



"If I Could Only Sleep"

SLEEP is the greatest of nerve restoratives. But unfortunately when the nerves are greatly excited or exhausted you cannot sleep, and nervous energy is wasted at a terrible rate by day and by night.

Dr. Chase's Nerve Food does not produce sleep in a narcotic way, but it does overcome sleeplessness by restoring the vigor and vitality of the nervous system.

For this reason it is Nature's greatest aid in restoring health and vigor to a worn-out, nervous system, no matter whether this condition is the result of overwork, worry or disease.

This well-known nerve restorative has made more

friends through its ability to overcome sleeplessness than perhaps for any one reason.

There is no keener misery than inability to sleep and the added worry of knowing that you are fast becoming a bankrupt so far as physical and nervous energy is concerned.

Should you be so unfortunate as to suffer from sleeplessness and other symptoms of nervous exhaustion you will appreciate to the full the gentle and potent power of Dr. Chase's Nerve Food as a means of building up the nervous system to health and vigor.

Dr. Chase's Nerve Food, 50c. a box, all dealers, or GERALD S. BOYLE, Agent, St. John's.

Mines Form Part of Murder Equipment in Ireland.

Exploded Under Detachment of Soldiers--No Report of Safety of Esperanto's Crew--Incendiaries Attempt to Fire Liberty Hall.

DISARMAMENT.

WASHINGTON, May 31. "Intormal feelers" with respect to an international agreement for the reduction of armaments, have been put out by the United States Government with the object of developing the attitude of foreign Governments on the question before any formal negotiations are begun. It was learned in high administrative quarters to-day.

A TIMELY WARNING.

WOODLAND, Wash., May 31. Between 400 and 500 persons, farmers and families, were believed early to-day to have escaped to safety as the result of the warning given last night, when a dyke near here, protecting reclaimed farm land on the west bank of the Columbia River, broke under pressure of a flood of waters from the Columbia River. The damage to farm property is estimated at \$300,000.

WHOLESALE MURDER.

CORK, May 31. Three soldiers were instantly killed, three mortally wounded and others badly injured, when mines exploded this morning under a party of soldiers, who were proceeding from Finghall barracks here to the rifle range, says a statement issued by the military authorities this evening. The men who exploded the mines ran off after firing them.

AT SALZBURG.

BERNE, May 31. Enthusiastic supporters of the movement looking to the fusion of Salzburg, Austria, with Germany, when they learned of the results of a referendum held on Sunday on the German frontier, as the Tyroleans did after their Plebisite showed a majority in favor of fusion with Germany.

ATTEMPT ON "LIBERTY HALL."

DUBLIN, May 31. During the disorders of last night an unsuccessful attempt was made to burn Liberty Hall. The incendiaries, who were discovered, decamped.

L. G. DENIES RUMOR.

LONDON, May 31. Lloyd George denied in the House of Commons last night that he had used any threat of compulsion to the miners. The question of asking Parliament to pass legislation was not even used in the whole course of the proceedings by any body. There was something said about what would happen if the owners refused to carry out certain terms, I said, "the Government would have to consider what steps they should take to compel them to do so." William Thorne, Labor leader, pointed out that the report had been widely published and was already doing a tremendous amount of harm in the mining districts.

CUBAN FINANCES.

HAVANA, May 31. Steps have been taken by the Cuban Government with the object of preventing disturbance of financial confidence through ill-advised publicity. It was stated yesterday to the Associated Press. The Cuban Secretary of the Treasury, Galabert, and President Zayas, several days ago, conferred with the Directors of Havana newspapers, according to Secretary Galabert, and urged the advisability of extreme care in the publication of articles on the financial situation. Representatives of leading North American and Canadian Banks, who recently conferred with the President, were assured that the Government was disposed to give every guarantee, without the necessity of presenting formal complaint or adopting measures such as temporary suspension of operations, which it was reported the leading banks considered they might be impelled to take.

ESPERANTO'S CREW.

HALIFAX, May 31. Elsie H. Captain Geel, which it is believed, took off Captain Thomas Benham and crew of twenty-two of the

Gloucester schr. Esperanto, after the International Fishermen's trophy holder had founded South of Sable Island yesterday, and is thought to be making for a Nova Scotian port, had not been reported up to noon to-day. Prevailing light winds are thought to be responsible for her delay in reaching port. The hope that the Elsie picked up the captain and crew of the Esperanto is strengthened in the opinion of shipping men here by the fact that the Elsie left the wreck without sending a dory ashore to Sable Island, which she might easily have done, and the supposition is that when Capt. Geel left the Esperanto, he was satisfied that the crew had been accounted for. Weather off Sable Island yesterday was comparatively moderate, although a heavy swell was running. The following message was received here by the Marine and Fisheries Department from Acting Supt. Naugle of Sable Island Life Saving Station: "Capt. Geel had gone when the lifeboat arrived. No sign of life." It is not known here yet if the Elsie is still in the area. The Esperanto is reported in other messages from Sable Island to be sunk to her cross trees and was identified by her dories. Fourteen Shelburne County men were among her crew.

LITTLE DAMAGE TO BUCKEYE STATE.

BALTIMORE, May 31. The Buckeye State fire blaze was confined to the boiler room and the damage is said to be not extensive.

One Pint Milk Bottles, \$1.60 per dozen, at G. KNOWLING, LTD.—may30,31

Said the Captain.

"You never can tell," said the Captain. "What a blooming Frenchy'll do! Colonial fight like hell for the right (The same as I and you). And a Tommy's always lurchy. And a Killie is always blue; And nobody knows of the wind that blows. Or the bird they call polli!"

"There's a Christ at every crossroads in France," the Captain said. "Battered and shattered by shrapnel. Minus an arm or head. There's a Christ or a Virgin Mary Fatigue is always lurchy. They gave good sleep to the living. And they give good sleep to the dead!"

"We always saluted a wayside shrine. When the company passed it by. And once, on the eve of battle. While the gun-fire lit the sky. And the shells were singing over. We came to a cross nailed high— And a Christ with a polli's helmet Cocked rakishly over an eye!"

"I've never been overly pious. But I wheeled my horse right there. And rode to the cross, and standing. In my stirrups, reached in air. When a voice in the column shouted: 'Oh, Captain! Leave it there!' 'Twas a lad climbed up and left his own. 'For the Saviour's head was bare!'"

"We charged from the front line trenches. At dawn," the Captain said. "And I woke, when night had fallen. In a little white hospital bed. On the cot next to mine was moaning. A boy with a bandaged head. He cried to his mother and Jesus Christ. In French—and then was dead!"

"'Twas the lad who gave his helmet. (And his life—as each man knew!) To shield the head of the Saviour, Painted in red and blue. He had laughed at the sheet of shrapnel."

As he laughed at the hat asked:— So you never can tell," said the Captain. "What a Frenchman's apt to do!" KADRA MAYSL.—In New York Times.

A Good Case for Prohibition.

Editor Evening Telegram.

Dear Sir:—I offer a few observations in re the question of Prohibition, now coming to the front again. There is a great amount of propaganda for and against Prohibition to be seen; most of it has this in common with propaganda of most kinds, that it is more anxious to convince than to get at the truth. In some cases the "truth" is invented as the argument proceeds, like Mark Twain's character. A great many who talk and write on the question seem to go to their imagination for their facts. Now it is patent that those who voted for Prohibition did not vote for what obtains to-day as Prohibition; hence that for which the people voted does not exist, except in the imagination of over-enthusiastic Prohibitionists, who will refuse to look facts squarely in the face and who will refuse to see that Prohibition is not what it was to have been. I ask my Prohibition friends this question: Does consumption of any gallon of liquor in one year look anything like prohibition of liquor? It is like stocking one's head in the sand, to refuse to see that there is no prohibition in Newfoundland, with thirteen thousand gallons of booze consumed per year. If Prohibitionists continue to refuse to recognize that fact, then Prohibition is going to be lost. Prohibition never had a lighter hold on Newfoundland than at the present moment. Prohibition will have a still lighter hold this time next year, if things continue as they are. It won't be many years before Prohibition, as a principle, will be without champions except among the clergy and other intense moral uplifters—unless something is done to divert the channel of opinion by reforming Prohibition. We must treat this matter of booze as we would treat an epidemic of typhus. We must relentlessly and quite without mercy exterminate it. We don't dicker with an outbreak of typhus, don't try to modify it or merely limit it; we eliminate it. So we must eliminate booze. If we don't, then booze is going to grow strong again. We must regard booze as a wild beast, stinking of bestiality and brutality, the antithesis of civilization (which is enthronement of the lower instincts), and the enemy of culture. With that attitude, then, we must stand firmly for its total abolition, extinction, elimination and destruction. I believe that the vast majority of people in Newfoundland favor total abolition of liquor, and that if it was put to a vote to-day it would wipe hands down. I believe that the majority of those who voted for modification would vote for abolition, and for the same reason. We will see why this is so when we understand the psychology of most of those who signed the modification petitions. These men were disgusted and sickened by the state of affairs in prohibition. They voted for prohibition, and now there was no prohibition. They voted for equality of abstention and equality of sacrifice (for sacrifice it was to those who were used to drink). But now they did not see any such equality of sacrifice. Instead, there were some who could get liquor while they could not. Money could accomplish what in some cases, need could not: possession of liquor. In short, there was no prohibition, no equality of sacrifice, but instead much discrimination and unfairness. Consequently they signed willingly and gladly the petition which was put into their hands, accepting it as a substitute which would, it seemed, do away with the unfairness and discrimination. That, I think, is the psychology of these very good citizens. But place this other substitute for the present chaotic and discriminatory and unfair condition of things before them: total and absolute abolition of all alcoholic drinks, and see if they wouldn't sign like a shot. Right here, I believe, those who favor the principle of Prohibition have the one cue on which they can work. Let me assure my very good Prohibition friends that if they think to save Prohibition with a modification-committee which trifles over individual cases of violation of the Act, an odd letter to the papers, a public meeting once every few years, and one or two other weak-kneed passes in the air, when the very country is crying to the heavens against the vicious and evil condition of affairs, which must be changed if Prohibition is to be saved, then they are very much mistaken. Yours sincerely, R. SMALLWOOD.

Stafford's Prescription "A"

will cure that uncomfortable feeling caused by Indigestion and Dyspepsia. Price 35s and 70c. Postage 10s and 20c. extra.—a26.6t



"Little Pal of Mine"

Enjoy them to-day



PLAYER'S NAVY CUT CIGARETTES

"WINDSOR PATENT"

makes
WONDERFUL BREAD

From All Sources.

William Richardson, a Crimean veteran, and an eyewitness of the "Charge of the Light Brigade," died at St. Catharines, Ont., last Tuesday night, aged ninety years.

Going for a walk over the moors at Rochdale, G. B. William Lord, 54, sat down to rest, and told a friend who accompanied him to proceed on his way. Next day Lord was found dead on the spot where he had rested.

As a warning to reckless drivers, the Board of Trade of Goshen, N.Y., has erected large signs on each side of the Otterkill Bridge, where many accidents have occurred. The sign bears the following inscription: "Pri-

vate cemetery across the bridge for reckless drivers." The warnings are in black and white, decorated with skull and cross bones.

Membership in a certain gun club in California, costs \$150,000 since a gusher was brought in on the land recently. At present, the well is yielding thirty thousand barrels of oil daily.

In filling nightly engagements at four vaudeville theatres, a prominent English actress has been required to make 32 changes of costume and four changes of make-up every night.

Park & Tilford's Marshmellows and other Candies at BISHOP & SONS Grocery Dept. Telephone 679.—may30,6t

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Read this, the latest and best, from the famous author of "The Way of an Eagle" and "The Top of the World", etc. The volume contains some of the finest stories ever written by Miss E. M. Dell. Price \$1.50; by Mail, \$1.54.

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A Columbia Grafonola will introduce you to many pleasant people. Just slip him a couple of Columbia dance records and note the ladies' looks of interest. Give him a Grand Opera aria to reproduce and watch that rich old gentleman prick up his ears. Let him have a well-known hymn and some dear old lady will thank you. Every musical gem on a Columbia Record played on the Columbia Grafonola will make you many a friend. You'll find that you never need to be lonely with a Columbia Grafonola.

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Grapefruit stuffed with white grapes. Brown Teapots, 45c., 50c. 55c., etc. appropriate for an elaborate breakfast. at G. KNOWLING, LTD. may30,31

MUTT AND JEFF

AT LAST I'M TO BOX WITH CARPENTER! WHEN THAT BIRD FACED ME IN THE RING THIS MORNING HE'LL THINK HE'S UP AGAINST DEMPSEY!

I'M JUST ITCHING TO STEP A FEW ROUNDS WITH GEORGES! I DON'T THINK HE'S GOT ANY KIND OF A PUNCH! THIS IS A SOFT JOB!

GEORGES, HE EEZ IN ZEE RARE FORM TODAY, WOT?

WEE! THIS EEZ ZEE THIRD MAN GEORGES HAS KNOCKED OUT THIS MORNING.

HELLO, MUTT, YOU'RE JUST IN TIME. GEORGES IS WAITING FOR YOU!

AND HE'S GONNA KEEP RIGHT ON WAITING!

TO THE AMBULANCE

196

YOU CAN'T BLAME MUTT FOR CHANGING HIS MIND.

HELLO, MUTT, YOU'RE JUST IN TIME. GEORGES IS WAITING FOR YOU!

AND HE'S GONNA KEEP RIGHT ON WAITING!

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Lower Prices.

FOUR in Linen \$1.00 stone.

CREAMERY BUT- 1 lb.

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CREAMERY MOLAS- 1 gal.

BUTT PORK, 1 lb.

BEEF, very fine, 1 lb.

SAUSAGE, assorted, 2 1/2 lb. tin.

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