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Physician for Affections of Throat, Lungs and all other Chronic Diseases,
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RHEUMATINE
An Internal Remedy and a SURE CURE for all kinds of
Rheumatic Complaints.

If you are suffering from
KIDNEY COMPLAINTS
Give RHEUMATINE a fair trial. You will never regret having done so.

Testimonial from Rosa Needham, who has been for years the housekeeper of the Rev Dr Williams, of St. Paul's East Methodist Church, St. Catharines

ST. CATHARINES, July 2, 1883.

MR. SUTHERLAND
Dear Sir,—I have been afflicted some years with Rheumatism, became stiff and almost helpless. I also suffered very great pain. I was in this state when I first saw your advertisement of Rheumatine in the papers. I thought it could do me no harm to try it, which I did with the best results. Now I can move about *as well as ever*. I had to take quite a number of bottles. Still that is nothing to *bring cured*, which I am *happy to say I am*.

I did not feel any relief until I had taken four *five bottles*, then I began to feel better. I truly hope anyone else who is suffering from Rheumatism will give your Rheumatine a fair trial, for I was very bad *and it cured me*. Do as you see fit with this letter and believe me to remain,

Most gratefully yours,
(Signed) ROSA NEEDHAM.

P.S.—I am living at the Rev. Dr. Williams, St. Catharines. Any reference to him will prove that the above is true. (Signed) ROSA NEEDHAM.

See our Change of Testimonials every week in Daily Papers.

SOLD BY ALL DRUGGISTS

COOK'S SUNDAY-SCHOOL SUPPLIES.
IMMENSE SAVING! IMMENSE IMPROVEMENT!

"I do not hesitate to commend them as far the best of any" —*Rev. E. Cornelia, D.D., Racine, Wis.* "They give unbounded satisfaction." —*J. E. Hodge, Oyer, Kan.* "Best publications in twenty years' experience." —*L. B. Davis, Lodi, Mich.* "The interest has increased fifty per cent." —*J. L. Lightner, Branchville, N. Y.* "Our school is the best in this part of the country, and we owe it to your supplies." —*Rev. Peter Dubois, Ont.* "Doubled our school in a few weeks." —*Z. Zimmerman, Jasper, N. Y.* "School gaining every Sabbath." —*Rev. Purvis Sun, Orillia, Ont.* "School has grown about fifteen as large." —*E. F. Wilson, Centre, Texas.* "We are having a glorious revival." —*Henry Cobb, Metropolis, Ill.*

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LESSON HELPS for teachers and scholars in five grades. Teachers' Helps 1c., 60c. per year. Scholars' Helps 1c., 12c. per year. PAPERS in five grades, 60c., 65c. and 12c. per year. LIBRARY BOOKS, reprints, 5 to 15 cents each; new books, 8c., 15 per hundred; sample, 10c. MAPS, Box 34, Palestine, Old or New Testament, cloth, $1.50 on roller. PRIZE TEACHER'S LIBRARY, ten books, for $1.50. COMFORT LIBRARY, 10 kinds, sample each 50c. for 25c. REWARD CARDS, three 25-cent packs for 25c. SONG BOOK, 103 pieces, 50 per 100, sample 10c. CHOIR ANTHEMS, 100 pieces; 35 per doz.; sample, 25c. TEACHERS' BIBLES, $1.10, $1.20 and $1.30. GIFT BIBLES, 40c., 60c., $1 and $1.35. FAMILY BIBLES, $3.20 each; postage, 50c. HAND OF HOPE RUFFLES, all kinds, at lowest prices. *Large Illustrated catalogue free.*

DAVID C. COOK, *46 Adams St, Chicago.*

SETH GREEN.

What the Great Fish Culturist Says.

Last winter I went to Florida and while there contracted Malaria in a very severe form. When I returned home I went to bed and remained there until spring. My symptoms were terrible. I had daily aching pains in my head, limbs and around my back. My appetite was wholly gone, and I felt a lack of energy such as I had often heard described but had never experienced. Any one who has ever had a severe attack of Malaria can appreciate my condition. As I failed to get any better I determined to try a remedy made by a gentleman in whom I had the greatest confidence. I am happy to say it effected permanent relief and that I am well to-day through the influence of Warner's SAFE Cure; and after such an experience I can most heartily recommend it to all sufferers.

Seth Green

A HOME DRUGGIST TESTIFIES.

Testimony at home is not always the best that can be had, but we point proudly to the fact that no other medicine has won for itself such universal approbation in its own city, state, and country, and among all people, as

Ayer's Sarsaparilla.

The following letter from one of our best-known Massachusetts Druggists should be of interest to every sufferer:—

RHEUMATISM. "Eight years ago I had an attack of Rheumatism so severe that I could not move from the bed or drag without help. I tried several remedies without much if any relief until I took AYER'S SARSAPARILLA, by the use of which bottles of which I was completely cured. Have sold large quantities of your SARSAPARILLA, and it still retains its wonderful popularity. The many notable cures it has effected in this vicinity convince me that it is the best blood medicine ever offered to the public. E. F. HARRIS."
River St., Buckland, Mass., May 13, 1882.

SALT RHEUM. GEORGE ANDREWS, overseer in the Lowell Carpet Corporation, was for over twenty years before his removal to Lowell afflicted with Salt Rheum in its worst form. Its ulcerations actually covered more than half the surface of his body and limbs. He was entirely cured by AYER'S SARSAPARILLA. See certificate in Ayer's Almanac for 1883.

PREPARED BY
Dr. J. C. Ayer & Co., Lowell, Mass.
Sold by all Druggists; $1, six bottles for $5.

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Leading Numbers: 14, 048, 130, 333, 161.
For Sale by all Stationers.
THE ESTERBROOK STEEL PEN CO.,
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AGENTS WANTED. Our new war book, DEEDS OF VALOR, by Blue and Gray, is outselling all other books. Illustrated circular and terms free. FORSHEE & McMAKIN, Cincinnati, O.

CATARRH
To any suffering with Catarrh or Bronchitis who earnestly desire relief, I can furnish a means of Permanent Relief and Hire Cure. A Home Treatment. No charge for consultation by mail. Valuable Treatise Free. Certificates from Doctors, Lawyers, Ministers, Business-men. Address Rev. T. P. CHILDS, Troy, Ohio.

Good Pay for Agents. $100 to $250 per mo., made selling our Books and Bibles. Write J. C. McCurdy & Co., Philadelphia, Pa.

Scientific and Useful.

FOR SWEET APPLE PICKLES.—Steam the apples until tender, either whole or quartered. Then sweeten and spice, and pour vinegar over them while hot. Keep in jars or cans.

GRIDDLED TONGUES.—Split cold small tongues in two pieces, dip them in butter, season them highly with salt, pepper, and mustard, and broil on a greased gridiron.

PASTRY.—Three cups flour, one cup nearly full of lard and heaped up with butter, a little salt and two-thirds cup of cold water. Put the lard and butter into the flour in small bits; pour in the water gradually, using a knife to press it together. Roll it out once to fit your pie plate. Do not mix it.

LEMON FILLING FOR PIES OR LAYER CAKE.—One pint water, juice and grated rind of three lemons, and one cup of sugar. Set on range to boil. Then stir in two tablespoonfuls of corn-starch and yolk of one egg, and one tablespoonful of butter. Boil a few minutes, and when cold enough to pour, fill your pie, and cover with strips or crust.

WHEN knitting children's stockings of German knitting yarn, or of other heavy qualities of yarn, do not use too large needles. Of course, you get along much faster, and the stockings will thicken somewhat when washed for the first time, but they will not be nearly so serviceable as if knit with smaller needles, only a trifle larger than those you use in knitting the cashmere yarns.

VICTORIA FRITTERS.—Slice a loaf of baker's bread into pieces an inch thick; cut the slices in the centre, trimming off the crust, and place them on a flat dish. Take a quart of fresh milk, one saltspoonful of salt, four beaten eggs. Stir the whole together and pour over the bread several hours before dinner, that it may be equally moistened. Fry in hot butter a delicate brown, and eat with sweet sauce.

APPLE CUSTARD PIE.—Two eggs four or five apples grated, a little nutmeg or cinnamon, two-thirds cup of sugar, half pint of new milk or cream. Peel the apples and grate them, adding the sugar and nutmeg or cinnamon. Beat the eggs very light and stir in the milk or cream. Put all together, beat it several minutes, and pour into a deep pie plate, which has been covered with pastry. No upper crust.

POTATO FRITTERS.—One pint of boiled and mashed potatoes, half a cupful of milk, three tablespoonfuls of butter, three of sugar, two eggs, a little nutmeg, one teaspoonful of salt. Add the milk, butter, sugar and seasoning to the mashed potatoes, and then add the eggs well beaten. Stir until very smooth and light. Spread about half an inch deep on a buttered dish, and set away to cool. When cold cut into squares. Dip in beaten egg and bread crumbs, and fry brown in boiling fat. Serve immediately.

COCOANUT CAKE.—To the yolks of six eggs, well beaten, add two cups of white sugar, three-quarters cup of butter, one cup sweet milk, three and a half cups flour, having in it one measure Banner Baking Powder; and with the flour the whites of two eggs beaten stiff; bake in jelly cake pan. For the icing, take one cocoanut, remove the shell, pare and grate, add to it the whites of four eggs well beaten, and one quarter pound powdered sugar; mix well. Spread this on the layers of the cake when they get cold.

To banish grass and weeds from garden walks take 100 pounds of water, twenty pounds quicklime, two pounds sulphur, boil in an iron vessel, and then allow it to settle. Afterwards add more water and apply to the walks, or make a strong solution of salt in the proportion of two pounds to a gallon of water applied hot, it will effectually destroy the weeds, or mix one pound of sulphuric acid (vitriol) with twenty pounds of water in a wooden vessel, and water the walks with a watering pot, or apply carbolic acid (No. five quality) at the rate of one part of acid to 100 parts water.

A NOVEL DESSERT.—Here is a novel and pleasing way to prepare a dessert. It is especially adapted for the children's birthday dinners, for those happy households where such days are kept as joyous festivals. Make a small hold in the end or side of a number of eggs shells. Through this pour out the egg. Fill the empty shells with hot pudding, made of corn starch, arrowroot, or Irish moss. When cold break off the shells, serve on small saucers, and surround the egg-shaped pudding with jelly or jam. If you wish to take so much trouble, divide the pudding in two parts, and add to one a teaspoonful of grated chocolate, and in this way colour parts of the eggs. Sugar and cream, flavoured with vanilla, is a very nice sauce with this kind of pudding.

HIS OWN EXECUTOR.

A Well-known Gentleman's Philanthropy and the Commotion Caused by One of His Letters.

(Rochester Democrat and Chronicle.)

We published in our local columns yesterday morning a significant letter from a gentleman known personally or by reputation to nearly every person in the land. We have received a number of letters protesting against the use of our columns for such "palpable frauds and misrepresentations" therefore, to confirm beyond a doubt the authenticity of the letter, and the genuineness of its sentiments, a reporter of this paper was commissioned to ascertain all the possible facts in the matter. Accordingly he visited Clifton Springs, saw the author of the letter, and with the following result:

Dr. Henry Foster, the gentleman in question, is 63 or 64 years of age and has an extremely cordial manner. He presides as superintendent over the celebrated sanitarium which accommodates over 500 guests and is unquestionably the leading health resort of the country. Several years ago this benevolent man wisely determined to be his own executor; and therefore turned over his magnificent property worth $300,000, as a free gift to a board of trustees, representing the principal evangelical denominations. Among the trustees are Bishop A. C. Coxe, Protestant Episcopal, Buffalo; Bishop Mathew Simpson, Philadelphia, Methodist Episcopal; President M. B. Anderson of the University of Rochester; Rev. Dr. Clark, Secretary of the A. B. C. F. M., Boston. The benevolent purpose of the institution is threefold. 1st.—Evangelical missionaries and their families whose health has been broken in their work, and—of ministers, of any denomination, in good standing. 3rd.—Members of any church, who otherwise would be unable to secure such care and treatment. The current expenses of the institution are met by the receipt from the hundreds of distinguished and wealthy people who every year crowd its utmost capacity. Here come men and women who were once in perfect health, but neglected the first symptoms of disease. The uncertain pains they felt at first were overlooked until their health became impaired. They little realized the danger before them, nor how alarming even trifling ailments might prove. They constitute all classes, including ministers and bishops, lawyers, judges, statesmen, millionaires, journalist, college professors and officials from all parts of the land.

Drawing the morning *Democrat and Chronicle* from his pocket, the reporter remarked: "Doctor, that letter of yours has created a good deal of talk, and many of our readers have questioned its authenticity."

"To what do you refer?" remarked the doctor.

"Have you not seen the paper?"

"Yes; but I have not had time to read it yet."

The reporter thereupon showed him the letter, which was as follows:

CLIFTON SPRINGS SANITARIUM CO.,
CLIFTON SPRINGS, N. Y., Oct. 11th 1883.

DEAR SIR,—I am using Warner's Safe Cure, and I regard it as the best remedy for some forms of kidney disease that we have. I am watching with great care some cases I am now treating with it, and I hope for favourable results.

I wish you might come down yourself, as I would like very much to talk with you about your sterling remedy and show you over our institution.

Yours truly,
[Signed] HENRY FOSTER, M.D.

"I do not see why anybody should be sceptical concerning that letter," remarked the doctor.

"Isn't it unusual for a physician of your standing and influence to commend a proprietary preparation?"

"I don't know how it may be with others, but in this institution we allow no person to dictate to us as what we shall use. Our purpose is to cure the sick, and we do that work we use anything we know to be valuable. Because I know Warner's Safe Cure is a very valuable preparation, I commend it. As its power is manifested under my use, so shall I add to the completeness of my commendation."

"Have you ever analyzed it, doctor?"

"We always analyze before we try any preparation of which we do not know the constituents. But analysis, you know, only gives the elements. It does not give the all important proportions. The remarkable power of Warner's Safe Cure undoubtedly consists in the proportions according to which its elements are mixed." While there may be a thousand remedies made of the same elements, unless they are put together in proper proportions, they are worthless as kidney and liver preparations.

"I hope some day to meet Mr. Warner personally, and extend fuller congratulations to him on the excellence of his preparations. I have heard much of him as the founder of the Warner Observatory, and as a man of large benevolence. The reputed high character of the man himself gave assurance to me in the first place that he would not put a remedy upon the market that was not trustworthy; and it was a source of a good deal of gratification to me to find out by actual experiment that the remedy itself sustained my impressions."

The conclusion reached by Dr. Foster is precisely the same found by Dr. Dio Lewis, Dr. Robert A. Gunn, Ex-Surgeon-General Gallagher and others, and proves beyond a doubt the great efficacy of the remedy which has awakened so much attention in the land and rescued so many men, women and children from disease and death.

MOTHER GRAVES' WORM EXTERMINATOR has no equal for destroying worms in children and adults.

THE FAITH CURE.—One who tried the faith cure declares she was "cured of her faith"—Burdock Blood Bitters cures by works, not by faith alone. It is the grand specific for all diseases of Liver, Kidneys and Blood, purifying, regulating and strengthening the vital fluids.

CONSUMPTION is a disease contracted by a neglected cold—how necessary then that we should at once get the best cure for Coughs, Colds, Laryngitis and all diseases of the Throat and Lungs,—one of the most popular medicines for these complaints is Northrop & Lyman's Emulsion of Cod Liver Oil and Hypophosphites of Lime and Soda. Mr. J. F. Smith, Dunnville, writes: "It gives general satisfaction and sells splendidly."