



Girls Who Work

Girls who work are particularly susceptible to female ills, especially when obliged to stand on their feet from morning until night. Day in and day out, month in and month out, the year through, the working girl toils; she is often the bread winner of the family, and must work that others may live; whether she is sick or well, whether it rains or shines, whether it is warm or cold she must get to her place of employment and perform the duties exacted from her.

A Cordial Invitation to Every Sick and Ailing Working Girl.

It is to these girls that Mrs. Pinkham holds out a helping hand, and extends a cordial invitation to correspond with her. Her unrivalled record of success in treating woman's ills makes her letters of advice of untold value to every ailing working girl, and from her wide experience and skill she quickly points the way to health. Her advice is free, and all letters are held by her in the strictest confidence. Address, Mrs. Pinkham, Lynn, Mass. Don't put off writing her until your health is wrecked.

Grateful Words from Working Girls Who Have Been Helped.

"DEAR MRS. PINKHAM:—I want to thank you for what you have done for me. I was dreadfully tired, I stand over my work all day, and no one who hasn't tried it knows how it makes your back and sides ache. I couldn't sleep, and had no appetite, but thanks to Lydia E. Pinkham's Vegetable Compound, I feel entirely different now; it is a wonderful medicine. I do not feel that my work is hard now, and I recommend your medicine to other girls who are always tired."—Miss Isabel Surbit, 233 Willis Ave., New York City.

"DEAR MRS. PINKHAM:—Lydia E. Pinkham's Vegetable Compound has done so much good for me that I wish to recommend it to all girls whose work keeps them standing on their feet all day in a hot store. The doctor said I could not live and I must give up work, and stay out of doors; but I did not seem to realize that a girl cannot afford to stop working. My back ached, my appetite was poor, and I could not sleep; menstruation was scanty and very painful. One day when suffering I consulted to take Lydia E. Pinkham's Vegetable Compound and it helped me. I soon found that my menstrual periods were free from pain and natural; my health is fine, and every one is surprised at the change in me, and I cannot be too grateful for what you have done for me."—Miss Janet Davis, 10 West 25th Street, New York City.—\$2000.00 forfeit if originals of above letters proving genuineness can be produced.

WISER IS THE WOMAN WHO HAS FAITH IN LYDIA E. PINKHAM'S VEGETABLE COMPOUND.

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The only happiness a brave man ever troubles himself with asking much about was happiness enough to get his work done.

Deafness is Curable
Sufferers from impaired hearing will be glad to know that their affliction is probably due to any organic defect in the ear, but results probably from a thickening of the lining of the middle ear caused by catarrhal inflammation. Hundreds of perfect recoveries as a result of the inhalation of Catarrhoxone are reported, and on the best authority we recommend this treatment to our readers. Catarrhoxone quickly restores lost hearing, and its efficiency is placed beyond dispute by the case of Mr. Foxall, of St. Thomas, who recovered perfect hearing by using Catarrhoxone, after years of deafness. Price \$1. At Druggists or by mail, from Polson & Co., Kingston, Ont.

Those who show the least consideration for others usually expect the most for themselves.

WHISKEY MEDICINES.
The temperance press is emphasizing the danger to the use of "medicines" which are loaded with whiskey or alcohol. In this respect, as well as in the remarkable character of their cures, Dr. Pierce's medicines differ from other preparations. Dr. Pierce's Golden Medical Discovery and "Favorite Prescription" contain no alcohol, whiskey or other intoxicant, and are equally free from opium, cocaine and other narcotics. Every family should have a copy of the People's Common Sense Medical Adviser, sent absolutely free, on receipt of stamps to pay expense of mailing and postage. Send 31 one-cent stamps for the book in paper covers, or 50 stamps for cloth binding. Address Dr. R. V. Pierce, Buffalo, N. Y.

Most of us would be absolutely free but for the chains we have ourselves riveted on.
—The way to regain your health after sickness is to take Hood's Sarsaparilla—it tones the whole system.
If you will be cherished when you are young, be courteous when you are old.

FOR HOUSE WEAR.

Gowns of Challis Tucking, Point d'Esprit and Mull.
Pretty and inexpensive negligees are made of white or ecru point d'esprit trimmed with point d'esprit lace or the heavier varieties. Pale colored challis are also inexpensive, as they only require a touch of lace and a sash brought up empire wise from beneath the arms.
Nearly all the pretty negligees are made empire style, although there are a few who try to revive the Greek draperies. One of the easiest ways of making an empire house gown is to arrange a princess slip of tucked material run through with perpendicular bands of insertion. At the bottom should be two or three ruffles of the material, either full or a record-ribbon plaited. Over this comes a short bo-



OF WHITE MULL.

hero jacket with elbow sleeves. This is all of over lace. Then under it and crossed over the front comes a sash of pale hued silk, which is fastened into a soft knot with long ends behind.
A dainty negligee is the one shown. It is made of fine white mull. The collarless yoke is laid in fine tucks crossed by headings of lace run through with pale blue ribbon. The bertha is slashed here and there and is trimmed with narrow lace and the heading. The sleeves are tucked to the elbow, and from there they puff into a tight wristband. The bottom of the gown is trimmed with a gathered ruffle headed by heading and ribbon, which is caught at intervals with big bows.
JUDIC CHOLLET.

FOR EVENING WEAR.

Pale Taffeta Gowns—White Dresses More Popular Than Ever.
For evening wear nothing can be smarter at present than a dress of plain pale colored taffeta applied with rich yellow lace. Dresses of this sort are made with many pin tuckings, with soft fronts covered with the applique and chiffon meshes. They are decorated with little embroidered medallions and dainty touches of every sort.
One of the prettiest gowns seen recently was of pale pink taffeta with the skirt tucked on the bias and inset with pale yellow narrow lace. The waist was tucked straight across, with a high collar of the lace and narrow lace between the tucks. The sleeves were tight fitting to the elbow, where they flared into a huge puff of white chiffon, held into a cuff of the lace.
White dresses of all kinds will be extensively worn this winter. They



EVENING WAIST.

will be principally cloths, crepes and taffetas, not to speak of the softer weaves of silk.
Separate evening waists will be found useful to wear with similarly colored skirts when traveling. Thus a black dress will have two waists, one high, the other low cut.
An evening waist of crepe de chine is here shown. The trimmings are black chiffon and jeweled ecru lace.
JUDIC CHOLLET.

Another Sort.
Beryl—Was Jack much embarrassed when he proposed to Miss Antique Gotrox?
Sibyl—Well, I should say so.
Beryl—I suppose he blushed and stammered the way they all do.
Sibyl—Not at all. His was financial embarrassment.—Baltimore Herald.

FORCING A FASHION.

How Hats Were Introduced to the South African Savages.
Andries De Villiers, a Boer, was the person who first introduced hats among the South African natives, says the "Hats" Gazette, and profit, not philanthropy, was his motive. One morning many years ago he chanced in Port Elizabeth to come across a consignment of damaged hats offered for a mere song. He bought the whole lot, packed them away in his wagon and started for Kaffrland.
When he reached Tumbaland, he unloaded his stock, opened his kegs of liquor, without which no trade was made in those days, and began business. But he found his venture likely to prove unprofitable. The natives did not want hats. They wanted blankets and beads and looking glasses and above all liquor, but they looked askance at the hats. Then a bright idea came to Andries. He wanted to introduce those hats. He did introduce them. His simple expedient was to refuse to sell anything to a Kaffir unless he bought a hat too. The Kaffirs wanted his goods, so they bought the hats.
When a Kaffir buys anything, he feels bound to make use of it. The natives therefore donned their head gear and returned to their kraals. Now appeared the brilliancy of the trader's idea. Fashion rules the world. It is as strong in Africa as in America, and when those who had stayed at home saw the travelers return in all the glory of this strange covering they felt behindhand and old fashioned. Their desire to possess the latest thing in hats became intense. They paid Andries a visit, and his stock no longer hung heavy upon his hands. The hats were soon sold.
This happened some time ago, and now every trading store keeps a supply of hats constantly on hand. They are said to be manufactured expressly for the natives, and no one who glances at the show will doubt it.

A JUGGLER'S TRICK.
Clever Feat of Huston Performed by an East Indian.
The wonderful feats of East Indian jugglers have formed the theme of many a letter from travelers in the Orient, but none is more surprising than that for which we are an officer on board a P. and O. steamship two natives came aboard at Madras, he says. They were a juggler and his assistant. After they had performed a number of minor feats and gathered quite a crowd around them they called for a sack and a piece of sailcloth.
These having been provided, the chief juggler made a small tentlike structure with the canvas and some stools. He then placed his assistant in the sack and allowed a sailor to tie the knot which bound him a fast prisoner. This done, the chief carried the sack into an open space, warning the people to stand back some distance, and then carried on an animated conversation with his assistant, whose replies could be distinctly heard coming from the sack. Suddenly the chief rushed forward, picked up the sack and dumped it overboard, where, to the horror of the passengers and crew, it sank out of sight.
Immediately the captain, flushed forward and seized the man, under the full belief that he had murdered his companion, but the juggler only smiled and, pointing to the canvas, asked that it be raised. This was done, and the supposed drowned man was discovered squatting on the deck. So realistic had been the throwing overboard, however, that it was some time before the surprised passengers could realize a murder had not been committed.

Church and Workmen.
It would be an exaggeration to say that all working people feel antagonistic toward the church. Their general attitude is rather that of indifference. The thinking few are well enough aware that there is nothing unnatural in the situation and that if the tables were so turned that world advantage shifted to their side it would probably remain unchanged. At times their feeling, especially toward the clergy, is curiously sympathetic. "Say," remarked a labor leader of vivid mind to the writer—"say, I'm awfully sorry for ministers. Most of them are real good men. They know well enough what Christ meant, and they'd like first rate to preach if they were paid. But, Lord, how can they? They've got to draw their salaries; they've got families to support." All this quite without a touch of irony.—Vida D. Scudder in Atlantic.

Pulling Out the Pegs.
Susie, aged four, had been out in the country on a visit. On her return she urged her mother to let her keep a cow.
"But, Susie," said the mother, "there is no one here to take care of the cow and milk it."
"Oh, yes, I'll do that, mamma."
"Can you milk a cow? How do you do it?"
"Oh, I know how. I'll just pull the pegs out like the man does."

The Responsibility.
Anxious Father—Do the best you can for him, doctor. That is all I can ask. If it is the will of Providence—
Surgeon—Don't try to place the responsibility on Providence in this case, Mr. McJones. You bought the toy pistol for the boy yourself.

His Art.
"Oh, Mr. Growsell," gushed Miss Nupson, "how did you ever learn to paint such beautiful pictures?"
"I asked a man once," replied the artist, "and he told me how."—Indianapolis News.

NERVOUSNESS

Of dependency caused by weak unhealthy nerves, are responsible for more sickness and suffering than any other disease. If you have a secret drain from early abuse, early excess or exposure, you cannot expect healthy nerves while your vitality is being worn away. Do not let a miserable existence on account of your failure, you are not safe until you are cured—nature never crosses—to matter how young, old or feeble you may be.

KIDNEYS AND BLADDER.

Pain in the back, a dull feeling in the region of the bladder? At three years ago I was afflicted with a large quantity of blood in my urine, while at other times you do not make a mistake in thinking it is dark in color, you make a small quantity of urine, and your condition is such that you cannot expect healthy nerves while your vitality is being worn away. Do not let a miserable existence on account of your failure, you are not safe until you are cured—nature never crosses—to matter how young, old or feeble you may be.

PAY WHEN CURED.

You need pay nothing until you are cured that a thorough and complete cure has been made. Surely this is fair, as you run no chance. C. N. SULTAN, 177 E. 10th St., Detroit, Mich. Write for book FREE. Medicines for various ailments. Everything medicinal. The national envelopes or packages—Nothing sent C. O. D.

DR. GOLDBERG,
208 Woodward Ave.,
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DETROIT, MICH.

You will never get on the sunny side of waiting for the world to turn around.
The cheerfulness of the few gives gladness to the many.
There is more Catarrh in this section of the country than in all other diseases put together, and until the last few years was supposed to be incurable. A great many years doctors pronounced it a local disease, and prescribed local remedies, and by constantly failing to cure with local treatment, pronounced it incurable. Science has proven Catarrh to be a constitutional ailment, and therefore requires constitutional treatment. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, is the only constitutional cure on the market. It is taken internally in doses from 10 drops to a teaspoonful. It acts directly on the blood and mucous surfaces of the system. They offer one hundred dollars for any case it fails to cure. Send for circulars and testimonials.
Address, F. J. CHENEY & CO., Toledo, O.
Sold by Druggists, 75c.
Hall's Family Pills are the best.
Don't always believe a woman's no. It's her eye that tells the tale.

Messrs. C. C. Richards & Co. Gentlemen—My daughter, 13 years old, was thrown from a sleigh and injured her elbow so badly it remained stiff and very painful for three weeks. Four bottles of MINARD'S LINIMENT completely cured her and she has not been troubled for two years.
Yours truly,
J. B. LEVESQUE,
St. Joseph, P. Q., Aug. 18, 1900.

He who can conceal his joys is greater than he who can hide his griefs.
Poor Girl, Pity Her
Growing! Yes, into weakness, but not strength. Studies—plenty of them. Of course she is, and weak, too. Does not eat enough, and digests far less than enough. This condition is so frequent, but how seldom noticed even by fond parents. Give her Ferruzone, then watch her appetite improve, her step elastic, her spirits buoyant. All this simply the result of eating and digesting enough, making blood, and thereby strengthening the nerves and brain power. Ferruzone gives a woman's strength to weak girls. Your daughter or wife needs Ferruzone. Get it to-day from McCall & Co.
Rank and wealth do not always bring health and happiness.
Lumbago Basks Straightened
Don't lie around the house losing time and money because your back is stiff from lumbago. Do as thousands do before you have done. Buy a large bottle of that unusually good liniment, Polson's Nervine, and rub it frequently over the sore part. It gets at the pain, drives it out, liberates you up in no time. Nervine is quick to relieve; never fails; never harms. Try it to-day. 25 cents.

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LOGES.
WELLINGTON Lodge No. 45, A. F. & A. M. G. R. C., meets on the first Monday of every month, in the Masonic Hall, Fifth St., at 7:30 p. m. Visiting brethren heartily welcomed.
J. S. BLACK, W. M.
ALEX. GREGORY, Sec.
A. O. U. W.

A man who has accumulated property for the benefit of his family or others very often put off making his will until too late. By uniting with the A. O. U. W. you will secure for your family the protection this Order is so well able to give. In fact, Friday, Oct. 31st, after which we will have a debate on "Are strikes justifiable." Visiting Brothers welcome.
W. G. ARNOLD, JOHN R. SNELL,
M. W. Recorder.

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A New Issue of the
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For the District of Western Ontario, including the Chatham Exchange, will be issued early in September. Orders for new connections, changes of address, changes of names, duplicate entry of names, etc., should be placed at once to insure their appearance.

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