar, two eggs, and enough grated nutmeg to flavour the dough. In the morning this sponge will be light; add a little flour as you use the dough, then cut the doughnuts, put them in a floured plate, and keep warm until you are ready to fry them; drop in very hot lard, and cook longer than you do fried cakes made with baking powder; sift powdered sugar over them, and send to the breakfast-table warm.

TO SWEEP AND DUST.—Sweeping and dusting is an art, in the opinion of "The Alliance," and has a right method, which is as follows:—Are there closets opening into the room to be swept? Arrange the shelves, drawers or clothing preparatory to sweeping day; then let these be the first to be swept. Cover the bed with soiled sheets, as also all heavy articles that cannot be removed; first, however, having carefully dusted and brushed them. Remove all the furniture that can easily be set in the hall or adjoining room, having first dusted it; then taking a step-ladder, begin to sweep or brush or wipe the corner and picture-cords and pictures. Draw the shades to the top of the window, or if they are inside blinds, dust them carefully. Open the windows. All the dust left in the room now is in the carpet or air, and the current of the windows will soon settle it. Begin to sweep, not towards a door or corner, but from the outer edges of the room towards the centre, where the dust will be taken up with a small brush and dustpan. Go over the room once more; this time with a dampened broom; that removes the least bit of dust, and gives the carpet a new, bright appearance. Replace the articles of furniture as soon as the air is entirely free from dust, uncover the rest, and the room is new and clean. All this seems an easy thing to do, but there is not one in a hundred that will follow out the detail. Some will sweep the dust into the hall, or from one room to another, and then wonder why their house is so soon dusty again. Others forget corners and pictures, and thus leave a seed for future annoyance; while a third class will do all but tising the dumpy broom, which is as the finishing touches to a picture.

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